

The Post Road Review



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End of Harvest Free Event

On Saturday, October 17th from 10 a.m. to 3 p.m., Samuel Smith Farmstead and East Lyme Agribusiness will host their "End of Harvest". This event for children and adults is free, and will be held at the Farmstead located at 82 Plants Dam Road in East Lyme, Connecticut.

There will be live farm animals and kids can participate in cider and applesauce making. Courtney will be demonstrating hearth cooking in the historic John Johnson House fireplace and offering her baked goods for sale.

Irish blacksmith Derek Collins will exhibit traditional blacksmithing techniques on his forge and anvil, and share insight into maintaining the history of the craft and its use here in New England.

Live Music will be provided by Five Bean Row, and Niantic Bay Shellfish Farm will offer oysters with TJ.

There will be demonstrations with historic farm tools on the farmstead property. Tours of the historic John Johnson House will also be available during End of Harvest.

This event is free and open to the public. Donations are greatly appreciated with all proceeds going to fund needed repairs to the historic House and Barn at Samuel Smith Farmstead.

For more information, see <https://samuelsmithfarmstead.org/calendar/> or contact Lu Huntington via email at: maryluleahy@gmail.com or cell (860) 961-9296.

About the Samuel Smith Farmstead

The Samuel Smith Farmstead represents an outstanding example of a simple Connecticut colonial-era homestead located on land originally occupied by the Nehantic Indian Tribe. The house and barn currently sit on 17 acres of rural land which was part of the original 37.5-acre parcel purchased in 1702 by Samuel Smith and Thomas Bradford. The house, built in 1748 by John Johnson Sr, is

continued on pg 43



The McCormack boys enjoyed playing on the pumpkin at last year's End of Harvest event.

NEW HOME IMPROVEMENT AND SERVICES SECTION PG 44-45

NEW CROSSWORD PUZZLE.....PG 27

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OCTOBER TIDE CHART.....PG 42

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Walk of Horror

The annual "Walk of Horror" is returning again to the East Lyme Community Center on Columbus Day weekend!

The Walk of Horror (WOH) is an annual haunted trail which is sponsored by the East Lyme Police Cadets and friends. All money raised is for the East Lyme Police Cadets so that they can continue with their great program.

This year's "Walk of Horror" will be held at the East Lyme Community Center, 41 Society Rd, Niantic on Friday, Oct. 9, Saturday, Oct. 10 and Sunday, Oct. 11, from 7:00 p.m. - 9:45 p.m. with a FREE kids event on Saturday from 1:00 p.m.-3:00 p.m. where the kids scare the volunteers. This year's admission is \$10 per person. Canned goods will NOT be accepted towards admission.

Please email walkofhorror@eastlymecadets.org for further information.

This fundraising event is organized by the East Lyme Police Cadets and involves youth from all of Southeastern CT. Last year there were over 1500 visitors, and they are planning on making this year's event even bigger!

Follow us on Facebook Walk of Horror: <https://www.facebook.com/WalkofHorror.EastLymeCT/>

The Post Road Review

Serving the communities of East Lyme, Flanders, Niantic and Waterford

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Veterans & Remembrance Day Service

Sunday, Nov. 8, 2026 ♦ 9:00 am

Veterans, military, and their families are especially invited and encouraged to wear their service uniforms or civilian attire with authorized awards, medals, and decorations.

St. John's Episcopal Church
400 Main St., Niantic, CT
www.stjohnsniantic.org



26.10

Colchester Federated Church's Annual Fall Vendor Fair

Colchester Federated Church's Annual Fall Vendor Fair is around the corner on November 7th from 10-2 p.m. This local fair showcases crafters, vendors, farmers and more!

If you would like a table to sell your goods, please reach out to Renee Misbach at rouillette01@snet.net for more information. Looking forward to seeing you all again!

Blessing of the Animals at Niantic Community Church

The Niantic Community Church, located at 170 Pennsylvania Ave., Niantic, will hold a Blessing of the Animals on October 4 at 1:00 p.m.

Join other pet owners at this gathering to bless your furry and feathered family members. All pets must be on a leash or in a carrier. The Blessing will be held in the lower parking lot, facing the Memorial Garden overlooking Dodge Pond.

Niantic Bay Playhouse Presents *To Kill a Mockingbird*

The Niantic Bay Playhouse, located at 279 Main Street, Niantic, presents *To Kill a Mockingbird* on the following dates:

October 9th 7:30 p.m.
October 10th 7:30 p.m.
October 11th 2 p.m.
October 14th 10 a.m.
October 15th 7:30 p.m.
October 16th 7:30 p.m.
October 17th 4 p.m.
October 18th 2 p.m.
October 21st 10 a.m.
October 23rd 7:30 p.m.
October 24th 7:30 p.m.
October 25th 2 p.m.

For more information and to purchase tickets visit <https://www.nianticbayplayhouse.org>.

2026 Groton Farmers' Market Summer/Fall Season

The 2026 Farmers' Market regular season started on June 9th and ends October 27th, held each Tuesday from 3-6 p.m. at the corner of Mitchell and Meridian Streets in Washington Park. All vendors must be set up and ready to sell by 2:30 p.m.

Mission Statement

The mission of the City of Groton Farmers' Market is to provide a venue in our neighborhood park of The City of Groton for local farmers and artisans to sell their produce and products directly to the diverse and integrated community in southeastern Connecticut. Our aim is to make accessible, affordable, healthy, locally produced food available to our community in Groton.

The City of Groton Farmer's Market is primarily an agricultural market but also provides a variety of local baked goods, seafood/fish, meats, poultry/eggs. Grown products sold at the market must be grown in Connecticut Foods and food products must be identified as organic, or not, and include place of origin. All meats, poultry and seafood will come from local sources.

The City of Groton Farmers' Market hold two separate seasons - our flagship Farmers' Market season held weekly during the summer and early fall, and five Pop-up Farmers' Markets held once a month during the late fall/winter months.

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Autumn, Immunity & the Lungs: Chinese Medicine Wisdom for Supporting Your Body Through the Seasonal Change

The glorious, swift and fleeting environmental changes of Autumn are coming up!

Our bodies, along with the rest of Nature, will respond and react to this season in numerous ways!

The Five Element Theory of Chinese Medicine says that Autumn is the Metal time of year and that it corresponds to both our lungs and our large intestines.

According to this theory, the lungs rule our immune system and skin pores. Grief and crying are the negative emotions assigned to the lungs whereas strong spiritual convictions, integrity and self-esteem are considered to be the positive aspects of the lungs. Autumn is a segway into SAD, Seasonal Affective Disorder that continues into Wintertime, which I will cover in the December article.

Believe it or not, for many people, there is a subconscious 'grief' for the loss of longer days and warmer weather that creates stress on our immune system which can lead to immune system vulnerability. Even pre-wintertime, it is the time of year when we become more susceptible to neck pain, colds, coughs, flues, and for some with weaker immune systems, bronchitis and pneumonia. Others tend to develop seasonal itchy or dry skin syndrome and those suffering with psoriasis or eczema tend to get worse.

So, how can we keep our immune system strong, withstand the changes in temperature, resist invasive bugs, and avoid seasonal affective disorder?

As the weather gets chillier, we need to eat warmer and slightly more spicy foods, and to drink warm herbal teas, and make nourishing soups. These foods are what can nourish and strengthen our lungs, support our digestion and prepare our body for the colder months ahead.

Ginger, cinnamon, onions, garlic, cloves are all good to disperse and dispel those viral and bacterial invaders. Cook with and make soups from these sorts of spices and flavors at least a few times a week starting early Autumn

Eat fish, pumpkin, sweet potatoes, and white beans. Pumpkin seeds are especially rich in zinc and help the bowels move well, which is vital for immune health.

Avoid phlegm causing milk products unless they are from raw milk or goat milk in moderation.

One fruit that is especially beneficial for the lungs the Autumn time of year is pear, especially Asian pear. Pear juice helps soothe coughs and reduce phlegm. You can find a wonderful, steamed honey Asian pear recipe for coughs in the blog section of my website.

This is an important time of year to keep up with vitamins and supplements, especially Vitamin D. Low Vitamin D is associated with SAD and immune dysfunction.

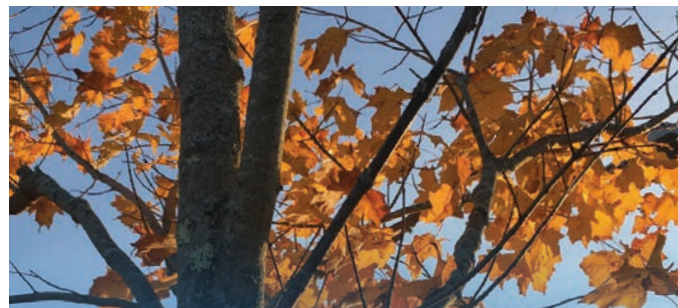
Acupuncture and all its modalities, such as Chinese Herbal formulas, Cupping, Gua Sha and Moxibustion is great for strengthening the immune system and for treating coughs, colds, flus, neck pain, skin issues, bronchitis and, yes, even pneumonia.

Even if you're not ready for that Winter coat, as the weather chills this Autumn, start using at least a light scarf to keep your neck covered. Colds, this time of year enter via the back of the neck according to TCM

As always feel free to reach out by phone, email: Info@NianticAcupuncture.com 860-451-5558. You can also visit our website NianticAcupuncture.com to acquaint yourself with our practitioners and the services we provide or stop by and visit our beautiful space on 17 Hope street in Niantic.

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Happy beautiful, spicy, colorful, Autumn to everyone!



