The Post Road Review



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Oh Buoy! Buoys by the Bay Return

Niantic Main Street & the East Lyme Public Trust are proud to announce the return of Buoys by the Bay for the 2026 holiday season. The holiday display will be located in Scheer Park and consists of wooden trees adorned with approximately 300 buoys, each decorated by residents, students, businesses and fans of Niantic and East Lyme.

This is the fourth year for the popular and festive fundraiser. Each buoy will be sold at $50 with all profits to be reinvested back into the Niantic community through the two community-focused nonprofit organizations. Buoy purchasers have until November to decorate and return their buoy to be a part of the tree installation.

Buoys are available for purchase at: Mermaid Liquors, 159 Main Street; Coastal Gifts on Main, 266 Main Street; Café SoL, 488 Main Street; and Thursdays at the Niantic Farmers Market, 3-6 p.m. in Methodist Street Parking Lot. There is currently a friendly competition between Coastal Gifts on Main and Mermaid Liquors to see who can sell the most buoys. Their competitive hijinks have been highlighted on social media for all to enjoy.

Past buoys have been decoupaged, painted and creatively constructed with each showcasing East Lyme locales, pop culture, businesses, families and everything in between. With the wooden trees ranging between nine and six feet, each buoy is visible to visitors and gets its time to shine.

"Last year, the community's love for the project showed in the creativity and care put into each buoy," said Carol Marelli, a member of the ELPT.

Through the generosity of those who didn't feel they had the time or talent to decorate a buoy, several buoys have been purchased and donated back to be given to youth organizations for decoration.

In addition to the buoys, wooden "wish fish" will once again be

continued on pg 43



NEW HOME IMPROVEMENT AND SERVICES SECTION PG 44-45

NEW CROSSWORD PUZZLE.....PG 27
SPONSORED BY MICHAEL WHALEN ~ FARMER'S INSURANCE
NOVEMBER TIDE CHART.....PG 42
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Niantic Community Church 79th Annual

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24-12



Niantic Light Parade

On Saturday, December 12, 2026, the 38th annual Niantic Light Parade will once again travel through our beautiful downtown spreading holiday cheer!

The parade will start at 6:00 p.m. at the corner of Columbus Avenue and proceed down Main Street to Pennsylvania Avenue, ending on Grand Street.

The rain/snow date will be Sunday, December 13, 2026, at 5:00 p.m. and all times noted below will roll back one hour!

All participants will stage at McCook's!

To apply for the Niantic Light Parade visit https://www.emailmeform.com/builder/form/ddm1SWrl755q6wP

Niantic Community Church Jack Frost Bazaar

Niantic Community Church, located at 170 Pennsylvania Ave., will host the 79th annual Jack Frost Bazaar on Nov. 14 from 9 a.m. to 2 p.m. The Bazaar features a Jewelry (including vintage) and Handbag Boutique, Christmas decorations, a Book Shop, Silent Auction, Precious Past, Attic Treasures, Toys, Handmade items, gifts for your furry friends and a Basket Bonanza – a Silent Toy Auction just for the kiddos who can then meet Mrs. Santa for some photos. Participate in our Name That Tune Christmas Carol contest for cash prizes. Buy our famous buckeyes candy, baked goods and pies! Enjoy a traditional turkey luncheon, priced at $17, served between 11 a.m. and 1 p.m., or take one home and don't forget to stop by the Cookie Cottage for some sweet treats.

The Post Road Review

Serving the communities of East Lyme, Flanders, Niantic and Waterford

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Buoys by the Bay Opening Night

November 20 @ 5:30 p.m. - 6:00 p.m.

Visit out our "little" tree farm covered with hundreds of unique buoys, decorated by community members throughout the region, local organizations and businesses. Each buoy has a story and all are amazing! The holiday display will run from Nov. 21 to mid-January.

Buoy installation is located in Scheer Park at the corner of Main Street and Pennsylvania Avenue. (Next to the train fence.)

Want to have a buoy on the trees? Buoys are currently available to purchase and decorate at Mermaid Liquors, Cafe SoL and Coastal Gifts on Main. Buoys are also available Thursdays at the Niantic Farmers Market.

Buoys by the Bay is sponsored and produced by Niantic Main Street and The East Lyme Public Trust Foundation.

Music & Movement At The Bill Memorial Library

The Bill Memorial Library in the City of Groton invites children and their grownups to our Music & Movement program on Tuesdays at 10:00 a.m. beginning September 8, 2026, through November 17. Join us for songs and activities with LIVE music! We'll have you and your little one moving and grooving as we sing, stretch, and explore music with instruments. This program is supported by CT Humanities and no registration is required. Call the library at 860-445-0392 for more information.

Library hours are Monday, Tuesday and Thursday, 10:00 a.m. to 8:00 p.m., Wednesday and Friday, 10:00 a.m. to 5:00 p.m. and Saturday, 10:00 a.m. to 3:00 p.m.

The Bill Memorial Library, a landmark on Groton Heights since 1890, is located at 240 Monument Street in the City of Groton, near the Groton Monument and historic Fort Griswold. To keep up with the latest happenings for adults, teens, kids and families, visit our web page at https://www.billmemorial.org, or check out our social media - follow us on Instagram at @billmemorialgrotonct or find us on Facebook at Bill Memorial Library.

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23rd Annual Niantic Holiday Stroll

November 28 @ 12:00 p.m. - 6:00 p.m.

Come celebrate Small Business Saturday and the holiday season in Niantic at the Niantic Holiday Stroll on Nov. 28, 2026 from 12-6 p.m. in downtown Niantic.

This family-friendly day fills the streets, eateries and shops with thousands of visitors and of course the holiday spirit! The event features more than 25 shop and restaurant specials, roaming characters, carolers from The Music Studio, a Shop Small contest, visits by the Grinch and Cindy Lou Who, and a multitude of other activities that keep kids (and the kids at heart) entertained and smiling.

Visitors can also go on the hunt for some mischievous elves in the shop windows with Niantic Main Street's Mermaid Elf Trail. (We hear they've dressed as mermaids to help blend in.) Or families can visit the Buoys by the Bay buoy trees in Scheer Park.

Last, but not least, Santa and Mrs. Claus will arrive at the Liberty Green just in time for a tree lighting ceremony at 5 p.m.

The Niantic Holiday Stroll is produced by Niantic Main Street, an all volunteer organization, which means every volunteer does what they do because of their love and dedication to our village.

A Sale of Works by Lyme Artists

LYME, Conn. - Seven local artists and artisans will offer their work for sale at Lyme Public Hall on Friday, November 13, from 5 to 7:30 p.m., and Saturday, November 14, from 10 a.m. to 3 p.m. The two-day event brings together fine art prints, watercolors, sculpture, wildlife photography, jewelry, rustic woodwork, handmade soaps and wood furniture.

The sale offers an opportunity to discover work by local makers and find gifts ahead of the holiday season. Participating artists and artisans are:

Sherry Block — sculpture
Catherine Christiano — fine art prints
Angie Falstrom — watercolors and cards
Ben Kegley — rustic woodwork
Ann Lightfoot — jewelry
Barbara Weaver — wildlife photography
Seana Young — handmade soaps and wood furniture

The Lyme Garden Club will also hold a sale of bulbs and garden-themed items on Saturday only, on the lower level of the Public Hall.

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Niantic Jingle 5K

December 12 @ 10:00 a.m. - 11:00 a.m.

Join us as we celebrate the Niantic Jingle 5K at McCooks Park in Niantic is on Saturday, December 12th. Registration begins at 8:30. The Walk/Run starts at 10 a.m. We're looking forward to seeing everyone at one of the top road races in Connecticut once again! Come join us at the celebration of the holiday season!

Run, walk, push a stroller! Alone or together with a team, help make a difference and raise funds for the Brian Dagle Foundation and Brian's Healing Hearts Center for Hope and Healing we are "anchored in hope and empowered to support, is dedicated to the healing of grieving adults as well as community education on suicide prevention and awareness."

Race details:
Saturday, Dec. 12
Day of registration 8:30 a.m. Walk/run start 10 a.m.
McCook Point Beach & Park
Register at runsignup.com/Race/CT/NianticJingle5k

Duck River Garden Club Blue and Gold Star Memorial Marker Ceremony

A dedication ceremony will take place at Old Lyme Memorial Town Hall, 52 Lyme St, Old Lyme, on Saturday, November 7, 2026, at 11:00 a.m. The ceremony will include patriotic music, presentation of the colors, the Pledge of Allegiance, remarks from guests and community leaders, a history of the Blue Star and Gold Star Memorial programs, a military and Gold Star Families tribute, and the formal unveiling and dedication of the markers. A tribute of flowers and Taps will also be included. Members of the community are invited to attend.

Oswegatchie School Science & Nature FallFest

Oswegatchie School will host a Science & Nature FallFest on Saturday, November 7th from 10 a.m.-1 p.m. at Oswegatchie School, 470 Boston Post Road in Waterford. Sponsored by Earth Day Every Day CT, who hosts Earthfest CT every year in McCook Park in Niantic, this new event is in partnership with Oswegatchie School and the Oswegatchie School Organization (PTO). FallFest will have children's music provided by Steve Elci and Joy Bloom as well as Denison Pequotsepos Nature Center with live animals, CT Audubon, Sierra Club of CT, Waterford Land Trust and Pattagansett Art Center all with activities for children. And children can help SteveSongs, of PBSKids fame, to create a video! The Oswegatchie School garden will be open for children to plant bulbs for Springtime blooms and Kona Ice and Tom's Coffee will be on hand for refreshments. At 10:30 a.m., a Girl Scout Gold Star candidate and Waterford Land Trust board members will lead a hike on the trails behind the school. Come out for a fun day of Science, Art and Nature!!

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Ice Cream Social

On Friday, November 20th the Shoreline Leo Club will host an ice cream social and raffle at the East Lyme Community Center meal site. The event starts at 6:30 p.m. with many raffle items.

Tickets for the event are $5 and must be prepaid.

Please contact Judy Engel, Shoreline Leo Club advisor at judith.engel1@gmail.com if you want to attend so we know how much ice cream and toppings to purchase. All proceeds will benefit our community.

Regen Ag 2027 Conference Opens Registration

EAST LYME, Conn. – On January 9 and 10, 2027, the East Lyme Giving Garden will host Regen Ag Weekend 2027, two days of seminars, breakout sessions and panel discussions on regenerative growing methods featuring nationally known authors, scientists, multi-generational farmers, nutritionists, and educators. Registration for the conference, which will be held at East Lyme High School, and details on the sessions is available at www.regenagweekend.com.

The program is designed for farmers, growers, and anyone interested in regenerative farming, a holistic approach that focuses on soil health, no-till planting, use of cover crops, organic growing methods, and more. Any profits generated from the conference will be donated to organizations who grow food to combat food insecurity.

The weekend's topics range from soil health and fertility, compost and amendments, cover crops and no-till planting, pest management, seed saving, harvest preservation, and more. On Sunday, any interested students or farmers-in-training are welcome and encouraged to present posters on research or topics for feedback from experts in the field. Details can be found on the conference website.

"The conference starts with an informal dinner on Friday night at Flanders Fish House, leading into two, jam-packed days of presentations, panel discussions, breakout sessions, and time to network," said Bruce Cohen, president of the Giving Garden. "We held the first weekend of programming last year in Rhode Island and it attracted over180 participants. We look forward to an even larger group this year."

Diverse Topics for Growers, Farmers

A wide range of seminars, panel discussions and question and answer sessions will encourage the exchange of ideas on regenerative farming and agriculture. Topic areas include:

Compost and amendments

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Starting a Garden

Cover crops and no till planting

Water and foliar applications

Pest management

Seed saving

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For biographical information on the speakers and more details on the specific programs, visit the conference website at https://regenagweekend.com.

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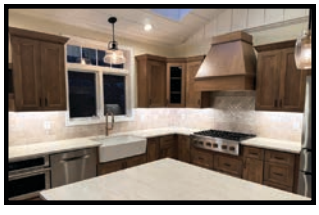
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Heartwarming Success: Niantic Lions Host Annual Senior Citizens Dinner

On Wednesday, September 30, the Niantic Lions hosted their annual Senior Citizens Dinner at the East Lyme Senior Center, serving 50 local seniors in addition to 10 East Lyme Police Cadets and 13 dedicated volunteers.

Guests enjoyed a warm, delicious meal featuring tossed salad, green beans almondine, spaghetti lasagne, and garlic bread, topped off with classic apple pie and ice cream for dessert.

Meal prep kicked off at 1:00 p.m. under the guidance of Niantic Lions Kirk and Judy Engel, who prepared and cooked the feast with the support of fellow Lions Jay Murphy, Patti Murphy, Jen Hudak, Candace Bodenhofer, and Anne Graebe. The Shoreline Leos were invaluable throughout the evening, taking charge of setting tables, serving guests, and handling the post-event cleanup.

After a thorough team effort to wash all the pots, pans, and silverware, the kitchen was left spotless and ready for custodian Kenny to prepare for the next day's activities. It was a wonderful showcase of the Shoreline Lions and Niantic Leos coming together to serve their community—proving once again that many hands truly make light work!

Colchester Federated Church's Annual Fall Vendor Fair

Colchester Federated Church's Annual Fall Vendor Fair is around the corner on November 7th from 10-2 p.m. at 60 Main Street in Colchester! Wander around our local crafters, vendors and farmers and get a jump start on your holiday shopping! Grab a sweet treat or two from our Bake Sale and take your chances at our Raffle table! Swing by our Tag Sale and snag a few great deals! It is sure to be a fun afternoon out and we can't wait to see you again!

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The 6th Annual Stonington Lobster Trap Tree

The 6th Annual Stonington Lobster Trap Tree will be on display from November 21, 2026 - Sunday, January 3, 2027

Enjoy taking photos for your personal use! No photographs may be used for commercial use.

Please respect the art made by children and professional artists. The Stonington Lobster Trap Tree is first and foremost a fine art exhibit. Consider it an outdoor museum. As such, we require that you refrain from touching any of the buoys. While it is only natural to want to see the amazing work on the reverse side of the buoys, the metal traps can scratch the art when buoys are turned. Instead we encourage you to utilize this website to view photos of both sides of each buoy. It is your responsibility to insure that pets and children are far enough away from the buoys, traps and lights so that they do not touch them. Thank you very much for your cooperation.

Lobster Trap Tree Hours 2026

Exhibit will be opening Saturday, November 21st @ 4:30 p.m.

The Stonington Lobster Trap Tree opens at dawn. The Tree will be lit every night between 4:30 - 9:30 p.m. until January 2, 2027. Tree will be lit from 4:30 - 6 p.m. on January 3, 2027.

Inclement Weather - The tree is open when it's raining but volunteer tree docents will not be on site to take pictures during inclement weather. If there is a snow storm, we reserve the right to close off the entrance to the tree as a precaution due to the weight of the snow on the structure. Any closures would be posted on the Stonington Lobster Trap Tree Facebook page.

Parking Options in Stonington Borough

Stonington Town Fisherman Docks, 1 High Street, Stonington.

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192 Water Street, Stonington Borough - courtesy of Joe Gilbert

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Shoreline Civil War Roundtable Meeting

The Shoreline Civil War Roundtable meets on Tuesday, November 3 at the Acton Library in Old Saybrook, at 6:15 p.m. All are welcome. Presentation will be The Baltimore Riots of 1861 by Tony Silber. For more information contact 860-395-1124 or the Acton Library.

All About Snakes! With Riverside Reptiles

The Bill Memorial Library in the City of Groton will host All About Snakes! for children in grades 1 through 5 on Tuesday, November 3 at 2:00 p.m., presented by Riverside Reptiles and sponsored by Connecticut Humanities.. Learn about these fascinating but often misunderstood reptiles. Meet and interact with your favorite slithering animal ambassadors!

With over 25 years' experience, Riverside Reptiles is passionate about giving children "hands on" learning experiences and teaching about reptiles, amphibians, and other fascinating creatures of the animal world. Registration is required; space is very limited. Only the child registered will be allowed into the program space. Registration opened on Tuesday, October 20. Call the library at 860-445-0392 for further information or visit the link to register - https://tinyurl.com/e44u4nsz

This program is sponsored by Connecticut Humanities (CTH), an independent, nonprofit affiliate of the National Endowment for the Humanities. CTH connects people to the humanities through grants, partnerships, and collaborative programs. CTH projects, administration, and program development are supported by state and federal matching funds, community foundations, and gifts from private sources.

