

The Post Road Review



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8th Annual Niantic Bay Oyster Festival Returns

Niantic, CT – The 8th Annual Niantic Bay Oyster Festival returns to downtown Niantic on Saturday, September 19, 2026, from 12:00 p.m. to 6:00 p.m., promising an afternoon of fresh seafood, live entertainment, craft beverages, and family fun—all with free admission.

Hosted in the heart of Niantic (St. John's Church, 400 Main Street), the festival has become one of Southeastern Connecticut's premier community events, attracting thousands of visitors each year supporting an important local cause.

Festival attendees will enjoy a wide variety of fresh oysters, seafood favorites, food trucks, local restaurants, and craft breweries.

Families are encouraged to bring the kids and spend the day exploring the Children's Activity Area, featuring games, activities, and entertainment designed to keep younger festival-goers engaged throughout the afternoon.

Live Entertainment Schedule

The festival will feature an outstanding lineup of live music on the main stage:

- 12:00 p.m. – Azalea Drive
- 2:00 p.m. – Fusion
- 4:00 p.m. – Wicked Peach

Proceeds from the festival benefit the Miracle League of Southeastern Connecticut, helping provide inclusive sports and recreational programming for children and individuals with disabilities. Festival proceeds also support the Miracle League's ongoing Phase III Capital Campaign to construct a fully accessible playground and playscape, ensuring that children of all abilities have a place to play, learn, and connect.

"The Niantic Bay Oyster Festival has become a wonderful tradition that brings together our community while supporting an incredible mission," said Dave Putnam, Executive Director of the

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NEW HOME IMPROVEMENT AND SERVICES SECTION PG 44-45

NEW CROSSWORD PUZZLE.....PG 27

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SEPTEMBER TIDE CHART.....PG 42

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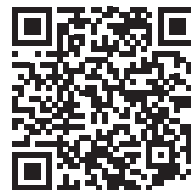
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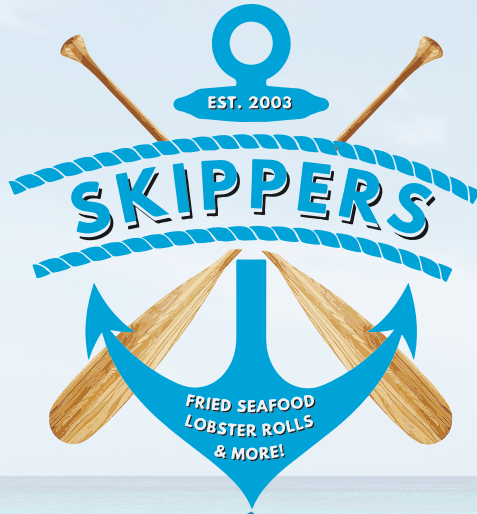
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Niantic Bay Playhouse Presents *To Kill a Mockingbird*

The Niantic Bay Playhouse, located at 279 Main Street, Niantic, presents *To Kill a Mockingbird* on the following dates:

October 9th 7:30 p.m.
October 10th 7:30 p.m.
October 11th 2 p.m.
October 14th 10 a.m.
October 15th 7:30 p.m.
October 16th 7:30 p.m.
October 17th 4 p.m.
October 18th 2 p.m.
October 21st 10 a.m.
October 23rd 7:30 p.m.
October 24th 7:30 p.m.
October 25th 2 p.m.

For more information and to purchase tickets visit <https://www.nianticbayplayhouse.org>.

2026 Groton Farmers' Market Summer/Fall Season

The 2026 Farmers' Market regular season started on June 9th and ends October 27th, held each Tuesday from 3-6 p.m. at the corner of Mitchell and Meridian Streets in Washington Park. All vendors must be set up and ready to sell by 2:30 p.m.

Mission Statement

The mission of the City of Groton Farmers' Market is to provide a venue in our neighborhood park of The City of Groton for local farmers and artisans to sell their produce and products directly to the diverse and integrated community in southeastern Connecticut. Our aim is to make accessible, affordable, healthy, locally produced food available to our community in Groton.

The City of Groton Farmer's Market is primarily an agricultural market but also provides a variety of local baked goods, seafood/fish, meats, poultry/eggs. Grown products sold at the market must be grown in Connecticut Foods and food products must be identified as organic, or not, and include place of origin. All meats, poultry and seafood will come from local sources.

The City of Groton Farmers' Market hold two separate seasons - our flagship Farmers' Market season held weekly during the summer and early fall, and five Pop-up Farmers' Markets held once a month during the late fall/ winter months.

The Post Road Review

Serving the communities of East Lyme, Flanders, Niantic and Waterford

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Fifth Annual "Run for the Hills" at Oswegatchie Hills Nature Preserve

NIANTIC, Connecticut – The 5th Annual "Run for the Hills" Trail Race will be held by the Friends of the Oswegatchie Hills Nature Preserve in Niantic, CT on Saturday, September 5, 2026 at 9 a.m. This year Hikers are encouraged to join the fun as well!

The technically challenging 3.3-mile course has 350' of vertical elevation gain and is electronically timed by SNERRO Timing. The loop offers a spectacular tour of the Nature Preserve from the kiosk at Veterans Memorial Park across the bridge below Clark Pond, then following the blue trail to the northern reaches of the Preserve. The route returns on the red trail through a scenic section nicknamed the "Lunar Landscape".

Runners and Hikers for this fundraising event can register at oswhills.org or runsignup.com.

Following the race, there will be an awards ceremony with the top three men and women in each of seven age groups awarded treasured mountain laurel medals hand crafted by the Friends. The mountain laurel wood is sustainably harvested from non-living specimens in the Oswegatchie Hills. Last year there were 117 finishers ranging in age from 6 to 74 years old.

The race course is similar to the Blue and Red Trail Loop which can be found on the popular AllTrails app at alltrails.com/trail/us/connecticut/oswegatchie-blue-and-red-loop-trail. The Oswegatchie Hills Nature Preserve in Niantic, Connecticut, overlooks the Niantic River to the east, and was officially opened in 2007. The 457-acre Preserve was created by public/private partnership and is owned by the Town of East Lyme and managed by the Friends.

Major Event Sponsors are Boats Inc; Charter Oak Federal Credit Union; Chelsea Groton Savings Bank; Conway, Londregan, Sheehan and Monaco PC; East Lyme Rent-A-Space; Fast Signs and Riverhead Building Supply. All proceeds are used to help maintain this special place of quiet beauty for future generations to enjoy!

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Bees & Birds & Butterflies Oh My Event At Samuel Smith Farmstead

On Saturday, September 26th from 10 a.m. to 3 p.m., Samuel Smith Farmstead will host "Bees & Birds & Butterflies Oh My". The event for Adults and Children is free, and will be held at the Farmstead located at 82 Plants Dam Road in East Lyme, Connecticut.

At 1:00 p.m., Dr. Jamie Vaudrey, Coordinator for the Niantic River Watershed Committee, will present an engaging 20 minute talk. Join us to learn what scientists are discovering about local water quality, the challenges facing our coastal waters, and how healthy rivers and estuaries support the communities and ecosystems we value. Discover why the health of the Sound starts in our own backyards.

This gathering of informed and educated participants offers an opportunity to learn together about protecting our Ecosystem. The following organizations will be present and provide education on Honey Bees, Pollinator Plants, Wild Birds, Coastal Conservation and inviting Mother Nature Into our Backyards

Connecticut Audubon Society's Roger Tory Peterson Estuary Center will offer information on how we can support Birds in our own backyards during Fall Migration. Hands-on activities will include how to make our homes safer for Birds and provide food, water, and shelter they need during the Fall. Opportunities will also be offered for examining Feathers under Microscopes for an up-close look at the remarkable adaptations of Connecticut's Birds.

Bee Me Up Apiary will present Live Honey Bees safely contained in an Observation Hive and Visitors can try to find the Queen Bee! Bee Me Up Apiary is a Connecticut registered family-owned operation in Quaker Hill with 14 active hives at present. Jeff serves in the beekeeping mentorship program for the CT Beekeepers Association mentoring new beekeepers in southeast Connecticut.

Wild Birds Unlimited will be sharing tips for tidy bird feeding, exploring their seed blends and straight seeds, learn who eats what in your backyard, and how choosing the right food can help attract more of the birds you love. Learn about "saving the song-birds" and creating a healthier, more bird-friendly feeding space. Stop by and come with your questions - they'd love to "talk birds" with you!

Pollinator Pathway East Lyme, Inc. Will offer activities including seed mud balls with milkweed and other essential seeds, a butterfly craft for kids using pipe cleaners and beads, and a pollinator game. Educational tours of the back meadow and front garden at the farmstead will be given.

Smith's Acres, our Niantic neighbor garden center and farm market, will present a selection of pollinator friendly plants for sale and offer insight into bringing more bees & birds & butterflies into your yard.

Niantic River Watershed Committee will offer the opportunity to interact with the EnviroScape Coastal Model, a hands-on educational tool that demonstrates how everyday actions on land affect water quality and the health of coastal ecosystems.

The event is free and open to the public. Donations are greatly appreciated with all proceeds going to fund needed repairs to the historic house and barn at Samuel Smith Farmstead. For more information, see www.SamuelSmithFarmstead.org or Contact Lu Huntington at (860)961-9296.

Please send news and events to:
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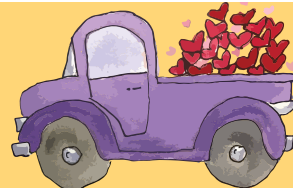


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The History of Alpha Aero Draperies

This highly successful business started in 1968, 58 years ago. A joined his father's company in 1970 and started in-home decorating where he did everything from deliveries to installations. In 1975 his wife joined the company doing bookkeeping and in-store sales. Two years later they took over the residential, at-home business in its entirety when his father retired in 1979. They changed the name from Uncasville Fabric Shop to Aero Draperies in 1980 adding 'Alpha', which was the commercial side of the business, in 1982. Alpha Aero's Draperies has been a valued Graber dealer since 1975. In 2016 they became part of the Woman's Owned Business community, with Linda assuming primary ownership.

When the East Lyme Costco opened in November of 2019 Linda and Al were on board to open the warehouse representing Graber. They have consistently grown the business year after year and continue to represent Graber with the utmost professionalism. They have always treated their customers with great care, and it shows in their business as well as their repeat business. Linda still loves working with her customers and going into their homes to help select window treatments.

Linda and Al have been married for 51 years, and their business is still going strong!

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14th Annual Be A Kid Gala

The Niantic Children's Museum will hold their 14th annual Be a Kid Gala on Friday, September 11th, 2026 from 6 to 10 p.m. at Nett Hall at Camp Nett, 38 Smith Street, Niantic, CT

Enjoy a pirate-themed evening featuring creative cocktails, an auction filled with treasures, live music, a signature Wine Wall, a feast fit for a captain and a special performance from the BFF (Brooms Friends & Fun) pirate dancers! To buy tickets please visit <https://e.givesmart.com/events/Pu6/>

All proceeds to benefit the Niantic Children's Museum, where discoveries are made and fun just happens!

Safe Futures Welcomes Two New Members to Board of Directors

Safe Futures is pleased to announce the appointment of Theresa Donatelli and Kim Baker to our Board of Directors. These two new members join the Board of Directors at a pivotal time as the organization continues to expand our impact and advance our mission to support victims of domestic violence, sexual assault, stalking, trafficking, elder abuse, and child abuse in Southeastern Connecticut.

We are excited to welcome Theresa and Kim and share more about their leadership, experience, and dedication to our South-eastern Connecticut community:

Kim Baker is currently the Recording Secretary for the Mohegan Tribal Council. Prior to her term, Baker worked for the Tribe for more than 27 years in a variety of roles. She has been a longtime supporter of Safe Futures and has generously supported the Holiday Giving Program for many years, helping ensure local families have a brighter holiday season. Over the years, Baker has been on multiple boards and committees, including the United Way of Southeastern Connecticut, Connecticut Boxing Hall of Fame, and the Connecticut Coalition Against Domestic Violence, among others. Baker is passionate about supporting victims of abuse and supporting Safe Futures' mission.

Theresa Donatelli is a Senior Wealth Advisor at Principle Wealth. She joins the Board of Directors with over 30 years of financial services experience as well as a passion for educating the community about services available to victims and their families through Safe Futures. Her previous community engagement includes serving on the Board of Directors at St. Vincent de Paul Place in Norwich, CT, and being involved with the Pawcatuck Neighborhood Center, Montville School After School Running Program, Kelley's Pace Adult 5K Training Program in Mystic, CT.

"We are honored to welcome Kim Baker and Theresa Donatelli to our Board of Directors. Their diverse perspectives and professional experience will strengthen our ability to serve survivors and respond to the evolving needs of our community." – Gregory Mas-sad, Esq, President, Safe Futures Board of Directors

About Safe Futures: Safe Futures' mission is stopping abuse, restoring hope, and saving lives of those impacted by domestic violence, sexual assault, stalking, trafficking, elder abuse, and child abuse in Southeastern Connecticut. All services are free and confidential including crisis intervention, emergency housing, counseling, court support, and access to other resources for individuals and families dealing with abuse.

If you or someone you know needs help, call our Safe Futures 24/7 Confidential Hotline at (860)701-6001 or text CT Safe Connect at (888)774-2900. Learn more: safefuturesct.org.

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Household Hazardous Waste Collection – September 19

The next collection event of this year is on Saturday September 19, 2026 in North Stonington across from Wheeler High School, 298 Norwich-Westerly Rd. (Rt 2). All events start at 9:00 a.m. and end promptly at 1:00 p.m.

This video from East Lyme's Public Works Director Joe Bragaw explains the type of materials that can and cannot be brought to SCRRRA Household Hazardous Waste Collections held monthly from April to November. Residential financial and personal document shredding is available at every collection event. There is no cost for any of the services at a collection event. East Lyme residents may bring hazardous household items to any of the scheduled SCRRRA collection events.

To help determine where to dispose of a specific item, visit <https://www.scrarra.org/resident/what-goes-where/>

- Sat. September 19, 2026 – North Stonington across from Wheeler High School, 298 Norwich-Westerly Rd. (Rt 2)
- Sat. October 3, 2026 – Griswold at Griswold Public Works, 1148 Voluntown Rd. (Rt 138)
- Sat. November 7, 2026 – Ledyard at Ledyard High School, 24 Gallup Hill Rd.

Free Residential Electronics Collection Event

Free Residential Electronics Collection Event, Saturday, October 24, 2026, 9:00 a.m. – 12:00 p.m.