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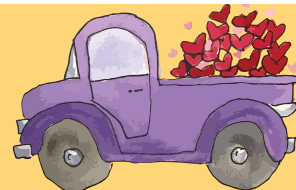
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Oh Buoy! Buoy by the Bay Return for the Holiday Season

Niantic Main Street & the East Lyme Public Trust are proud to announce the return of Buoy by the Bay for the 2026 holiday season. The holiday display will be located in Scheer Park and consists of wooden trees adorned with approximately 300 buoys, each decorated by residents, students, businesses and fans of Niantic and East Lyme.

This is the fourth year for the popular and festive fundraiser. Each buoy will be sold at \$50 with all profits to be reinvested back into the Niantic community through the two community-focused nonprofit organizations. Buoy purchasers have until November to decorate and return their buoy to be a part of the tree installation.

Buoys are available for purchase at: Mermaid Liquors, 159 Main Street; Coastal Gifts on Main, 266 Main Street; Café SoL, 488 Main Street; and Thursdays at the Niantic Farmers Market, 3-6 p.m. in Methodist Street Parking Lot. There is currently a friendly competition between Coastal Gifts on Main and Mermaid Liquors to see who can sell the most buoys. Their competitive hijinks have been highlighted on social media for all to enjoy.

Past buoys have been decoupaged, painted and creatively constructed with each showcasing East Lyme locales, pop culture, businesses, families and everything in between. With the wooden trees ranging between nine and six feet, each buoy is visible to visitors and gets its time to shine.

"Last year, the community's love for the project showed in the creativity and care put into each buoy," said Carol Marelli, a member of the ELPT.

Through the generosity of those who didn't feel they had the time or talent to decorate a buoy, several buoys have been purchased and donated back to be given to youth organizations for decoration.

In addition to the buoys, wooden "wish fish" will once again be added to the trees this year. The fish were painted during a special free workshop at the Niantic Children's Museum. This year's Wish Fish Painting Party will be held at 10 a.m. on Saturday, Nov. 7. Pre-registration required at niantickids.org.

The Buoy by the Bay display will have an opening ceremony on Friday, Nov. 20, 2026 at 5:30 p.m. The installation will run until mid-January, 2026. Afterwards, the buoys will be returned for their owners to cherish.

"We look forward to seeing all of this year's buoys!" said Susan Kumro, vice president of Niantic Main Street.

For more information on Buoy by the Bay, visit nianticmain-street.org or publictrustfoundation.org.

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Safe Walk To Benefit Safe Futures Taking Place Oct. 4th

Safe Futures will hold its annual Safe Walk on Sunday, Oct. 4th, at the Arnold Holm Jr. Memorial Park/Duck Pond in Waterford.

Same day registration and a craft fair will begin at 8 a.m., and the walk begins at 9 a.m. The event features local vendors, exciting basket raffles for all ages, and breakfast food trucks. Registration is \$25 for adults and free for children under 18 and students.

Participants are encouraged to form a walk team and use the fundraising tools available upon registration to help Safe Futures meet or exceed its \$50,000 goal. Anyone who raises \$100 or more will receive a free Safe Futures T-shirt.

The walk honors National Domestic Violence Awareness Month, with proceeds supporting Safe Futures' mission and programs to stop abuse, restore hope, and save lives of people impacted by domestic violence, sexual assault, stalking, trafficking, elder abuse, and child abuse in Southeastern Connecticut.

For more information, and to register, visit safefuturesct.org.

To sponsor, please contact Blair Pattek at: bpattek@safefuturesct.org.

Free Residential Electronics Collection Event

The Crossroads Presbyterian Church will be hosting its 2nd annual Residential Electronic Waste Recycling Collection event at 70 Cross Road, in Waterford, CT on Saturday, October 24th, 2026 from 9:00 a.m. to 12:00 p.m.

The collection is a FREE and SECURE drive up/drive through event open to any Connecticut resident for recycling of residential electronics.

Take2recycle, Inc. will be on site to unload vehicles and safely package and transport all equipment to their Waterbury facility to be responsibly and securely recycled.

Accepted materials include, but are not limited to: Computers, Laptops, Printers, Fax Machines, Monitors, TVs, Cell Phones, Tablets, Video Games, game consoles, VCR/DVD Machines, Remotes, Keyboards, Small Appliances.

Unaccepted materials include: smoke detectors, propane tanks, paint, household hazardous waste and appliances containing Freon, i.e. air conditioners, refrigerators, dehumidifiers.

For more information:

Crossroads Presbyterian Church
(860)442-3693

Website: www.crossroads-presbyterian.org

About Take 2 Inc.

Take2recycle, Inc. is a Waterbury based electronics recycler. Take 2 is approved by the Connecticut Department of Energy and Environmental Protection as a Covered Electronics Recycler in conjunction with Connecticut's Electronics Recycling Law, RCSA 22a-638-1. All equipment will be transported by Take 2 to their facility for responsible and secure recycling. For more information and the Accepted Electronics List: take2recycle.com

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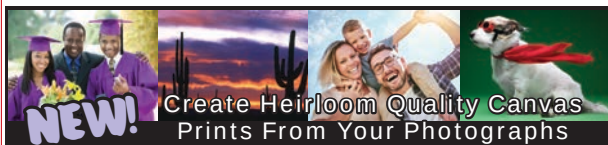
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Solemn Requiem Eucharist at St. John's Episcopal Church

St John's Episcopal Church, 400 Main Street Niantic, will host a Solemn Requiem Eucharist in Observance of the Feast of All Souls' Day on Sunday, November 1, 2026 at 5:00 p.m., with guest artists, The Anglican Singers, directed by Simon Holt with organist L. Graham Schultz.

All from the wider community are warmly invited to join us in remembrance of our loved ones lost recently or in the past. There will be an opportunity to add your loved ones' names to the reading of our necrology and to add to a display photos and mementos of them. Music will include Missa brevis Sancti Joannis de Deo ("Little Organ Mass") by Joseph Haydn, "The Lord is My Shepherd" from John Rutter's Requiem, congregational hymns, and organ voluntaries. Organ prelude will begin at about 4:45 p.m. Ample parking is available in back of the church and there is street parking on Main Street.

For more information: organist@stjohnsniantic.org

Clean Leaves Wanted

The East Lyme Giving Garden, would like to invite persons that have "clean" leaves in the fall, (or any time), to bring their leaves to their Organic Garden. Mulch must be free of pesticides or herbicides. If gathered, as soon as they drop from trees, this should be no problem.

The Giving Garden is located at 4 Church Lane in East Lyme, on the property of Flanders Baptist Community Church. They are blessed by the Church to use their land which is a 4 acre plot, to grow and donate nutritious organic produce. All of the produce is sent to the United Way Gemma Moran Food Center in New London, which is then distributed with other donated produce to local pantries throughout Southeastern CT.

The leaves can be brought to the Garden ANYTIME. However, the regular working hours for volunteers are Tuesday, Thursday, and Saturday mornings. Summer hours are 8-10 a.m. In the cooler months hours are 9-11 a.m. on those same days.

Volunteers work through mid to late November, and start up again by early March, once snow has melted away.

Leaves can be brought to the gate anytime that is convenient from March to late November.

Historic Stonington to Host Night Sky Program at Old Lighthouse Museum

STONINGTON, CT - Historic Stonington will host a program about the Night Sky at the Old Lighthouse Museum, 7 Water Street, Stonington on Thursday, October 8 from 7:00-9:00 p.m., talk begins at 7:30 p.m.

Guests are invited to bring a blanket and settle in on the lighthouse grounds as the sky darkens, when a guided talk will begin. No telescopes needed. The evening is a chance to look up at the same sky that once guided Stonington's sailors and sea captains, and to hear the stories and science behind it.

The program will be led by Leslie F. Brown, Ph.D., Professor Emerita of Physics, Astronomy & Geophysics at Connecticut College, and Douglas Gobeille, Teaching Professor in the Department of Physics at the University of Rhode Island. Building on the themes of the September program, this evening will explore the mythology behind the constellations, how the night sky has changed over time, and the growing impact of light pollution on our view of the stars.

Admission is \$25 per blanket (\$20 for Historic Stonington members). Reservations can be made at historicstonington.org. Space is limited, and advance registration is encouraged.

Historic Stonington is a 501(c)(3) nonprofit organization dedicated to preserving and sharing the history of Stonington, Connecticut, through its museums, collections, and public programs.

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What distinguishes The Music Studio is its emphasis on education, progression, and musicianship.

Students aren't simply taught how to play songs. Lessons are designed to develop strong fundamentals in technique, music reading, theory, performance skills, and musical independence.

That philosophy is supported by a diverse faculty of highly educated professional musicians and music educators. Students are matched with instructors according to their instrument, experience level, goals, and learning needs, allowing the school to provide instruction for everyone from a four-year-old beginning a first music class to an adult returning to an instrument after many years.

The Studio's academic-year program runs from September through June and includes 36 scheduled lessons or classes, providing students with the consistency needed for meaningful musical development.

Students also have opportunities throughout the year to perform, participate in recitals, join special programs, and become part of an active musical community.

For younger musicians, group programs introduce music in an engaging and age-appropriate environment, while private instruction allows students to progress at an individualized pace. Voice students, instrumentalists, beginners, and advanced musicians all benefit from an educational structure built around long-term growth rather than a one-size-fits-all approach.

Now approaching 10 years in business, The Music Studio has grown to serve southeastern Connecticut through two locations in East Lyme/Niantic and Mystic. Throughout that growth, its mission has remained the same: to make high-quality music education welcoming, encouraging, and accessible while maintaining a strong standard of musical excellence.

For more information call 860-389-2589, email Info@MusicStudioLLC.com or visit MusicStudioLLC.com.



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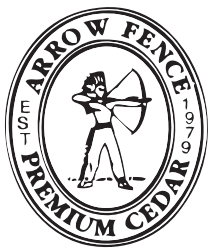


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SOS Trees was started in 2023 by a group of Old Saybrook residents concerned about the continual loss of large shade trees in our neighborhoods and streets. When we found out that Old Saybrook had the lowest tree canopy of its shoreline neighbors and that five of our eight census tracks measured 13-20% tree canopy, we decided to set up a program for residents to get a free tree. Please help us build the canopy- plant a tree, make a donation and/or come to a meeting and volunteer!