They are headquartered in Middletown but their work is statewide.

Learn more by visiting cthumanities.org.

Library hours are Monday, Tuesday and Thursday, 10:00 a.m. to 8:00 p.m., Wednesday and Friday, 10:00 a.m. to 5:00 p.m., and Saturday, 10:00 a.m. to 3:00 p.m.

The Bill Memorial Library, a landmark on Groton Bank since 1890, is located at 240 Monument Street in the City of Groton, near the Groton Monument and historic Fort Griswold. To keep up with the latest happenings for adults, teens, kids and families, visit our web page at http://www.billmemorial.org, or check out our social media - follow us on Instagram at @billmemorialgrotonct or find us on Facebook at Bill Memorial Library.

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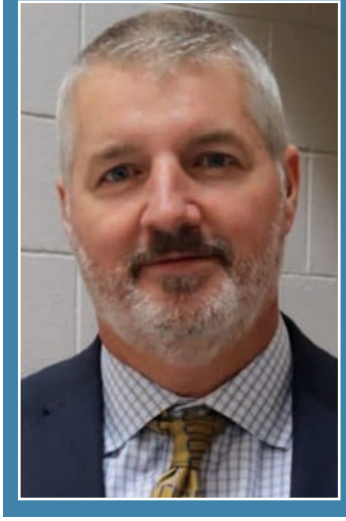
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Holiday Magic 2026 at the Florence Griswold Museum

November 27, 2026 through January 3, 2027

The Florence Griswold Museum Campus lights up for the holidays with their beloved annual Holiday Magic celebrations.

Enjoy special décor, including the festive palette trees with hundreds of spectacular artist-designed creations, Miss Florence's boardinghouse decorated for a 1910 holiday, holiday gift shopping, and, best of all, Miss Florence's Teas.

Miss Florence's Teas return! We welcome you to sumptuously decorated rooms in our Marshfield House for delicious tea, sandwiches, treats (including that famous warm scone), and holiday memory-making. Catered by Gourmet Galley.

This year's dates: December 1, 2026 to January 3, 2027

Tea seatings are Tuesday through Sunday, two seatings per day.

Check back soon for pricing and ticket booking information.

The holidays are a special time at the Museum as we celebrate Miss Florence's December 25 birthday. Celebrate traditions and make new memories at this sparkling signature event.

Solemn Requiem Eucharist at St. John's Episcopal Church

St John's Episcopal Church, 400 Main Street Niantic, will host a Solemn Requiem Eucharist in Observance of the Feast of All Souls' Day on Sunday, November 1, 2026 at 5:00 p.m., with guest artists, The Anglican Singers, directed by Simon Holt with organist L. Graham Schultz.

All from the wider community are warmly invited to join us in remembrance of our loved ones lost recently or in the past. There will be an opportunity to add your loved ones' names to the reading of our necrology and to add to a display photos and mementos of them. Music will include Missa brevis Sancti Joannis de Deo ("Little Organ Mass") by Joseph Haydn, "The Lord is My Shepherd" from John Rutter's Requiem, congregational hymns, and organ voluntaries. Organ prelude will begin at about 4:45 p.m. Ample parking is available in back of the church and there is street parking on Main Street.

For more information: organist@stjohnsniantic.org

The Family Conversation Your Estate Plan Is Waiting For

Finishing your estate plan is a big step, but failing to notify the people involved can lead to confusion and complications when it's time to use it. Since the events that bring those plans into action, such as an accident, serious illness or hospitalization, rarely come with a warning, talking with your family about your estate plan before a crisis occurs can provide clarity and help reduce uncertainty, conflict and stress later

Would your loved ones know what to do?

About half of Americans turning 65 today will need some form of long-term care, according to the U.S. Department of Health and Human Services. If you became unable to make medical or financial decisions, documents such as powers of attorney and advance directives can help ensure someone you trust can step in. Just as important is making sure your loved ones know those documents exist and where to find them. Without access to them, even close family members may be unable to access bank accounts, pay bills or make medical decisions on your behalf without going through a court.

Who should be included in an estate plan conversation?

When you're ready to talk with loved ones, start with anyone named in a formal role in your estate plan, such as a financial power of attorney, health care proxy, trustee or executor. You may also want to include family members who are likely to be involved in your care or inherit assets.

Think about the dynamics of your family as you plan the conversation. Some families are comfortable discussing everything together, while others communicate more effectively through smaller group discussions or one-on-one conversations.

What should your family know about your estate plan?

Start with your values and the goals behind your decisions. Explaining what matters most to you can help family members better understand your wishes.

From there, review practical details, including who serves in key roles, where important documents are stored and how to contact your estate-planning attorney. You may also want to discuss your care preferences if you were to lose independence and any decisions that family members might find surprising. For example, if inheritances will not be divided equally, sharing your reasoning now may help prevent misunderstandings later.

Most importantly, leave time for questions. The goal is not to cover every possible scenario in a single meeting. It's to create understanding and give loved ones confidence about what matters to you.

If a single conversation feels overwhelming, consider breaking it into a few shorter discussions over time.

Need help starting the conversation?

Many people worry about how family members will react or feel unsure about where to begin. A financial advisor can help you prepare for the conversation and, in some cases, facilitate it. Having a neutral third party involved can help keep discussions productive and ensure everyone leaves with greater clarity about your wishes.

This article was written by Edward Jones for use by Jesse Perrault, CFP®, CEPA®, your Edward Jones financial advisor at 860-739-1945, Edward Jones, Member SIPC.

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Should your portfolio shift when the market does?



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Town of Groton Parks & Recreation and The Brian Dagle Foundation Partner to Bring "Keeping Spirits Bright" Lighted Trail to Seasons of Celebrations

Southeastern Connecticut is invited to illuminate homes, businesses, and community spaces this holiday season in honor of hope, connection, and remembrance.

GROTON, CT — This holiday season, the Town of Groton Parks & Recreation Department and The Brian Dagle Foundation are proud to announce a collaborative partnership bringing the Keeping Spirits Bright movement to Groton's annual Seasons of Celebrations event.

Keeping Spirits Bright is a growing, region-wide initiative dedicated to illuminating Southeastern Connecticut with light, connection, remembrance, and hope—with a special focus on supporting individuals and families affected by suicide loss. As part of this year's festivities, Groton's Seasons of Celebrations will feature an interactive, lighted community walking trail at Thrive 55+ Active Living Center.

Created in collaboration with regional partners—including The Brian Dagle Foundation, United Way of Southeastern Connecticut, Greater Mystic Chamber of Commerce, Always Home, and Town of Groton Parks & Recreation—the trail will serve as a welcoming space to gather, walk among festive displays, honor loved ones, and find connection.

Event Details: Seasons of Celebrations

• Date & Time: Friday, December 4, 2026 | 6:00 p.m. – 8:00 p.m.

• Location: Thrive 55+ Active Living Center (102 Newtown Rd, Groton, CT)

• Admission: Free & Open to the Public | Info: greatergroton.com/celebrations

In addition to the debut of the Keeping Spirits Bright Lighted Trail, the annual celebration of Christmas, Diwali, Hanukkah, Kwanzaa, and Three Kings Day will feature Santa's arrival by fire truck, horse-drawn carriage rides, Gingerbread Extravaganza with Groton Public Library, Christmas Tree Alley, local food trucks, a sensory-friendly chill room, and the famous Snowflake Drop.

Help Us Light Up Southeastern Connecticut

While the trail at Thrive 55+ serves as a central gathering point, Keeping Spirits Bright extends across the region. Residents, businesses, and organizations are encouraged to display a Keeping Spirits Bright yard sign or poster, light up their storefronts or homes, and dedicate their displays to loved ones or to express solidarity that no one stands alone.

"Keeping Spirits Bright is about more than holiday decorations," share event organizers. "It is about making remembrance visible, creating connection, and reminding people who may be struggling or grieving that they are not alone."

Get Involved

To register your home or business, request a yard sign or poster, explore sponsorships, or learn more: Keepingspiritsbright.com

Lyman Allyn's Newest Exhibition Presents an Exploration of Nature, Change, And The Passage of Time

New London – The Lyman Allyn Art Museum announces the opening of Lydia Viscardi – Time Takes Time, on view Oct. 31 through Jan. 10, 2027. This colorful exhibition presents a body of mixed-media work that considers the passage of time and the cycles of the seasons within the changing natural world.

The works in Time Takes Time combine painting, drawing, collage, and assemblage sculpture, using printed matter, vintage hand-embellished textiles, fabric, and found objects. Through colorful imagery, layered compositions and contradictory elements, Viscardi reveals a subtle humor and subversive undercurrent, giving the work an enigmatic yet playful tone.

The Connecticut-based artist was the 2024 Artist-in-Residence at Lenox Hill Neighborhood House (a social services center and cultural institution) in New York City and a recipient of the 2023 Connecticut Office of the Arts Artist Fellowship. Her work has been presented in solo exhibitions in New York City, Hartford and Torrington, and in numerous group exhibitions.

"Living where development gradually encroaches on native habitat and human activity and wilderness intersect, I witness moments of fragile balance and quiet tension prompting reflection on continuity, loss and change," says Viscardi. "While grounded in lived observation, my work is also informed by an awareness of broader environmental shifts unfolding globally."

Viscardi's work is held in the collections of the Housatonic Museum of Art, Eastern Connecticut State University, Lenox Hill Neighborhood House in New York City, and The Copelouzos Art Museum in Athens, Greece, as well as private collections in the United States and United Kingdom. Viscardi holds a BFA from C.W. Post College of Long Island University and an MFA in Visual Art from William Paterson University of New Jersey. She maintains a studio in Connecticut.



Lydia Viscardi, Autumnal Hoard, acrylic and collage on vintage embellished textile and board, 2022. Photo courtesy of the artist.

For more information or to request images, please contact Rebecca Dawson by email at dawson@lymanallyn.org.

About Lyman Allyn Art Museum

Lyman Allyn Art Museum welcomes visitors from New London, southeastern Connecticut and all over the world. Established in 1926 with a gift from Harriet Allyn in memory of her seafaring father, the Museum opened the doors of its beautiful neoclassical building surrounded by 12 acres of green space in 1932. Today it presents several changing exhibitions each year and houses a fascinating collection of over 20,000 objects from ancient times to the present, including art from Africa, Asia, the Americas and Europe, with particularly strong collections of American paintings, decorative arts and Victorian toys and doll houses.

The museum is located at 625 Williams Street, New London, Connecticut, exit 83 off I-95. It is open Tuesday through Saturday, 10 a.m. - 5 p.m. and Sundays 1 – 5 p.m., and closed on Mondays and major holidays. For more information call 860.443.2545, ext. 2129 or visit www.lymanallyn.org.

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A Powerful Exhibition At The Lyman Allyn Presents Indigenous Expression Beyond Geographic And Cultural Borders

New London – The Lyman Allyn Art Museum is pleased to announce the opening of The Land You Stand On: Contemporary Art of Native and Indigenous Identity, on view October 10 through January 10, 2027. A powerful and visionary exhibition centering Indigenous expression and perspectives that extend beyond geographic and cultural borders, The Land You Stand On brings together award-winning Indigenous-identifying artists, offering visitors an opportunity to encounter a broader perspective about arts integration and cultural awareness.

The Land You Stand On explores the concept of place-based belonging both historically and conceptually. Each artist contributes a distinct narrative and lived experience, inviting reflection on how land shapes art, identity, memory, and community.

An exhibition of diverse cultural perspectives, the show will challenge, inspire, and expand dialogue around cultural advocacy, representation, and the role of creative expression. The Land You Stand On aspires to leave a lasting impact that celebrates cultural beauty and encourages meaningful engagement with the histories and ongoing presence of Indigenous and Native communities.

The exhibition brings together works from the artists' own collections as well as from the Lyman Allyn's collection and the collection of Art Bridges. Co-curated by Brooke Waldron, Cedar Nation; Kristine Holohan, Pattagansett Art Center; and Lyman Allyn Art Museum, the exhibition features the work of:

- Julie Buffalohead (Ponca Tribe of Oklahoma)
- Aymar Ccopacatty (Aymara language and traditions from Lake Titicaka, Peru)
- Joshua Carter (Mashantucket Pequot)
- Renee Castro (Lisjan Ohlone)
- Hartman Deetz (Mashpee Wampanoag)
- Felicia Gabaldon (Choctaw/Chickasaw/Spanish/Mexican)
- Guido Garaycochea (Peruvian)
- Julia Marden (Aquinnah Wampanoag)
- Marianne Nicolson (Dzawada-enuxw First Nation)
- Indira Urrutia (Chilean)
- Brooke Waldron (Seaconke Wampanoag/Narragansett)

The opening reception was held Saturday, October 10.

A full slate of public programs accompanies the exhibition. On November 7, there will be an immersive workshop with artist Hartman Deetz exploring the intersection of urban-style lettering, Indigenous identity, and activist art. On November 14, the Museum welcomes artist Joshua Carter for an insightful workshop exploring cultural intelligence from a Native perspective. On November 21, guest curator Brooke Waldron will lead a curatorial tour of the exhibition, exploring how it functions as a collective conversation. More information is available on lymanallyn.org.

This exhibition is made possible with support from an anonymous foundation; Art Bridges; the Frank Loomis Palmer Fund, Bank of America, Trustee; the Community Foundation of Eastern Connecticut; and by the Connecticut State Legislature, administered by the DECD, Office of the Arts.

For more information or to request images, please contact Jane LeGrow by email at legrow@lymanallyn.org.

About Pattagansett Art Center

Pattagansett Art Center is an artist-run, creative community-centered organization rooted in the practice of wellness and environmentally sustainable models created through the Arts.

About Cedar Nation

Cedar Nation is a meeting ground uniting collaboration through aligned purpose and shared vision. Cedar Nation is a distinctive group of Artists, Organizers and Knowledge Keepers working together to transform the deficient representation of contemporary Native people in galleries and institutions.



Brooke Waldron, We Look to the Stars and Find Ourselves, 2026. Acrylic on birch panel. Photo: RJ Phil.

About Lyman Allyn Art Museum

Lyman Allyn Art Museum welcomes visitors from New London, southeastern Connecticut and all over the world. Established in 1926 with a gift from Harriet Allyn in memory of her seafaring father, the Museum opened the doors of its beautiful neoclassical building surrounded by 12 acres of green space in 1932. Today it presents several changing exhibitions each year and houses a fascinating collection of over 20,000 objects from ancient times to the present, including art from Africa, Asia, the Americas and Europe, with particularly strong collections of American paintings, decorative arts and Victorian toys and doll houses.

The museum is located at 625 Williams Street, New London, Connecticut, exit 83 off I-95. It is open Tuesday through Saturday, 10 a.m. - 5 p.m. and Sundays 1 – 5 p.m., and closed on Mondays and major holidays. For more information call 860.443.2545, ext. 2129 or visit www.lymanallyn.org.

Please send news and events to:
communitynews@postroadreview.com

Santa Arrives by Tugboat and the Lighted Boat Parade

Santa Arrives by Tugboat and the Lighted Boat Parade are beloved traditions that take place in late November on Shop Small Saturday to kick off the holiday season. Santa makes his grand entrance from The North Pole into Mystic River Park aboard a tugboat, greeted by a crowd awaiting his arrival. Patrons can enjoy an Artisan Market on Cottrell Street. Later in the evening, the Christmas Tree in Mystic River Park is lit and immediately after, The Lighted Boat Parade starts. This unique combination of maritime tradition and holiday cheer draws families and visitors to Mystic, CT for a magical start to the holidays.



Santa aboard the John Paul tugboat decorated for the holidays

Santa Arrives By Tugboat

Saturday, November 28, 2026 | 2:00 p.m.

Santa Claus is coming to town aboard Cross Sound Ferry's Tugboat, the John Paul. Bring your children to see Santa arrive and spend time by the Mystic River Park Christmas tree, telling Santa what they want for Christmas. There will be picture opportunities with Santa and Christmas themed items, Carolers and a few surprises!