The Crossroads Presbyterian Church will be hosting its 2nd annual Residential Electronic Waste Recycling Collection event at 70 Cross Road, in Waterford, CT on Saturday, October 24th, 2026 from 9:00 a.m. to 12:00 p.m.

The collection is a FREE and SECURE drive up/drive through event open to any Connecticut resident for recycling of residential electronics.

Take2recycle, Inc. will be on site to unload vehicles and safely package and transport all equipment to their Waterbury facility to be responsibly and securely recycled.

Accepted materials include, but are not limited to: Computers, Laptops, Printers, Fax Machines, Monitors, TVs, Cell Phones, Tablets, Video Games, game consoles, VCR/DVD Machines, Remotes, Keyboards, Small Appliances.

Unaccepted materials include: smoke detectors, propane tanks, paint, household hazardous waste and appliances containing Freon, i.e. air conditioners, refrigerators, dehumidifiers.

For more information:

Crossroads Presbyterian Church

(860)442-3693

Website: www.crossroads-presbyterian.org

About Take 2 Inc.

Take2recycle, Inc. is a Waterbury based electronics recycler. Take 2 is approved by the Connecticut Department of Energy and Environmental Protection as a Covered Electronics Recycler in conjunction with Connecticut's Electronics Recycling Law, RCSA 22a-638-1. All equipment will be transported by Take 2 to their facility for responsible and secure recycling. For more information and the Accepted Electronics List: take2recycle.com

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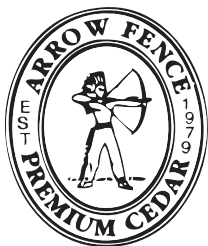


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The Niantic Farmers Market takes place every Thursday beginning June 18 - Oct. 22 from 3-6 p.m. in the Methodist Street Parking Lot in Niantic.

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Shoreline Civil War Roundtable Meeting

The Shoreline Civil War Roundtable will begin its next season on Tuesday, September 1st with Civil War Historian Frank Niederwerfer presenting -The 14th Connecticut Regiment - Their Final Chapter - Stony Mountain to Appomattox.

All are welcome. No registration or fee required. For more information, please contact the group's facilitator at 860-395-1124

Clean Leaves Wanted

The East Lyme Giving Garden, would like to invite persons that have "clean" leaves in the fall, (or any time), to bring their leaves to their Organic Garden. Mulch must be free of pesticides or herbicides. If gathered, as soon as they drop from trees, this should be no problem.

The Giving Garden is located at 4 Church Lane in East Lyme, on the property of Flanders Baptist Community Church. They are blessed by the Church to use their land which is a 4 acre plot, to grow and donate nutritious organic produce. All of the produce is sent to the United Way Gemma Moran Food Center in New London, which is then distributed with other donated produce to local pantries throughout Southeastern CT.

The leaves can be brought to the Garden ANYTIME. However, the regular working hours for volunteers are Tuesday, Thursday, and Saturday mornings. Summer hours are 8-10 a.m. In the cooler months hours are 9-11 a.m. on those same days.

Volunteers work through mid to late November, and start up again by early March, once snow has melted away.

Leaves can be brought to the gate anytime that is convenient from March to late November.

EB Employees Support TVCCA with \$16,000 Grant

Norwich, CT— The Electric Boat Employees' Community Services Association is once again partnering with Thames Valley Council for Community Action (TVCCA) to support neighbors in need across eastern Connecticut with \$16,000 in funding for two critical programs. A \$9,000 grant will support TVCCA's Home Again program, which helps prevent homelessness by assisting households with emergency housing expenses, including rent, security deposits, utilities, and moving costs. The program also provides case management to help families achieve long-term stability. "Because of partners like the Electric Boat Employees' Community Services Association, we can help families address housing challenges before they become a crisis," said Ida Parker, TVCCA's Director of Housing. "This support gives households the opportunity to regain stability and move forward." An additional \$7,000 grant will support TVCCA's Senior Nutrition/Meals on Wheels program, helping provide meal delivery and congregate dining opportunities for older adults throughout the region. "We're so grateful for the continued commitment of the Electric Boat Employees' Community Services Association," said Eugene Theroux, TVCCA's Director of Senior Nutrition. "Their support helps us provide more than meals—it helps ensure seniors receive connection, care, and support when they need it most." For more information about TVCCA's Housing and Senior Nutrition programs and other services throughout eastern Connecticut, call (860) 889-1365 or visit tvcca.org.

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Debunking Five Common Social Security Myths

Social Security is often one of the most important income sources in retirement. Yet widespread myths about how it works can lead to confusion, unnecessary worry and poor planning decisions. Here's the truth behind five of the most common misconceptions.

Myth 1: Social Security is going broke. You've probably heard this one, but the full picture is more nuanced. According to the 2026 Social Security Board of Trustees Report, if Congress does nothing, the program would need to reduce benefits starting in 2032, paying roughly 78 cents for every dollar owed.

But that's just one scenario. Congress could raise the combined payroll tax from 12.4% to 16.65%, which the trustees estimate would secure full benefits through 2100. Other options include eliminating the earnings cap subject to payroll tax or adjusting retirement ages. Lawmakers have tools to address this.

Myth 2: Social Security will cover all your retirement needs. Think of Social Security as a financial foundation, not the full building. According to the Social Security Administration, benefits replace only about 40% of pre-retirement income for a median earner. That means you'll likely need to account for most of your retirement income yourself. Building a strong personal savings strategy now can help close that gap.

Myth 3: You lose benefits permanently if you keep working. Not true. Social Security does have an "earnings test" that can temporarily reduce benefits for people who claim early and keep working. If your earnings exceed a set annual cap – which changes each year – Social Security will withhold a portion of your benefits. But once you reach full retirement age, the Social Security Administration adjusts your monthly check higher to repay those withheld amounts over time.

Myth 4: An ex-spouse's benefits come out of your own. If you were married for at least 10 years and are currently unmarried, your former spouse may be eligible to collect on your earnings record, or you may be able to collect on theirs. Divorced spouse benefits can be up to 50% of the other person's full retirement benefit. But those payments don't affect yours. Your monthly benefit is not reduced by anything paid to an ex-spouse or even a current spouse.

Myth 5: Social Security benefits are no longer taxed. Recent legislation caused some confusion here. The One Big Beautiful Bill Act did not eliminate taxes on Social Security benefits. If your combined income exceeds certain thresholds, you'll still owe taxes on a portion of your benefits.

The law also created a temporary deduction (available through 2028) for people 65 and older. Eligible taxpayers can deduct \$6,000 per qualifying filer if their modified adjusted gross income is \$75,000 or less for singles or \$150,000 for couples. The deduction phases out at \$175,000 for singles and \$250,000 for joint filers.

The more you understand Social Security, the more control you have over your retirement outcome. Grounding your decisions in facts rather than assumptions can make a meaningful difference in your long-term financial security.

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Stonington Farmers' Market

From Memorial Weekend to mid-October, the market is outside every Saturday from 9:00 a.m.-12:00 p.m. in the back parking lot of the Velvet Mill, 22 Bayview Avenue in Stonington. In Mid-October, the market moves inside the Velvet Mill in the back room closest to Meadow Avenue.

Vendors at the Farmers' Market

Individual vendors who may participate in our market include:

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Issa Catering
Jon Fish
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Sugar Maple Farms
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Chelsea Groton Foundation Boosts Support for Seniors with Grant

NORWICH, CT — The Chelsea Groton Foundation is continuing its commitment to supporting older adults across eastern Connecticut with a \$10,000 grant to Thames Valley Council for Community Action's (TVCCA) Senior Nutrition program. The increased award will help support both the agency's Meals on Wheels program and congregate meal services at senior centers throughout the region.

For more than a decade, Chelsea Groton has been a valued partner in helping TVCCA provide nutritious meals, meaningful connections, and critical support to older residents. "Chelsea Groton Foundation's continued generosity makes a tremendous difference in our ability to reach seniors where they are—whether that means providing a daily meal at a senior center or delivering food and a friendly check-in to someone at home," said Eugene Theroux, TVCCA's Director of Senior Nutrition. "This increased support helps us continue meeting the growing needs of older adults throughout our region."

In addition to addressing food insecurity, TVCCA's Senior Nutrition program serves as an important link to other resources that help seniors remain independent, including energy assistance, supplemental nutrition support, transportation resources, and referrals to community services.

As eastern Connecticut's designated provider of Senior Nutrition services since 1974, TVCCA supports the health and well-being of older adults across a 1,200-square-mile service area. Each year, the program provides more than 270,000 meals to seniors throughout the region.

"Community investments from organizations like the Chelsea Groton Foundation help make these services possible," said Mr. Theroux. "Their partnership allows us to continue providing not just meals, but connection, support, and peace of mind for the seniors we serve."

Please send news and events to:
communitynews@postroadreview.com

Lyme Land Trust Upcoming Events

The Lyme Land Trust has announced the following upcoming events. For more information and the most up to date schedule please visit <https://www.lymelandtrust.org>.

Astronomy Observing Session

September 4 @ 8:00 p.m. - 10:00 p.m.

DATE COULD SHIFT BASED ON WEATHER— The Milky Way remains visible all night long with its wonderful star clusters and nebulae. Late in the session, Saturn makes its 2026 debut rising in the east around 10 p.m.

We have several different telescopes that are on display including a 14' Schmidt-Cassegrain housed in a permanent observatory. Inside the observatory, views are afforded at the eyepiece and via real-time digital enhancement. Public sessions are co-facilitated by one or more of our growing cadre of astronomy cohorts: Mark Borton, Roger Charbonneau Jr, Jon Dean, Jay Drew, Deb Fennell, Scott Mallory, John Natale, Lee Polikoff, Parag Sahasrabudhe, Mark Strollo, Jerry Tardif and Alan Sheiness.

Young or old, experienced or totally unfamiliar, we look forward to exposing you to our uniquely dark skies here in Lyme. And if you have a telescope, we encourage you to bring it out. The more, the merrier. Just follow the guidelines in the pdf you receive when you RSVP.

PLEASE NOTE:

Upon registration you will receive a link to directions and observing session guidelines. Bear in mind, observing sessions involve walking in the dark on uneven terrain. You should expect to encounter patches of grass, ruts, exposed stone, etc. as is common throughout Lyme's natural landscapes. Please wear appropriate footwear and have a red-light source handy. For those in need, a loaner red light will be provided at the parking and at the main observatory.

For questions or comments, please contact us at astronomy@lymelandtrust.org.

Imagining Lyme – Photo Submission Deadline – Summer

September 30

Submit up to three of your favorite summer photos to share. The Lyme Land Trust program Imagining Lyme: A Visual Exploration of Lyme's Preserves encourages everyone to expand their visual awareness and highlight the beauty of the Lyme preserves owned by the Lyme Land Trust, the Town of Lyme, The Nature Conservancy, or the State of CT by taking photographs prompted by inspiration from professional photographers and artists. Amateur photographers may submit photos. Photographers do not have to be residents of Lyme but all photos must be taken in Lyme in any of these places:

1. Lyme Preserves owned and/or managed by the Lyme Land Trust, Town of Lyme, The Nature Conservancy, and the State of CT.
2. Pollinator/wildlife habitat with native plants in Lyme – May be in a backyard, local farm, preserve or in a Lyme Pollinator Pathway garden in Lyme, CT.
3. Trail 53 – The clear sky above Lyme.

For more information and to submit photos visit <https://imagininglyme.org/>

Monthly Trivia Night at the HCH Library

Join the Henry Carter Hull Library, 10 Killingworth Turnpike, Clinton, on the third Tuesday of every month at 6:30 p.m. for trivia night! Come show off your knowledge on everything from movies to history to nature. This event is for adults (18+).

Registration Required <https://events.hchlibrary.org/event/cr-trivia-36699>.

For more information email sudie@hchlibrary.org.

Duck River Garden Club Annual Mum Sale

The Duck River Garden Club will hold their annual Mum Sale on September 19, 2026 from 9:00 a.m. - 3:00 p.m. at the East Lyme Library, 39 Society Rd., Niantic.

They will offer a beautiful assortment of colorful mums and hardy perennials for shoppers to enhance their autumn landscape.

For more information visit www.duckrivergardenclub.org.

The Thomas Lee House 2026 Season

228 West Main Street, Niantic

Wednesday thru Sunday

Starting July 4th through September 6th

1:00 p.m. - 4:00 p.m.

Plan on visiting this summer in celebration of our country's semiquincentennial. Built in the late 1600s and already 100 years old during the Revolution. The Lee family called this area home and lived here through the late 1800s when its history was almost lost. Already out of the hands of the family, in 1914 the ladies of the East Lyme Historical Society (founded 1897) saw its historical value and saved it from destruction. In 1915 after minimal renovations the Thomas Lee house was opened to the public. Their vision is preserved to this day, with minimal or necessary preservations done over the years.

Docents bring their own unique interpretations as they guide you back through time before we were the town of East Lyme and before the establishment of the USA.

The Society is an all volunteer organization including the Board Members and rely on the generosity of donations in order to maintain this piece of our town's history.

We look forward to your visit. Questions and inquiries please contact us at: info@eastlymehistoricalsociety.org

Audition for The Anglican Singers

The Anglican Singers, Artists-in-Residence at historic St. James Episcopal Church, New London, CT invite experienced singers to audition. All voice parts are welcome; tenors are especially encouraged to apply. Scholarships are available for high school-age students who sing with the group; these scholarships may be applied toward private voice instruction or summer camp tuition for similar training.

The Anglican Singers is an independent performing arts organization dedicated to perpetuating and presenting the English choral tradition as found in the Anglican service of Choral Evensong. Under the direction of Music Director Simon Holt, we perform a rich and varied repertoire spanning from the Renaissance to contemporary music. No affiliation with any church is required for membership.

Rehearsals are each Tuesday evening from late August through May at 6:30 - 8:00 p.m. We present Evensong services at St. James and additional venues in Connecticut, as well as an Advent Lessons & Carols service and a holiday concert.

In the summer of 2028, The Anglican Singers will be the choir in residence at Norwich Cathedral (UK), where in addition to singing daily Evensong and Sunday morning Eucharist, we enjoy close-knit camaraderie and wonderfully planned excursions. We have previously sung in residence at Ely, Bristol, Exeter, Truro, Lichfield, Worcester Cathedrals and others.

Please contact Simon Holt to arrange for an audition: smo.artistdirector@yahoo.com

Detailed information about membership and auditions: <https://www.anglicansingers.org/auditions/>



Blues Blues By Sova Dance and Puppet Theater

The East Lyme Puppetry Project Inc is proud to present "Blues Blues" by Sova Dance and Puppet Theater.