Trees are our natural defense against the rising temperatures, frequency of storms and air pollution from carbon emissions. They increase property values and reduce stress.

If you want a cooler property that will soak up storm water and remove fine particle pollutants- please plant a tree. Our trees are young and must be transplanted from their 5-15 gallon containers to your property. The funds we raise for this project are donations from citizens who are about building our tree canopy.

Our next free tree giveaway is October 17, 10 a.m. – 1 p.m. You can register for a tree at www.sostrees.net or via email at sostrees06475@gmail.com by October 1, 2026.

We meet the third Saturday of each month at Acton Public Library, Old Saybrook- 10 a.m. See you there!

Nehantic Heritage Day 2026

The Nehantic Native Nation and the East Lyme Historical Society invite the community to Nehantic Heritage Day 2026 on Saturday, October 3, at McCook Park in Niantic. The free community gathering will offer visitors an opportunity to experience the Nehantic homeland through ceremony, history, Indigenous culture, music, storytelling, art, archaeology, and community connection.

This year's event will take place during the nationwide commemoration of America's 250th anniversary and will highlight an important chapter in Nehantic history: the participation of Nehantic men in the American Revolution. More than 25 known Nehantic men served during the Revolutionary War, and their contributions will be remembered throughout the day's opening ceremony and historical programming.

Nehantic Heritage Day is intentionally designed as a welcoming community gathering rather than a large festival. The organizers hope to create a setting where visitors can spend time listening, learning, asking questions, meeting participants, and developing a deeper appreciation for the Nehantic homeland.

The opening ceremony at Wigwam Rock will take place outdoors regardless of weather. If weather conditions require it, the remainder of the day's activities will move to an indoor location to be announced.

Additional information about participating artists, organizations, activities, and the day's schedule will be announced as plans develop.

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25.08

STARS to STEM Fall Events

STARS to STEM, Inc is starting out this fall with it's "Friday Music Night" at the planetarium. This month it will be October 9th from 7-9 p.m. Be ready to be entertained by singer/songwriter Jim Lampos' acoustic performance under the artistic creations projected on the planetarium dome. Admission is a \$10 donation to STARS to STEM.

On the last Friday of the month it's "What's Up In The Night Sky?" Dr. Leslie Brown will guide us on a tour of the night sky happenings of the coming month. After the presentation, she'll take us outdoors for an optional sky tour, weather permitting.

There is a fee of a \$10 donation to STARS to STEM, Inc.

The planetarium is located in the rear of East Lyme High School. To register, get more information and mapped directions, visit our website, www.starstostem.org.

Music & Movement At The Bill Memorial Library

The Bill Memorial Library in the City of Groton invites children and their grownups to our Music & Movement program on Tuesdays at 10:00 a.m. beginning September 8, 2026, through November 17. Join us for songs and activities with LIVE music! We'll have you and your little one moving and grooving as we sing, stretch, and explore music with instruments. This program is supported by CT Humanities and no registration is required. Call the library at 860-445-0392 for more information.

Library hours are Monday, Tuesday and Thursday, 10:00 a.m. to 8:00 p.m., Wednesday and Friday, 10:00 a.m. to 5:00 p.m. and Saturday, 10:00 a.m. to 3:00 p.m.

The Bill Memorial Library, a landmark on Groton Heights since 1890, is located at 240 Monument Street in the City of Groton, near the Groton Monument and historic Fort Griswold. To keep up with the latest happenings for adults, teens, kids and families, visit our web page at <https://www.billmemorial.org>, or check out our social media - follow us on Instagram at @billmemorialgrotonct or find us on Facebook at Bill Memorial Library.

Stonington Farmers' Market

From Memorial Weekend to mid-October, the market is outside every Saturday from 9:00 a.m.-12:00 p.m. in the back parking lot of the Velvet Mill, 22 Bayview Avenue in Stonington. In Mid-October, the market moves inside the Velvet Mill in the back room closest to Meadow Avenue.

Vendors at the Farmers' Market

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Five Questions That Could Change How You See Retirement

Saving for retirement is important, but it's only part of the picture. If you're within five to 10 years of your target retirement date, it's time to start thinking about what you actually want your retirement to look like. After all, getting to retirement isn't the end goal — it's what you want to do once you're there that matters.

Start by asking yourself these five questions.

When do you want to retire? The age at which you retire matters more than you may realize. Retiring early sounds appealing, but it means saving more and having less time to do it. It can also create gaps in health care coverage and income before key benefits kick in. For example, Social Security benefits can begin at 62, but at a reduced amount. Full benefits are available between ages 66 and 67, depending on birth year, and waiting until 70 means the maximum benefit. Medicare doesn't start until age 65, and penalty-free withdrawals from retirement accounts generally aren't allowed until age 59½. For couples, timing gets even more complicated. Staggering retirement dates can sometimes maximize benefits; in other cases, retiring at the same time works better. A financial advisor can help you sort through these decisions and find the approach that makes the most sense for your situation.

How do you want to spend your time in retirement? Many new retirees are surprised to find that having unlimited free time feels disorienting rather than freeing. Thinking ahead about how to fill the days with meaningful activity — whether that's travel, volunteering, pursuing hobbies or spending more time with family — can make the transition smoother. It helps to sketch out what a typical week, month or even first year might look like. If there are big gaps, it's worth thinking now about what might fill them in rewarding ways.

Where do you want to live as a retiree? Some retirees stay put, while others downsize or relocate entirely. Either way, it's wise to consider whether a chosen location will work well as you get older, taking into account factors like proximity to family, access to health care, cost of living and climate.

What will your retirement lifestyle cost? It's not uncommon for retirees to discover that their travel, entertainment or leisure expenses were higher than expected. The more active and involved you plan to be, the more you will likely need to budget.

Does your retirement involve giving back? Retirement often brings both the time and motivation to be more generous. Whether the goal is helping family members, donating to charity or volunteering in the community, it's worth defining those goals and building them into an overall plan.

Now that your vision is taking shape, turn it into a plan. Work with your financial advisor to align your savings with the life you want — and revisit that plan as your priorities evolve so your retirement keeps pace with you.

This article was written by Edward Jones for use by Jesse Perrault, CFP®, CEPA®, your Edward Jones Financial Advisor at 51 Pennsylvania Ave, Niantic.

Edward Jones, Member SIPC

Shoreline Civil War Roundtable Meeting

Shoreline Civil War Roundtable in Old Saybrook will meet on Tuesday, October 6, at 6:15 p.m. at the Acton Library. Civil War Historian Frances Hasuly will present, "East Haddam's Civil War Soldiers - Book of the Living and Dead." All are welcome. No registration or fee is required.

For more information, call 860-395-1124.

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Should your portfolio shift when the market does?



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Hippies Take Over The Kate!

Homecoming Concert for Waterford Native



The Vintage Vixens are bringing peace, love, and 60s hits to The Kate! Left to Right - Star Shine on bass, Gypsy Wolf on guitar, Moon Child on drums, Jasmine on vocals and percussion, Penny Lane on keys.

By Robin Stewart

Peace, love, and live music are coming to the Katharine Hepburn Cultural Arts Center, also known as “The Kate” in Old Saybrook. Traveling all the way from the Peach State of Georgia, the Vintage Vixens, an all-female 60s cover band, will perform groovy fan favorites. Reminisce to the soundtrack of the 1960s with hit songs like “California Dreaming,” “Born to Be Wild,” and “American Band,” to name a few.

The 1:00 p.m. matinee performance on Sunday, November 1, will also feature songs from the early 1970s including classics from Three Dog Night, “Joy to the World” and “Shambala.”

Linda Walker is the founding member, manager, and bass player for the Vintage Vixens. Their gig at The Kate is particularly special for Walker, a native of Waterford.

“I’m excited to be back in my home state, to play so near my hometown,” Walker shares. “I grew up here, and still have family and friends here. It will be a happy reunion in lots of ways!”

In 1965, Walker graduated from Waterford High School as Linda Jean Hollandersky. Last year, her class celebrated their sixtieth high school reunion. Members of that graduating class are planning to



Left: Linda Hollandersky in her Waterford High Class of 1965 graduation photo. Right: Linda Walker now, founding member and bass player of Vintage Vixens.

attend the Vixens show to see their classmate on stage, living her rock-n-roll dreams!

The band’s vibe is distinctly, appropriately hippie. Each band member dresses the part and has her own bohemian stage name. Walker’s, for example, is Star Shine. There’s also Moon Child, Gypsy Wolf, Jasmine, and Penny Lane.

Attendees are encouraged to don their sixties duds. Trivia, merch, dancing, and a couple of giveaways are all part of the fun. Gather your grooviest group! Dust off those bell-bottoms or go-go boots. Find your Flower Power, and make it to The Kate to welcome Walker home, and to rock, roll, and remember with the Vintage Vixens.

Learn more about the Vintage Vixens at <https://www.facebook.com/VVBandAtlanta>.

Tickets to the Vintage Vixens show are available at <https://www.thekate.org/>.

ONE WAY
THURSDAYS @ 7 PM

Our midweek Youth & Kids ministries meet on Thursday nights, from the 1st Thursday of September to the 2nd Thursday of May. We come alongside the family, presenting faith-defining experiences that give students and children a chance to encounter God and grow in their spiritual walks.

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Church Bazaar Sale Items Reflect our Changing Lifestyle



Houseplants were a popular seller at the Bazaar in the 1970's.

Church bazaar sale items reflect the changing lifestyle of our communities as evidenced by Niantic Community Church's (NCC) Jack Frost Bazaar. Now in its 79th year, the Bazaar's seven decades of selling handmade items, toys, jewelry, and decorative merchandise are prime examples of these phenomena.