Christmas Tree Lighting

Saturday, November 28, 2026 | 6:00 p.m.

Join us at Mystic River Park to Officially Light the Mystic Christmas Tree for this 2026 Christmas Season.



Lighted Boat Parade

Saturday, November 28, 2026 | 6:15 p.m.

Spectators and passersby line both sides of the Mystic River to watch as decorated boats pass by in the 22nd Annual Holiday Lighted Boat Parade. Interested in showcasing your boat for the Lighted Boat Parade. Participation is open to the public and only requires a toy donation to the Pawcatuck Neighborhood Center which will be on site the day of.

Come and see as decorated vessels parade down the Mystic River just after 6PM and return to the Mystic River Park, where spectators and judges gather. Boats are judged on creativity and team spirit, with prizes offered in five categories: 'Most Charismatic Crew', 'Innovative Vessel', 'Best Dressed Vessel', 'Most Holiday Spirit' and 'Miss Mystic Vessel of Grandeur'.

Is your boat still in the water through the holiday season? Decorate your vessel and participate in the 2026 Holiday Lighted Boat Parade. Email info@mysticchamber.org for registration and more details.

For Everyone's Safety, Please keep your smaller water crafts including paddleboards, kayaks and Jet Skis Home for this event.

Where To Watch The Parade In Mystic

Gravel Street

Gravel Street will close by 6 p.m. to allow for people to gather on the road to view the Parade. We ask that you please stay on the pavement and keep off of people's grass and docks.

Mystic River Park

LOOKING TO ADVERTISE...
For more information,
please call Jason at **860-918-1198**
or email sales@postroadreview.com



Get Posted... **Joseph Gigliotti from Waterford, carried the October edition of *The Post Road Review* through the White Mountains of New Hampshire during a recent hike in the region, stopping briefly at the Zealand Falls AMC hut for a quick rest before continuing on his way back home, each step bringing him closer to the delicious treats at Flanders Bake Shop!**

Anglican Singers featured in All Souls Service at St. John's

The Anglican Singers will be featured in a Solemn Requiem Eucharist in Observance of the Feast of All Souls' Day at St John's Episcopal Church, 400 Main Street Niantic, on Sunday, November 1, at 5 p.m. The singers will be directed by Simon Holt with organist L. Graham Schultz.

All from the wider community are warmly invited to join us in remembrance of our loved ones lost recently or in the past. There will be an opportunity to add your loved ones' names to the reading of our necrology and to add to a display of photos and mementos of them. Music will include Haydn's Missa brevis ("Little Organ Mass") and "The Lord is My Shepherd" by John Rutter, as well as congregational hymns and organ voluntaries.

Organ prelude will begin at about 4:45 p.m. Ample parking is available in back of the church and there is street parking on Main Street.

For more information: organist@stjohnsniantic.org

GET POSTED!



Snap a photo holding *The Post Road Review* during your next vacation or from your favorite local spot. Then send it in for a chance to be published and win a $10.00 gift card from Flander's Donut & Bake Shop!

A Winner Will Be Chosen Every Month!

To enter, email your photo to: communitynews@postroadreview.com along with your name and address.



25.10

ONE WAY
THURSDAYS @ 7 PM
Our midweek Youth & Kids ministries meet on Thursday nights, from the 1st Thursday of September to the 2nd Thursday of May. We come alongside the family, presenting faith-defining experiences that give students and children a chance to encounter God and grow in their spiritual walks.
Harvest CHRISTIAN FELLOWSHIP
5 Freedom Way, Niantic (Harvestcf.net) (860)442-7423

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24.10

Lyman Allyn Art Museum Names Frank H. Goodyear As Next Director

NEW LONDON – The Lyman Allyn Art Museum is pleased to announce the appointment of Frank H. Goodyear, Ph.D., as its next Director. A nationally recognized museum leader, curator, scholar, and author, Goodyear most recently served as Co-Director of the Bowdoin College Museum of Art, where he and his co-director, Anne Collins Goodyear, led the institution for 13 years.

Goodyear will assume leadership of the Lyman Allyn on October 26, 2026, succeeding Sam Quigley, who announced his retirement earlier this year following 12 years of transformative leadership at the Museum.

Goodyear joins the Lyman Allyn at an especially exciting moment in the Museum's history. The institution is completing the development of Lyman Allyn Park, a 12-acre urban green space designed to extend the Museum's mission beyond its walls and fulfill founder Harriet Upson Allyn's vision of a park and museum for the "free use and enjoyment" of the people of New London. The renovated art park will create new opportunities for sculpture, environmental learning, public programs, and community gatherings.

The Museum is also preparing to open its fall exhibitions, including, Isaac Sheffield: Portraits from New London's Whaling Era, and The Land You Stand On: Contemporary Art of Native and Indigenous Identity, further expanding its presentation of contemporary art and its engagement with artists and audiences throughout southeastern Connecticut and the wider region.

"We could not be more pleased to welcome Frank Goodyear to the Lyman Allyn," said Eliza Sharp, President of the Museum's Board of Trustees. "Frank brings an extraordinary combination of curatorial expertise, scholarship, leadership, and an uncommon understanding of the role museums play in the life of their communities. His experience at Bowdoin and the Smithsonian, his national network of colleagues, and his commitment to making museums welcoming and relevant to broad audiences make him an exceptional fit for the Lyman Allyn at this important moment in our history."

The appointment follows an extensive national search led by Dan Yeager of Museum Search & Reference, who worked closely with the Lyman Allyn's Search Committee, and Board of Trustees throughout the process.

A Distinguished Museum Career

Goodyear comes to the Lyman Allyn following a distinguished career at the forefront of American art and museum practice. Before joining Bowdoin in 2013, he served as Curator of Photographs at the Smithsonian's National Portrait Gallery in Washington, D.C. He holds an A.B. from Princeton University and an M.A. and Ph.D. from the University of Texas at Austin. His scholarship focuses particularly on the history of photography and American art.

During his tenure at the Bowdoin College Museum of Art, Goodyear helped guide the institution through significant growth and development. Among the Museum's accomplishments was the acquisition of more than 5,000 works of art, including major gifts of contemporary art and photography. He also helped establish the New Media Arts Consortium, enabling academic museums in New England to jointly acquire and share video and digital artwork. Under the leadership of Goodyear and Anne Collins Goodyear, the Museum received major grants and recognition from national arts agencies, foundations, and corporations. Goodyear has built an impressive record as a curator and author. He has curated more than forty exhibitions during this career and is the author or co-author of 13 books and exhibition catalogues, including Winslow Homer and the Camera: Photography and the Art of Painting (2018); In Light of Rome: Early Photography in the Capital of the Art World, 1842–1871 (2022); and Gordon Parks: Herklas Brown and Maine, 1944 (2025). His exhibition catalogues Marcia Resnick: As It Is or Could Be (2022) and Art, Ecology, and the Resilience of a Maine Island: The Monhegan Wildlands (2024) were awarded book prizes from the Photography Network and Historic New England, respectively. At the National Portrait Gallery, he co-curated Recognize: Hip Hop and Contemporary Portraiture (2008); American Cool (2014); and Unintended Journeys: Photographs of Environmental Displacement (2014), among other major projects. Goodyear has also had significant experience working with interns at both museums, often providing opportunities for students to participate in the development of new exhibitions and other projects.



Frank H. Goodyear, Ph.D.

Looking Ahead

"I am thrilled to be joining the Lyman Allyn at such an exciting moment in its history," said Frank H. Goodyear. "The Museum has an extraordinary collection, a remarkable history, a dedicated staff and board, and a growing relationship with the community. I am especially excited by the opportunity to build on all that the Museum has accomplished thus far, while leading the Lyman Allyn into its next chapter.

"I want to express my deep gratitude to Sam Quigley for his extraordinary leadership of the Lyman Allyn, and to the trustees, staff, and generations of supporters who have helped make the Museum what it is today. I look forward to building on that strong foundation and continuing the Museum's tradition of excellence in serving southeastern Connecticut and the wider region through great exhibitions, public programs, and meaningful community engagement.

"What makes the Lyman Allyn particularly compelling is the opportunity to think expansively about what a museum can be and what it can mean to the people it serves. The Museum's commitment to its collection, to artists, to education, and to the community—and the extraordinary opportunity presented by the renovated Lyman Allyn Park—provide an exciting foundation for the future.

"I look forward to meeting the artists, educators, supporters, neighbors, and all those who share a love for the arts and for this community. I am eager to listen, to learn, and to work together to build on the Museum's remarkable history and its tremendous potential."

Goodyear will inherit an institution entering a significant new phase. During Quigley's 12-year tenure, the Lyman Allyn underwent a major transformation, including the development of new galleries, significant acquisitions, expanded community engagement, and a renewed emphasis on the Museum's collection. His leadership also brought new attention to the work of Louis Comfort Tiffany in New London and established the American Perspectives galleries as a distinctive interpretation of American art through the lens of the region.

Perhaps most significantly, Quigley launched Lyman Allyn Park, extending the Museum's mission beyond its walls and advancing Harriet Upson Allyn's vision for a park and museum serving the people of New London.

"Sam has left the Lyman Allyn in an extraordinarily strong posi-

ACROSS

1 Type of dream
6 Hooey
10 Slow flow
14 Popeye's lady
15 No sweat!
16 Foal's parent
17 Mots by members of 38 Across?
19 Pearl Mosque city
20 Wrangler rival
21 Go-getter
22 Fright
24 GI garb
25 Singers like Merman
26 1967 Paul Newman film
30 Anatomical sac
31 Bouquets
32 Actress Hatcher
33 Earring site
37 Riotous Rudner
38 The Brainy Bunch?
39 Psych I studies
40 Opponent
41 Short letter?
42 Kind of heap or book
43 Watergate's #1 loser
45 Pastry place
46 Slim margin
49 Play word games
50 Carried on
51 Fem.'s opposite
52 Dwindle
55 HRE emperor
56 Notion by a member of 38 Across
59 AK, once
60 Yorkshire river
61 Spurs on
62 Dutch cheese
63 Word of praise
64 Joins

DOWN

1 Turkey or pheasant
2 Nobelist Wiesel
3 Jawed device
4 First lady
5 Parish heads
6 Chicago franchise
7 Need
8 Inquire
9 Panic
10 Member of 38 Across?
11 Tidal flood
12 Box score entry
13 Boscs and Bartletts
18 Unfinished
23 Kelly takes two
25 Go bang!
26 Circle dance
27 Loki's lord
28 Rock group, ___ The Hoople
29 Thought by a member of 38 Across?
30 Niger neighbor
32 Coltrane's axe
34 Tough boss
35 Tusker
36 Catch sight of
38 Assortment
42 "The Inner ___"
44 Harry's successor
45 Kind of league
46 Penned
47 Held in contempt
48 State starter
49 Called a beeper
51 Artist Joan
52 Brink
53 A sugar source
54 Finny largemouth
57 "___ Bravo"
58 Pique

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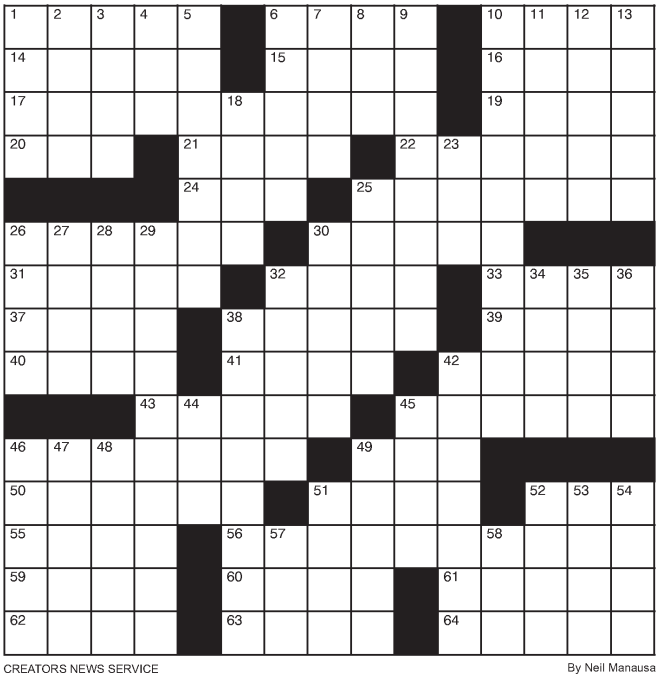

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SHARP AS A TACK



CREATORS NEWS SERVICE By Neil Manausa

Answers on pg 39

tion," said Sharp. "We are deeply grateful for his 12 years of leadership and for all that he has accomplished with the Museum's staff, trustees, supporters, artists, and community. Frank is an exceptional choice to build on that legacy. He brings fresh ideas, curiosity, and a national perspective to the conversation about what it means to be a museum in the 21st century."

"The Lyman Allyn is a museum with a remarkable story to tell and an equally remarkable future ahead," Goodyear said. "I am honored to have the opportunity to become part of its long and rich history."

Frank H. Goodyear will officially begin his tenure as Director of the Lyman Allyn Art Museum on October 26, 2026.

About Lyman Allyn Art Museum

Lyman Allyn Art Museum welcomes visitors from New London, southeastern Connecticut and all over the world. Established in 1926 with a gift from Harriet Allyn in memory of her seafaring father, the Museum opened the doors of its beautiful neoclassical building surrounded by 12 acres of green space in 1932. Today it presents several changing exhibitions each year and houses a fascinating collection of over 19,000 objects from ancient times to the present, including art from Africa, Asia, the Americas and Europe, with particularly strong collections of American paintings, decorative arts and Victorian toys and doll houses. The museum is located at 625 Williams Street, New London, Connecticut, exit 83 off I-95. It is open Tuesday through Saturday, 10 a.m. - 5 p.m. and Sundays 1 – 5 p.m., and closed on Mondays and major holidays. For more information call 860.443.2545, ext. 2129 or visit www.lymanallyn.org.

Please send news and events to:
communitynews@postroadreview.com

Public Library of New London Upcoming Events

The Public Library of New London, 63 Huntington St, New London, has announced the following events. For more information and registration call (860) 447-1411 or visit https://plnl.org.

Children's Events

Homework Helpers: Mondays, 3:30-4:30 p.m., Connecticut College students offer tutoring assistance beginning September 14th through next year! Stop by the Children's Room for academic guidance!

Make It Mondays: Mondays, 3-5 p.m., Stop by the Children's room for crafting various projects this month!

All Ages Storytime: Wednesdays, 10:30-11:30 a.m., All ages story time and playgroup! Enjoy stories, songs, and a chance to play! Check out our schedule to see what the theme is each week! Best for children ages 4 and under.

Art Class With Miss Dana: Thursdays, 5-6 p.m., Do you love creating art? Try coming to the library on Thursday evenings to take an art class with Miss Dana! Each week, we'll be working on a new project, so be sure to swing by!

Baby + Me Playgroup: Fridays, 10:30-11:30 a.m., Join us for a story time and play group! Baby + Me is designed for babies to socialize and for caregivers to meet each other! We will do a short lap story and then turn on the music and take out the toys for time to socialize.

Homework Helpers: Fridays, 1:30-4:30 p.m., Connecticut College students offer tutoring assistance beginning September 14th through next year! Stop by the Children's Room for academic guidance!

Children's Board Game Club: Saturdays, 12:20-3 p.m., Do you love playing board games? Join us every Saturday for Board Game Club in the Children's Room! In addition to chess, we will be including board games like Sorry, Battleship, Trouble, and more!

11/2/26: All Soul's Day Craft: In honor of all Soul's Day we will be making a Soul Badge Patch inspired by the Disney movie Soul. This craft will get you thinking and we want to know what makes you, you!

11/3/26: Jellyfish Craft: It's Jellyfish Day and what better way to celebrate than to make your very own jellyfish! We have the materials for you to put together your cute little friend!

11/4/26: Tellebration! With CT Storytelling: 10:30-11:30 a.m., Join us for a special Bilingual Storytime with Maritza!

11/4/26 and 11/18/26: Cooking For Kids!: 4-5 p.m., Join Food For Your Soul LLC. for a series of fun cooking classes! Each class will be focused on something different! This program is best for children ages 3-10! Please indicate any food allergies upon registration and bring a hat & apron to class. Registration required.