The show is at 2 p.m. on Sunday, Sept. 27 at the East Lyme Community Center, 41 Society Road, Niantic, CT.

This original work uses masked dancers and Puppetry for this family friendly show. "Every puppet show by Sova dance and puppet Theater is a magical experience", Elppi the Elephant.

Tickets are \$8 Children and \$10 Adults, which can be purchased online at Elppi.org. Online tickets will be held at will-call. Also accepting cash, check, credit and debit cards at the box office. Tickets are non-refundable unless the show is canceled.

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Jump into Fall at the Lyme Art Association



Harley Bartlett, March Runoff, oil



Catherine Puccio, Temptation, oil

This Fall, the Lyme Art Association, (LAA), is presenting a wonderful array of events sure to inspire visitors. Programming includes lovely exhibitions of its member artists' work, inspiring adult arts education courses, a one-man play, and the return of Palate to Palette, LAA's arts fundraiser.



Photo of Ted Zalewski, the actor in Van Gogh: A Portrait By The Postman Roulin

September begins with the wrap up of LAA's three summer shows, the 105th Elected Artists Exhibition, Expanding Visions, and the New Haven Paint & Clay Club Selected Members Exhibition on September 11. These are followed by the return of the lovely landscape show, New England Landscape and the appetizing Bon Appetit, which are on view September 18 – November 6. Wrapping up the year's exhibition season is the holiday favorite, Deck the Walls, along with Renaissance in Pastel, a guest show from the Connecticut Pastel Society; both go on view November 13.

Art students will find a cornucopia of courses for developing their practice. Options include learning foundational and fundamental art elements with Jeanne Carol Potter and Eileen Eder, plus there is an array of oil, watercolor, and pastel classes taught by Catherine Puccio, Michael Viera, Diana Rogers, Howard Park, and Lisa Miceli. Workshops include landscape painting with Zufar Bikbov, learning Sargent's painting techniques with Mike Laiuppa, and painting fearlessly with Bob Noreika. Looking for some seasonal fun? Jessica Daigle is teaching fall floral drawing and painting courses, while Dino Pulera demonstrates how to draw skulls. Plus, Hannah Cohen and Betsy Barry have great online drawing classes.

Along with its educational programs, LAA is presenting a one-man play performed by Ted Zalewski, called Van Gogh: A Portrait by The Postman Roulin on Saturday, September 26. On Thursday, October 15 is Palate to Palette, LAA's premier fundraiser for the arts with food, fun, music, and an art auction. And last, but not least, make fun seasonal art and hear live music at Pumpkin Day on Saturday, October 24.

All this great programming is happening this autumn at the Lyme Art Association, located at 90 Lyme Street in Old Lyme. The gallery is free and open Tuesdays – Sundays, 10 a.m. – 5 p.m. For more information, visit www.lymeartassociation.org.

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communitynews@postroadreview.com
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25.10

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communitynews@postroadreview.com

25.07



Get Posted... Marlene Melesko of East Lyme enjoys a sunset at Pacific Beach in San Diego with her *Post Road Review*!



Get Posted... Eve Pecora, 11, frequent visitor of Niantic, holds a picture of her friend Roxy Zachstecher in the *Post Road Review*, during a visit to Crescent Park, RI.

Check out our new website! www.postroadreview.com

La Grua Center Upcoming Events

The La Grua Center located at 32 Water St., Stonington, has announced the following events. For more information call (860) 535-2300 or visit <https://lagruacenter.org>.

Exhibit Opening: Textures, a James Merrill House Centennial at La Grua Center

September 11, 2026

5:00 p.m. - 7:00 p.m.

The Textures exhibition features iterative representations of texts by former Merrill House Fellows who contributed to the Textures Anthology—a book project conceived on the occasion of the James Merrill Centenary that foregrounds the visual aspects of a text. Writers were asked to photograph a version of their writing that might be hand-written, chicken-scrawled, or typeset possibly including marks of a personal nature on a medium of their choice, such as paper bags, ATM receipts, or screenshot off a digital device.

Conceived and developed by David Schulz and Joanna Scott.

Opening reception Friday, September 11, 5-7 p.m.

Exhibit will run through the end of October. Visit James Merrill House for more details on this and other events happening during the Centenary Festival.

Concert on the Green: Adam Lomeo & Marcus McLaurine

Sponsored by: Stonington Village Improvement Association (SVIA)

All are welcome; this program is offered to the community at no charge.

September 18, 2026

6:00 p.m.

La Grua Center Commons Green

32 Water Street Stonington, CT 06378

In their first performance as a duo, Adam (guitar) and Marcus (bass) will feature a mix of Jazz standards, covers, and originals. Be sure not to miss this outstanding performance—our final outdoor concert of the series!

This concert is FREE.

Please read the information below to understand what policies will be in place for the concert.

Cancellations: If it looks like inclement weather on the day of the concert, we will make the call to move indoors by noon and update our website event page accordingly.

Parking: The North Lot at Stonington Commons at 32 Water Street will be available until it is full. Parking in Stonington Borough in the summer can be a challenge. Residents of Stonington Borough are encouraged to walk. Additional tips can be found here.

Seating: We will open for seating at 5 p.m. Please bring your own lawn chairs or blankets, as none will be provided.

No dogs are allowed on the Stonington Commons Green.

Food and Drink: Please feel free to bring your own food, but not your own liquor. Trash cans will be available on the perimeter of the green for your use.

Restrooms: Restrooms are available inside La Grua Center.

Running Time: Each concert will last approximately one hour, with no intermission.

Major support for the Concerts on the Green is provided by the Stonington Village Improvement Association (SVIA).

Music Matters: Rêverie ~ Flute & Harp Duo

September 19, 2026

5:00 p.m.-6:00 p.m.

Flutist Anna Urrey and harpist Kristi Shade present Rêverie, an enchanting program celebrating the luminous and dreamlike partnership of the flute and harp through works by Debussy, Fauré, Piazzolla, and more. Active as soloists, chamber musicians, and orchestral artists, both performers also appear on Broadway and share the stage with some of the world's most celebrated artists. Together, they bring their exceptional artistry and musical storytelling to a special concert that is not to be missed.

Tickets are \$25 and available online only. A limited number of tickets may be available at the door on the day of the concert. Doors open at 4:30 PM. All seating is unreserved.

The Arts Café Mystic 2026 Fall Schedule: Eleni Sikelianos: September 25, Margaret Gibson: October 23, Sophie Cabot Black: November 20

September 25, October 23, November 20

7:00 p.m.

General admission: \$20, students: free

Tickets available at the door at 6:30 p.m.

For more information visit <https://theartscafemystic.org/> or email info@theartscafemystic.org

September 25: Eleni Sikelianos

Born into a family of tree workers, bohemians, poets, ne'er-do-wells, visionaries, and smalltime sort-of hustlers, Eleni Sikelianos is a poet, writer, collaborator, and “master of mixing genres.” As a student of the poets of Naropa, she is a lineage-holder in the Outrider poetics family tree. Deeply engaged with ecopoetics, her work takes up urgent concerns of environmental precarity and ancestral work. She has published ten books of poetry (most recently, *Your Kingdom*, 2023) and two unclassifiable hybrid works, sometimes called nonfiction, sometimes memoirs, sometimes fiction: *The Book of Jon and You Animal Machine*. *Memory Rehearsal*, (forthcoming from City Lights) was named One of Publishers Weekly's Most Anticipated Books for 2026, and is a genre-busting encounter between a poet and her ancestral past documenting a startling intersection of queer history, ancient theater, utopian visions, and modern poetry.

Among other honors, she has been awarded two National Endowment for the Arts fellowships, a Fulbright Artists fellowship, and a New York Foundation for the Arts Award in nonfiction. She grew up in earshot of the ocean, in small coastal towns near Santa Barbara, and has since lived in San Francisco, New York, Paris, Athens (Greece), Boulder (Colorado), and Providence. <https://www.elenisikelianos.com/>

October 23: Margaret Gibson

MARGARET GIBSON, Connecticut's State Poet Laureate (2019-2022), has published 14 books of poems with LSU Press, most recently *Draw Me Without Boundaries*. New books will be forthcoming in Spring, 2027: *Old Love and Present Tense*, two books bound in one volume. Awards include The Lamont Selection, Melville Kane Award, Connecticut Book Award (twice), Finalist for the National Book Award, Finalist for the Poets' Prize. With a grant from the Academy of American Poets, Gibson edited the anthology, *Waking Up to the Earth: Connecticut Poets in a Time of Global Climate Crisis*.

November 20: Sophie Cabot Black

Sophie Cabot Black's poems have appeared in *The Atlantic*, *Bomb*, *The New Yorker*, *Granta*, *The Nation*, *The New Republic*, *The Paris Review*, *Poetry*, and *Tin House*, among other journals. Her work has also appeared in various anthologies, among them *Best American Poetry*, *Fatherhood*, *Doggerel*, and *Poems About Horses*, anthologies from the Everyman's Library Series.

Her three books from Graywolf Press are *The Misunderstanding of Nature*, which received the Norma Farber Book Award from the Poetry Society of America, *The Descent*, which earned the Connecticut Book Award and was nominated for the 2005 Colorado Book Award, and *The Exchange*, of which *Publisher's Weekly* said: “Black weaves sheer elegance and devastating knowing” (starred review).

And of her newest collection, *Geometry of the Restless Herd* (Copper Canyon), *Publisher's Weekly* said: “Cabot Black's stunning, fable-like fourth collection urges readers, ‘do not expect the

ACROSS

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 15 Take testimony from
 16 Rice dish
 17 Retired
 18 Buffalo waterfront
 19 Caine role
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 23 Green Mountain boy
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 36 Eve's third
 38 ____ sum: large number
 39 ____ 51
 40 Relax to the max
 41 Disappointing grade
 42 Lee's counterpart
 46 Busted about
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 49 Dough
 50 Skate type
 51 Took five
 54 Under, poetically
 56 Certain graduate exams
 58 Mayberry moppet
 59 Cassowary cousin
 60 Chime
 61 Arsenal stocks
 62 Pennine peak
 63 Dynamic ____

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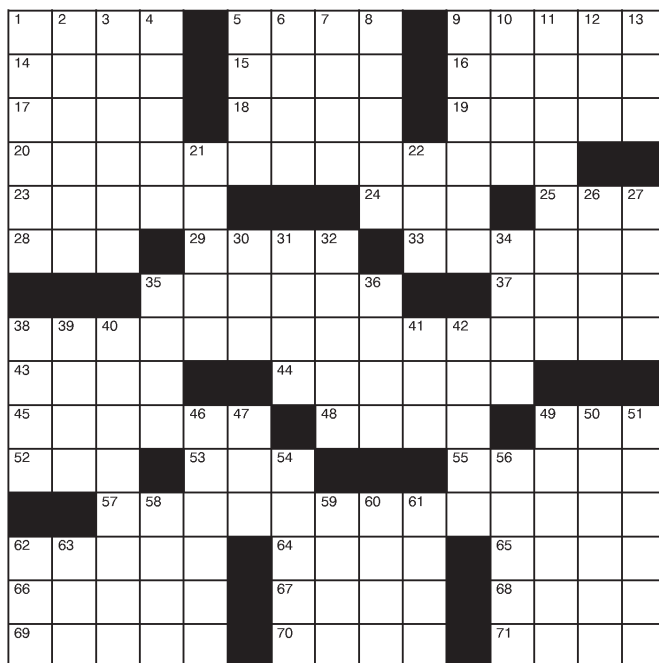
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CREATORS NEWS SERVICE

By Neil Manausa

Answers on pg 39

known; you were not there.' This unusual and poignant volume is equal parts gothic and pastoral, full of incisively written imagery characterized by sparse stanzas that allow each line to shine. . . . The poems in this collection run no risk of being mistaken for another poet's oeuvre. Singular and striking in their movements and tone, they are a testament to delicate beauty. Cabot Black walks the tightrope between the gnomic and the visceral, and sticks the landing with the utmost skill and tenderness."—(starred review)

She has been awarded several fellowships, including at the MacDowell Colony, the Fine Arts Center in Provincetown, and the Radcliffe Institute, and appears at national literary festivals such as the Los Angeles Times Book Festival and the Dodge Poetry Festival.

Black has taught at the New School, Rutgers, and Columbia University, and continues to teach at the 92nd St Y and the Fine Arts Work Center in Provincetown. She holds degrees from Marlboro College and Columbia University.

She has also published several essays, translated poems, and more recently finished two song cycles and a libretto.

Mystic Film Festival Events at La Grua Center

September 26, 2026

1:00 p.m.-5:00 p.m.

Mystic Film Festival is a grassroots celebration of independent filmmaking that brings together storytellers, artists, and audiences in a shared love of cinema. Showcasing feature-length and short narrative films and documentaries from around the world, the festival creates a space where diverse voices can be heard and meaningful conversations can take root. Through screenings, filmmaker Q&As, workshops, and community events, it aims to connect people through the power of story and the craft of filmmaking.

Now in its 9th year, the festival will take place September 24th – September 27th, 2026 across venues in Mystic, Connecticut, and Westerly, Rhode Island.

Check out our new website! www.postroadreview.com

CT River Museum Upcoming Events

The Connecticut River Museum 67 Main Street, Essex, CT has announced the following schedule. For more information, please call 860-767-8269, visit <https://ctrivermuseum.org/> or email astromberger@ctrivermuseum.org.

River Tales

Saturday, September 5, 2026

11 a.m. – 12 p.m. or 1 p.m. – 2 p.m.

Non-members: \$3 per learner

Members: FREE!

Museum admission is not included with ticket purchase.

Swing by the Connecticut River Museum for stories take-home craft activities that engage kids with the Connecticut River's stunning wildlife and rich history! Perfect for young learners 4+ and their caregivers. Check in at the front desk upon arrival.

More information on the book we will be reading and the take-home craft activity coming soon!

Questions? Email edriver@ctrivermuseum.org.

The Connecticut River Museum may photograph this event. By participating, you agree to allow photos to be posted on the Connecticut River Museum's website, Facebook page, Instagram feed, and other media.

Save the Date: 2026 Annual Meeting

Saturday, September 19, 2026

10:00 a.m. - 11:00 a.m.

The Trustees of the Connecticut River Museum at Steamboat Dock, Inc. cordially invite MEMBERS to attend the Annual Meeting on Saturday, September 19, 2026 at the Museum.

More information to come.

Save the Date: Block Party

Saturday, September 19, 2026

10 a.m. – 5 p.m.