1950's: After World War II, the economy soared, our returning soldiers married, and the Baby Boom began! Many women became housewives and mothers, and church bazaars were just the place to find handmade items for taking care of household chores and decorating their homes.

NCC's Women's Fellowship group applied their skills to embroider sewing kits and sew aprons featuring pockets for holding clothespins used to hang laundry outdoors. Electric clothes dryers were a luxury item until the early 1960's.

1960's: Taking photos became easier with instamatic cameras and flashcubes. NCC women's creativity flourished as the used flashcubes were repurposed to become Christmas ornaments. Popular decoupage techniques transformed eyeglass lenses into charming pins.

1970's: Natural materials became popular indoor decorations. People collected pinecones and transformed them into various decorative items, while flowers and grasses from fields and gardens were dried and arranged into attractive displays. And the houseplant craze was on! NCC responded to the demand with an ample collection of houseplants filling numerous tables.

1980's: The first boom of consumer video games hit the marketplace, so it made sense to add Pac-Man ornaments to NCC's Christmas ornament repertoire. Welcome to Our World of Cooking, comprised of recipes donated by church members and friends, made its appearance to satisfy the growing interest in trying new recipes.

1990's: VHS tapes were a popular bazaar item even though DVDs were the new, preferred media. Many homes still use VHS players to watch movies.

2000's: While pets and bird watching were always popular, the COVID-19 pandemic spurred an increase in pet ownership and bird watching. "I saw an opportunity to add a Fur & Feather booth with items pet owners and backyard bird enthusiasts could use," said Gail SanJuan, bazaar organizer.

Bazaar Eats over the Years – From Four Meals to One

Early 1970's: The Bazaar offered four options - morning donuts for twenty-five cents, a business plate lunch for \$1.25, a mid-afternoon tea for fifty cents and a roast beef supper with homemade pie for \$2.50! The longest Bazaar lasted from 10:00 a.m. to 8:00 p.m.—a total of 10 hours—to accommodate all the meals!

By 1976, four meals became two: a 20-cent breakfast featuring coffee or punch, fruit bread, coffee cake, and doughnuts, followed by a \$1.00 Thrifty Lunch consisting of clam chowder, a sandwich, a



The Fur & Feather booth was added when pet ownership increased during the COVID 19 pandemic.

beverage, and a brownie.

Changing menus in the 1980's: Morning coffee turned into snack time with beverages and homemade baked goods for fifty cents. The luncheon changed its offerings from clam chowder to hot roast beef sandwiches, cole slaw, brownies with ice cream and beverage with the price rising to \$3.50.

From the 1990s to the present: Time limitations led to NCC's decision to scale back to a single luncheon featuring turkey with all the fixings and homemade desserts. The price has increased to accommodate the rising cost of food.

However, the one constant throughout the years is army of volunteers that plan, prepare and serve these meals that is a tradition for generations of NCC families, as well as those who take on the numerous tasks needed to run our biggest, annual fundraiser.

This year's Bazaar takes place on Saturday, November 14 from 9 a.m.-2 p.m. at Niantic Community Church, 170 Pennsylvania Ave. Visit our two floors of booths for great sales. Get a photo with Santa Claus in his North Pole workshop. Let your kids participate in the Basket Bonanza - a Silent Auction just for kids with plenty of toys and games to try for. Bid on great gift baskets at our Silent Auction. Participate in our Name That Tune Christmas Carol contest for cash prizes. Buy our famous buckeyes candy, baked goods and pies! And don't forget to check out the following:

- Book Room
- Fur & Feathers (pet items)
- Christmas Corner
- Handmade items
- Handbags & Jewelry - new this year, large selection of vintage jewelry

- Precious Past (antiques)
- Toys & Sporting Goods
- Attic Treasures
- Baked Goods
- Cookie Cottage

A few reminders:

- Cash, check, and credit card accepted at most booths.
- We serve lunch from 11 a.m. - 1 p.m. \$17/per person.
- Handicapped parking is available in both the upper and lower parking lots. We have a lift for assistance in the church. Ask any bazaar worker for assistance.
- If our parking lot is full, you can park at the Town Hall or Veterans Memorial Field and walk a short distance to our church.
- Bring your reusable shopping bags for your purchases (most booths will also have bags)

Check out our new website! www.postroadreview.com

Clinton Art Society Presents Elected Members Exhibition



Diane Chandler, Waitomo Jungle, oil



Jeanette Wimmer, Leading the Way, graphite and color pencil

The Clinton Art Society (CAS) is pleased to present the Elected Members Exhibition on view from September 22 through November 12, 2026. The annual exhibit highlights work by more than 30 accomplished artists.

"The exhibition is a celebration of our Elected Members' talents and individual artistic journeys. CAS is delighted to showcase their art in this special show," said Robin-Hammeal-Urban, CAS Presi-



Sharon Morgio, Finding Her Voice, mixed media



Jeanne O'Brien, White Peonies, oil

dent.

The exhibition is at the Andrews Memorial Town Hall, 54 E. Main Street in Clinton, CT and is open during regular Town Hall hours. CAS is a vibrant arts community with members from across the state and beyond working in all fine art media. The organization sponsors exhibitions, education programs and plein air events. New members are always welcome. For more information, contact CAS at casclinton@gmail.com or visit clintonartsocietyct.org.

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Get Posted... Tempest and Brinley brought the *Post Road Review* to Hammonasset Beach State Park where the two swam in the ocean for the first time. The sisters were visiting from Alaska and enjoyed all the things that the Connecticut shoreline had to offer, eating ice cream and clams along the way.

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 is now accepting
 applications for store drops.

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communitynews@postroadreview.com

25.07



Get Posted... Supervisor Jeff Duthrie & Pass Checker Donna Palumbo from Niantic posed with *The Post Road Review* while working the end of season at Hole in the Wall Beach. They can't wait to see everyone next year!

Check out our new website! www.postroadreview.com

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Lyme Art Association Upcoming Events

The Lyme Art Association, 90 Lyme St., Old Lyme, has announced the following events for November. For more information call (860)434-7802, email info@lymeartassociation.org or visit www.lymeartassociation.org.

Deck the Walls

November 13, 2026 – January 1, 2027

On November 13, the Lyme Art Association is bringing back its most festive art show, Deck the Walls. With colder nights and shorter days, this wonderful show uplifts spirits by featuring delightful representational artwork in various subject matters and mediums. Also, while looking for the perfect gift to give, gallery visitors can enjoy cookies and hot cocoa each weekend from November 28 through December 27. Opening reception: Sunday, November 22 from 2-4 p.m.

Time: Gallery Hours: Tuesdays-Sundays, 10 a.m.-5 p.m.

Cost: Admission is free with contributions appreciated.

Expressive Skies in Oil Workshop with Howard Park & Lisa Miceli

Saturday, November 7

Skies are one of the most beautiful elements of nature that are often a source of inspiration for artists. In this painting workshop with Howard Park & Lisa Miceli at the Lyme Art Association, students learn how to convey skies with energy and drama using big brushstrokes or palette knife marks applied with freedom, and how to convey the mood and atmosphere of a sky in a convincing way.

Time Saturday, November 7, 10:00 a.m.-3:30 p.m.

Cost: Lyme Art Association Member: \$160; Non-Lyme Art Association Member: \$185

Botanical Ink Stippling: Late Autumn Blooms and Foliage Workshop with Jessica Daigle

Saturday, November 14

Celebrate the beauty of the fall garden through the timeless technique of ink stippling. In this hands-on workshop with Jessica Daigle at the Lyme Art Association, students learn how to build form, texture, and value using thousands of carefully placed dots while creating a detailed drawing of a chrysanthemum or other seasonal floral subject. This morning workshop is suitable for both beginners and experienced artists.

Time: Saturday, November 14, 9:00 a.m.-12:00 p.m.

Cost: Lyme Art Association Member Fee: \$125; Non-Lyme Art Association Member Fee: \$150

Bold Brushwork & Timeless Beauty Workshop with Kelli Folsom

Saturday - Sunday, November 14 - 15

In this two-day painting workshop with Kelli Folsom at the Lyme Art Association, students explore the rich tradition of old-world still life and painterly floral painting with a fresh, bold yet sensitive approach. Through daily demonstrations and one-on-one critiques, Kelli guides students in creating luminous works using wet-into-wet techniques, bold brushwork, and compositional design.

Time: Saturday & Sunday, November 14-15, 9:30 a.m.-4:30 p.m.

Cost: LAA Member Fee: \$ 42; Non-LAA Member Fee: \$ 475

Fearless Fluid Acrylics with Bob Noreika

Saturday & Sunday, November 21-22

Bob Noreika will share his signature "fluid" painting method in a 2-day workshop at the Lyme Art Association. Bob will demonstrate the versatility acrylics have to offer from working on paper like watercolor to applying paint like oils. Also, this workshop's focus is less about the materials and more on building the students' confidence through understanding basic and foundational design, color harmony and strong confident brushwork.

Time: Saturday & Sunday, November 21-22 from 10 a.m.-4 p.m.

Cost: LAA Member Fee: \$ 375; Non-LAA Member Fee: \$ 400

Painting Demonstration with Sarah Baskin

Saturday, November 14

ACROSS

- 1 Belgian resort
 4 Dupe
 8 Senior gala
 12 Carrying current
 14 Badger
 15 Wells-Barnett's nom
 de plume
 16 Rickman, of "Harry
 Potter"
 17 Ornamental art
 styles
 19 Bought stock,
 perhaps
 21 Cars
 22 Course hazards
 23 Fish follower
 25 Too sweet
 27 Emmy winner
 Thompson, of
 "Family"
 28 Butt end
 31 Halfmoon Bay,
 formerly
 32 "Melencolia I"
 engraver
 33 17th letter of the
 Greek alphabet
 34 Whistler was one
 38 I've ____ it!
 39 They're online
 40 Low bills
 41 Sault ____ Marie
 42 Alpha follower
 43 Soft felt hat
 45 Arab garments
 46 Lost in Paris
 47 Oregon or Santa Fe
 50 Granted a pardon
 53 Dali's painting style
 56 Roman fiddler
 57 Soap additive
 58 Loren's spouse
 59 Put on weight
 60 Tear apart
 61 Possesses
 62 Armed Forces social
 org.