11/5/26-12/31/26: Adopt-A-Book: Help support the library by adopting one (or more!) of our new books. Books available in different genres.

11/6/26: Compass Craft: Marooned Without a Compass Day! Oh no! Don't worry we will be making compasses to find our way back! Join us in the Children's Room so we can find our way out!

11/7/26: Saturday Morning Storytime: 11:30-12 p.m., ; Our Saturday Morning Storytime is back! Join us Saturday at 11:30 a.m. with Miss Meghan!

11/7/26: Children's Pokemon Club: 2-3 p.m., Calling all Pokémon Trainers: Does your child love Pokémon? Each month you will need to complete the tasks in order to get your trainer badge! We will have a Pokémon Club once a month.

11/9/26-11/13/26 : Celebrate Diwali: All week we will be celebrating Diwali! Come to the Children's Room to do some crafts, learn about Diwali and check out our Book Display!

11/12/26: Carly's Critters: Little Buddies: 4-5 p.m., Join us in the Children's Room to meet some of Carly's Critters! Meet some Little Buddies that include bunnies, guinea pigs, ducks, chicks, tortoises, and baby goats!

11/16/26: Teddy Bear Pizza Party: 4-5 p.m., Have a Party with Your Teddy Bear here at the library! We will be having a pizza party in the Children's Room and your Teddy bears or your favorite stuffy are invited! Registration required.

11/16/26 through 12/31/26: Food for the Holidays: Patrons can bring in canned goods and non-perishable items to the Public Library of New London to help our community during the holidays.

11/17/26: Dino Terrariums: 4-5 p.m., We are in DINOvember and we will be making sensory Dino Terrariums! Supplies are limited and is a first come first serve basis. Join us in the Children's Room to make your own terrarium!

11/18/26: Owl Prowl with DPNC: 10:30-11:30 a.m., Meet a live owl and discover what makes these remarkable birds so unique! Learn about our native owl species and explore the incredible adaptations that make them some of our fiercest nighttime hunters.

11/19/26: Creatures of the Night with DPNC: 4-5 p.m., What does it take to hunt in total darkness? From silent wingbeats to incredible night vision, meet live animal ambassadors and discover the adaptations that make our spooky nocturnal predators thrive under the cover of darkness!

11/24/26: Children's Book Club: The Traveler's Tricks: 4-5 p.m., Join us in the Children's Room for our first Book Club discussion! Each meeting will be a discussion, snacks, and do a craft that is based on the book chosen for that month! This month's book is The Traveler's Tricks by Laurie Calkhoven.

11/30/26: Children's Graphic Novel Book Club: Parachute Kids: 5-6 p.m., Do you like reading but don't know where to begin? Come join us for a Graphic Novel Book Club for kids! The graphic novel this month will be Parachute Kids by Betty Tang.

Teen Events

Teen Hang Out: Mondays, 3-6 p.m., Enjoy a chill afternoon hang out with access to the best of the Teen Room resources! Coloring pages, VR & Nintendo Switch, Homework Help, Snacks & Drinks, and more!

Homework Helpers: Mondays, 3:30-4:30 p.m., Connecticut College students offer tutoring assistance beginning September 14th through next year! Stop by the Children's Room for academic guidance!

Homework Helpers: Fridays: 1:30-4:30 p.m., Connecticut College students offer tutoring assistance beginning September 14th through next year! Stop by the Children's Room for academic guidance!

11/3/26: Mug Painting: 4-5 p.m., Customize your own mug to take home or leave in the Teen Room to use here!

11/3/26: Paint the Zodiac: Scorpio: 4-5 p.m., Join us to paint November's dominant Zodiac constellation, Scorpio! Materials will be provided. Registration required.

11/4/26 and 11/20/26: Living Life Tobacco Free Tabling: 12-4 p.m., Stop by the landing to learn more about how to live a tobacco-free lifestyle, prevent youth tobacco use, and how using tobacco affects your health through free resources and materials.

11/4/26: Beaded Corn Craft: 4-5 p.m., Use pony beads and pipe cleaners to create a multi-colored corn cob and learn about this indigenous crop!

11/5/26-12/31/26: Adopt-A-Book: Help support the library by adopting one (or more!) of our new books. Books available in different genres.

11/5/26: Game On! Videogames and VR for Teens: 4-5 p.m., Get your game on in the Teen Room!

11/6/26, 11/13/26 and 11/20/26: Teen Movie Series: Native American Heritage Month: 3-4:45 p.m., Watch a movie to relax, unwind and expand your mind before the weekend!

11/10/26: Scholarships, Grants, & Loans - Ariadne College Advisors: 5:30-6:30 p.m., Join us online or in the Teen Room for another free workshop with Ariadne College Advisors! Learn insider information on scholarships, grants, and loans to help make your college planning both successful and affordable. Registration required.

11/12/26: Beyond High School: Education Fair: 4:30-6 p.m., Learn about different options to further your education after high school at our annual fair!

11/16/26 through 12/31/26: Food for the Holidays: Patrons can bring in canned goods and non-perishable items to the Public Library of New London to help our community during the holidays.

11/17/26: D&D Club: 4-5 p.m., Join our Teen Dungeons & Dragons Club for an afternoon of collaborative storytelling, strategy, and epic adventure. Bring a character you're already played or play as a pre-made character and join in the campaign!

11/18/26: Mini Pumpkin Pies With Food For Your Soul: 3-5 p.m., Join us for a cooking class and learn how to make mini pumpkin pies with Chef Erika of Food For Your Soul!!

11/19/26: Teen Book Club: Native American Heritage Month: 4-5 p.m., Let's celebrate Native American Heritage Month with a discussion of Rez Ball by Byron Graves. Copies are available at Circulation to check out in advance!

11/24/26: Thankfulness Cards: 4-5 p.m., Make a card for someone you are thankful for to give to them on Thanksgiving!

The Niantic Bay Playhouse Presents *A Christmas Carol The Musical*

The Niantic Bay Playhouse, located at 279 Main Street, Niantic, presents *A Christmas Carol The Musical* on the following dates:

December 4th 7:30 p.m.
December 5th 4 p.m.
December 6th 7:30 p.m.
December 10th 7:30 p.m.
December 11th 7:30 p.m.
December 13th 2 p.m.
December 17th 7:30 p.m.
December 18th 7:30 p.m.
December 19th 2 p.m.
December 19th 7:30 p.m.
December 20th 2 p.m.

For more information and to purchase tickets visit https://www.nianticbayplayhouse.org.

Clean Leaves Wanted

The East Lyme Giving Garden,would like to invite persons that have "clean" leaves in the fall, (or any time), to bring their leaves to their Organic Garden. Mulch must be free of pesticides or herbicides. If gathered, as soon as they drop from trees, this should be no problem.

The Giving Garden is located at 4 Church Lane in East Lyme, on the property of Flanders Baptist Community Church. They are blessed by the Church to use their land which is a 4 acre plot, to grow and donate nutritious organic produce. All of the produce is sent to the United Way Gemma Moran Food Center in New London, which is then distributed with other donated produce to local pantries throughout Southeastern CT.

The leaves can be brought to the Garden ANYTIME. However, the regular working hours for volunteers are Tuesday, Thursday, and Saturday mornings. Summer hours are 8-10 a.m. In the cooler months hours are 9-11 a.m. on those same days.

Volunteers work through mid to late November, and start up again by early March, once snow has melted away.

Leaves can be brought to the gate anytime that is convenient from March to late November.



Holiday Lights Spectacular

Event Date: November 20, 2026-January 31, 2026

The Holiday Lights Spectacular returns to Olde Mistick Village! The largest holiday light display in southern New England is FREE to the public and will run from November 20 through the end of January, 2027 starting at 5 p.m. every evening. Over a half-million lights will decorate the Olde Mystic Village square of shops and restaurants for families and holiday enthusiasts to enjoy. Parking is also free.

Stroll around the Village with your leashed pet even after stores and restaurants are closed. Extended holiday hours: Stores are open Fridays and Saturdays until 8 p.m. until Christmas. Restaurants remain open past 8 p.m.

"Olde Mistick Village will continue to be a safe place for families to come and enjoy the holiday season. We are incredibly excited to be hosting another extraordinary lighting display for guests to enjoy while enjoying shopping and a great meal," said Chris Regan, property manager of Olde Mistick Village.

The 2026-2027 Holiday Lights Spectacular will be on all season long!

Food for the Holidays 2026

The Public Library of New London and the New London Area Food Pantry are proud to announce the "Food for the Holidays" Program. From November 16 through December 31, patrons can bring in canned goods and non-perishable items to the Public Library of New London.

"Food for the Holidays" presents a great opportunity for patrons to give back to the community. Patrons can then take full advantage of the great materials and programs the Library offers, such as Wi-Fi, downloadable books, Nonprofit Grant Databases, Hot Spots, Kanopy, New York Times Bestsellers, CDs, DVDs, Toys and Library of Things!

The Library is pleased to partner with the New London Area Food Pantry in this effort. The New London Area Food Pantry is a nonprofit food distribution center in operation since 1988. The following food items can be accepted in unopened, non-expired condition:

Pasta/Sauce, Corned Beef, Macaroni & Cheese, Hot & Cold Cereal, Soup, Peanut Butter/Jelly, Rice, Powdered Milk, Canned Meat Products, Tuna Fish, Canned Beans,Vegetables, Fruit, Canned Chili/Stew

For more information, call the Library at 860-447-1411 or go to the Library's website at www.plnl.org

Lyme Land Trust Upcoming Events

The Lyme Land Trust has announced the following upcoming events. For more information and the most up to date schedule please visit https://www.lymelandtrust.org.

Wednesday Walks with Wendy and Cam – Johnston Preserve, Rte 82, Lyme

November 4 @ 9:30 a.m. - 11:30 a.m.

The 250-acre Johnston Preserve has fascinating geologic features, from deep hollows to ridges with dramatic outcroppings and ledges. The white trail gently climbs to breathtaking overlooks. The yellow trail traverses North Woods Hill, the highest point in Lyme. The walk is moderate with some inclines. About three miles.

To register: openspace@townlyme.org

Directions: From Hadlyme 4-Corners, follow Rte 82 east for 1.5 miles. The Johnston Preserve Parking Lot is on the right.

Link to brochure and map: https://www.lymelandtrust.org/wp/wp-content/uploads/2022/08/R2RNorth-PP-JewettJohnston-010824WEB.pdf

Wednesday Walks with Wendy and Cam – Hatch Lot, Mill Rd, East Haddam

November 11 @ 9:30 a.m. - 11:30 a.m.

This 238-acre property has a mix of upland hardwood forest, exposed ledges, and mountain laurel groves supporting a variety of woodland flora and fauna. The property's highest point has views of the Connecticut River and Long Island Sound in the distance. The walk is moderate with some inclines. About three miles.

To register: openspace@townlyme.org

Directions: From Hadlyme 4-Corners, follow Rte 82 west (heading north toward East Haddam) for 0.9miles. Take a slight right onto Hungerford Road. Take the next right onto Mill Road. Follow Mill Road for .8 miles. Look for a blue Hatch Lot sign on the left.

Link to brochure and map: https://www.easthaddam.org/media/Trail Maps 2020/Hatch Lot Reserve-2020.pdf

Tree Collective-Teen Hike and Steward Group Meet-up

November 15 @ 1:00 p.m. - 3:30 p.m.

The Tree Collective is a program designed to engage young conservationists ages 14-18 in outdoor fun and education while working to maintain trails in our beautiful town of Lyme, CT. Each time we meet, we offer a different topic, often with a hike and trail work in a selected preserve.

It is sponsored by the Lyme Land Trust under the leadership of environmentalist/artist Regan Stacey. Regan Stacey is a mother whose passion is to reconnect humans to nature.

Tools and gloves provided.

For more information and for the schedule of meet-up dates.

Registration required: reganstacey@gmail.com.

Wednesday Walks with Wendy and Cam – Brockway-Hawthorne Preserve, Brush Hill Rd, Lyme

November 25 @ 9:30 a.m. - 11:30 a.m.

Beautiful stone structures, stone walls and an old abandoned quarry offer clues to past human activity. We will walk along the old abandoned Platt Road to the ancient Selden cemetery. Gentle-to-moderate 2.5 mile walk.

Directions: From Hadlyme 4-Corners, follow Brush Hill Rd south for 0.5 mile (straight through from Rte 82 South). Turn right into parking lot after sign.

Link to brochure and map: https://www.lymelandtrust.org/wp/wp-content/uploads/2022/08/Hadlyme-Hills-SeldRavBH-WEB081022.pdf

Tree Collective- Teen Hike and Steward Group Meet-up

December 13 @ 1:00 p.m. - 3:30 p.m.

The Tree Collective is a program designed to engage young conservationists ages 14-18 in outdoor fun and education while working to maintain trails in our beautiful town of Lyme, CT. Each time we meet, we offer a different topic, often with a hike and trail work in a selected preserve.

It is sponsored by the Lyme Land Trust under the leadership of environmentalist/artist Regan Stacey. Regan Stacey is a mother whose passion is to reconnect humans to nature.

Tools and gloves provided.

For more information and for the schedule of meet-up dates.

Registration required: reganstacey@gmail.com.

Imagining Lyme – Photo Submission Deadline – Fall

December 31

Submit up to three of your favorite fall photos to share. The Lyme Land Trust program Imagining Lyme: A Visual Exploration of Lyme's Preserves encourages everyone to expand their visual awareness and highlight the beauty of the Lyme preserves owned by the Lyme Land Trust, the Town of Lyme, The Nature Conservancy, or the State of CT by taking photographs prompted by inspiration from professional photographers and artists. Amateur photographers may submit photos. Photographers do not have to be residents of Lyme but all photos must be taken in Lyme in any of these places:

1. Lyme Preserves owned and/or managed by the Lyme Land Trust, Town of Lyme, The Nature Conservancy, and the State of CT.
2. Pollinator/wildlife habitat with native plants in Lyme – May be in a backyard, local farm, preserve or in a Lyme Pollinator Pathway garden in Lyme, CT.
3. Trail 53 – The clear sky above Lyme.

For more information and to submit photos visit https://imagininglyme.org/

Take Your Holiday Photos At The Beautiful Bill Memorial Library

The Bill Memorial Library in the City of Groton invites you to take your holiday photos at our beautiful historic library. Groups or individuals can drop in to take your photos Thursday, November 5 10:30 a.m.-7:30 p.m.; Friday, November 6 10:30 a.m.-4:30 p.m.; or Saturday, November 7 10:30 a.m.-2:30 p.m. The library provides a holiday-themed backdrop in front of our Victorian-era fireplace. Bring your own phone or camera and staff can assist with your photos. You are welcome to bring your own props; pets are welcome as well. Call the library at 860-445-0392 for more information.

Library hours are Monday, Tuesday and Thursday, 10:00 a.m. to 8:00 p.m., Wednesday and Friday, 10:00 a.m. to 5:00 p.m. and Saturday, 10:00 a.m. to 3:00 p.m.

The Bill Memorial Library, a landmark on Groton Heights since 1890, is located at 240 Monument Street in the City of Groton, near the Groton Monument and historic Fort Griswold. To keep up with the latest happenings for adults, teens, kids and families, visit our web page at https://www.billmemorial.org, or check out our social media - follow us on Instagram at @billmemorialgrotonct or find us on Facebook at Bill Memorial Library.



CT River Museum Upcoming Events

The Connecticut River Museum 67 Main Street, Essex, CT has announced the following schedule. For more information, please call 860-767-8269, visit https://ctrivermuseum.org/ or email astromberger@ctrivermuseum.org.

River Tales: Stargazers

Saturday, November 7, 2026

11 a.m. – 12 p.m. or 1 p.m. – 2 p.m.

Non-members: $3 per learner

Members: FREE!

Museum admission is not included with ticket purchase.

Swing by the Connecticut River Museum for stories take-home craft activities that engage kids with the Connecticut River's stunning wildlife and rich history! Perfect for young learners 4+ and their caregivers. Check in at the front desk upon arrival.

Have you ever wondered how people used to travel up and down the Connecticut River before Google Maps? Come by the Connecticut River Museum on November 7 for storytime and a craft activity designed for young learners! We'll read Stargazers, a picture book by Gail Gibbons, and learn all about the stars that can be seen above the Connecticut River.