The block party will take place on the Museum campus and feature a full day of events geared to all ages. Attendees can look forward to food and beverage vendors along with live music! Children will have the opportunity to take part in a variety of educational activities centered around history and nature. Compete at classic lawn games and enjoy food and beverages from vendors Turtle Cafe, Porky Pete's BBQ, and Deep River Ice.

More information about the event and becoming a sponsor can be found at <https://ctrivermuseum.org/block-party-2026/>

RSVP to attend the Block Party and receive free admission to the Museum.

<https://ctrivermuseum.ticketing.veevartapp.com/tickets/view/list/block-party-2026-rsvp>

Fabulous Fall Story Time!

The Bill Memorial Library in the City of Groton invites children to our Fall Story Time, a story program for children ages birth through age 5, with a caregiver. Story Time meets every Monday at 10:00 a.m. at the library, beginning on September 14, 2026, through November 16, with no session on October 12. Story Time features stories, songs with live music, and finger plays in the Reference Room. No registration necessary; please call the library at 860-445-0392 for further information.

Library hours are Monday, Tuesday and Thursday, 10:00 a.m. to 8:00 p.m., Wednesday and Friday, 10:00 a.m. to 5:00 p.m., and Saturday, 10:00 a.m. to 3:00 p.m.

The Bill Memorial Library, a landmark on Groton Bank since 1890, is located at 240 Monument Street in the City of Groton, near the Groton Monument and historic Fort Griswold. To keep up with the latest happenings for adults, teens, kids and families, visit our web page at <http://www.billmemorial.org>, or check out our social media - follow us on Instagram at @billmemorialgrotonct or find us on Facebook at Bill Memorial Library.

Groton Public Library Celebrates America's 250th: September

In 2026, the United States marks a historic milestone—the 250th anniversary of the signing of the Declaration of Independence. This moment invites us to reflect on the bold ideals set forth in 1776: life, liberty, and the pursuit of happiness.

As part of a nationwide commemoration, the Town of Groton, City of Groton, and Mystic will celebrate this semiquincentennial with a series of engaging events and educational programs throughout the year. For a complete listing of Groton's America 250 events, tours, and exhibits, visit groton-ct.gov/america250.

Revolutionary Reels

• Friday, September 4, at 10 a.m.

• Friday, October 2, at 10 a.m.

A film series that celebrates America's 250th anniversary! These showings will feature a mix of classic favorites and modern films that capture the spirit of our nation's history, heroes, and ideals. Enjoy free popcorn and lemonade (while supplies last) and experience the stories that shaped America—one reel at a time. Call the Library at (860) 441-6750 or visit the online calendar at grotonpl.org for this month's film title.

History Comes Alive! An Evening with General Israel Putnam

Thursday, September 3, at 6 p.m.

General Israel Putnam, as portrayed by UCONN Professor Emeritus Kenneth Noll, will visit the Groton Public Library on September 3. A beloved and honorable farmer and American patriot, Gen. Putnam vividly comes to life through storytelling. He recounts his days on the farm, his time as a tavern keeper, his service in the French and Indian War, and his role as second-in-command to General George Washington during the Revolutionary War. Don't miss this educational and entertaining performance! This program was made possible by the generous support of the Mystic Woman's Club.

Nathan Hale: The Life and Death of America's First Spy

Tuesday, September 22, at 6 p.m.

Join us in marking the 250th anniversary of the death of Connecticut native and American patriot Nathan Hale (September 22, 1776), as author M. William Phelps presents his book, "Nathan Hale: The Life and Death of America's First Spy." In this well-researched biography, he details the story of Nathan Hale, a Yale-educated teacher turned Continental Army captain who became America's first spy, volunteering for a dangerous intelligence mission during the Revolutionary War and being captured and hanged by the British in New York City in 1776, cementing his legacy as a patriotic martyr despite his brief career. This program was made possible by the generous support of the Mystic Woman's Club.

About the Groton Public Library

The Groton Public Library is located at 52 Newtown Road, Groton, CT 06340. For more information about library programs or services, please call (860) 441-6750 or visit grotonpl.org. All programs hosted by the Groton Public Library are inclusive and open to people of all ability levels. Please contact the Library for information about available accommodations.

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This Autumn at the Lyme Art Association

New England Landscape: Celebrating the Beauty of East Coast Scenery; and Palate to Palette: LAA's Signature Fundraiser in Support of the Arts



Mark Battista, Barnyard Duet, acrylic

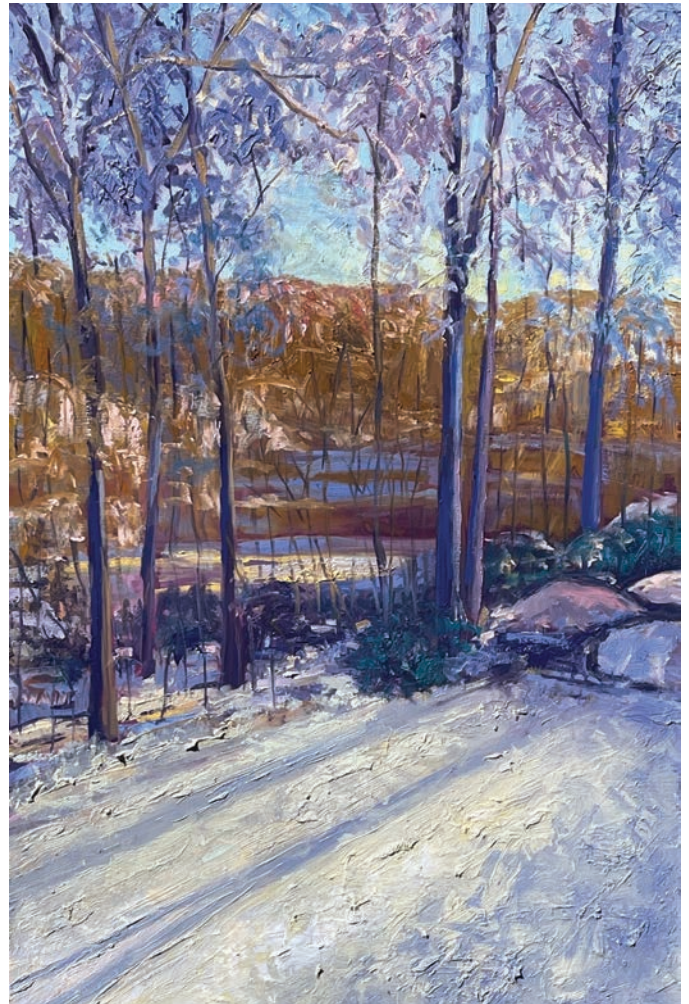


Karen Israel, It's All About the Greens, pastel

Old Lyme, CT: Lyme Art Association (LAA) is proud to announce New England Landscape, its annual juried exhibition celebrating the rich and varied charm of the East Coast, where nature's artistry unfolds in breathtaking beauty. This gorgeous art show includes rolling hills covered with trees, lonely roads, cow-dotted farmlands, historical homes, and bustling townscapes, all done in various mediums that visually explore people's connection to this extraordinary and gorgeous terrain.

Running concurrently is Bon Appétit. This exhibition features sumptuous and delectable depictions of food meant to tantalize both visual and culinary senses with masterpieces featuring delicious looking food and vivid depictions of bustling farmers' markets and restaurants.

New England Landscape and Bon Appétit are on view from September 18 - November 6, and the opening reception is Sunday, September 20 from 2 - 4 p.m. New England Landscape is supported by Ascend Bank in partnership with the Community Foundation of



**Karen Bartone, Ice Cold Light from My Window, oil
Middlesex County.**

On Thursday, October 15, the Lyme Art Association is hosting its signature fundraising gala, Palate to Palette, from 6 p.m. - 9 p.m. at its galleries in Old Lyme. This fun event features live music, sumptuous fine food from top regional restaurants and caterers, and a silent auction of new artwork created by LAA member artists. All proceeds go towards supporting the Lyme Art Association's exhibitions and special projects, and ensure that this wonderful community of artists and art lovers continues to thrive. Tickets go on sale in September. \$85 per person. RSVPs are required. For more info, visit <https://lymeartassociation.org/palate-to-palette/>

About the Lyme Art Association:

Founded in 1914 by the American Impressionists, the Lyme Art Association continues the tradition of exhibiting and selling representational artwork by its members and invited artists, as well as offering art instruction, lectures, and other public programs to the community. The Lyme Art Association is located at 90 Lyme Street, Old Lyme, CT, in a building designed by architect Charles Adams Platt. Admission is free with contributions appreciated. Gallery hours are Tuesday - Sunday, 10 a.m. - 5 p.m., or by appointment. For more information, visit our website www.lymeartassociation.org or call (860) 434-7802.

Check out our new website! www.postroadreview.com

Waterford Public Library Upcoming Programs

The Waterford Public Library, located at 49 Rope Ferry Road, Waterford, has announced the following schedule.

For more information please call (860)444-5805, visit <https://www.waterfordct.org/158/Library> or email waterfordlibrary@waterfordct.org.

Children's Programs

Tuesday, September 1, 4:00 p.m. – 6:00 p.m.

LEGO Club: Calling all LEGO lovers! Stop by the library conference room anytime between 4:00 and 6:00 p.m. to build with our bins of LEGOs. Create something using your imagination or try one of our building challenges. Recommended for ages 4 and up, no registration required.

Saturday, September 5 to Friday, October 2

Grab & Go: School Bus: Stop by the Children's Room Saturday, September 5 to Friday, October 2 to pick up supplies to make your very own school bus craft at home! Check our Facebook page (@waterfordpubliclibrary) for a step-by-step video tutorial on how to make your craft. Available while supplies last.

Friday, September 11 & Wednesday, September 23, 11:00 a.m. – 11:45 a.m.

Baby & Me Lapsit Storytime: Join us for a cozy and engaging storytime designed for babies and their caregivers! Enjoy songs, rhymes, stories (and cuddles!) that support early language development and bonding. The first half will be a structured storytime then attendees are welcome to stay to play and socialize. Recommended for children up to 18 months and their caregivers. No registration required.

Saturday, September 12, 10:30 a.m. – 11:00 a.m.

Sign and Sing: Ms. Janine is back for Sign and Sing! This fun live music storytime will include basic signs that both children and their caregivers will benefit from knowing. For ages birth to 5, no registration required. Thank you to CT Humanities for helping to fund this program.

Monday, September 14, 5:00 p.m. – 6:00 p.m.

'Library Explorers' Book Club: This September, celebrate Library Card Sign-Up Month with stories all about the wonder of libraries! Join us as we dive into books where characters discover the magic of reading and go on exciting library adventures. Bring a book to share with the group then enjoy a fun, themed activity after the discussion. Recommended for ages 6 to 11. No registration required.

Friday, September 18, 11:00 a.m. – 11:45 a.m.

Toddler Story and Sensory Play: Join Miss Ashlee for a story and then explore multiple sensory stations. Recommended for ages 2 to 5 years old with a caregiver. No registration required.

Monday, September 21, 11:00 a.m. – 5:00 p.m.

Boardgame Bonanza: Looking for something to do while school is out for the day? Stop by the meeting room anytime between 11:00 and 5:00 p.m. to hang out with family and friends and play some boardgames. We have all the classics along with some fun new ones to try out. Recommended for ages 4 and up, no registration required.

Tuesday, September 22, 4:30 p.m. – 5:30 p.m.

Read to Hodges: Stop by the Children's Room anytime between 4:30 and 5:30 p.m. to read to one of our favorite furry friends, Officer Hodges. No registration required, all ages welcome.

Thursday, September 24, 10:30 a.m. – 12:00 p.m.

Stay and Play: Stop by the library meeting room anytime between 10:30 and noon to play with some different toys and socialize with other parents and caregivers. Please note: this is not a structured storytime or program, just an informal space for free play. As with all of our programs, adults are responsible for their children.

Recommended for ages birth to five years old, no registration required.

Saturday, September 26, 10:00 a.m. – 11:00 a.m.

Read to Scout: We are excited to welcome another certified therapy dog to the library! Come practice your reading skills and give Scout a cuddle in the Children's Room anytime between 10:00 and 11:00 a.m. All ages are welcome, no registration required.

Tuesday, September 29, 5:00 p.m. – 8:00 p.m.

Art Workshop for Kids: Join local artist Margarita Maxson for a fun art workshop to celebrate Hispanic Heritage Month. Recommended for ages 8 and up, registration is required. Thank you to the Katherine Forests Crafts Foundation for funding this program.

Teen Programs

Wednesday, September 23, 5:30 p.m. – 7:00 p.m.

Teen Drop In Craft: Stop into the Teen Section to make a few keychains for your bag or backpack! All materials will be provided. No registration required. Ages 11-18.

Adult Programs

Wednesday, September 2, 6:30 p.m. – 8:00 p.m.

Mystery Book Club: A Talent for Murder by Andrew Wilson (2017) - Discover the real-life mystery centered on the queen of crime herself: Agatha Christie. In this tantalizing new novel, Christie's mysterious ten-day disappearance serves as the starting point for a gripping novel, in which Christie herself is pulled into a case of blackmail and murder. Our facilitator is Pam Bedore, Professor of English, UConn.

Fridays, September 4, 11, 18, & 25, 10:00 a.m. – 11:15 a.m.

Memory Café Program: The Library, in partnership with Waterford Senior Services, is offering a weekly Memory Café. The café is held at the Waterford Community Center at 24 Rope Ferry Road. The café offers a weekly opportunity for social engagement for anyone experiencing changes in their memory or thinking, accompanied by their care partners. Activities will include sing-alongs, creative engagement, reading and conversation. Refreshments will be provided. To learn more about the Memory Café movement, please visit the Dementia Friendly America website at <https://dfamerica.org/what-is-memory-cafe/>. The program is free and open to the public, but as space is limited, registration through Waterford Senior Services is required. Please call 860-444-5839 to register.

Fridays, September 4, 11, 18, & 25, 11:00 a.m. – 12:30 p.m.

Scrabble Club: This Scrabble Club meets every Friday from 11 to 12:30 p.m. This club is open to all ages and abilities.

Tuesday, September 8, 3:00 p.m. – 4:00 p.m.

When Helping Hurts: Why Family Patterns Repeat—and What to Do Instead: Families often find themselves facing the same tensions and challenges over time—even when everyone is trying their best. This talk explores how well-intentioned responses like being strong, responsible, or helpful can sometimes make situations more difficult without us realizing it. Drawing on over 20 years of clinical experience, Dr. Gail DeMarco Zuckerbraun will discuss how common family patterns develop, how they show up in caregiving roles, and how small shifts in awareness can lead to more effective and less stressful interactions.