DOWN

- 1 Serb or Croat, e.g.
 2 Bundle, as of dough
 3 Pioneers, especially
 in the arts
 4 Refreshments
 5 Mouthward
 6 Globe
 7 Leachate
 8 Vexation
 9 Lopsided win
 10 Dairy case item
 11 Church service
 13 Competitor
 14 Nagging woman
 18 African expedition
 20 Former Arab gp.
 23 Bends out of shape
 24 You have no ____!
 25 Wannabe jrs.
 26 WWII menace
 27 Discourse of Buddha
 28 19th C. decorative
 style
 29 See-through
 30 Hengist's brother
 32 Regimens
 35 Barney, on "The
 Flintstones"
 36 On the briny
 37 Somnolent
 43 Nobelist Enrico
 44 Work unit
 45 Hung out on the line
 46 Pillars' partners
 47 Russian despot
 48 ____ with an iron
 hand
 49 Graceland name
 50 Huckleberry ____
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 54 Sgt.'s address
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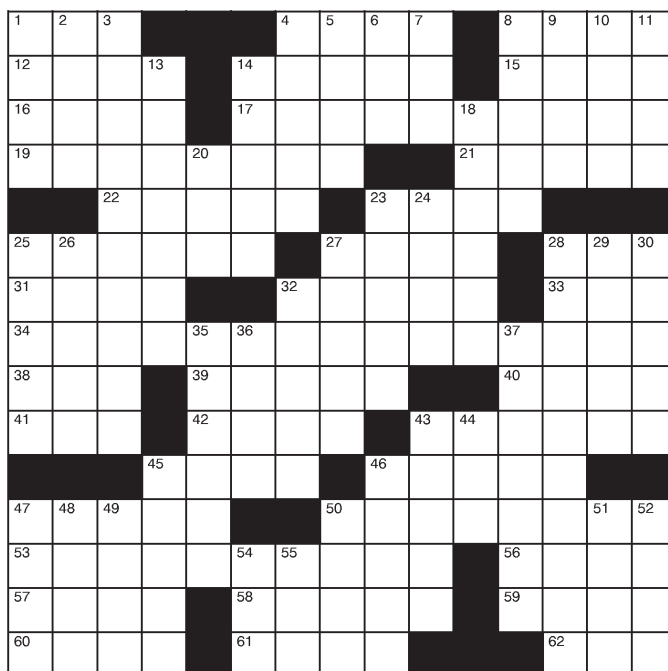
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ART STYLES



CREATORS NEWS SERVICE

By Neil Manassa

Answers on pg 39

On Saturday, November 14, 2026, Impressionistic oil painter Sarah Baskin will conduct an oil painting demonstration at the Lyme Art Association from 2-4 p.m. Sarah will use alternative tools, including brayers and squeegees, to paint a seascape.

Time: Saturday, November 14, 2-4 p.m.

Cost: The demo is free, but RSVPs are recommended.

Fall Art Classes and Workshops at the Lyme Art Association
 October-December 2026

Online registration for classes and workshops at the Lyme Art Association is now open. This fall, develop your skills in painting and drawing of figures, still lifes, landscapes and more. Visit lymeartassociation.org for more details and to register.

Time: Visit lymeartassociation.org to view the class and workshop schedules. Gallery Hours: Tuesdays-Sundays, 10 a.m.-5 p.m.

Cost: Class and Workshop prices vary. Visit lymeartassociation.org for class details and pricing.

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Check out our new website! www.postroadreview.com

Brian's Healing Hearts Center for Healing and Hope Upcoming Support Groups & Events

Brian's Healing Hearts Center for Healing and Hope, located at 461 Main Street, Niantic, has announced the following schedule.

Pre-registration at least 24 hours in advance is required for all support groups. For group descriptions visit: BriansHealingHearts.org/resources/grief-support-programs/

For more information visit BriansHealingHearts.org, call (860) 451-8354 or email Chelsea@BriansHealingHearts.org.

Regular Support Groups

Bereaved Parents, Grandparents, or Siblings Support Group

Tuesday PM 10/13 & 10/27 (Main House)

Friends & Family Support Group

Wednesday PM 10/7 & 10/21 (Virtual)

Loss of a Spouse or Partner Support Group

AM GROUP: Wednesday 10/14 & 10/28 (Cottage)

PM GROUP: Wednesday 10/7 & 10/21 (Main House)

Hope and Healing after Loss Seniors Support Group

Monday AM 10/26 (Groton Senior Center)

Loss of Spouse or Partner to Suicide Support Group

Wednesday PM 10/14 (Main House)

Loss to Substance Use Support Group

Monday PM 10/26 (Cottage)

Men's Grief Support Group

Tuesday PM 10/27 (Cottage)

Pregnancy & Infant Loss Support Group

Thursday PM 10/1 & 10/15 (Cottage)

Survivors of Suicide Loss Support Group

Thursday PM 10/1 & 10/15 (Main House)

Young Adult Grief Support Group (for ages 25-40)

Monday PM 10/12 (Main House)

Walking Grief Group

Thursday PM 10/1 & Monday AM 10/19

The Brian Dagle Foundation — anchored in hope and empowered to support, is dedicated to the healing of grieving adults as well as community education on mental health, suicide awareness, and the grieving process.

Our support groups offer a safe space to share your grief and to understand you are not alone. Most groups are facilitated by others who are further along on the journey of hope and healing after loss.

October 2026 Special Events

Email Chelsea@BriansHealingHearts.org to register unless otherwise noted

"In the Company of the Weary" Book Reading & Signing with Becky L McCoy

Friday 10/9, 6:30-7:30 p.m.

If you're in the thick of grief, burnout, or mental illness, spirituality may feel like a burden you can't bear. Participating in common faith

practices comes with a weight that might be too heavy to carry right now. Becky L. McCoy faced this issue personally through a series of devastating losses and thought a spiritual life was out of reach until she began exploring contemplative practices and unlocked a gentle and accessible way of faith she never expected. Join Becky for readings and Q&A from her new book *In the Company of the Weary*. Books will be available for purchase.

Mandala Rock Painting

Monday 10/12, 4:00-6:00 p.m. Cost: \$20. Limit of 12 attendees.

Painting mandalas provides a pathway to inner harmony and completeness. You will learn about the history of Mandalas and what their purpose is. Experience a transformative practice of intention setting to find inner balance and awareness as you learn the specific techniques for creating dot mandala paintings.

Yoga for Grief with Tracy Blasioli

Monday 10/19, 5:30-6:45 p.m. Cost: \$30.

Through the use of gentle yoga poses, affirmations, and breath work, the body has the ability to work through grief, moving it through our body, and allows healing to our broken hearts. Understanding your grief and how it affects your entire being will be woven throughout the class.

Tending Your Grief Workshop

Wednesday 10/28, 12:30-2:00 p.m.

What does it mean to live with grief? How can we tend to our grief, care for ourselves, and keep up with the day-to-day demands of life? Join Becky to explore the ways grief impacts our lives and strategies for navigating the particular challenges of grief.

November 2026 Special Events

Email Chelsea@BriansHealingHearts.org to register unless otherwise noted

Tracy Ann Psychic Medium

Monday 11/2, 4:00-6:00 p.m. Maximum of 10 participants. Cost: \$40

Tracy Ann is a local psychic medium who has done a number of private and small group events with The Brian Dagle Foundation community. In March she joins us for an intimate group event with individual psychic readings. Tracy Ann, a 4th generation psychic medium, will share messages from and about your loved one.

Grief Informed Care: Practicing Cultural Humility When Companioning the Bereaved

Friday 11/6, 9:00 a.m.-3:30 p.m. Cost with 5 CECs: \$150 or no CECs: \$120

This IN PERSON workshop will equip professionals with a framework to support individuals navigating loss. Attendees will learn how to transition from an expert-driven approach to a collaborative "Companioning" model of care using the Six Universal Needs of Mourning. Case studies will be used so attendees can broaden their understanding of diverse mourning traditions and systems that constrain traditional cultural expressions of grief and loss. This program has been approved for 5 CECs by NASW/C

Online registration available

Understanding the Six Needs of Mourning

Begins 11/16, 5:00-6:30 p.m. (three week program 11/16, 11/23, 11/30)

Everyone grieves and mourns differently, but there are some steps along the way that we all must encounter. By understanding the six needs of mourning you may think of them as your "to-do list". Slowly and over time, you work on actively expressing—or mourning—your grief. Meeting the six needs of mourning one day at a time will help you move toward a life of meaning and purpose again.