Following the story, young learners and their caregivers will have the opportunity to make their own River Night Sky by using glow-in-the-dark stickers to create constellations such as Pegasus, Andromeda, and Pisces.

Live from the Boathouse!

Elizabeth Normen presents America 250: The Connecticut River Goes to War

Tuesday, November 10, 2026

6 – 7 p.m.

This lecture will be available in person and over Zoom. Prices are listed below.

In-person Pricing:

Members: FREE

Non-Members: $10.00

Virtual Pricing:

Members: FREE

Non-Members: $5.00

ALL Members, Non-Members, and virtual attendees must use the link below to reserve your spot. Virtual attendees will be sent the live stream link after purchasing a Virtual Ticket.

With a long history of shipbuilding and maritime trade to build on, when war broke out patriots in Essex and the estuary were eager to take on the British navy—at great risk and in pursuit of great reward. Based in part on her new book Awakenings and Revolutions: The Harts, Saybrook, and the New Nation, historian Elizabeth Normen will talk about the Connecticut River's maritime contributions to the Revolutionary War. She'll discuss the Connecticut State Navy, privateering, the local loyalist-on-patriot action known as the whaleboat wars, and more.

Signed copies of Awakenings and Revolutions: The Harts, Saybrook, and the New Nation will be available for sale in the museum shop.

Save the Date: An Evening with Ben Cosgrove

Cocktail Hour: 4 – 5 p.m.

Concert: 5 p.m.

November 14, 2026

Join us as we bring to a close our first annual Artist-in-Residence program, featuring our Artist-in-Residence, Ben Cosgrove. Ben will debut a catalogue of musical works inspired by the sights and sounds of the Connecticut River. There will be a cocktail hour before the performance, with a chance to speak to Ben at a reception after the concert.

Steve Cryan's 33rd Annual Train Show

On view from November 19, 2026 — January 31, 2027

Steve Cryan's Annual Train Show is back for its 33rd year! Every fall, artist and train enthusiast Steve Cryan unveils a new model train layout, signaling the start of the holiday season at the Connecticut River Museum. Cryan transforms the third floor of the Museum into a wonderland of locomotives, with a large model landscape speckled with intricate buildings, trains speeding by on tracks, and boats moored on the Connecticut River. His intricate minitature world of trains enthralls the crowds of people who make a visit to the "train show" an annual family tradition.

Visitors can participate in a scavenger hunt while exploring the history of the locomotives that used to run up and down the banks of the Connecticut River through Steve Cryan's detailed display.

Yoga at the Lay House

Saturday, November 21, 2026

10:30 a.m. — 11:30 a.m.

Members: $10

Non-Members: $18

Looking for relaxation by the Connecticut River? Our new Yoga at the Lay House series provides just that! Join instructor Hayley Cann for a 60-minute yoga class in our Lay House historic home. All levels – no experience required.

Attendees must bring their own mats. For day-of registration, please see the Museum front desk. A Museum staff member will meet all pre-registered guests at the Lay House to check in.

Trees in the Rigging

Sunday, November 29, 2026

Museum Open 10 a.m. – 5 p.m.

Trees in the Rigging Holiday Celebration and Boat Parade is back at the Connecticut River Museum on November 29, 2026! Join us at the Museum for a full day of holiday fun. Together with the Essex Historical Society, the Connecticut River Museum is pleased to present this classic event. Don't miss Steve Cryan's 33rd Annual Train Show on the 3rd floor or the dazzling displays created by local boaters during the Boat Parade.

Want to purchase admission in advance and skip the wait? Purchase Museum tickets at this link. Be sure to select November 29 from Available Dates at the top of the page!

Schedule of Events:

10 a.m.: Museum Opens

12 p.m.: Childrens Craft (Boathouse), Docent tours begin

4 p.m.: Hot Chocolate is served (available from The Griswold Inn)

4:30 p.m.: Land Parade Begins at Town Hall

5 p.m.: Boat Parade Begins, Museum closes

North Stonington Historical Society Cemeteries Open House

Saturday, November 14, 2026, 11 a.m.-2 p.m.

North Stonington's 124 cemeteries and burial sites provide a remarkable record of our community's history. From the Indigenous people who lived here long before the town was established, to the early settlers who cleared the land and built their lives here, to the generations of residents who have served their families, community, and country, these sites tell the stories of the people who shaped North Stonington.

Join us at our November Second-Saturday Open House as we discuss all things relating to North Stonington cemeteries and the stories within them. Cemetery Commission Chair Robert Dean will be on hand to answer questions and demonstrate proper headstone-cleaning techniques. Our library researchers will help locate gravesites, explore the meaning of the symbols on the headstones and their arrangement in the cemeteries.

We will also share information about the Revolutionary War patriots buried in North Stonington, honoring their lives and contributions to our nation's founding.

Waterford Public Library Upcoming Programs

The Waterford Public Library, located at 49 Rope Ferry Road, Waterford, has announced the following schedule.

For more information please call (860)444-5805, visit https://www.waterfordct.org/158/Library or email waterfordlibrary@waterfordct.org.

Family Programs

Tuesday, November 3, 2:00 p.m. - 3:00 p.m.

Tellabration!: It's a Tellabration! Join us for the annual celebration of storytelling and community in partnership with the Connecticut Storytelling Center. The whole family is welcome to enjoy an engaging performance from local professional storyteller JoAnn Bromley, who has years of experience wowing audiences of all ages. All ages welcome, no registration required.

Monday, November 16, 10:30 a.m. - 11:15 a.m.

Find Your Dinosaur Roar with Michele Urban!: We have a special Dino-vember musical storytime with local singer and songwriter Michele Urban! Find Your Dinosaur Roar is a "dino-mite, prehistoric, music adventure" that will have families roaring with delight. Find your own dinosaur roar as you stomp, chomp, dance and sing along to Michele's silly dino-songs that explore important SEL themes, like feelings, fears, diversity, kindness and inclusion. And, of course, kids have tons of fun sharing knowledge of dinosaur facts! Recommended for ages birth to 8 years old, no registration required.

Wednesday, November 25, 10:00 a.m. - 4:00 p.m.

Boardgame Bonanza: Looking for something to do while Waterford schools are out for the day? Stop by the meeting room anytime between 10:00 and 4:00 pm to hang out with family and friends and play some boardgames. We have all the classics along with some fun new ones to try out. Recommended for ages 4 and up, no registration required.

Children's Programs

Monday, November 2nd to Friday, December 4th

Grab & Go: Turkey: Stop by the Children's Room Monday, November 2nd to Friday, December 4th to pick up supplies to make a Turkey at home. Check our Facebook page (@waterfordpubliclibrary) for a step-by-step video tutorial on how to make your craft. Available while supplies last.

Mondays, November 2, 9, 23, & 30, 10:30 a.m. - 11:00 a.m.

Family Storytime: Get ready to read and get your wiggles out! Join Ms. Jenna at the library for some fun stories, songs, and dancing. Recommended for ages birth to five years old with a caregiver. No registration is required.

Friday, November 6 and Friday, November 20, 11:00 a.m. - 11:45 a.m.

Baby & Me Lapsit Storytime: Join us for a cozy and engaging storytime designed for babies and their caregivers! Enjoy songs, rhymes, stories (and cuddles!) that support early language development and bonding. The first half will be a structured storytime then attendees are welcome to stay to play and socialize. Recommended for children up to 18 months and their caregivers. No registration required.

Saturday, November 7, 10:00 a.m. - 11:00 a.m.

Read to Scout: We are excited to welcome another certified therapy dog to the library! Come practice your reading skills and give Scout a cuddle in the Children's Room anytime between 10:00 and 11:00 am. All ages are welcome, no registration required.

Monday, November 9, 4:00 p.m. - 6:30 p.m.

Drop In STEM Adventure: STEM Station: Join us in the Children's Room between 4:00 and 6:30 pm to explore various STEM kits. Recommended for ages 5 and up, no registration required.

Thursday, November 12, 10:30 a.m. - 12:00 p.m.

Stay and Play: Stop by the library meeting room anytime between 10:30 and noon to play with some different toys and socialize with other parents and caregivers. Please note: this is not a structured storytime or program, just an informal space for free play. As with all of our programs, adults are responsible for their children. Recommended for ages birth to five years old, no registration required.

Friday, November 13, 11:00 a.m. - 11:45 a.m.

Toddler Story and Sensory Play: Join Miss Ashlee for a story and then explore multiple sensory stations. Recommended for ages 2 to 5 years old with a caregiver. No registration required.

Saturday, November 14, 10:30 a.m. - 11:00 a.m.

Sign and Sing: Ms. Janine is back for Sign and Sing! This fun live music storytime will include basic signs that both children and their caregivers will benefit from knowing. For ages birth to 5, no registration required. Thank you to CT Humanities for helping to fund this program.

Monday, November 16, 5:00 p.m. – 6:00 p.m.

Book Club: The Autumn Chapter: Join us this fall as we dive into cozy stories filled with crisp air, colorful leaves, and autumn adventures! We'll explore tales of friendship, change, harvest festivals, and the magic of the season. Bring a story to share with the group then enjoy a fun fall-themed activity. Recommended for ages 6 to 11 years old. No registration required.

Tuesday, November 17, 4:00 p.m. – 6:00 p.m.

LEGO Club: Calling all LEGO lovers! Stop by the library conference room anytime between 4:00 and 6:00 pm to build with our bins of LEGOs. Create something using your imagination or try one of our building challenges. Recommended for ages 4 and up, no registration required.

Tuesday, November 24, 4:30 p.m. - 5:30 p.m.

Read to Hodges: Stop by the Children's Room anytime between 4:30 and 5:30 pm to read to one of our favorite furry friends, Officer Hodges. No registration required, all ages welcome.

Teen Programs

Wednesday, November 18, 5:30 p.m. - 7:00 p.m.

Teen Craft Night: At this Teen craft night participants will be creating a bird using papercraft techniques. All materials provided. Recommended for ages 11 to 18 years old. Registration is required.

Adult Programs

Wednesday, November 4, 6:30 p.m. – 8:00 p.m.

Mystery Book Club: Full Dark House by Christopher Fowler (2004) - Edgy, suspenseful, and darkly comic, here is the first novel in a riveting mystery series starring two cranky but brilliant old detectives whose lifelong friendship was forged solving crimes for the London Police Department's Peculiar Crimes Unit. In Full Dark House, Christopher Fowler tells the story of both their first and last case—and how along the way the unlikely pair of crime fighters changed the face of detection. Our facilitator is Pam Bedore, Professor of English, UConn.

Fridays, November 6, 13, & 20, 10:00 a.m. - 11:15 a.m.

Memory Café Program: The Library, in partnership with Waterford Senior Services, is offering a weekly Memory Café. The café is held at the Waterford Community Center at 24 Rope Ferry Road. The café offers a weekly opportunity for social engagement for anyone experiencing changes in their memory or thinking, accompanied by their care partners. Activities will include sing-alongs, creative engagement, reading and conversation. Refreshments will be provided. To learn more about the Memory Café movement, please visit the Dementia Friendly America website at https://dfamerica.org/what-is-memory-cafe/. The program is free and open to the public, but as space is limited, registration through Waterford Senior Services is required. Please call 860-444-5839 to register.

Fridays, November 6, 13, 20, & 27, 11:00 a.m. - 12:30 p.m.

Scrabble Club: This Scrabble Club meets every Friday from 11 to

12:30 p.m.. This club is open to all ages and abilities.

Saturdays, November 7, 14, 21, & 28, 10:00 a.m. - 11:30 a.m.

Let's Speak English Together!: All are invited to join us for an informal conversation group where you can practice speaking English in a supportive community of new language learners. Topics will be based on real life experiences such as food, cooking, holiday traditions, the outdoors, and using the library. Attend one or attend all sessions based on your availability. Our facilitator is Jeri DeSantis, a librarian and teacher of English to Speakers of Other Languages at New London Adult Education. No registration is required for this event. Free and open to the public. Thank you to the Chelsea Groton Foundation for funding this program!

Saturday, November 7, 3:00 p.m. - 4:00 p.m.

Making Buddhist Images in the Modern World: Stories from Tibet: Join us for a presentation on traditional Tibetan Buddhist paintings, known as thangkas, featuring anthropologist Dr. Ming Xue. The program begins with a 26-minute screening of the documentary film "A Woman Who Paints Thangkas" (2019), followed by a presentation and discussion drawing from Dr. Xue's book, Painting Thangkas on the Tibetan Plateau (2025). The film explores the inspiring story of the first Tibetan woman to run her own studio and train both male and female apprentices in the region. About the Speaker: Dr. Ming Xue holds a Ph.D. in anthropology from UCLA and is a Research Associate in the Anthropology Division at the American Museum of Natural History in New York.

Monday, November 9, 7:00 p.m. – 8:30 p.m. ONLINE

Speculative Fiction Book Club: Every Day by David Levithan (2012) - Every day a different body. Every day a different life. Every day in love with the same girl. There's never any warning about where it will be or who it will be. A has made peace with that, even established guidelines by which to live: Never get too attached. Avoid being noticed. Do not interfere. It's all fine until the morning that A wakes up in the body of Justin and meets Justin's girlfriend, Rhiannon. From that moment, the rules by which A has been living no longer apply. Because finally A has found someone he wants to be with—day in, day out, day after day. Our facilitator is Pam Bedore, Professor of English, UConn.

Tuesday, November 10, 3:30 p.m. - 4:30 p.m.

Understanding Medicare: Educational session on Medicare qualifications, enrollment timing, and coverage options with Mark Lee & Associates. No registration required.

Friday, November 13, 10:00 a.m. - 4:00 p.m.

Access Health CT - walk-in session: This walk-in session is for the general public who need help signing up for health insurance through the CT Marketplace. Access Health CT will be on site to assist.

If you'd like to schedule an appointment, please click here. Walk-ins are available as well.

Available dates:
Friday, November 13, 10 to 4 p.m.
Friday, December 11, 10 to 4 p.m.
Located in the lower level of the library.

Monday, November 16, 6:00 p.m. - 7:30 p.m.

Not to be Forgotten, the History of Quaker Hill - part 2: We welcome back Quaker Hill resident and local historian Kerry Holloway to talk more about Quaker Hill's history in part 2.

Tuesday, November 17, 1:00 p.m. - 2:30 p.m.

Introduction to Writing Workshop: don't let that blank piece of paper intimidate you!: Join us for a this writing workshop. Local author Kathy Swope will lead this program. Please bring your own writing materials.

Friday, November 20, 11:30 a.m. - 2:00 p.m.

Friday Afternoon Book Club: Isola by Allegra Goodman (2025) - Heir to a fortune, Marguerite is destined for a life of prosperity and gentility. Then she is orphaned, and her guardian—an enigmatic and volatile man—spends her inheritance and insists she accompany him on an expedition to New France. That journey takes a unexpected turn when Marguerite, accused of betrayal, is brutally punished and abandoned on a small island. Our facilitator is Jill Adams, Head of Adult Services, Waterford Public Library.

Saturday, November 21, 10:00 a.m. - 11:30 a.m.

Coffee & Canvas Paint Morning: Holiday Wine Glasses: We welcome back Pam's Picassos for a morning painting festive wine glasses. Registration is required as space is limited. There is a fee of $10 to cover supplies to be paid in advance of the event (not at the door). To make sure as many people can join us as possible, we now require payment for our workshops in advance to hold your spot. Because our workshops frequently develop waiting lists, advance payment helps us ensure that every seat gets used and allows us to accommodate everyone who wishes to attend.

November Art Wall: Jeff Sims

Jeff is a native of Staten Island, NY. He moved to CT in 1972 when he married his wife, Yvonne. He holds a BS degree in Biology and an MS in Environmental Science. Photography is a wonderful hobby that allows Jeff to capture the subtleties of nature and share with others.

We continue to offer both virtual and in-person events. For further details about all of our programs and registration, please refer to our website www.waterfordpubliclibrary.org and then click on Programs & Events. While at our website, be sure to sign up for our monthly e-newsletter for the latest information on all library events and services. Please "like" us on Facebook too!

If you are unable to attend an event, please call or email us, or cancel your registration online at least 24 hours in advance. We understand that unexpected circumstances can arise that may prevent you from attending a program you registered for. This will afford others who would like to attend the opportunity to participate.