Participants will leave with:

- A clearer understanding of how family patterns take hold
- Insight into determining if helping is too much on your plate
- Practical ways to respond, including diaphragmatic breathing and communication techniques

This program is educational, conversational, and designed for a general audience. No registration is required.

Tuesday, September 15, 1:00 p.m. – 2:30 p.m.

Introduction to Writing Workshop: Don't Let That Blank Piece Of Paper Intimidate You! Join us for a this writing workshop. Local author Kathy Swope will lead this program. Please bring your own writing materials.

Tuesday, September 22, 6:30 p.m. - 7:30 p.m.

Portrayal: Jordan Freeman, The Fight to Set a People Free: Jordan Freeman, an African American servant of John Ledyard and the body servant of Col. William Ledyard in the Revolutionary War is portrayed by Kevin Johnson. Jordan Freeman was an actual person, although he did not enlist himself, he witnessed key events of the war for independence while with Col. Ledyard. The presentation is based on extensive research in the collections of the Connecticut State Library and the Museum of Connecticut History. Kevin Johnson is an employee of the State Library's History and Genealogy Unit, and he has been portraying Jordan Freeman for about 17 years. Additional information about the State Library and the Museum of Connecticut History can be found on its Web page at <http://www.ctstatelibrary.org>

Registration is suggested. In celebration of America's 250th anniversary and Waterford's 225th anniversary. Waterford Public Library is a proud affiliate of the America 250 CT Commission. Thank you to Eversource for funding a portion of our America's 250th Anniversary events throughout this year.

Friday, September 25, 11:30 a.m. - 2:00 p.m.

Friday Afternoon Book Club: Literary Tea & Tour at Harkness: Join us this September for a special literary tea and tour co-sponsored with The Friends of Harkness. We will gather at the historic Eolia Mansion to discuss Edith Wharton's classic Gilded Age novel, The Age of Innocence written in 1920. The event features a delightful brunch and tea, discussion, then a guided tour. Registration is required by Friday, September 11 as space is limited. There is a fee of \$25 with payment due at the door. Location is Eolia Mansion at Harkness Memorial State Park. Please note that this special event replaces our regularly scheduled Friday Afternoon Book Club discussion. Our facilitator is Lynne Rogers, English Professor, UConn.

Wednesday, September 30, 6:00 p.m. - 7:30 p.m.

Bonjour Basics with Madame S.: A fun, beginner-friendly introduction to French that offers a clear and accessible entry point into the language. Participants learn essential vocabulary, pronunciation basics, and practical conversational expressions through guided practice and interactive, culturally rich activities. Whether preparing for travel, reconnecting with past studies, or simply curious, this workshop provides a supportive and enjoyable start. Registration is required. Our presenter is Madame S., a certified French educator and native francophone with extensive experience teaching beginner learners.

September Art Wall: Sudeshna Sirkar

Sudeshna Sirkar is a contemporary artist whose art delves into the colors & beauty of life, nature, love and divinity. She started her artistic journey immensely inspired by the beauty and serenity of New England, and predominantly depicts her vision into abstract art. She has also evolved to explore landscapes, still art and Impressionism. She engages with art not just as an aesthetic experience but as an emotional and intellectual extension of herself. In her upcoming exhibition, she presents & invites viewers to glimpse her "Kaleidoscope of Life".

We continue to offer both virtual and in-person events. For further details about all of our programs and registration, please refer to our website www.waterfordpubliclibrary.org and then click on Programs & Events. While at our website, be sure to sign up for our monthly e-newsletter for the latest information on all library events and services. Please "like" us on Facebook too!

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Music & Movement At The Bill Memorial Library

The Bill Memorial Library in the City of Groton invites children and their grownups to our Music & Movement program on Tuesdays at 10:00 a.m. beginning September 8, 2026, through November 17. Join us for songs and activities with LIVE music! We'll have you and your little one moving and grooving as we sing, stretch, and explore music with instruments. This program is supported by CT Humanities and no registration is required. Call the library at 860-445-0392 for more information.

Library hours are Monday, Tuesday and Thursday, 10:00 a.m. to 8:00 p.m., Wednesday and Friday, 10:00 a.m. to 5:00 p.m. and Saturday, 10:00 a.m. to 3:00 p.m.

The Bill Memorial Library, a landmark on Groton Heights since 1890, is located at 240 Monument Street in the City of Groton, near the Groton Monument and historic Fort Griswold. To keep up with the latest happenings for adults, teens, kids and families, visit our web page at <https://www.billmemorial.org>, or check out our social media - follow us on Instagram at @billmemorialgrotonct or find us on Facebook at Bill Memorial Library.

Shoreline Reggae Fest

The Shoreline Reggae fest will take place at Hygienic Art Park, 79 Bank St., New London, on Sunday, September 6th featuring Red Lion, Glaucoma Suspect, Jam Shed and Lazy River. Doors open at 4 p.m. Tickets are \$15 online pre-sale and \$20 at the door. Hope to see you there!

Red Lion

A fusion of conscious uplifting reggae, Red Lion represents a collective of talent from various renowned bands, including Soulshot, Large Up, Space Mon Rah, Dub Squad, Inity, and The High Voltage Band.

At the forefront of Red Lion is Eric "Irie Feelinz" Williams, a dynamic force of energy who unites audiences with his original lyrical prowess and uplifting vibrations.

Red Lion is ever moving forward, forging new paths in their musical journey. Please consider booking Red Lion to experience and share in our positive, musical journey.

<https://www.facebook.com/profile.php?id=61552954170370>

Glaucoma Suspect

Glaucoma Suspect is an eight piece roots reggae band based in Westerly, RI. They cover the music they love and have a deep respect for the origins & social message of reggae music.

https://www.facebook.com/people/Glaucoma-Suspect-Band/61559878138995/?_rd

Jam Shed

Originally out of Salem CT, Jam Shed has been jamming together for 10 plus years. Jam Shed was created out of Wednesday night "jam shed" sessions. (Yes, in a literal shed). Chill nights, hangin' out, getting creative, and learning new favorite reggae dubs with their own twist. Continuously merging their love of reggae dub, improv, and live sound to create a fun funky collaboration of original music and dub covers. Brought together, created/orchestrated by a group of awesome friends who each have a passion for playing and creating ear soothing magic.

<https://www.facebook.com/Hashbowlsandhashbrowns/>

Lazy River

Kick back and sway to the sounds of DJ Ben Jammin' and dalabil Tickets available at <https://www.hygienic.org/product/shoreline-reggae-fest-2026/TWIUAZVQQXWMMESSEPKGLNJD>



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The Post Road Review Magazine

East Lyme Public Library Upcoming Programs

The East Lyme Public Library, 39 Society Rd, Niantic, has announced the following programs. For more information and registration call (860) 739-6926 or visit <https://www.eastlymepubliclibrary.org>.

Special Events

Library Card Sign-up Month! Celebrate with ELPL at the Niantic Farmers Market

Thursday: Sept. 3rd 3 p.m.-6 p.m., Methodist Street, Niantic, CT
Join East Lyme Public Library at the Niantic Farmers Market on Sept. 3rd and celebrate Library Card Sign-up Month! Eligible residents receive a free market treat courtesy of market vendors and Niantic Main Street when they apply for and receive an East Lyme Public Library card on-site at the market!

Applicants must provide a photo ID with their current East Lyme or Niantic address. Or, applicants must provide a photo ID with separate proof of their residency in East Lyme or Niantic. Children under the age of 16 need a parent or guardian present to apply for a library card.

Book Groups

Out-of-This-World Book Group

Wednesday's, 7:00 p.m.

Location: East Lyme Room

10/7/26 The Book That Wouldn't Burn by Mark Lawrence

Novel Book Group

Tuesday's, 7:00 p.m.

Location: East Lyme Room

September 8 at 7pm: Small Great Things by Jodi Picoult.

Men's Book Group

Wednesday's, 7:00 p.m.

Location: East Lyme Room

September 30: Sapiens: A Brief History of Humankind by Yuval Noah Harari

Nonfiction-for-Fiction-Readers Book Club - Nonfiction books that bring together storytelling qualities of novel writing, linked to true events/information.

Tuesday's, 7:00 p.m.

Location: East Lyme Room

September 29: Havana: A Subtropical Delirium by Mark Kurlansky

Mystery Book Group

Thursday's, 11:00 a.m.

Location: East Lyme Room

9/24/26 Den of Iniquity by J.A. Jance

Classics Book Group

Friday's 11:00 a.m.

Location: East Lyme Room

9/11/26 Lord of the Flies, William Golding

True Crime Book Group

Tuesday's 7:00 p.m.

Join the library's newest book group!

9/22/26 Blood in the Water by Casey Sherman.

Trivia Night

Tuesday's, 6:30 p.m.

Location: Senior Center

Looking to test your knowledge? Join the fun and pit yourself against our quiz questions for a night of trivia. Come by yourself or with family and friends. All ages welcome!

9/29/2026

Please register at www.eastlymepubliclibrary.org

DND: Adventure Club with Mark Hallbauer

Saturdays, 12:00 p.m. – 4:00 p.m.

9/19/26

Looking for adventure? Join us! Ages 6 and up. All skill levels are welcome.

Please register at www.eastlymepubliclibrary.org

Limited to 6 participants.

September

Planning Ahead: Advance Directives with Cathy Yuhas

Wednesday, Sept. 2

6:30 p.m.

Location: East Lyme Room

Join Cathy Yuhas, RN and Certified End-of-Life Doula, for a thoughtful conversation about what advance directives are, why they are important, and how they can help ensure your wishes are understood if you are unable to speak for yourself. This program will offer practical information, gentle reflection, and guidance for beginning these important conversations with the people you love.

Please register at www.eastlymepubliclibrary.org

Crafting with Kaitlin: Diamond Art

Wednesday, Sept. 16

6:00 p.m.

Location: East Lyme Room

Learn the bedazzling skill of diamond art as you make your own decorative item.

Ages 16 and up. Limited space. Please register at www.eastlymepubliclibrary.org

Dapper Rabbit

Saturday, Sept. 19

2:00 p.m.

Location: The Barn at Brookside Farm Museum

Bring on the fall season with the cool jazz collective of Dapper Rabbit. Dapper Rabbit is a Mystic, CT based jazz combo that performs an eclectic mix of tunes. Saxophonist--and East Lyme resident--Jerome King will cover classics of the swing, bop, hard-bop, and bossa traditions while backed by a rhythm section featuring Chris Harwell on guitar, Donna Tee on drums, and David Clark on bass.

Please register at www.eastlymepubliclibrary.org

Shred Day

Saturday, Sept. 26

9:00 a.m. – 12:00 p.m.

Location: Community Center parking lot

The East Lyme Public Library and Senior Center have partnered with Chelsea Groton Bank for another shred day! Bring those old documents (Computer hard drives too!) to the Community Center for safe and secure disposal. Each person is allowed up to three boxes for shredding. Non-perishable food donations will be collected for Care and Share of East Lyme.

No registration necessary

A Guide to Online Safety: How to Recognize Scams

Wednesday, Sept. 23

6:30 p.m.

Location: East Lyme Room

Staying safe online requires recognizing and outsmarting the most common deception tactics used by cybercriminals. Whether you are dealing with phishing, investment fraud, or social media scams, this workshop will give you the tools you need to stay vigilant and avoid cyber fraud.

Please register at www.eastlymepubliclibrary.org

The Great Pumpkin Art Show

Monday, Sept. 28

9:00 a.m.

Location: East Lyme Public Library

The East Lyme Public Library is hosting a fall-themed art show! Beginning on Monday, September 28, small wooden pumpkins will be available to take home and decorate with your own artistic flair. Return your art-tastic pumpkin to the library with your full

name clearly written on the back by Tuesday, October 13 at 8 pm. Pumpkins will be displayed in the library until November 30. After that you may pick up your pumpkin to keep. Pumpkins that are not picked up by December 14 will be considered a donation to the library. Limit two pumpkins per household.

Pre-registration is required. Please register at www.eastlymepubliclibrary.org

Children & Families

Storytime Fun with Miss Zoë

Grow a reader the fun way! Read, sing, dance, and play! Enjoy books, flannel board stories, creative movement and parachute play. Designed for children ages 2 and up, but all ages are welcome.

Tuesdays starting September 8 from 10:30 to 11:00 a.m.

Location: Community Center Activity Room

Baby Sign & Sing with Miss Sarah

Learn baby sign language in this fun, interactive storytime. Sing, play, dance, and learn! Best for birth to three, and older siblings are always welcome.

Wednesdays starting September 9 from 9:30 to 10:00a.m. and 10:30 to 11:00 a.m.

Location: Children's Storytime Room

Sing & Stomp with Miss Rebecca

A dance party for children and their grown-ups. Sing, dance, shake and stomp to popular dance tunes. Great for developing motor skills and making new friends!

Thursdays starting September 10 from 10:30 to 11:00 a.m.

Location: Community Center Activity Room

All Aboard! Train Play

For ages 2 and up with an adult caregiver.

Mondays and Fridays 9:30 a.m. to 2:30 p.m. starting on September 4

Location: Children's Storytime Room

There will be no All Aboard on Monday, 9/7

Read to Hazel

This is an opportunity for young readers to gain confidence and fluency by reading to a therapy dog. Registration required.

Call to sign up for a 15 minute slot. 860-739-6926

Tuesdays starting September 15 from 4:00 to 5:00 p.m.

Location: Children's Storytime Room

Celebrate Library Card Sign-Up Month with Children's Musician Joy Blooms!

Enjoy an interactive family music concert and sign up for an East Lyme Public Library card!

Registration required.

Saturday, September 12 at 2:00 to 2:45 p.m.

Location: East Lyme Senior Center

Storybook Trail

Book Fiesta: A Bilingual Picture Book by Pat Mora and Rafael Lopez

Enjoy this story in English and in Spanish as you walk along our Storybook Trail.

Location: Perimeter of Samuel M. Peretz Park at Bridebrook Park.

Young Adult

Young Adult (YA) Book Club for Grades 5-8

Do you love to read? Join us to read a book each month and discuss it with friends.

September Book: The Secret of the Old Clock (Nancy Drew #1) by Carolyn Keene

Wednesday, September 23 at 3:15-4:00 p.m.

Location: Children's Storytime Room

Registration is required at eastlymepubliclibrary.org.

Students under the age of 12 need a signed permission slip.

Copies of each book are available at the Circulation Desk one month prior to the meeting.