Niantic Jingle 5k 12/12

Registration and sponsorship information at BriansHealingHearts.org/NianticJingle5k



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24/7

This Autumn at the Lyme Art Association

New England Landscape: Celebrating the Beauty of East Coast Scenery; and Palate to Palette: LAA's Signature Fundraiser in Support of the Arts



Mark Battista, Barnyard Duet, acrylic

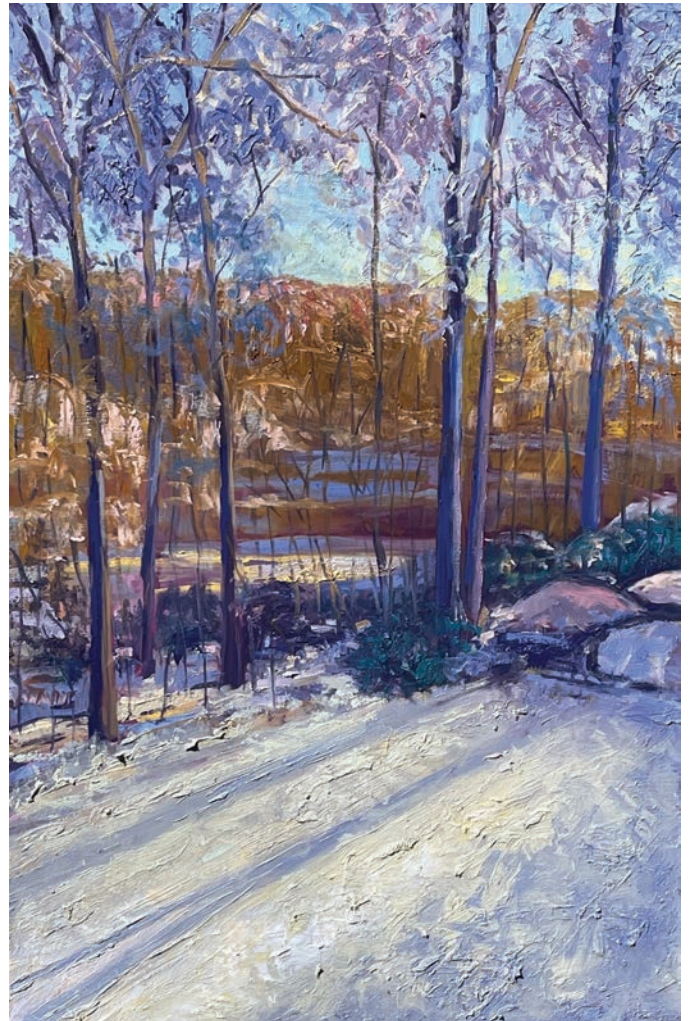


Karen Israel, It's All About the Greens, pastel

Old Lyme, CT: Lyme Art Association (LAA) is proud to announce New England Landscape, its annual juried exhibition celebrating the rich and varied charm of the East Coast, where nature's artistry unfolds in breathtaking beauty. This gorgeous art show includes rolling hills covered with trees, lonely roads, cow-dotted farmlands, historical homes, and bustling townscapes, all done in various mediums that visually explore people's connection to this extraordinary and gorgeous terrain.

Running concurrently is Bon Appétit. This exhibition features sumptuous and delectable depictions of food meant to tantalize both visual and culinary senses with masterpieces featuring delicious looking food and vivid depictions of bustling farmers' markets and restaurants.

New England Landscape and Bon Appétit are on view from September 18 - November 6. New England Landscape is supported by Ascend Bank in partnership with the Community Foundation of Middlesex County.



Karen Bartone, Ice Cold Light from My Window, oil

On Thursday, October 15, the Lyme Art Association is hosting its signature fundraising gala, Palate to Palette, from 6 p.m. – 9 p.m. at its galleries in Old Lyme. This fun event features live music, sumptuous fine food from top regional restaurants and caterers, and a silent auction of new artwork created by LAA member artists. All proceeds go towards supporting the Lyme Art Association's exhibitions and special projects, and ensure that this wonderful community of artists and art lovers continues to thrive. Tickets go on sale in September. \$85 per person. RSVPs are required. For more info, visit <https://lymeartassociation.org/palate-to-palette/>

About the Lyme Art Association:

Founded in 1914 by the American Impressionists, the Lyme Art Association continues the tradition of exhibiting and selling representational artwork by its members and invited artists, as well as offering art instruction, lectures, and other public programs to the community. The Lyme Art Association is located at 90 Lyme Street, Old Lyme, CT, in a building designed by architect Charles Adams Platt. Admission is free with contributions appreciated. Gallery hours are Tuesday - Sunday, 10 a.m. - 5 p.m., or by appointment. For more information, visit our website www.lymeartassociation.org or call (860) 434-7802.

Check out our new website! www.postroadreview.com

East Lyme Public Library Upcoming Programs

The East Lyme Public Library, 39 Society Rd, Niantic, has announced the following programs. For more information and registration call (860) 739-6926 or visit <https://www.eastlymepubliclibrary.org>.

Book Groups

Out-of-This-World Book Group

Wednesdays, 7:00 p.m.

Location: East Lyme Room

10/7/26 The Book That Wouldn't Burn by Mark Lawrence

Novel Book Group

Tuesdays, 7:00 p.m.

Location: East Lyme Room

October 13: Hester by Laurie Lico Albanese

Men's Book Group

Wednesdays, 7:00 p.m.

Location: East Lyme Room

October 28: Tinkers by Paul Harding

Nonfiction-for-Fiction-Readers Book Club

Nonfiction books that bring together storytelling qualities of novel writing, linked to true events/information.

Tuesdays, 7:00 p.m.

Location: East Lyme Room

October 27: Say Nothing: A True Story of Murder and Memory in Northern Ireland by Patrick Radden Keefe

Mystery Book Group

Thursday's, 11:00 a.m.

Location: East Lyme Room

October 29: The Night We Lost Him by Laura Dave

Classics Book Group

Friday's 11:00 a.m.

Location: East Lyme Room October 9: The Adventures of Huckleberry Finn by Mark Twain

True Crime Book Group

Tuesday's 7:00 p.m.

Join the library's newest book group!

October 20: Genealogy of a Murder by Lisa Belkin

Trivia Night

Tuesday's, 6:30 p.m.

Location: Senior Center

Looking to test your knowledge? Join the fun and pit yourself against our quiz questions for a night of trivia. Come by yourself or with family and friends. All ages welcome!

Please register at www.eastlymepubliclibrary.org

DND: Adventure Club with Mark Hallbauer

Saturdays, 12:00 p.m. – 4:00 p.m.

10/24/26

Looking for adventure? Join us! Ages 6 and up. All skill levels are welcome.

Please register at www.eastlymepubliclibrary.org

Super Portrait!

Saturday, October 10 at 11 a.m. and 2 p.m. Please register for 1 session

Leading up to our third annual LibraryCon, join us to create a SUPER portrait! Channel your inner comic book creator and develop your very own superhero! Find inspiration in yourself or others! Register for one of two slots for October 10th in the East Lyme Room. Your amazing creations will be on display in the lobby throughout the month of November for others to marvel at your genius! Pick up your artwork after the expedition between December 1st and December 5th. This program is for all ages! Children under 12 must be accompanied by an adult.

Halloween Horror Movie: Sinners

Saturday, October 10 at 1:00 p.m. in the Senior Center

Sinners is a 2025 horror film written and directed by Ryan Coogler. Set in 1932 Mississippi, the story follows gangster twins (both played by Michael B. Jordan) who return home from Chicago to open a blues juke joint, only to defend their community against a clan of ravenous vampires.

Ages 18 and up. This film is rated R. Registration is required.

Paranormal Investigation of Brookside Farm Museum

Wednesday, Oct. 14

6:00 p.m.

Location: Senior Center

Some houses echo, Brookside Farm Museum answered back! Join us for a spine-tingling presentation, where the original inhabitants remain long after their final breath. CT. Spirit Investigators & Researchers, a team of seasoned professionals, spent multiple nights connecting with Brookside's spirits, while emerging with unexplainable evidence and encounters. They will be sharing personal stories, videos, audio, and pictures. Ideal for all those drawn to ghost lore, supernatural phenomena and the history behind it.

Please register at www.eastlymepubliclibrary.org

Crafting with Emery – Halloween Felt Garland

Tuesday, Oct. 20

6:00 p.m.

Location: East Lyme Room

Up your Halloween decorations this spooky season and put together your own bat-infested felt garland! Perfect for any wall, shelf, or mantel!

Ages 16 and up. Limited space.

Please register at www.eastlymepubliclibrary.org

Halloween Film Classics: Abbott and Costello Meet Frankenstein (1948) Rated PG-13

Saturday, Oct. 24

2:00 p.m.

Location: Senior Center

Two hapless baggage clerks, Chick and Wilbur, receive crates containing Count Dracula and Frankenstein's Monster for a wax museum. Dracula plans to transplant Wilbur's simple brain into the Monster. Meanwhile, the Wolf Man (Larry Talbot) races to stop the plot.

Please register at www.eastlymepubliclibrary.org

Children & Families

Storytime Fun with Miss Zoë

Grow a reader the fun way! Read, sing, dance, and play! Enjoy books, flannel board stories, creative movement and parachute play. Designed for children ages

2 and up, but all ages are welcome.

Tuesdays from 10:30 to 11:00 a.m.

Location: Community Center Activity Room

10/27: Trick or Treat fun! Costumes are welcome!

Baby Sign & Sing with Miss Sarah

Learn baby sign language in this fun, interactive storytime. Sing, play, dance, and learn! Best for birth to three, and older siblings are always welcome.

Wednesdays from 9:30 to 10:00 a.m. and 10:30 to 11:00 a.m.

Location: Children's Storytime Room

10/28: Halloween! Costumes are welcome!

Sing & Stomp with Miss Rebecca

A dance party for children and their grown-ups. Sing, dance, shake and stomp to popular dance tunes. Great for developing motor skills and making new friends!

Thursdays from 10:30 to 11:00 a.m.

Location: Community Center Activity Room

10/29: Halloween! Costumes are welcome!

All Aboard! Train Play

Follow us on Facebook: The Post Road Review Magazine

For ages 2 and up with an adult caregiver.
Mondays and Fridays 9:30 a.m. to 2:30 p.m.
Location: Children's Storytime Room
There will be no All Aboard on Monday, 10/12

Read to Hazel

This is an opportunity for young readers to gain confidence and fluency by reading to a therapy dog. Registration required.

Call to sign up for a 15 minute slot. 860-739-6926

Tuesdays from 4:00 to 5:00 p.m.

Location: Children's Storytime Room

Family Story Stroll with Miss Sarah: Autumn All Around

Join Miss Sarah for a story and short nature walk designed for families with young children. Wear comfortable, closed-toe shoes.