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East Lyme Public Library Upcoming Programs

The East Lyme Public Library, 39 Society Rd, Niantic, has announced the following programs. For more information and registration call (860) 739-6926 or visit https://www.eastlymepubliclibrary.org.

Book Groups

Out-of-This-World Book Group
Wednesdays, 7:00 p.m.
Location: East Lyme Room
December 16: Dungeon Crawler Carl by Matt Dinniman

Novel Book Group
Tuesday's, 7:00 p.m.
Location: East Lyme Room
November 10: Finding Me by Viola Davis

Men's Book Group
Wednesdays, 7:00 p.m.
Location: East Lyme Room
November 18: Where Men Win Glory by Jon Krakauer

Nonfiction-for-Fiction-Readers Book Club
Nonfiction books that bring together storytelling qualities of novel writing, linked to true events/information.
Tuesdays, 7:00 p.m.
Location: East Lyme Room
November 24: Bellevue by David Oshinsky

Mystery Book Group
Thursdays, 11:00 a.m.
Location: East Lyme Room
November 19 : Circle in the Water by Marcia Muller

Classics Book Group
Fridays 11:00 a.m.
Location: East Lyme Room
November 13: Beloved by Toni Morrison

True Crime Book Group
Tuesdays 7:00 p.m.
Join the library's newest book group!
November 24: Perversion of Justice by The Jeffrey Epstein Story by Julie K. Brown

Trivia Night
Tuesdays, 6:30 p.m.
Location: Senior Center
Looking to test your knowledge? Join the fun and pit yourself against our quiz questions for a night of trivia. Come by yourself or with family and friends. All ages welcome!
11/24/2026
Please register at www.eastlymepubliclibrary.org

DND: Adventure Club with Mark Hallbauer
Saturdays, 12:00 p.m. – 4:00 p.m.
12/5/26
Looking for adventure? Join us! Ages 6 and up. All skill levels are welcome.
Please register at www.eastlymepubliclibrary.org
Limited space.

The Growing Presence of AI with Mary McPheat
Wednesday, Nov. 4
6:30 p.m.
Explore how AI is integrating into everyday life, reshaping personal and consumer experiences in ways we never imagined. In this session, we'll dive into the latest AI advancements that bring AI directly into your world. We'll also highlight practical, everyday uses. Whether you're looking to enhance your routine or stay ahead of emerging consumer tech trends, this session will show you how AI is becoming an integral part of life.
Please register at www.eastlymepubliclibrary.org

LibraryCon 2026
Saturday, Nov. 14
11:00 a.m. – 2:00 p.m.
Location: Community Center
LibraryCon returns to the East Lyme Community Center for its third year. LibraryCon features character meet and greets, Dungeons & Dragons one-shot session(s), Pokémon Club activities, Jedi training, face painting, crafts, food trucks, and more! The event will host a comic & collectibles vendor space curated by Comics & Coffee. Costumes welcomed! Follow us on Facebook and Instagram or sign up for our e-blasts for the latest updates and information about this event. Free admission and activities.

Children & Families

Storytime Fun with Miss Zoë
Grow a reader the fun way! Read, sing, dance, and play! Enjoy books, flannel board stories, creative movement and parachute play. Designed for children ages
2 and up, but all ages are welcome.
Tuesdays from 10:30 to 11:00 a.m.
Location: Community Center Activity Room
There will be no storytime on 11/3, 11/24.

Baby Sign & Sing with Miss Sarah
Learn baby sign language in this fun, interactive storytime. Sing, play, dance, and learn! Best for birth to three, and older siblings are always welcome.
Wednesdays from 9:30 to 10:00 a.m. and 10:30 to 11:00 a.m.
Location: Children's Storytime Room
There will be no storytime on 11/11, 11/25.

Sing & Stomp with Miss Rebecca
A dance party for children and their grown-ups. Sing, dance, shake and stomp to popular dance tunes. Great for developing motor skills and making new friends!
Thursdays from 10:30 to 11:00 a.m.
Location: Community Center Activity Room
There will be no program on 11/26.

All Aboard! Train Play
For ages 2 and up with an adult caregiver.
Mondays and Fridays 9:30 a.m. to 2:30 p.m.
Location: Children's Storytime Room
There will be no All Aboard on Monday, 10/12

Read to Hazel
This is an opportunity for young readers to gain confidence and fluency by reading to a therapy dog. Registration required.
Call to sign up for a 15 minute slot. 860-739-6926
Tuesdays from 4:00 to 5:00 p.m.
Location: Children's Storytime Room

Sensory Storytime
For children ages 2-6 who are overwhelmed by large groups or wanting a more tactile experience. Small parts will be included, and direct adult supervision during storytime is required. This is a small group, and registration is required.
November 16 at 5:30-6:00 p.m.
Location: Children's Storytime Room
Registration is required at eastlyme.librarycalendar.com/events

Pokémon Club
Pokémon crafts, movies, and give-aways for ages 6-9.
Wednesday, October 28 at 4:00-4:45 p.m.
Location: East Lyme Room
Registration is required at eastlyme.librarycalendar.com/events

Storybook Trail
Book Fiesta: A Bilingual Picture Book by Pat Mora and Rafael Lopez
Enjoy this story in English and in Spanish as you walk along our Storybook Trail.
Location: Perimeter of Samuel M. Peretz Park at Bridebrook Park.

YA Craft Club

Grades 5-8

Location: East Lyme Room

Wednesday November 18

November: Dream boards

December: Jazzy holiday gift bags and pop-up greeting cards

Registration is required at eastlyme.librarycalendar.com/events/month

Students under the ages of 12 need a signed permission slip.

Next Chapter Book Club

Designed for teens and young adults with intellectual and developmental challenges, this welcoming book club reads together during our meetings. Books and Kindles will be provided. Registration required.

Wednesday, November 4 at 11:30 a.m. to 12:15 p.m.

Lyme Art Association Upcoming Events

The Lyme Art Association, 90 Lyme St., Old Lyme, has announced the following events for November. For more information call (860)434-7802, email info@lymeartassociation.org or visit www.lymeartassociation.org.

Deck the Walls

November 13, 2026 – January 1, 2027

On November 13, the Lyme Art Association is bringing back its most festive art show, Deck the Walls. With colder nights and shorter days, this wonderful show uplifts spirits by featuring delightful representational artwork in various subject matters and mediums. Also, while looking for the perfect gift to give, gallery visitors can enjoy cookies and hot cocoa each weekend from November 28 through December 27. Opening reception: Sunday, November 22 from 2-4 p.m.

Time: Gallery Hours: Tuesdays-Sundays, 10 a.m.-5 p.m.

Cost: Admission is free with contributions appreciated.

Expressive Skies in Oil Workshop with Howard Park & Lisa Miceli

Saturday, November 7

Skies are one of the most beautiful elements of nature that are often a source of inspiration for artists. In this painting workshop with Howard Park & Lisa Miceli at the Lyme Art Association, students learn how to convey skies with energy and drama using big brushstrokes or palette knife marks applied with freedom, and how to convey the mood and atmosphere of a sky in a convincing way.

Time Saturday, November 7, 10:00 a.m.-3:30 p.m.

Cost: Lyme Art Association Member: $160; Non-Lyme Art Association Member: $185

Botanical Ink Stippling: Late Autumn Blooms and Foliage Workshop with Jessica Daigle

Saturday, November 14

Celebrate the beauty of the fall garden through the timeless technique of ink stippling. In this hands-on workshop with Jessica Daigle at the Lyme Art Association, students learn how to build form, texture, and value using thousands of carefully placed dots while creating a detailed drawing of a chrysanthemum or other seasonal floral subject. This morning workshop is suitable for both beginners and experienced artists.

Time: Saturday, November 14, 9:00 a.m.-12:00 p.m.

Cost: Lyme Art Association Member Fee: $125; Non-Lyme Art Association Member Fee: $150

Bold Brushwork & Timeless Beauty Workshop with Kelli Folsom

Saturday - Sunday, November 14 - 15

In this two-day painting workshop with Kelli Folsom at the Lyme Art Association, students explore the rich tradition of old-world still life and painterly floral painting with a fresh, bold yet sensitive approach. Through daily demonstrations and one-on-one critiques, Kelli guides students in creating luminous works using wet-into-wet techniques, bold brushwork, and compositional design.

Time: Saturday & Sunday, November 14-15, 9:30 a.m.-4:30 p.m.

Cost: LAA Member Fee: $ 42; Non-LAA Member Fee: $ 475

Fearless Fluid Acrylics with Bob Noreika

Saturday & Sunday, November 21-22

Bob Noreika will share his signature "fluid" painting method in a 2-day workshop at the Lyme Art Association. Bob will demonstrate the versatility acrylics have to offer from working on paper like watercolor to applying paint like oils. Also, this workshop's focus is less about the materials and more on building the students' confidence through understanding basic and foundational design, color harmony and strong confident brushwork.

Time: Saturday & Sunday, November 21-22 from 10 a.m.-4 p.m.

Cost: LAA Member Fee: $ 375; Non-LAA Member Fee: $ 400

Painting Demonstration with Sarah Baskin

Saturday, November 14

On Saturday, November 14, 2026, Impressionistic oil painter Sarah Baskin will conduct an oil painting demonstration at the Lyme Art Association from 2-4 p.m. Sarah will use alternative tools, including brayers and squeegees, to paint a seascape.

Time: Saturday, November 14, 2-4 p.m.

Cost: The demo is free, but RSVPs are recommended.

Fall Art Classes and Workshops at the Lyme Art Association

October-December 2026

Online registration for classes and workshops at the Lyme Art Association is now open. This fall, develop your skills in painting and drawing of figures, still lifes, landscapes and more. Visit lymeartassociation.org for more details and to register.

Time: Visit lymeartassociation.org to view the class and workshop schedules. Gallery Hours: Tuesdays-Sundays, 10 a.m.-5 p.m.

Cost: Class and Workshop prices vary. Visit lymeartassociation.org for class details and pricing.

Grandmother Moon Author Visit

Saturday, November 7, at 2 p.m.

GROTON, Conn. — In her debut picture book, "Grandmother Moon," Wunneanatsu Lamb-Cason celebrates the relationship between a grandmother and grandchild, weaving Indigenous teachings into a modern setting. Join us for a special talk and book signing, where she will discuss the importance of oral tradition in Indigenous communities and her process of bringing these stories into written form. The program will include a live reading as well as examples of traditional stories, offering visitors of all ages the chance to reflect on the power of intergenerational storytelling.

This program is co-sponsored with CT Humanities and generously funded by the Groton Public Library's Circle of Friends.

About the Author

Wunneanatsu Lamb-Cason (Schaghticoke/HoChunk) is an award-winning educator, traditional storyteller, author, and advocate whose work centers on truth-telling, representation, and equity in education. A former high school history teacher, she was named the 2024 National History Teacher of the Year by the Gilder Lehrman Institute of American History—the first Indigenous educator to receive this honor. She now serves as the Assistant Director of Native American and Indigenous Studies at Brown University.

About the Groton Public Library

The Groton Public Library is located at 52 Newtown Road, Groton, CT 06340. For more information about library programs or services, please call (860) 441-6750 or visit grotonpl.org. All programs hosted by the Groton Public Library are inclusive and open to people of all ability levels. Please contact the Library for information about available accommodations.

Groton Public Library Upcoming Programs

The Groton Public Library is located at 52 Newtown Road, Groton. For more information about library programs or services, please call (860) 441-6750 or visit grotonpl.org. All programs hosted by the Groton Public Library are inclusive and open to people of all ability levels. Please contact the Library for information about available accommodations.

Youth & Family Activities

Babies & Books

Monday, November 2, 9 & 16, at 10 a.m.

Join us for this registered program for children ages birth-23 months. Babies will enjoy nursery rhymes, simple stories, finger plays, movements, and playtime. Space is limited; register for each session individually. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to sign up.

CONNTAC Education Services: Navigating Financial Aid & Scholarships

Monday, November 2, at 6:30 p.m.

Thinking about going to college but unsure how to pay for it? Join us for an informational workshop, led by a CONNTAC, Inc. Educational Counselor, on the Free Application for Federal Student Aid (FAFSA) and the financial aid process. Participants will learn about the FAFSA, how to get started with the application, and the different types of financial assistance available to help pay for college, including grants, scholarships, and student loans.

This workshop is open to anyone interested in pursuing higher education, returning to school, or learning more about their financial aid options. There will also be an opportunity to ask questions and receive guidance on next steps.

Please note: Although not required, it is strongly encouraged for the student (and parent) to create a Federal Student Aid account head of time.

Space is limited; registration required. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to sign up.

*Registration link: https://grotonpl-ct.libcal.com/event/17741875

Toddler Time

Tuesday, November 3, 10 & 17, at 10 a.m.

Join us for Toddler Time with Miss Cathleen, a fun and interactive early learning storytime designed for children ages 24–35 months and their caregivers! Enjoy stories, songs, movement, fingerplays, simple activities, and plenty of opportunities to explore and play. Space is limited; register for each session individually. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to sign up.

Teen Art: Cutting Board Painting

Tuesday, November 3, from 1 to 3 p.m.

Turn a simple cutting board into your own work of art! Please note that this project is for decoration only and is not food safe. For teens entering grades 6-12. Space is limited; registration required. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to sign up.

*Registration link: https://grotonpl-ct.libcal.com/event/17357983

Sing & Stomp

Wednesday, November 4 & 18, at 10 a.m.

A song and dance party for children of all ages and their grown up! Sing & Stomp is a noisy half hour of songs, dances, and fingerplays. Cool down afterwards with toys and music. Free and open to all, no registration required.

Preschool Pals

Thursday, November 5, 12 & 19, at 10 a.m.

Join Miss Cathleen for Preschool Pals, a fun and interactive story time for children ages 3 and up! Enjoy engaging stories, playful songs, rhymes, movement, and activities that build skills and encourage a lifelong love of reading. Space is limited; register for each session individually. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to sign up.

Hands on History: Children's Grab & Go

Friday, November 6, from 9 a.m. to 5:30 p.m.

Come celebrate America's 250th anniversary with a fun, youth-friendly journey through history! This grab & go kit introduces children ages 5+ to a traditional colonial yarn doll, available while supplies last.

Teen Take & Make

Monday, November 16, from 1 to 9 p.m.

Stop by the Groton Public Library and pick up supplies to create a whimsical wreath, available while supplies last. For teens entering grades 6-12.

Read and Unwrap (Book Box)

Friday, November 20, from 9 a.m. to 5:30 p.m.

Third, fourth, and fifth graders are invited to sign up for an immersive reading experience! As you read, you will unwrap themed items and projects at designated moments in the story, bringing the book to life.

- 3rd grade book: "The Littles" by John Peterson
- 4th-5th grade book: "Stuart Little" by E. B. White

Each box will have a free copy of the book along with an assortment of supplies. Co-sponsored by CT Humanities. Space is limited; registration required. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to sign up.

Events For Adults

Spice Club

Pick Up: Monday, November 2, from 9 a.m. to 9 p.m.

Meet & Eat: Thursday, November 19, at 6 p.m.

At the beginning of each month, pick up a take-home kit at the Groton Public Library that includes the featured spice, information on its history and uses, and a recipe or two. Experiment in the kitchen and bring a creation that incorporates the spice to our Meet & Eat. This program is open to cooking enthusiasts of all ages. Supplies are limited on a first-come, first-served basis.

Lunch & Learn with Liberty Bank

Thursday, November 5, at 1:30 p.m.

Liberty Bank's Academy for Financial Wellness is a step-by-step program designed to help you build financial independence. Through expert-led sessions, you will gain the knowledge and confidence to manage your money, improve your credit, and achieve short- and long-term financial goals. Presented by Pam Days-Luketich. A light lunch will be provided. Space is limited, and registration is required. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to register.

*Registration link: https://grotonpl-ct.libcal.com/event/17002669

Microsoft Excel I

Thursday, November 5, at 6 p.m.

Learn the fundamentals of Microsoft Excel in this one-hour workshop, perfect for those new to spreadsheets. We will cover the basics of navigating Excel, entering data, and creating simple formulas and functions to perform calculations. Discover how easy it is to organize information and manage numbers with this essential tool. Space is limited, and registration is required. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to register.