Public Library of New London Upcoming Events

The Public Library of New London, 63 Huntington St, New London, has announced the following events. For more information and registration call (860) 447-1411 or visit <https://plnl.org>.

Children's Events

Children's Take & Make Kits: Stop by the Children's Room for a craft kit to go!

Interactive Movie Kits: This month we'll have interactive movie kits for Leo and Monsters University.

Toy Library: Stop by the Children's Room to check out toys from the Toy Library!

Make It Mondays: 3-5 p.m., Make some K-Pop Demon Hunters bling for your backpack!

All Ages Storytime: Wednesdays, 10:30-11:30 a.m., Join us for an all-ages story time and play group! We will have a short story time, sing some songs, and then take out some toys for time to socialize and play.

Art Class with Miss Dana: Thursdays, 5-6 p.m., Come to the library on Thursday evenings to take an art class with Miss Dana! We will work on a new project each week.

Children's Board Game Club: Saturdays, 9:30-1 p.m., Join us every Saturday for Board Game Club in the Children's Room! In addition to chess, we will be including board games like Sorry, Battleship, Trouble, and more!

Baby + Me Playgroup: Fridays, 10:30-11:30 a.m., We will do a short lap story and then turn on the music and take out the toys for time to socialize. A great opportunity for new parents to meet and babies to play.

9/1/2026: Children's Pokemon Club: Sign up for Pokemon Club, meeting once a month for the whole year!

9/1/2026: Children's Book Club: First Meeting- 4-5 p.m., Public Library of New London, 63 Huntington St., New London; Join us in the Children's Room to decide on the books we'll be reading this year!

9/2/2026: Coconut Craft: Kakamora Coconuts: Celebrate National Coconut Day by crafting the Kakamora coconuts from Moana!

9/3/2026: Fashion and Art Collage Making: Join us in the Children's Room to decide on the books we'll be reading this year!

9/4/2026: Wildlife Origami: In honor of International Wildlife, make some origami animals!

9/8/2026: Children's Graphic Novel Book Club: First Meeting, 4-5 p.m., Join us in the Children's Room to help decide on the graphic novels we'll be reading this year!

9/9/2026: Word Search Day: For International Literacy Day, you can test your skills with word searches and crossword puzzles in the Children's Room! There will be puzzles for kids and their caregivers to enjoy.

9/10/2026: Patriot day Craft: Remember those who have fallen with coloring pages in honor of Patriot Day.

9/12/2026: Saturday Morning Storytime: 11:30 a.m.-12 p.m., Join us for a special Saturday storytime with Miss Meghan!

9/14/2026: National Coloring Day: Color some bookmarks and pictures to fill the library with color!

9/15/2026: Make a Hat Day: Doesn't matter what kind of hat you want to make, we have the materials to do it! Come make a hat for National Hat Day!

9/16/2026: Celebrate Mexican Independence Day!: Make a bell to celebrate Mexican Independence Day!

9/17/2026: National Smithsonian Day: In honor of the Smithsonian Institutes, design your very own museum featuring whatever you want to share with the world!

9/21/2026: International Day of Peace: Dove Craft: Make a pa-

per dove to symbolize peace!

9/22/2026: Equinox Craft: Make a bookmark using autumn leaves.

Teen Events

Teen Movie Series: Fridays, 3-5 p.m., Join us weekly for a movie screening! Check our website for what we'll be watching!

9/1/2026: Teen Chess Tournament: 4-5 p.m., Learn and play chess together for American Chess Day in the Teen Activity Room!

9/2/2026: Baking Macaroons: 4-5 p.m., Join us in the Teen Activity Room to learn how to bake coconut macaroons for World Coconut Day!

9/3/2026: Shrinky-Dinks: 4-5 p.m., Color and design your own shrinky dink art, and watch it shrink into a little decorative charm!

9/4/2026: Teen Health Workshop: 3-4 p.m., Join us for an informational conversation on community health followed by our usual Friday movie series!

9/8/2026: Teen Book Club: International Literacy Day: 4-5 p.m., Join us for our monthly book club, a special edition for International Literacy Day! We will discuss *Amal Unbound*, a story about a young Pakistani girl's access to literacy.

9/9/2026: Teen Wellness Day: 4-6 p.m., Treat yourself to a self-care day centered on emotional well-being and learn about mental health resources.

9/14/2026 & 9/28/2026: Teen Hang Out: 4-5 p.m., Enjoy a chill afternoon hang out with access to the best of the Teen Room resources!

9/15/2026: Teen Film Club: Hispanic Heritage Month: 3:30-5 p.m., Celebrate the start of Hispanic Heritage Month with a screening of *Encanto* (2019) and we'll discuss our thoughts on the film over arepas!

9/17/2026: Papel Picado Craft: 4-5 p.m., Join us to make Papel Picado ("chopped paper") to decorate the library for Hispanic Heritage Month!

9/21/2026: Peace Hang Out: 4-5 p.m., This week's Teen Hang Out we'll celebrate the International Day of Peace by exploring themes of peace through learning, art, and writing!

9/22/2026: Hobbit Day RPG: 4-5 p.m., Join us for a Hobbit Day Celebration and a cozy D&D One-Shot set in the world of the Shire!

9/23/2026: Teen Language Exchange-ASL: 4-6 p.m., Come try your hand at American Sign Language (ASL) for this special Teen Language Exchange in honor of International Day of Sign Languages!

9/29/2026: Empower & Excel: Successful College Transitions for Students on 504 Plans & IEPs: 5:30-6:30 p.m., Join us online or in person for a workshop aimed to ensure students with learning or physical differences are fully equipped to unleash their potential in college; registration required.

Adult Events

Community Knit: Thursdays, 9:30-11:30 a.m., Bring your project materials and socialize with others. All are welcome, from beginners to advanced.

New London Chess Club: Saturdays, 9:30 a.m.-12:30 p.m., Join a casual group of chess players meeting every Saturday at the PLNL. Players of all abilities are welcome.

Library of Things: Stop by the Adult Reading Room to check out items from our Library of Things! There are 47 items available, such as DVD players, air fryers, fishing rods, binoculars, telescopes, and more!

9/1/2026: Planning Your Own Wedding: 5-6:30 p.m., Join Mary Karnes, an experienced wedding planner, for a presentation on how to plan your own wedding!

9/3/2026: Wolf Conservation: Saving a Species: 5-6 p.m., Join a representative from the Wolf Conservation Center in Salem, NY over Zoom to learn what it takes to help save a species from the brink of extinction! Registration required.

9/10/2026 & 9/17/2026: Weathering the Storm: Get Prepared, Seniors' Edition: 12:30-1:45 p.m., Come to the Community Room to learn more about disaster preparedness with specialists from UConn Extension, with a focus on unique challenges that seniors are more likely to face; registration required.

9/10/2026: Intro to Autumn Wild Plant Foraging: 5:30-6:30 p.m., Join The 3 Foragers as they teach the edible plants and fungi of autumn with their original photos and recipe ideas in an educational presentation.

9/12/2026: PLNL Writer's Circle: 11 a.m.-12:30 p.m., Connect with writers of all different skill and experience levels! If you're looking for a push to start writing, other writers to share your work with for feedback, or just make friends, this is the place to be!

9/14/2026 & 10/1/2026: Weathering the Storm: Get Prepared, General Edition: 4:30-5:15 p.m., Come to the Community Room to learn more about disaster preparedness with specialists from UConn Extension, with a focus on challenges unique Connecticut.

9/14/2026: Usual Suspects Mystery Book Club: 7-8 p.m., Virtual discussion led by local author Faye Ringel. Registration required.

9/15/2026: Good Governance for Nonprofits: 10 a.m.-1 p.m., An interactive, in-person workshop that provides an overview of corporate governance and nonprofit boards; registration required.

9/15/2026: Nintendo Meetup for Adults: 4-5 p.m., Adult gamers, are you looking to fill up your Pokedexes, get some Street-pass, or meet your Animal Crossing goals? Bring your Nintendo Switches, 3DSs, or, yes, even Gameboys to the Board Room to game with your fellow adults and meet your gaming goals!

9/16/2026: Benedict Arnold: CT's Most Misunderstood Traitor: 5-6:45 p.m., Mike Allen of *Amazing Tales* for a rousing talk on this controversial figure from the Revolutionary War that is such a big part of New London history! Registration required.

9/19/2026: Yoga at the Library: 10-11 a.m., Join Ashley Hanson for an hour of gentle, mindful exercise! Please bring your own yoga mat.

9/21/2026: DIY Elven Broaches: 4-5 p.m., Gear up for National Hobbit Day by making your own Leaf of Lorien pin!

9/21/2026: History of New London Reading Group: 7-8 p.m., Join in on the reading and discussion of Frances Caulkins' *History of New London*! We have a limited number of copies available at the reference desk. All meetings are over Zoom and registration is required to attend.

9/22/2026: Mi Gente Estuvo Aquí También: Beginning Hispanic Genealogy with Confidence: 6-7:30 p.m., Led by genealogist Irisneri Alicea Flores, this Zoom presentation focuses on simplifying the genealogical research process while honoring the rich cultural and historical context of Puerto Rican and broader Hispanic ancestry; registration required.

9/24/2026: Lawyers in Libraries: Free Legal Advice: 4:30-5 p.m., Looking for legal advice, but having trouble paying lawyer fees? If you have questions or a case that involves immigration law, family law, consumer rights, personal injury, or a landlord/tenant conflict, you can sign up to meet with a volunteer attorney for 20 minutes regarding your case; registration required.

9/28/2026: Blue Beetle Screening: 4:30-6:30 p.m., Enjoy Hispanic Heritage Month with a screening of *Blue Beetle* (2023)! Take a ride with Xolo Maridueña as his life is changed forever thanks to a symbiotic alien.

9/29/2026: Empower & Excel: Successful College Transitions for Students on 504 Plans & IEPs: 5:30-6:30 p.m., Join us online or in person for workshop aimed to ensure students with learning or physical differences are fully equipped to unleash their potential in college; Registration required.

9/30/2026: Classics Book Club: 4-5 p.m., This month, the Classics Book Club will be discussing *The Chocolate War* by Robert Cormier. Pick up a copy at the circulation desk!

Nehantic Heritage Day 2026 Invites the Community to Experience the Nehantic Homeland

Celebrating the People, the Place, and the Promise of Stewardship

NIANTIC, Conn. — The Nehantic Native Nation and the East Lyme Historical Society invite the community to Nehantic Heritage Day 2026 on Saturday, October 3, at McCook Park in Niantic. The free community gathering will offer visitors an opportunity to experience the Nehantic homeland through ceremony, history, Indigenous culture, music, storytelling, art, archaeology, and community connection.

This year's event will take place during the nationwide commemoration of America's 250th anniversary and will highlight an important chapter in Nehantic history: the participation of Nehantic men in the American Revolution. More than 25 known Nehantic men served during the Revolutionary War, and their contributions will be remembered throughout the day's opening ceremony and historical programming.

A Morning of Ceremony and Remembrance

The day's activities will begin at 10:30 a.m., as the Stony Creek Fife and Drum Corps gathers and begins playing music to welcome visitors toward the point at McCook Park.

At 10:45 a.m., the opening ceremony will begin at Wigwam Rock. The ceremony will include a welcome from the Nehantic Native Nation, prayer, historical reflections on Nehantic participation in the Revolutionary War, and a reading of the names of Nehantic Revolutionary War veterans. A military salute will honor those who served, followed by the lighting of the ceremonial fire at Wigwam Rock, a moment of remembrance, and Native flute music by Strong Eagle Daly. The Stony Creek Fife and Drum Corps will accompany the conclusion of the ceremony.

Dr. John Pfeiffer, Nehantic Tribal Historic Preservation Officer and historian, will provide historical context for the stories of the Nehantic Revolutionary War veterans.

"The American Revolution was a profound moment in the history of the Nehantic people, and we want to remember the men who served while also placing their experiences within the much larger story of Native American participation in the struggle for independence," said Dr. John Pfeiffer. "Nehantic Heritage Day gives us an opportunity to share these stories in the place where generations of Nehantic people lived, worked, gathered, and cared for the land."

A Cultural Program and Storytelling

At 1:00 p.m., the day's featured cultural program will begin with historian, educator, artist, and cultural bearer Deborah Spears Moorehead, who will explore the contributions of Native American sailors and soldiers to the cause of American independence, with particular attention to the Battle of Bunker Hill. The National Park Service has documented the participation of Native American soldiers at Bunker Hill, including members of several Indigenous communities from New England.

Following the presentation, Strong Eagle Daly will share traditional storytelling and cultural insights, with additional music and storytelling continuing into the afternoon.

"We hope people will come to Nehantic Heritage Day not simply to hear about history, but to experience the homeland itself—to listen, to learn, and to understand that this is a place with a deep and continuing Indigenous history," said Dr. Pfeiffer. "The ceremonies, the stories, the music, the artists, and the opportunity to talk with people who care about this history all contribute to that experience."

Explore the Nehantic Homeland

From 10:30 a.m. to 3:30 p.m., visitors will be able to explore a small gathering of Indigenous cultural participants, historians, archaeologists, artists, artisans, and community organizations.

The Indigenous Heritage area will include Native artists and cul-



tural participants, historical and archaeological exhibits, an artifact identification table, and an opportunity to learn more about the newly published history of the Nehantic people by Dr. John Pfeiffer.

The Stewards of the Land theme will highlight community organizations whose work reflects a commitment to preserving the natural and cultural resources of the Nehantic homeland.

A small Marketplace will feature local artists and artisans, along with food offerings for visitors.

Families will also be invited to participate in the Young Stewards Passport, a new activity encouraging children to explore the event and discover connections among history, nature, culture, and community.

Closing the Day

Following the afternoon's music, storytelling, exhibits, and activities, the public is invited to join the closing ceremony and Honor Song at approximately 3:30 p.m., bringing the day's observances to a close.

Nehantic Heritage Day is intentionally designed as a welcoming community gathering rather than a large festival. The organizers hope to create a setting where visitors can spend time listening, learning, asking questions, meeting participants, and developing a deeper appreciation for the Nehantic homeland.

"Nehantic Heritage Day is still growing," said Dr. Pfeiffer. "Our hope is that each year we can create more opportunities for people to learn about the Nehantic homeland and the people who have been its stewards. For now, we are pleased to offer a meaningful day of ceremony, history, culture, and community."

The opening ceremony at Wigwam Rock will take place outdoors regardless of weather. If weather conditions require it, the remainder of the day's activities will move to an indoor location to be announced.