Saturday, October 10 at 1:00 to 2:30 p.m.

Registration is required at eastlyme.librarycalendar.com/events

What a Pig!

Meet Gilbert the Party Pig and his friends while learning about animal care and compassion! Best for ages 3 and up. Children must be accompanied by an adult.

Saturday, October 17 at 2:00 to 2:45 p.m.

Location: East Lyme Senior Center

Registration is required at eastlyme.librarycalendar.com/events

Sensory Storytime

For children ages 2-6 who are overwhelmed by large groups or wanting a more tactile experience. Small parts will be included, and direct adult supervision during storytime is required. This is a small group, and registration is required.

Monday, October 19 at 5:30-6:00 p.m.

Location: Children's Storytime Room

Registration is required at eastlyme.librarycalendar.com/events

Pokémon Club

Pokémon crafts, movies, and give-aways for ages 6-9.

Wednesday, October 28 at 4:00-4:45 p.m.

Location: East Lyme Room

Registration is required at eastlyme.librarycalendar.com/events

Storybook Trail

Book Fiesta: A Bilingual Picture Book by Pat Mora and Rafael Lopez

Enjoy this story in English and in Spanish as you walk along our Storybook Trail.

Location: Perimeter of Samuel M. Peretz Park at Bridebrook Park.

Spooky East Lyme: A Writing Contest for All Ages

Attention aspiring authors of all ages!

The East Lyme Public Library is hosting its second annual writing contest. Better yet, it's a SPOOKY Story writing contest! The link to submit your spooky story will open on October 1, so get those creative writing juices flowing! Please refer to our website for contest details.

The winning stories will be published in a state-wide anthology entitled Spooky Connecticut 2026.

Young Adult

Young Adult (YA) Book Club for Grades 5-8

Do you love to read? Join us to read a book each month and discuss it with friends.

October Book: Coraline by Neil Gaiman

Wednesday, October 14 at 3:15-4:00 p.m.

Location: Children's Storytime Room

Registration is required at eastlyme.librarycalendar.com/events

Students under the age of 12 need a signed permission slip.

Copies of each book are available at the Circulation Desk one month prior to the meeting.

YA Craft Club for Grades 5-8

We will explore a different project each month!

October Craft: Scary Shadow Puppets

Wednesday, October 21 at 3:15-4:00 p.m.

Location: East Lyme Room

Registration is required at eastlyme.librarycalendar.com/events

Students under the age of 12 need a signed permission slip.

Next Chapter Book Club

Wednesday, October 7 at 11:30 a.m. to 12:15 p.m.

Designed for teens and young adults with intellectual and developmental challenges, this welcoming book club reads together during our meetings. Books and Kindles will be provided. Registration required.

Bill Memorial Library to Host Author James Benn for Book Discussion

Groton, Conn. – On Saturday, October 3, at 1 p.m., James Benn, author of the popular Billy Boyle, World War II mystery series, will lead a discussion of his book, Freegift, at Bill Memorial Library. The book is a Revolutionary War tale set in southeastern Connecticut. It follows the formerly enslaved Freegift Cooper, who discovers his father is the notorious traitor, Benedict Arnold. Copies of the book are available for checkout at the three Groton libraries, and books will be available for purchase and signing at the event.

This program is free, but attendance is limited and registration is required. Follow this link, <https://tinyurl.com/2jhnfw7s>, or call the library at 860-445-0392 to register.

The Bill Memorial Library is located at 240 Monument Street in the City of Groton, near the Groton Monument and Fort Griswold. The library turned 135 years old in 2025. In addition to offering programs for patrons of all ages, it holds an extensive collection of books and media for children, teens and adults, including downloadable eBooks, audiobooks, museum passes and discount tickets. Visit our web page at www.BillMemorial.org, find us on Facebook at Bill Memorial Library, or follow us on Instagram @billmemorialgrotonct.

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Waterford Public Library Upcoming Programs

The Waterford Public Library, located at 49 Rope Ferry Road, Waterford, has announced the following schedule.

For more information please call (860)444-5805, visit <https://www.waterfordct.org/158/Library> or email waterfordlibrary@waterfordct.org.

Family Programs

Thursday, October 29, 10:30 a.m. - 11:15 a.m.

Special Halloween Storytime with Steve Elci: Join us for a special Halloween Storytime and dance party with local musician Steve Elci! Feel free to wear your costume to move and groove to some spooky tunes. Recommended for ages birth to five years old, but all ages and abilities welcome, no registration required.

Saturday, October 31, 2:00 p.m. - 4:00 p.m.

Halloween Family Movie Matinee: Stop by the library before your evening festivities begin for a special Halloween themed family friendly movie in the library meeting room! Be sure to visit the Children's Room to Trick-or-Treat. Feel free to wear your costumes and bring your blankets and pillows to make it even more cozy! All ages welcome, no registration required. Check our website for more information.

Children's Programs

Saturday, October 3rd to Friday, October 30th

Grab & Go: Black Cat: Stop by the Children's Room Saturday, October 3rd to Friday, October 30th to pick up supplies to make a black cat for spooky season! Check our Facebook page (@waterfordpubliclibrary) for a step-by-step video tutorial on how to make your craft. Available while supplies last.

Saturday, October 3, 10:30 a.m. - 11:00 a.m.

Sign and Sing: Ms. Janine is back for Sign and Sing! This fun live music storytime will include basic signs that both children and their caregivers will benefit from knowing. For ages birth to 5, no registration required. Thank you to CT Humanities for helping to fund this program.

Monday, October 5, 10:30 a.m. - 11:00 a.m.

Fire Safety Storytime: Join us for a special session of storytime with our friends from the Waterford Fire Department for National Fire Prevention Week! We will be reading stories and singing songs about fire safety. Members of the fire department will be showing us how they get ready to respond to a fire and answering questions. Recommended for ages birth to five years old, no registration required.

Friday, October 9 and Wednesday, October 21, 11:00 a.m. - 11:45 a.m.

Baby & Me Lapsit Storytime: Join us for a cozy and engaging storytime designed for babies and their caregivers! Enjoy songs, rhymes, stories (and cuddles!) that support early language development and bonding. The first half will be a structured storytime then attendees are welcome to stay to play and socialize. Recommended for children up to 18 months and their caregivers. No registration required.

Friday, October 16, 11:00 a.m. - 11:45 a.m.

Tale and Tinker: Join us for Tale and Tinker, a special storytime and STE a.m. art adventure designed just for toddlers! We'll read a short, engaging picture book together and then dive into a hands-on activity that sparks creativity and curiosity. For ages 3 to 5 years old, registration is required. *Only children should be registered. Adults do not need to be registered.*

Saturday, October 17, 10:00 a.m. - 11:00 a.m.

Read to Scout: We are excited to welcome another certified therapy dog to the library! Come practice your reading skills and give Scout a cuddle in the Children's Room anytime between 10:00 and 11:00 a.m.. All ages are welcome, no registration required.

Monday, October 19, 10:30 a.m. - 11:00 a.m.

Family Storytime: Get ready to read and get your wiggles out! Join Ms. Jenna at the library for some fun stories, songs, and dancing. Recommended for ages birth to five years old with a caregiver. No registration is required.

Monday, October 19, 5:00 p.m. - 6:00 p.m.

Spooky Mysteries Book Club: Join us for a spookalicious and mysterious book adventure! Bring any book from the mystery or paranormal genre to share with the group, and then enjoy a fun activity. Recommended for ages 6 to 11 years old. No registration required.

Tuesday, October 20, 5:00 p.m. - 6:30 p.m.

Youth Art Workshop with Margarita Maxson: Join local artist Margarita Maxson for an art workshop for kids and teens to honor Day of the Dead. Recommended for ages 8 and up, registration required. Thank you to the Katherine Forests Crafts Foundation for helping to fund this program.

Friday, October 23, 10:30 a.m. - 12:00 p.m.

Stay and Play: Stop by the library meeting room anytime between 10:30 and noon to play with some different toys and socialize with other parents and caregivers. Please note: this is not a structured storytime or program, just an informal space for free play. As with all of our programs, adults are responsible for their children. Recommended for ages birth to five years old, no registration required.

Monday, October 26, 4:00 p.m. - 6:30 p.m.

Drop in Craft: Fall Wreath: Celebrate the colors of fall with a fun wreath craft for kids! Using colorful paper leaves, pumpkins, and other autumn-inspired decorations, little crafters can create their own festive wreath while exploring their creativity and enjoying the beauty of the season. Recommended for ages 6 to 11. No registration required.

Teen Programs

Wednesday, October 28, 5:30 p.m. - 7:00 p.m.

Teen Craft Night: At this special, spooky Teen Craft Night we will be decorating spell book boxes! All materials provided. Recommended for ages 11 to 18 years old. Registration is required.

Adult Programs

Fridays, October 2, 9, 16, 23, & 30, 10:00 a.m. - 11:15 a.m.

Memory Café Program: The Library, in partnership with Waterford Senior Services, is offering a weekly Memory Café. The café is held at the Waterford Community Center at 24 Rope Ferry Road. The café offers a weekly opportunity for social engagement for anyone experiencing changes in their memory or thinking, accompanied by their care partners. Activities will include sing-alongs, creative engagement, reading and conversation. Refreshments will be provided. To learn more about the Memory Café movement, please visit the Dementia Friendly America website at <https://dfamerica.org/what-is-memory-cafe/>. The program is free and open to the public, but as space is limited, registration through Waterford Senior Services is required. Please call 860-444-5839 to register.

Fridays, October 2, 9, 16, 23, & 30, 11:00 a.m. - 12:30 p.m.

Scrabble Club: This Scrabble Club meets every Friday from 11 to 12:30 p.m. This club is open to all ages and abilities.

Saturday, October 3, 2:00 p.m. - 4:00 p.m.