*Registration link: https://grotonpl-ct.libcal.com/event/17625591

Saturday Cinema

Saturday, November 7, at 10 a.m.

The Groton Public Library will present a showing of a recently-released blockbuster film, a timeless classic, or a riveting documentary. Enjoy the movie on the big screen with free popcorn and lemonade (while supplies last). Call the Library at (860) 441-6750

or visit the online calendar at grotonpl.org for this month's film title.

Morning Matinee

Tuesday, November 10, at 9:30 a.m.

Join us at the Groton Public Library for a free movie, freshly-popped popcorn, and ice-cold lemonade (while supplies last). These early-bird showings may feature cinema classics, new releases, or documentaries. Call the Library at (860) 441-6750 or visit the online calendar at grotonpl.org for this month's film title.

Groton Public Library Book Group

Tuesday, November 10, at 6:30 p.m.

The Groton Public Library will host a book discussion of "The Storyteller's Death" by Ann Dávila Cardinal. This novel is a gorgeously written family saga about a Puerto Rican woman who finds herself gifted (or cursed?) with a strange ability. Copies are available at the library; call or reserve online.

Microsoft Excel II

Thursday, November 12, at 6 p.m.

Move beyond the basics of Microsoft Excel and start working smarter with your data. This class will teach you how to organize large spreadsheets using sorting and filtering, keep your headers visible with freeze panes, and save time using advanced functions. It is the perfect next step for anyone ready to stop manual entry and start automating their workflow for cleaner, more professional results. Space is limited, and registration is required. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to register.

*Registration link: https://grotonpl-ct.libcal.com/event/17625631

Fall Paint Night for Adults

Thursday, November 12, from 6 to 8 p.m.

Get into the fall spirit with a fun and relaxing painting class! Join Instructor Julia Schenk-Belisle of Shell & Pine to create a beautiful, fall painting, featuring colorful flowers and festive pumpkins. Participants will be led step-by-step through the painting process, no experience needed. All supplies are provided—just bring yourself, grab a friend, and come enjoy a cozy, creative time together. Space is limited, and registration is required. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to register.

*Registration link: https://grotonpl-ct.libcal.com/event/17691116

Local Journalism; Community Impact: A Conversation with Gregory Stroud

Wednesday, November 18, at 6:30 p.m.

Since the year 2000, roughly 3,500 newspapers have shuttered or merged, and many or most are mere shadows of their former selves. CT Examiner, an award-winning statewide online newspaper based in Old Lyme, launched in 2019 in an effort to find a sustainable model for high-quality local news.

Editor-in-Chief Gregory Stroud will speak about the challenges and successes of reporting in Connecticut and take questions in what we hope will be a lively, freewheeling conversation about the business of writing the news. Stroud, who taught at Bennington College and frequently hosted public forums for Connecticut Trust for Historic Preservation, looks forward to engaging with the audience on a variety of topics related to the news and news business.

Virtual Author Talks

The following events are available live or on demand and include a Q&A with the author. Hosted in partnership with the Library Speakers Consortium and sponsored by the Groton Public Library Circle of Friends.

Reclaiming Your Inner Wisdom: Sacred Indigenous Teachings [VIRTUAL]

Tuesday, November 3, at 2 p.m.

In a fast-paced world that often leaves us feeling overwhelmed and disconnected, true healing does not come from looking outward—it begins within. Join us for a transformative virtual conversation with Indigenous Medicine Woman Asha Frost as she explores her groundbreaking book, "You Are the Medicine: 13 Moons of Indigenous Wisdom, Ancestral Connection, and Animal Spirit Guidance." Register at libraryc.org/grotonlibrary/216954.

A City on Mars: The Science and Absurdities of Space Settlement [VIRTUAL]

Tuesday, November 10, at 2 p.m.

Join us for an out-of-this-world virtual conversation with best-selling authors Kelly and Zach Weinersmith as they dive into their book, "A City on Mars: Can We Settle Space, Should We Settle Space, and Have We Really Thought This Through?" Register at libraryc.org/grotonlibrary/218352.

How Money Became God: Rethinking Wealth and Greed in Modern Society [VIRTUAL]

Wednesday, November 11, at 2 p.m.

Join us for an eye-opening conversation with veteran journalist Paul Vigna as we examine his provocative book, "The Almightier: How Money Became God, Greed Became Virtue, and Debt Became Sin," in which he explores the question: how did money go from a tool of commerce into the dominant faith of modern society? Register at libraryc.org/grotonlibrary/219051.

Exploring the Between Earth and Sky Trilogy with Rebecca Roanhorse [VIRTUAL]

Thursday, November 19, at 7 p.m.

Step into a sprawling world of celestial magic, political intrigue, and ancient prophecies with bestselling author Rebecca Roanhorse as we dive deep into her acclaimed Between Earth and Sky trilogy. These novels are inspired by the rich and diverse cultures of the pre-Columbian Americas, reshaping modern speculative fiction with unmissable worldbuilding. Register at libraryc.org/grotonlibrary/220449.

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Fabulous Fall Story Time!

The Bill Memorial Library in the City of Groton invites children to our Fall Story Time, a story program for children ages birth through age 5, with a caregiver. Story Time meets every Monday at 10:00 a.m. at the library, beginning on September 14, 2026, through November 16, with no session on October 12. Story Time features stories, songs with live music, and finger plays in the Reference Room. No registration necessary; please call the library at 860-445-0392 for further information.

Library hours are Monday, Tuesday and Thursday, 10:00 a.m. to 8:00 p.m., Wednesday and Friday, 10:00 a.m. to 5:00 p.m., and Saturday, 10:00 a.m. to 3:00 p.m.

The Bill Memorial Library, a landmark on Groton Bank since 1890, is located at 240 Monument Street in the City of Groton, near the Groton Monument and historic Fort Griswold. To keep up with the latest happenings for adults, teens, kids and families, visit our web page at http://www.billmemorial.org, or check out our social media - follow us on Instagram at @billmemorialgrotonct or find us on Facebook at Bill Memorial Library.

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Lymes' Senior Center Upcoming Events

The Lymes' Senior Center, located at 26 Town Woods Road, Old Lyme, has announced the following schedule. To register, become a member or for more information call the Lymes' Senior Center Staff at (860)434-1605 ext. 240 or ext. 241.

Why Weight (s)? Exercise Class with Jessie: Mondays, (November 2, 9, 16, 23, 30, 2026) at 8:30 a.m. This class is designed for people over 50 who want to focus on increasing strength, flexibility, and balance. This class meets every Monday. The cost is $5.00 for members, $8.00 for non-members, 55 years of age or better.

Chair Tai Chi: Mondays (November 2, 9, 16, 23, 30, 2026) at 10:30 a.m. Join us for a new class with Ted Lafemina! Ted is bringing a seated Tai Chi class to us here at the Lymes' Senior Center. Free for members, $10 for non-members, 55 years of age or better.

Primitive Skills Presentation: Monday, November 2nd, 2026, at 1 p.m. Join us as Kristee Nichols leads us through a fun and engaging presentation! Free for members, $10 for non-members, 55 years of age or better.

Tai Chi: Tuesdays (November 3, 10, 17, 24, 2026) at 8:30 a.m. Instructor Alex will be leading this class, and he is bringing plenty of experience and expertise to the Lymes' Senior Center! Research shows that practicing tai chi can improve balance, stability, and flexibility in older people, including those with Parkinson's disease. Practiced regularly, it can also help reduce pain, especially from knee osteoarthritis, back problems, and fibromyalgia. We are offering this program in monthly sessions. The cost for September's 5-week session is $50, for members 55 years of age or better. To register for a session, or to become a member, please call Caitlin at (860)434-1605 ext. 241.

Sit and Be Fit: Tuesdays (November 3, 10, 17, 24, 2026) at 10:30 a.m. Join us for a fun filled work out and relaxation session all while seated in a chair! This class meets every Tuesday. The cost is FREE for members, $5.00 for non-members, 55 years of age or better.

AARP Safe Driving Course: Tuesday, November 3rd, 2026 from 1-5 p.m. Please sign up by Friday, October 30th. Payment is due upon sign-up and in advance. $20 cash or check for AARP members, $25 for non-AARP members. You must bring your AARP card with you to the program. You must stay for the full 4 hours to get credit.

Slow Yoga with Lynn: Tuesdays (November 3, 10, 17, 24, 2026) at 5 p.m. This is breath-centered, healing yoga practice grounded in tradition & science. Allowing time for mindful transitions, this measured movement is a guiding path towards well-being, ease, and the ebbing of pain. Whether you are just getting back to yoga or a practiced student, this class is for you. This comprehensive session brings together breathing techniques (pranayama), postures (asana), mudra, yoga philosophy, meditation techniques, and deep relaxation; tools to support managing stress, pain, and anxiety, while supporting overall well-being. Please bring a yoga mat to class. Class is $5.00.

Why Weight (s)? Exercise Class with Jessie: Wednesdays (November 4, 18, 25, 2026) at 8:30 a.m. This class is designed for people over 50 who want to focus on increasing strength, flexibility, and balance. This class meets every Wednesday. The cost is $5.00 for members, $8.00 for non-members, 55 years of age or better.

Anything Goes Yoga: Wednesdays (November 4, 18, 25, 2026) at 10:15 a.m. This class incorporates balance, breathing, core strengthening, and fluid movement to keep people mobile, flexible, and strong. Instructor Kris Reaske, who has been a wellness and fitness coach for over 30 years, addresses any challenges experienced by her students that impede their mind, body, and spirit connection. Please bring a yoga mat to the class. The cost is $5.00 for members, $10 for non-members, 55 years of age or better!

Historical Lecture: "School Fire Disasters": Wednesday, November 4th, 2026 at 1:30 p.m. Join us for a lecture presented by the Bow Tie Historian. The cost is free for members, $10 for non-members, 55 years of age or better!

Beginner Tai Chi: Wednesdays (November 4, 18, 25, 2026) at 3 p.m. Beginner Tai Chi is the perfect introduction to this gentle, low-impact exercise that promotes better balance, flexibility, strength, and relaxation. Participants will learn the basic principles and movements of Tai Chi in a supportive, easy-to-follow environment. Through slow, flowing motions and mindful breathing, you'll improve coordination, reduce stress, and build confidence at your own pace. No previous Tai Chi experience is necessary—all fitness levels are welcome. The cost is $5 for members per class.

Slow Yoga with Lynn: Tuesdays (November 3, 10, 17, 24, 2026) at 5 p.m. This is breath-centered, healing yoga practice grounded in tradition & science. Allowing time for mindful transitions, this measured movement is a guiding path towards well-being, ease, and the ebbing of pain. Whether you are just getting back to yoga or a practiced student, this class is for you. This comprehensive session brings together breathing techniques (pranayama), postures (asana), mudra, yoga philosophy, meditation techniques and deep relaxation; tools to support managing stress, pain, and anxiety, while supporting overall well-being. Please bring a yoga mat to class.

Intermediate Tai Chi with Ted: Thursdays (November 5, 12, 19, 2026) at 4 p.m. This class involves a series of slow gentle movements and physical postures, a meditative state of mind, and controlled breathing. Benefits can include: improved flexibility, balance, and strength, improved posture, increased vitality and focus, reduce the risk of falls and injury, pain management, improved immune function, and enhanced energy levels and stamina. The cost is $5 for members, $10 for non-members, 55 years of age or better!

Senior Center Health and Resource Expo: Thursday, November 5th from 10 a.m.-2 p.m. This vibrant event is designed specifically for older adults, offering a one stop opportunity to explore health, wellness, and life enhancing resources in a welcoming, interactive setting. This is a free event and open to the public.

Why Weight (s)? Exercise Class with Jessie: Fridays (November 6, 13, 20, 2026) at 8:30 a.m. This class is designed for people over 50 who want to focus on increasing strength, flexibility, and balance. This class meets every Friday. The cost is $5.00 for members, $8.00 for non-members, 55 years of age or better.

Tai Chi: Fridays (November 6, 13, 20, 2026) at 8:00 a.m. Instructor Alex will be leading this class, and he is bringing plenty of experience and expertise to the Lymes' Senior Center! Research shows that practicing tai chi can improve balance, stability, and flexibility in older people, including those with Parkinson's disease. Practiced regularly, it can also help reduce pain, especially from knee osteoarthritis, back problems, and fibromyalgia. The cost is $10/class for members, 55 years of age or better. To register for a session, or to become a member, please call Caitlin at (860)434-1605 ext. 241.

Rock What You Got Low Impact Class: Fridays (November 6, 13, 20, 2026) at 9 a.m. Mellisa Chupka has been an aerobics instructor for 30 years. Class will consist of low impact movements to get your heart rate up, core work, and strength training for all your muscles. All movements will be choreographed to fun music and will be done from a standing position. Bring a water bottle and your positive energy! The cost is $5 for members, $10 for non-members, 55 years of age or better.

Painting/Art Workshop: Fridays (November 6, 13, 20, 2026) at 10 a.m. Participants bring their own projects and enjoy working in the company of other artists. Meets every Friday. This group is FREE for members, 55 years of age or better.

4S Exercise Class (Sit, Stretch, Strength, and Song) with Melissa: Fridays (November 6, 13, 20, 2026) at 10:15 a.m. This seated

class meets every Friday. Increase your flexibility and strength in all your major muscle groups. Music will make this class lots of fun. The cost is $5.00 for members, $8.00 for non-members, 55 years of age or better.

Country Line Dancing Class: Fridays (November 6, 13, 20, 2026) at 2:15 p.m. Learn basic and more advanced line dances. Get a great work out and have fun. This class meets every Friday. The cost is FREE for members, $5.00 for non-members, 55 years of age or better.

Slow Yoga with Lynn: Saturdays (November 7, 14, 21, 2026) at 9 a.m. This is breath-centered, healing yoga practice grounded in tradition & science. Allowing time for mindful transitions, this measured movement is a guiding path towards well-being, ease, and the ebbing of pain. Whether you are just getting back to yoga or a practiced student, this class is for you. This comprehensive session brings together breathing techniques (pranayama), postures (asana), mudra, yoga philosophy, meditation techniques and deep relaxation; tools to support managing stress, pain, and anxiety, while supporting overall well-being. Please bring a yoga mat to class. Class is $5.00.

1 on 1 Tech Help: Monday, November 9th at 1 p.m. Call us to make an appointment for 1 on 1 tech help with the staff for the Old Lyme Library. Make sure to bring your devices, charging cords, and any applicable passwords/log in info. The cost is free for members, 55 years of age or better.

Estate Planning Seminar: Monday, November 9th at 1 p.m. Join us for an informative presentation! Free for members, $10 for non-members, 55 years of age or better.

Living Well with Diabetes: Tuesday, November 10th at 10 a.m. Join Town Nurse Sammee as she leads us through another helpful an informative presentation! This presentation is free for members, 55 years of age or better.

Curiosity Club: "Strangers- The People We Almost Didn't Meet": Tuesday, November 10th at 1 p.m. What can happen when we step outside our usual circles and talk to a stranger? Let's explore the surprising connections hiding in everyday encounters. Don't miss out on the fun! Free for members, $10 for non-members, 55 years of age or better.

Singing Bowl Workshop: Tuesday, November 17th, 2026 at 12:30 p.m. Join us for this workshop as Priscilla Gale teaches us how to use the singing bowls! Free for members, $10 for non-members, 55 years of age or better.

Sleep Tips: Wednesday, November 18th, 2026 at 1 p.m. Join us for another helpful presentation from Dr. Wendy Hurwitz! Free for members, $10 for non-members, 55 years of age or better.

2027 Medicare Seminar: Monday, November 23rd, 2026 at 1 p.m. Join us in welcoming John Pitarra as he teaches us about the upcoming changes to Medicare. Free for members, $10 for non-members, 55 years of age or better.

Hathaletics: Tuesday, November 24th, 2026 at 1 p.m. Hathaletics is a physician supported mobility program that incorporates strengthening, stretching and breathwork to enhance longevity in all bodies. All movement can be done in chairs or on mats (instructor will provide all materials). Hathaletics was created by a certified yoga instructor and each movement is vetted by a board certified Orthopedic Surgeon. Come try this wonderful free session. Feel free to bring your own yoga mat. Free for members, $10 for non-members, 55 years of age or better.