Additional information about participating artists, organizations, activities, and the day's schedule will be announced as plans develop.

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Lymes' Senior Center Upcoming Events

The Lymes' Senior Center, located at 26 Town Woods Road, Old Lyme, has announced the following schedule. To register, become a member or for more information call the Lymes' Senior Center Staff at (860)434-1605 ext. 240 or ext. 241.

Tai Chi: Tuesdays (September 1, 8, 15, 22, 29, 2026) at 8:30 a.m. Instructor Alex will be leading this class, and he is bringing plenty of experience and expertise to the Lymes' Senior Center! Research shows that practicing tai chi can improve balance, stability, and flexibility in older people, including those with Parkinson's disease. Practiced regularly, it can also help reduce pain, especially from knee osteoarthritis, back problems, and fibromyalgia. We are offering this program in monthly sessions. The cost for September's 5-week session is \$50, for members 55 years of age or better.

Sit and Be Fit: Tuesdays (September 1, 8, 15, 22, 29, 2026) at 10:30 a.m. Join us for a fun filled work out and relaxation session all while seated in a chair! This class meets every Tuesday. The cost is FREE for members, \$5.00 for non-members, 55 years of age or better.

Hathaletics: Tuesday, September 1st at 1 p.m. Hathaletics is a physician supported mobility program that incorporates strengthening, stretching and breathwork to enhance longevity in all bodies. All movement can be done in chairs or on mats (instructor will provide all materials). Hathaletics was created by a certified yoga instructor and each movement is vetted by a board-certified Orthopedic Surgeon. The cost is free for members, \$10.00 for non-members, 55 years of age or better.

Why Weight (s)? Exercise Class with Jessie: Wednesdays (September 2, 9, 16, 23, 30, 2026) at 8:30 a.m. This class is designed for people over 55 who want to focus on increasing strength, flexibility, and balance. This class meets every Wednesday. The cost is \$5.00 for members, \$8.00 for non-members, 55 years of age or better.

Anything Goes Yoga: Wednesdays (September 2, 9, 16, 23, 30, 2026) at 10:15 a.m. This class incorporates balance, breathing, core strengthening, and fluid movement to keep people mobile, flexible, and strong. Instructor Kris Reaske, who has been a wellness and fitness coach for over 30 years, addresses any challenges experienced by her students that impede their mind, body, and spirit connection. Please bring a yoga mat to the class. The cost is \$5.00 for members, \$10 for non-members, 55 years of age or better!

Historical Lecture: "America in the 40's": Wednesday, September 2nd, 2026 at 1:30 p.m. Join us for a fantastic lecture from the Bow Tie Historian! The cost is free for members, \$10.00 for non-members, 55 years of age or better.

Beginner Tai Chi: Wednesdays (September 2, 9, 16, 23, 30, 2026) at 3 p.m. Beginner Tai Chi is the perfect introduction to this gentle, low-impact exercise that promotes better balance, flexibility, strength, and relaxation. Participants will learn the basic principles and movements of Tai Chi in a supportive, easy-to-follow environment. Through slow, flowing motions and mindful breathing, you'll improve coordination, reduce stress, and build confidence at your own pace. No previous Tai Chi experience is necessary—all fitness levels are welcome. The cost is \$5 for members per class.

Slow Yoga with Lynn: Wednesdays (September 2, 9, 16, 23, 30, 2026) at 5 p.m. This is breath-centered, healing yoga practice grounded in tradition & science. Allowing time for mindful transitions, this measured movement is a guiding path towards well-being, ease, and the ebbing of pain. Whether you are just getting back to yoga or a practiced student, this class is for you. This comprehensive session brings together breathing techniques (pranayama), postures (asana), mudra, yoga philosophy, meditation techniques and deep relaxation; tools to support managing stress, pain, and anxiety, while supporting overall well-being. Please bring a yoga mat to class. Visit <https://www.lynnmccarthyyoga.com/> to see the rates.

Intermediate Tai Chi with Ted: Thursdays (August 6, 13, 20, 27, 2026) at 4 p.m. This class involves a series of slow gentle movements and physical postures, a meditative state of mind, and controlled breathing. Benefits can include: improved flexibility, balance, and strength, improved posture, increased vitality and focus, reduce the risk of falls and injury, pain management, improved immune function, and enhanced energy levels and stamina. The cost is \$5 for members, \$10 for non-members, 55 years of age or better!

Dragon Fan Class with Ted: Thursdays (August 6, 13, 20, 27, 2026) at 5:30 p.m. Dragon Fan is a graceful and powerful form. It combines coiling, footwork, body turns, and expressive fan techniques that mimic the movements of the Dragon. It uses basic fan techniques such as open, close, strum, thrust and shoot. Its movement changes from slow to quick and explosive, soft to hard. Dragon fan will improve your strength, enhance flexibility, balance and coordination. It also will improve breath control and mental focus. Promotes relaxation and a sense of inner calm. Take the first step and begin the journey! The cost is \$5 for members, 55 years of age or better.

Why Weight (s)? Exercise Class with Jessie: Fridays (September 4, 11, 18, 25, 2026) at 8:30 a.m. This class is designed for people over 55 who want to focus on increasing strength, flexibility, and balance. This class meets every Friday. The cost is \$5.00 for members, \$8.00 for non-members, 55 years of age or better.

Rock What You Got Low Impact Class: Fridays (September 4, 11, 18, 25, 2026) at 9 a.m. Mellisa Chupka has been an aerobics instructor for 30 years. Class will consist of low impact movements to get your heart rate up, core work, and strength training for all your muscles. All movements will be choreographed to fun music and will be done from a standing position. Bring a water bottle and your positive energy! The cost is \$5 for members, \$10 for non-members, 55 years of age or better.

Painting/Art Workshop: Fridays (September 4, 11, 18, 25, 2026) at 10 a.m. Participants bring their own projects and enjoy working in the company of other artists. Meets every Friday. This group is FREE for members, 55 years of age or better. Call the Lymes' Senior Center staff at (860)434-1605 ext. 241 to register, for more information, or to become a member!

4S Exercise Class (Sit, Stretch, Strength, and Song) with Melissa: Fridays (September 4, 11, 18, 25, 2026) at 10:15 a.m. This seated class meets every Friday. Increase your flexibility and strength in all your major muscle groups. Music will make this class lots of fun. The cost is \$5.00 for members, \$8.00 for non-members, 55 years of age or better.

Country Line Dancing Class: Fridays (September 4, 11, 18, 25, 2026) at 2:15 p.m. Learn basic and more advanced line dances. Get a great work out and have fun. This class meets every Friday. The cost is FREE for members, \$5.00 for non-members, 55 years of age or better.

Slow Yoga with Lynn: Saturdays (September 5, 12, 19, 26, 2026) at 9 a.m. This is breath-centered, healing yoga practice grounded in tradition & science. Allowing time for mindful transitions, this measured movement is a guiding path towards well-being, ease, and the ebbing of pain. Whether you are just getting back to yoga or a practiced student, this class is for you. This comprehensive session brings together breathing techniques (pranayama), postures (asana), mudra, yoga philosophy, meditation techniques and deep relaxation; tools to support managing stress, pain, and anxiety, while supporting overall well-being. Please bring a yoga mat to class. Visit <https://www.lynnmccarthyyoga.com/> to see the rates.

Living Well with Arthritis: Tuesday, September 8th, 2026 at 10 a.m. Join us as our Town Nurse Sammee leads us through this awesome and informative presentation! The cost is free.

Curiosity Club: "Creature of Habit": Tuesday, September 8th, 2026 at 1 p.m. for. Discover how habits shape our thoughts, health,

and happiness. We'll explore practical ideas for creating a more satisfying retirement. Join Jude Carter as we watch short videos and have a lively discussion. Don't miss out on the fun! The cost is free for members, \$10 for non-members, 55 years of age or better.

Memorial Brick Dedication Ceremony: Wednesday, September 9th, 2026 at 1 p.m. All are welcome to attend. Please call to register t (860)434-4127. Refreshments will be served. Honored in this year's dedication will be Alan Lubenow, Doris Sorrentino, Richard Wadleigh Champlain, Captain Chet D'Agostino, Lolly Bassett, Gerald N. LaGrange, Ruth Young, Sue Campbell, Don Abraham, Roger & Sandie Breunig, Felicia Roennau, Charlene Maddocks, Nancy Campbell, Arthur "Skip" Beebe, Nate Jacobson, and Doris Johnson.

Why Weight (s)? Exercise Class with Jessie: Mondays (September 14, 21, 28, 2026) at 8:30 a.m. for. This class is designed for people over 55 who want to focus on increasing strength, flexibility, and balance. This class meets every Monday. The cost is \$5.00 for members, \$8.00 for non-members, 55 years of age or better.

Chair Tai Chi: Mondays (September 14, 21, 28, 2026) at 10:30 a.m. Join us for a new class with Ted Lafemina! Ted is bringing a seated Tai Chi class to us here at the Lymes' Senior Center. Free for members, \$10 for non-members, 55 years of age or better.

Reliable Online Sourcing and Fact Checking: Monday, September 14th at 2 p.m. Free for members, \$10 for non-members, 55 years of age or better.

Better Questions, Better Answers: Tuesday, September 15th at 1 p.m. Free for members, \$10 for non-members, 55 years of age or better.

Tips to Optimize Brain Health Part 2: Wednesday, September 16th at 1 p.m. for. Feel free to attend even if you missed part 1. Free for members, \$10 for non-members, 55 years of age or better.

A Saturday Full Of Pirate Adventures At The Groton Public Library!

R.I. Pirate Guy's Pirate Adventure for Kids!

Saturday, September 12, from 10:30 a.m. to 12 p.m.

Set sail on an adventure to recover the wrongfully gained treasure while learning pirate skills along the way. Dress up like pirates, create our very own pirate flags, and engage in a few pirate games, including relay races and team building activities. Then, learn real life navigational skills with compasses to locate and uncover the buried treasure! Presented by social studies teacher Luca Rebussini from Cranston, R.I.

Recommended for elementary-aged children. Space is limited, and registration is required. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to register. This event is sponsored by the Groton Public Library Circle of Friends.

*Registration link: <https://grotonpl-ct.libcal.com/event/17174500>

New England Pirates with R.I. Pirate Guy!

Saturday, September 12, at 2 p.m.

This presentation explains the history of the pirates and pirate hunters of New England during the Golden Age of Piracy. Topics discussed are why people became pirates, how pirate ships were run, weapons and tactics used, politics of the pirates, the government, and of the colonies, as well as how piracy ended. Welcome aboard as we discuss this hidden part of New England's history! Presented by social studies teacher Luca Rebussini from Cranston, R.I. This event is sponsored by the Groton Public Library Circle of Friends.

About the Groton Public Library

The Groton Public Library is located at 52 Newtown Road, Groton, CT 06340. For more information about library programs or services, please call (860) 441-6750 or visit grotonpl.org. All programs hosted by the Groton Public Library are inclusive and open to people of all ability levels. Please contact the Library for information about available accommodations.

Lyman Allyn Exhibition Features Works By Artist Howard McCaleb

New London – The Lyman Allyn Art Museum is pleased to announce the opening of Howard McCaleb: The Golden Mean, on view from June 27 through October 6. The exhibition features a selection of sculptures, drawings, paintings, and collages by Norwich-based artist Howard McCaleb, highlighting the enduring influence of the Golden Ratio throughout his work.

Over the course of a prolific career spanning several decades, McCaleb has drawn inspiration from the myriad forms and patterns generated by the Golden Ratio, a mathematical proportion long associated with natural growth, harmony, and visual balance. For McCaleb, this universal structure, combined with a palette of near-primary colors, provides a framework that transcends cultural boundaries and serves as a foundation of his artistic practice.

McCaleb's large-scale sculptures and other works have been exhibited throughout the United States and internationally, including in Germany, Norway, Denmark, Bulgaria, China, and the United Arab Emirates. His work is represented in museum collections and private holdings around the world.

For the past several years, McCaleb has lived and worked in Norwich, Connecticut, where he operates Dada Post USA, a studio and gallery space. Prior to returning to the United States, he spent more than a decade in Berlin, Germany, where he founded and directed Dada Post, an artist residency and exhibition space (Kunstraum).

Originally from San Jose, California, McCaleb earned an MFA in Sculpture from Cornell University and a BA in sculpture from California State University at Hayward. Throughout his career, he has taught fine art at colleges and universities including San Jose State University, California; the University of Massachusetts, Amherst; the University of North Carolina, Greensboro; Rutgers University, Newark; Hunter College, New York; Cornell University; Graduate School of Pratt Institute; Parsons School of Design / The New School, and Amherst College.

The opening reception was held on Friday, June 26.

This exhibition has been made possible with support from an anonymous foundation, and by the Connecticut State Legislature, administered by the DECD, Office of the Arts.

About Lyman Allyn Art Museum

Lyman Allyn Art Museum welcomes visitors from New London, southeastern Connecticut and all over the world. Established in 1926 with a gift from Harriet Allyn in memory of her seafaring father, the Museum opened the doors of its beautiful neoclassical building surrounded by 12 acres of green space in 1932. Today it presents several changing exhibitions each year and houses a fascinating collection of over 20,000 objects from ancient times to the present, including art from Africa, Asia, the Americas and Europe, with particularly strong collections of American paintings, decorative arts and Victorian toys and doll houses.

The museum is located at 625 Williams Street, New London, Connecticut, exit 83 off I-95. It is open Tuesday through Saturday, 10 a.m. - 5 p.m. and Sundays 1 - 5 p.m., and closed on Mondays and major holidays. For more information call 860-443-2545, ext. 2129 or visit www.lymanallyn.org.

**Do you have sports news or events
you'd like published in
The Post Road Review?**

For more information, email Josh at
joshhowardsports@gmail.com

North Stonington Historical Society America 250th “Dye House Day” Open House



Join the North Stonington Historical Society for the America 250th “Dye House Day” Open House on Saturday, September 12, 2026, from 11 a.m.-2 p.m. at 1 Wyassup Rd, North Stonington.

Under the strong arm of British rule, the American colonies were restricted from manufacturing cloth beyond what was needed for home use. The colonies supplied Great Britain with raw materials such as cotton, indigo, and flaxseed, which were processed into textiles and sent back across the Atlantic, often at inflated prices. During the American Revolution, wearing homespun cloth became an important part of the colonial war effort.

After independence, America quickly developed its own textile industry with the help of new inventions that made textile production faster and more efficient. Southeastern New England became heavily involved in making cotton cloth that was sold for use for enslaved people. This was the era of the famous “Stonington Plaid,” and it was during this period that our historic Dye House came into being.