Entertainer Jose Paulo: Wednesday, November 25th, 2026 at 1 p.m. Join us for an afternoon of great music! Free for members, $10 for non-members, 55 years of age or better.

Historical Lecture: Monday, November 30th, 2026 at 1 p.m. This lecture is presented by Mallory Howard, curator of the Mark Twain House, the topic is TBD. The cost is free for members, $10 for non-members, 55 years of age or better.

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Vikings Sports Recap



East Lyme High School girls swimming celebrated seven Class of 2027 members for Senior Night and then beat the Shoreline co-op on Oct. 16.

By Josh Howard

East Lyme High School athletics will wrap up the fall sports season this month. Here is some of the highlights produced by the Vikings athletic programs that you may have missed. Information from Sept. 20 – Oct. 20:

Girls Volleyball

Following a state championship in 2025, ELHS girls volleyball won 12 of 15 matches to start the 2026 season.

On Sept. 23, the Vikings swept Waterford at home behind 30 assists and 3 aces from Savannah Marusov. Natalie Knowlton added 19 kills, while Bella Albert tallied 9 kills, 4 aces, and 3 blocks.

On Oct. 7, the team avenged an earlier loss to Griswold with a four -set victory at home. Knowlton had 16 kills, Albert had 12 kills and 5 aces, and Augi Bryant added 7 kills

Two days later, they avenged another early-season loss, this time sweeping NFA at home. Kasey Larensen posted 24 assists, Emma Knowlton had 13 kills and 6 digs, Natalie Knowlton had 13 kills and 4 blocks, and Olivia Diep racked up 11 digs

On Oct. 16, the team improved to 12-3 with a three set victory over Woodstock on Dig Pink Night behind 20 assists and 6 aces from Diep and 10 digs from Jessica Feng. Proceeds from the game were donated to the Side Out Foundation, a research organization that funds precision medicine research for metastatic breast cancer.

Field Hockey

Under first year head coach Amy Lloyd, Vikings field hockey won 12 of 13 games to start the 2026 season.

On Sept. 29, the Vikings earned a 9-0 home victory over Fitch. Sophia Gibson had three goals and three assists, while Mia Lloyd also tallied a hat trick and an assist. Brooke Lloyd had two goals and Nitya Bulusu, Kate Hausner, and Peyton Swanson each added a goal.

Two days later, the Vikings beat Waterford by the same score (9-0) at Waterford High School behind a pair of hat tricks from Bulusu and Summer Stefanelli. Mia Lloyd and Swanson each had a goal and two assists, while Gibson added a goal. Emma Van Dusen registered the shutout in goal for the Vikings.

On Oct. 5, the team earned a 4-0 home victory over previously unbeaten North Branford. Bulusu scored twice, while Mia Lloyd and Swanson each added a goal with Swanson also getting credited with two assists and Brooke Lloyd adding another. Van Dusen and Charley Goodstein, combined with a stingy defense for the shutout.



Vikings field hockey won 12 of their first 13, including a 1-0 win over Stonington on Oct. 13 after Peyton Swanson scored the decisive goal.

The team earned win No. 10 win by beating North Branford again, this time 2-1 on the road. Bulusu scored both goals, one assisted by Gibson and other by Mia Lloyd.

On Oct. 13, the Vikings defeated Stonington 1-0 as Swanson scored the lone goal with 3:31 left in the game on an assist from Mia Lloyd.

Two nights later, the team improved to 12-1 during a 7-0 win over NFA on "Play 4 a Cure" day. Gibson, Bulusu, and Mia Lloyd each scored two goals, while Lauren Gault added another goal with an assists from Swanson. Goodstein and Van Dusen combined for a shut out

Girls Soccer

After 13 games, the girls soccer team at ELHS was even-steven at 6-6-1 under first-year head coach Paige DiTommaso.

On Sept. 30, the team beat Waterford Wednesday 1-0 thanks to a second half goal from Izel Delgado before the defense preserved the shutout.

Four days later, the Vikings took down St. Bernard 7-1. Taylor Maynard scored two goals, while Sadie Eident, Emily Fineran, Emily Herrera, Camryn Denucci, and Jazzy Valentin each added a goal.

On Oct. 9, the program brought back the ALS Cup with a 2-1 win over Waterford on Youth Night. Delgado and Shilo Nucci scored goals, while Ava Tooker had three saves in goal.

On Oct. 13, the team traveled to Colchester and beat the Bobcats of Bacon Academy 1-0 behind a goal from Shilo Nucci with an assist from Maynard. Tooker made nine saves in goal to seal the shutout victory.

Boys Soccer

Boy Soccer was successful on Youth Night, taking down Woodstock 4-1 on Oct. 1. Tom Butler scored two goals, while Callum Dunne and Syum Khanna each found the back of the net. Dunne, Mario Cardello, Gio Marku, and Austin Greeno tallied assists. Jubran Saad and Liam Roy combined for 6 saves.

Two days later, the team traveled to Old Lyme and came away with a 3–0 win. Austin Greeno scored twice and Butler added another. Saad and Jordan Greeno combined for four saves

Swim & Dive

Girls swim and dive celebrated Senior Night, with a 104-79 victory over Senior Night (Oct. 16). The team celebrated its seven seniors before the victory over the Shoreline co-op.



Girls soccer defeated Waterford 2-1 to bring the ALS Cup back to town.



Multiple ELHS student-athletes took part in the Class Act Leadership Council at the annual CIAC Sportsmanship conference, which took place at the Aqua Turf in Southington on Oct. 7. For the 2nd year in a row, East Lyme received the 2025-26 Michaels Jewelers Achievement Cup, one of the 33 schools in the state to be recognized. This is awarded to schools who create positive environments for their student-athletes through high standards of sportsmanship. This award was the result of the hard work that last year's group implemented, which included setting expectation for fan behavior while finding creative ways to build attendance and school spirit. They also coordinated game themes, Officials Appreciation events, and were instrumental in making the Viking Play It Forward initiative a huge success.

Do you have sports news or events you'd like published in *The Post Road Review*?
For more information, email Josh at joshhowardsports@gmail.com

Seniors Peyton Maynard and Ellizabeth Goeschel were each part of four wins. Maynard placed first in the 200 Individual Medley and 100 Freestyle, and was a leg on the 200 Freestyle Relay and 400 Freestyle Relay teams. Goeschel won the 200 Freestyle and the 400 Freestyle, and was part of the 200 Freestyle Relay and the 400 Freestyle Relay winners.

Senior Sylvi Otter won the diving portion with a score of 260.55, which was 0.25 points off of the program record.

Football

Following two losses to start the season, Vikings football got into the win column with a 21-14 victory on the road over the Bobcats of Bacon Academy on Sept. 25.

It was a solid team effort on both sides of the ball as freshmen quarterback Layne LeCara ran for two touchdowns and threw a 26-yard scoring strike to Anthony DiLoreto. Zachariah Jean ran for 133 yards on the ground and the defense came up with some big stops to preserve the team's initial victory of 2026.



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Niantic Nov. Tide Chart Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:42	2.4	3:15	3.0	9:15	0.4	10:07	0.2	6:20	4:44	
2	Mon	3:51	2.5	4:23	2.8	10:24	0.4	11:06	0.2	6:21	4:42	
3	Tue	5:02	2.6	5:30	2.7	11:32	0.4			6:22	4:41	
4	Wed	6:04	2.8	6:27	2.6	12:01	0.2	12:35	0.3	6:24	4:40	
5	Thu	6:55	3.0	7:16	2.5	12:53	0.2	1:34	0.3	6:25	4:39	
6	Fri	7:40	3.1	8:01	2.5	1:42	0.2	2:27	0.2	6:26	4:38	
7	Sat	8:22	3.2	8:45	2.4	2:28	0.2	3:16	0.1	6:27	4:37	
8	Sun	9:03	3.3	9:28	2.4	3:11	0.3	3:59	0.1	6:28	4:36	
9	Mon	9:43	3.2	10:10	2.4	3:52	0.4	4:39	0.1	6:30	4:35	
10	Tue	10:24	3.2	10:54	2.3	4:31	0.4	5:18	0.1	6:31	4:34	
11	Wed	11:06	3.0	11:40	2.3	5:10	0.5	5:59	0.2	6:32	4:33	
12	Thu	11:52	2.9			5:50	0.6	6:43	0.3	6:33	4:32	
13	Fri	12:29	2.2	12:42	2.8	6:36	0.7	7:30	0.4	6:34	4:31	
14	Sat	1:21	2.2	1:34	2.7	7:27	0.7	8:19	0.4	6:36	4:30	
15	Sun	2:14	2.2	2:25	2.6	8:21	0.8	9:07	0.4	6:37	4:29	
16	Mon	3:08	2.2	3:17	2.5	9:16	0.8	9:55	0.4	6:38	4:28	
17	Tue	4:04	2.3	4:11	2.4	10:13	0.7	10:41	0.4	6:39	4:27	
18	Wed	4:59	2.4	5:05	2.4	11:09	0.6	11:26	0.4	6:40	4:27	
19	Thu	5:47	2.6	5:55	2.3			12:03	0.5	6:41	4:26	
20	Fri	6:29	2.8	6:41	2.4	12:09	0.3	12:55	0.3	6:43	4:25	
21	Sat	7:08	3.0	7:24	2.4	12:52	0.3	1:45	0.1	6:44	4:25	
22	Sun	7:47	3.2	8:07	2.4	1:37	0.2	2:36	-0.1	6:45	4:24	
23	Mon	8:29	3.4	8:52	2.5	2:23	0.1	3:25	-0.2	6:46	4:23	
24	Tue	9:14	3.5	9:39	2.5	3:12	0.0	4:13	-0.3	6:47	4:23	
25	Wed	10:02	3.6	10:28	2.5	4:01	0.0	5:02	-0.3	6:48	4:22	
26	Thu	10:54	3.5	11:21	2.5	4:52	0.0	5:53	-0.3	6:49	4:22	
27	Fri	11:50	3.4			5:47	0.0	6:48	-0.2	6:51	4:21	
28	Sat	12:20	2.5	12:50	3.2	6:48	0.1	7:46	-0.1	6:52	4:21	
29	Sun	1:23	2.5	1:52	2.9	7:54	0.2	8:43	-0.1	6:53	4:21	
30	Mon	2:27	2.5	2:53	2.7	9:01	0.2	9:41	0.0	6:54	4:20	

continued from pg 1

added to the trees this year. The fish were painted during a special free workshop at the Niantic Children's Museum. This year's Wish Fish Painting Party will be held at 10 a.m. on Saturday, Nov. 7. Pre-registration required at niantickids.org.

The Buoys by the Bay display will have an opening ceremony on Friday, Nov. 20, 2026 at 5:30 p.m. The installation will run until mid-January, 2026. Afterwards, the buoys will be returned for their owners to cherish.

"We look forward to seeing all of this year's buoys!" said Susan Kumro, vice president of Niantic Main Street.

For more information on Buoys by the Bay, visit nianticmainstreet.org or publictrustfoundation.org.



Brian's Healing Hearts Center for Healing and Hope Upcoming Support Groups & Events

Brian's Healing Hearts Center for Healing and Hope, located at 461 Main Street, Niantic, has announced the following schedule.

Pre-registration at least 24 hours in advance is required for all support groups. For group descriptions visit: BriansHealingHearts.org/resources/grief-support-programs/

For more information visit BriansHealingHearts.org, call (860) 451-8354 or email Chelsea@BriansHealingHearts.org.

Regular Support Groups

Bereaved Parents, Grandparents, or Siblings Support Group
Tuesday 11/10 & 11/24 PM (Main House)

Friends & Family Support Group
Wednesday 11/4 & 11/18 PM (Virtual)

Loss of a Spouse or Partner Support Group
AM GROUP: Wednesday 11/11 & 11/25 (Cottage)
PM GROUP: Wednesday (Main House)

Hope and Healing after Loss Seniors Support Group
Monday 11/23 AM (Groton Senior Center)

Loss of Spouse or Partner to Suicide Support Group
Wednesday 11/11 PM (Main House)

Loss to Substance Use Support Group
Monday 11/23 PM (Cottage)

Men's Grief Support Group
Tuesday 11/24 PM (Cottage)

Pregnancy & Infant Loss Support Group
Thursday 11/5 & 11/19 PM (Cottage)

Survivors of Suicide Loss Support Group
Thursday 11/5 & 11/19 PM (Main House)

Young Adult Grief Support Group (for ages 25-40)
Monday 11/2 & 11/16 PM (Main House)

Walking Grief Group
Thursday 11/5 PM & Monday 11/16 AM

The Brian Dagle Foundation — anchored in hope and empowered to support, is dedicated to the healing of grieving adults as well as community education on mental health, suicide awareness, and the grieving process.

November 2026 Special Events

Email Chelsea@BriansHealingHearts.org to register unless otherwise noted

Tracy Ann Psychic Medium

Monday 11/2, 4:00-6:00 p.m. Maximum of 10 participants. Cost: $40

Tracy Ann is a local psychic medium who has done a number of private and small group events with The Brian Dagle Foundation community. In March she joins us for an intimate group event with individual psychic readings. Tracy Ann, a 4th generation psychic medium, will share messages from and about your loved one.

GRIEF INFORMED CARE: Practicing Cultural Humility When Companioning the Bereaved

Friday 11/6, 9:00 a.m.-3:30 p.m. Cost with 5 CECs: $150 or no CECs: $120

This IN PERSON workshop will equip professionals with a framework to support individuals navigating loss. Attendees will learn how to transition from an expert-driven approach to a collaborative "Companioning" model of care using the Six Universal Needs of Mourning. Case studies will be used so attendees can broaden their understanding of diverse mourning traditions and systems that constrain traditional cultural expressions of grief and loss. This program has been approved for 5 CECs by NASW/C Register now: BriansHealingHearts.org/grief-informed-care-workshop/

Understanding the Six Needs of Mourning

Begins Monday 11/16, 5:00-6:30 p.m. (three week program 11/16, 11/23, 11/30)

Everyone grieves and mourns differently, but there are some steps along the way that we all must encounter. By understanding the six needs of mourning you may think of them as your "to-do list". Slowly and over time, you work on actively expressing—or mourning—your grief. Meeting the six needs of mourning one day at a time will help you move toward a life of meaning and purpose again.

Navigating Grief at the Holidays - VIRTUAL EVENT

Wednesday 11/18, 5:30-7:00 p.m.

Grief during the holidays can be especially challenging. Join Becky McCoy for this virtual event to discuss navigating the uneven path to honor and remember the people we are missing this holiday season.

Volunteer Orientation

Thursday 11/19, 4:30-6:00 p.m.

Come learn about volunteer opportunities at the Brian Dagle Foundation and Brian's Healing Hearts.

December 2026 Special Events

A Time to Remember Holiday Service

Sunday 12/6, 2:00-3:00 p.m. Harkness Memorial Chapel at Connecticut College

Join us for a peaceful, multi-faith service honoring the memory of those missing from our holiday celebrations. No registration required.

Niantic Jingle 5k

Saturday 12/12, 8:30 a.m. registration, 10 a.m. race start. McCook Point Park

Run, walk, push a stroller! Alone or together with a team, help make a difference and raise funds for the Brian Dagle Foundation.

Register at BriansHealingHearts.org/NianticJingle5k

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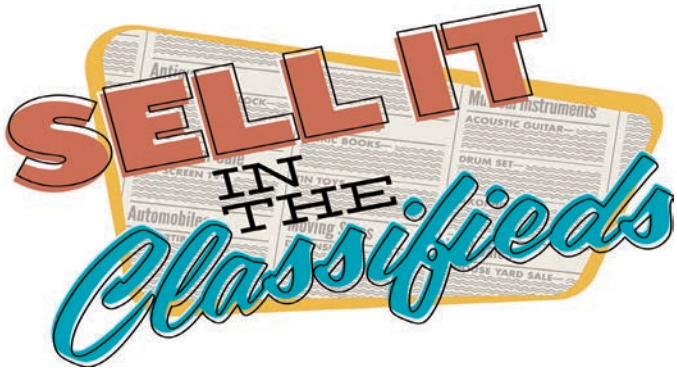
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