At Dye House Day, we celebrate the production of wool, cotton, linen, and silk through dyeing, weaving, and spinning demonstrations. Visitors will be able to explore this part of our history hands-on, with crafts, demonstrations and tours of our Dye House, Dye Garden, and flax

Come discover how the fibers, fabrics, and dyes of the past helped shape both North Stonington and our nation’s history.

Please send news and events to:
communitynews@postroadreview.com



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Lyme Land Trust Spring 2026 Photos of Distinction

The Lyme Land Trust is pleased to announce the Photos of Distinction for the Spring 2026 session of Imagining Lyme.

The judges felt that the following photographs stood out based upon the criteria of emotional impact and creative design. To read the full comments please go to the website.



Mountain Laurel

By Bryn Souza

Chestnut Hill Preserve

Her image captures the mountain laurel just as the buds are beginning to open, and her low vantage point draws the viewer in while beautifully emphasizing the texture, structure, and subtle color of the flowers in these early stages of bloom.



Unexpected Box Turtle

Jos Konst

Jewett Preserve

To take a great photo or see unusual sites, you just have to get out there, rain or not. Jos's Box Turtle benefits from the soft light. All the colors are rich and inviting – except maybe the eye – a little daunting. Thus, besides being a photo of a turtle, it is about color and design. Jos has eliminated all the extraneous elements except for a leaf of grass which nicely frames the object.



Great Spangled Fritillary on Milkweed

Private Habitat

By Joan Rivington

This nicely composed close-up photo by Joan focuses on the intricate patterns of the butterfly and the common milkweed flowers it is perched upon. They stand out from the blurred green background because of the contrast in color and focus.

Please take the time to view all of the beautiful photographs that are displayed in our showcase galleries. It is a true celebration of the wonder of Lyme. The next deadline is September 30, 2026 for photos of Summer.

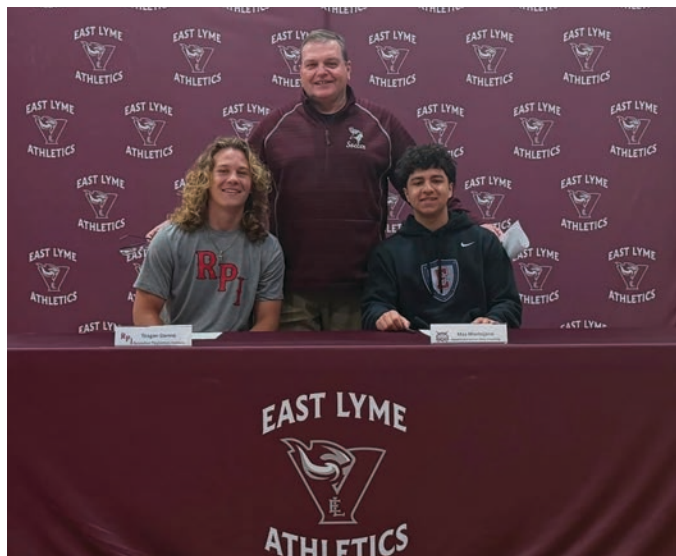
For more information and to submit photos visit

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East Lyme High School Class of 2026: Familiar Faces, New Places



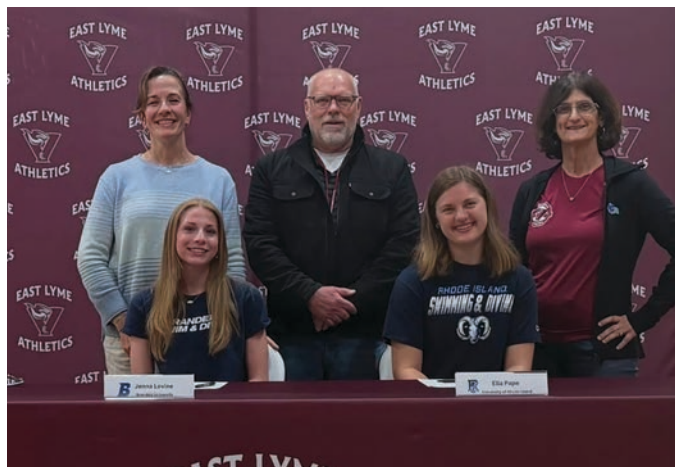
Teagan Dunne and Max Montejano will play college soccer at the next level. Dunne (left) is headed to Rensselaer Polytechnic Institute in New York and Montejano is headed to Eastern Connecticut State University.



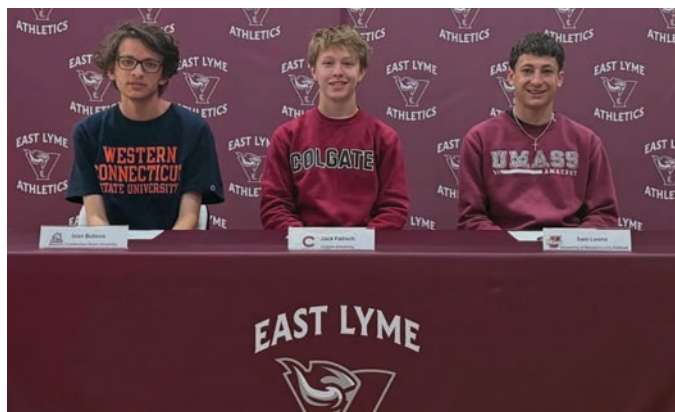
Callan Keefe will play both field hockey and lacrosse at Roger Williams University in Rhode Island.

Do you have sports news or events you'd like published in *The Post Road Review*?

For more information, email Josh at joshhowardsports@gmail.com



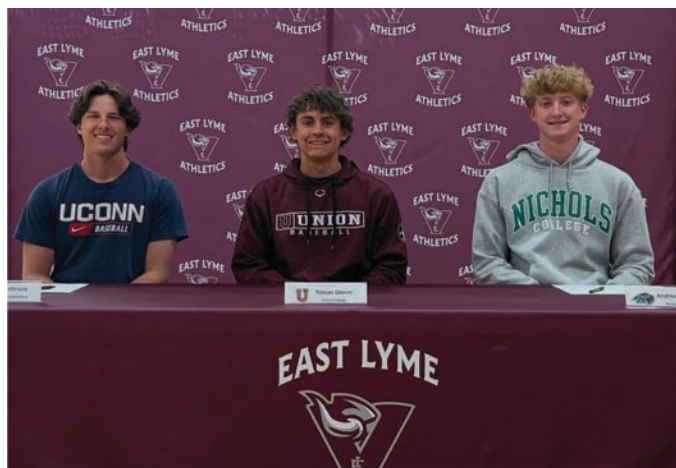
Jenna Levine and Ella Pape will join swimming and diving programs in college. Levine (left) is headed to Brandeis University in Massachusetts and Pape is headed to the University of Rhode Island.



Ivan Butova (Western Connecticut State University), Jack Faitsch (Colgate University), and Sam Leone (UMass Amherst) will join running programs at the next level.



Finnley Wilson will play volleyball at Eastern Connecticut State University.



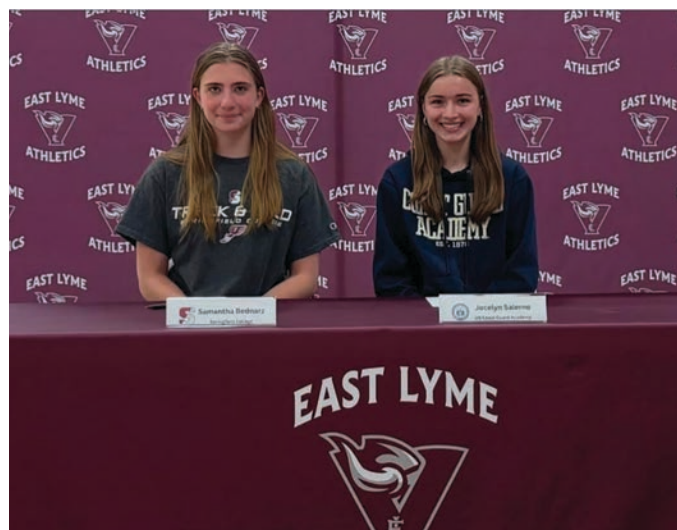
Aidan Cochrane (University of Connecticut), Tristan Glover (Union College), and Andrew Sevigny (Nichols College) will play baseball at the next level.



Gabriel Hanney will play lacrosse at Wesleyan University.



Brianna Dmowski (University of Connecticut), Ryleigh Erban (Duquesne University), Elsie Jacobitz (University of Iowa), Justin Northcott (Drexel University), Skyler Skapin (Stetson University), and Laurel Tierney (Iona University) will join rowing/crew teams in college.



Samantha Bednarz and Jocelyn Salerno will join track and field programs in college. Bednarz (left) is headed to Springfield College and Salerno is headed to the Coast Guard Academy.



Samantha Rodes will play soccer at Johnson and Wales University in Rhode Island.



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25.07

Niantic Sept. Tide Chart Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:20	2.7	1:51	3.2	7:49	0.3	8:47	0.3	6:15	7:22	
2	Wed	2:09	2.5	2:40	3.2	8:38	0.4	9:44	0.3	6:16	7:20	
3	Thu	3:02	2.4	3:35	3.2	9:34	0.5	10:44	0.3	6:17	7:18	
4	Fri	4:01	2.3	4:40	3.1	10:35	0.5	11:46	0.3	6:18	7:17	
5	Sat	5:10	2.3	5:53	3.1	11:41	0.5			6:19	7:15	
6	Sun	6:22	2.4	7:01	3.2	12:47	0.3	12:47	0.5	6:20	7:13	
7	Mon	7:25	2.5	7:58	3.2	1:46	0.3	1:51	0.4	6:21	7:12	
8	Tue	8:20	2.7	8:50	3.3	2:41	0.2	2:51	0.3	6:22	7:10	
9	Wed	9:12	2.9	9:39	3.2	3:33	0.1	3:48	0.2	6:23	7:08	
10	Thu	10:01	3.1	10:25	3.2	4:20	0.0	4:41	0.1	6:24	7:06	
11	Fri	10:48	3.2	11:10	3.0	5:05	0.0	5:30	0.1	6:25	7:05	
12	Sat	11:33	3.3	11:55	2.9	5:46	0.1	6:18	0.1	6:26	7:03	
13	Sun			12:18	3.3	6:27	0.2	7:06	0.2	6:27	7:01	
14	Mon	12:42	2.7	1:05	3.3	7:09	0.4	7:56	0.3	6:28	7:00	
15	Tue	1:31	2.5	1:53	3.2	7:55	0.6	8:49	0.4	6:29	6:58	
16	Wed	2:24	2.4	2:45	3.0	8:44	0.7	9:42	0.5	6:30	6:56	
17	Thu	3:18	2.3	3:39	2.9	9:38	0.8	10:37	0.6	6:31	6:54	
18	Fri	4:14	2.2	4:39	2.8	10:35	0.9	11:32	0.7	6:32	6:53	
19	Sat	5:17	2.2	5:43	2.7	11:34	0.9			6:33	6:51	
20	Sun	6:20	2.2	6:44	2.7	12:27	0.7	12:31	0.9	6:34	6:49	
21	Mon	7:14	2.4	7:34	2.8	1:17	0.7	1:24	0.8	6:35	6:48	
22	Tue	8:01	2.5	8:18	2.8	2:02	0.6	2:12	0.7	6:36	6:46	
23	Wed	8:43	2.7	8:58	2.9	2:43	0.5	2:58	0.6	6:37	6:44	
24	Thu	9:23	2.9	9:36	2.9	3:22	0.4	3:43	0.4	6:38	6:42	
25	Fri	10:00	3.0	10:13	2.9	4:00	0.3	4:26	0.3	6:39	6:41	
26	Sat	10:37	3.2	10:50	2.9	4:37	0.2	5:09	0.2	6:40	6:39	
27	Sun	11:13	3.3	11:29	2.8	5:13	0.2	5:53	0.1	6:41	6:37	
28	Mon	11:51	3.4			5:52	0.2	6:40	0.1	6:42	6:36	
29	Tue	12:11	2.7	12:33	3.5	6:33	0.3	7:31	0.1	6:43	6:34	
30	Wed	12:57	2.6	1:22	3.4	7:20	0.3	8:27	0.2	6:44	6:32	

continued from pg 1

Miracle League of Southeastern Connecticut. "We're grateful to our sponsors, vendors, volunteers, and attendees who make this event possible each year. Every person who attends helps us continue expanding opportunities for children and families throughout Southeastern Connecticut."

Vendor and sponsorship opportunities are still available.

For more information about the festival, becoming a vendor or sponsor, or volunteering, please contact: Dave Putnam Executive Director, Miracle League of Southeastern Connecticut, Email: dpmlsect@gmail.com



ONE WAY

THURSDAYS @ 7 PM

Our midweek Youth & Kids ministries meet on Thursday nights, from the 1st Thursday of September to the 2nd Thursday of May. We come alongside the family, presenting faith-defining experiences that give students and children a chance to encounter God and grow in their spiritual walks.

5 Freedom Way, Niantic (860)442-7423

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Volunteering Opportunities at the East Lyme Historical Society

Become a SuperHero! We are an All Volunteer Non-Profit Organization. We love it so much that our Programs are Free! And We would Love you to Join Us! Our Overall Mission: To Preserve our Town's Story one history, one artifact, one family tree at a time.

You ask: "What can I do?" Glad you asked:

Are you archivally inclined? Then please join us on Monday Mornings from 9:00 a.m. till noon at the East Lyme Public Library in the East Lyme Room.

Can you only help sometimes? We always need help with our Events: Flea Markets (3), Winter Lecture Series (various once-a-month dates)(in the winter), Pot Luck Dinners in the Spring and Fall, Nehantic Heritage Day, Celebrate East Lyme Day

Tour Guides:

The Thomas Lee house circa 1660

Media Content:

Website volunteers to do random updates by adding photos, upcoming events and more. Taking photos of events for our Monthly Newsletter and our Facebook Page (Perfect for Students looking to satisfy any community action hours or your love of history)

Other great ways to support the society:

Monetary Donations, Our Colonial Herb Garden loves helping hands for maintenance and harvesting.

Become a member:

We offer yearly and life-time memberships!

Ready to Volunteer? Stop by any Monday morning for a visit. We meet in the East Lyme Room in the East Lyme Public Library

Or if you are ready send us your contact information and how you would like to help and we will add you to our Volunteer Contact List: info@eastlymehistoricalsociety.org.

Please send news and events to:

communitynews@postroadreview.com

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