CT State Poet Laureate Inaugural Program: We welcome you to an inaugural celebration of the appointment of Waterford's own José B. González, as Connecticut State Poet Laureate. José launches his term with original poems that connect to our area and world. José has been a featured speaker at colleges, universities, and organizations throughout the U.S. and abroad. He infuses his presentations with a mix of poetry, humor, and social commentary and has been featured on The Moth, NPR, Univision, and CBS News Radio. His work was part of the first ever Latino exhibit at

the Smithsonian Museum of American History. The author of the International Latino Book Award finalists, *Toys Made of Rock* and *When Love Was Reels*, he was born in San Salvador, El Salvador, and immigrated to New London, Connecticut at the age of eight. José is a Professor of English at the U.S. Coast Guard Academy. For more information about him, go to JoseBGonzalez.com

Wednesday, October 7, 6:30 p.m. – 8:00 p.m.

Mystery Book Club: Maisie Dobbs by Jacqueline Winspear (2003) - Discover the internationally bestselling series debut that introduces an extraordinary heroine in WWI nurse turned private investigator Maisie Dobbs. Our facilitator is Pam Bedore, Professor of English, UConn.

Thursday, October 8, 3:30 p.m. - 4:30 p.m.

When Food Acts Like Medicine: The Story of Soy Sauce and Licorice: A middle-aged woman with unexpectedly mild symptoms of Addison's disease puzzles her health care providers. After extensive questioning, they discover that she has been consuming large amounts of soy sauce and authentic licorice, inadvertently compensating for some effects of her illness. This talk explores the body's regulation of salt balance and the surprising scientific discoveries that explain this remarkable story. Mark Milanick, Ph.D. recently retired and moved to New London. He taught general science courses to undergraduates at the University of Missouri and to senior citizens through the Montana Osher Lifelong Learning Institute at the University of Montana. Registration is suggested.

Saturdays, October 10, 17, 24, & 31, 10:00 a.m. - 11:30 a.m.

Let's Speak English Together!: All are invited to join us for an informal conversation group where you can practice speaking English in a supportive community of new language learners. Topics will be based on real life experiences such as food, cooking, holiday traditions, the outdoors, and using the library. Attend one or attend all sessions based on your availability. Our facilitator is Jeri DeSantis, a librarian and teacher of English to Speakers of Other Languages at New London Adult Education. No registration is required for this event. Free and open to the public. Thank you to the Chelsea Groton Foundation for funding this program!

Saturday, October 10, 11:00 a.m. - 12:00 p.m.

Herbal Medicine Making: Fire Cider Workshop: Fire Cider is a classic folk remedy that herbalists and "kitchen witches" have been making for generations. It boosts the immune system, wards off colds and flu, and is an overall tonic for the body. Fire Cider is a wonderful remedy to make on your own, but even more fun to make with friends! Join Nora Toomey, Clinical Herbalist of True Bloom, for a morning of community medicine making! As we chop up our ingredients, we will learn all about this delightfully spicy and sweet remedy, including the history, the primary herbal actions and applications, and the myriad of recipe variations you can try at home! Each participant will leave with a pint jar full of Fire Cider! Registration is required as space is limited. There is an \$8.00 fee for supplies to be paid in advance in cash or by check.

Saturday, October 10, 2:00 p.m. - 4:00 p.m.

New Peasants: a documentary film: What happens when the values of the culture you've always known no longer align with how you see the world? The New Peasants offers an intimate look into the life of Meg, Patrick, Zephyr, and Woody. A family who, for 20 years, have been transitioning away from modern industrial culture toward a radically simple, sustainable, and beautiful way of life. Wealth is found in their cellar of preserved foods, connections with community, saved seeds, homesteading skills and the time to focus on what really matters in life. The film is 66 minutes. A panel discussion will follow with Eric Vukicevich, Assistant Professor of Botany, Connecticut College. Best Environmental Documentary, Melbourne Documentary Film Awards 2025 (Australia). Thank you to Green Planet Films. Registration is suggested.

Tuesday, October 13, 11:00 a.m. - 1:00 p.m.

CT Department Of Labor Job Fair: Join the Connecticut Department of Labor and the Waterford Public Library at their career resource fair this fall! The CT Department of Labor works closely with participating employers, industries, and businesses with real jobs available now. We can help you network prepare your resume and polish your interview skills so you start on the right foot with confidence. Bring copies of your resume and dress for success!

Registration is required; guests may either sign up at CTHires.com or register in-person at the event.

The Connecticut Department of Labor is an Affirmative Action/Equal Opportunity employer and equal opportunity program and service provider. Auxiliary aids and services are available upon request to individuals with disabilities. Email requests to dol.beu@ct.gov.

Monday, October 19, 7:00 p.m. – 8:30 p.m. ONLINE

Speculative Fiction Book Club: *Version Control* by Dexter Palmer (2016) - Although Rebecca Wright has pieced her life back together after a major tragedy; she can't shake a sense that the world around her feels off-kilter. Meanwhile, her husband's dedication to his invention, "the causality violation device" (which he would greatly prefer you not call a time machine) has effectively stalled his career—but he may be closer to success than either of them can possibly imagine. Emotionally powerful and wickedly intelligent, *Version Control* is a stunningly prescient novel about the effects of science and technology on our lives, our friendships, and our sense of self that will alter the way you see the future—and the present. Our facilitator is Pam Bedore, Professor of English, UConn.

Tuesday, October 20, 1:00 p.m. - 2:30 p.m.

Introduction to Writing Workshop: don't let that blank piece of paper intimidate you!: Join us for a this writing workshop. Local author Kathy Swope will lead this program. Please bring your own writing materials.

Wednesday, October 21, 6:30 p.m. - 7:30 p.m.

An Evening of Original Poetry: Hear poetry come alive off the page. We're hosting local poets Suzy Lamson and Glenn Shea for a special reading of their latest, unpublished works.

Friday, October 23, 11:30 a.m. - 2:00 p.m.

Friday Afternoon Book Club: *A Tale for the Time Being* by Ruth Ozeki (2013) - Full of Ozeki's signature humor and deeply engaged with the relationship between writer and reader, past and present, fact and fiction, quantum physics, history, and myth, *A Tale for the Time Being* is a brilliantly inventive, beguiling story of our shared humanity and the search for home. Our facilitator is Pam Bedore, English Professor, UConn.

Saturday, October 24, 1:00 p.m. - 4:00 p.m.

Local Author Fair: Join us to meet authors from Waterford and the surrounding area. This is a wonderful chance to support their work—buy a book for yourself or give one as a gift! Drop-in to hear from local and regional writers as they showcase their work and offer insight on their creative journeys. Books available for purchase and signing. Light refreshments will be provided. No registration necessary. This program is free and open to the public.

Wednesday, October 28, 6:00 p.m. - 7:30 p.m.

Irish Roots of Halloween: Please join lecturer Elizabeth Hanan Kading of the Dirty Blue Shirts as she delves into the Irish ancestry of one of America's most popular holidays, Halloween. Liz will explore Halloween's origins deep within the mysterious harvest rituals of ancient Ireland, the transformation of Halloween from pagan festival to Christian holy day in the Middle Ages, and the mischievous and beguiling Halloween customs carried across the sea by Irish immigrants escaping the Great Hunger in the 19th century. We'll learn about haunting practices that originated in Ireland but remain essential to our observance of Halloween in the present day, demonstrating the enduring influence of Irish history

and culture on our modern celebration of Halloween.

Pawcatuck resident Liz Hannan Kading is a second-generation Irish American with a deep interest in the history, language, and culture of Ireland. She is one of the founding members of the Dirty Blue Shirts, a living history collective whose members present history programming throughout New England and beyond. Co-sponsored with the Ancient Order of Hibernians and the Irish Coastal Club of Westerly.

October Art Wall: Norman Mikolajczyk

The October artist is the late Montville resident Norman Mikolajczyk. A self-taught artist who worked across wood, glass, rock, clay, and more, Norman's creative legacy lives on through this exhibit featuring his neon and abstract paintings, presented with the support of his family.

We continue to offer both virtual and in-person events. For further details about all of our programs and registration, please refer to our website www.waterfordpubliclibrary.org and then click on Programs & Events. While at our website, be sure to sign up for our monthly e-newsletter for the latest information on all library events and services. Please "like" us on Facebook too!

If you are unable to attend an event, please call or email us, or cancel your registration online at least 24 hours in advance. We understand that unexpected circumstances can arise that may prevent you from attending a program you registered for. This will afford others who would like to attend the opportunity to participate.

"The Origin of Halloween was in Ancient Ireland"

Elizabeth Hannah Kading will give an audio-visual talk titled "The Origin of Halloween was in Ancient Ireland" on October 28, at 6:00 p.m. in the Waterford Public Library.

Liz Kading, is a Founding Member of the region's historical group - "The Dirty Blue Shirts", a Faculty Member of the Marine studies Group at UCONN Avery Point Campus and a Member of the Irish Coastal Club (ICC) in Westerly, RI. Liz will describe the Irish ancestry of one of Ireland's oldest holidays - Halloween. Liz will explore Halloween origins deep within the mysterious harvest rituals of ancient Ireland, the transformation of Halloween from Pagan festival to Christian Holy Days in the middle ages, and, the mischievous and beguiling Halloween customs carried across the Atlantic Ocean by Irish Immigrants escaping the horrors of the Irish Hunger in the mid 19th Century. The talk is co-sponsored by the AOH, John P. Holland, Division, New London and Irish Coastal Club, Westerly, R.I.

The ancient Irish Pagans' Halloween marked the beginning of Winter, and carried with it sundry superstitions. It was the day that the imagined atmospheric boundary, between the Netherworld, where ghosts resided, and themselves was at its thinnest. Thus, visits from ghosts were most possible on that day. Hiding from the invading ghosts, some of the methods used were the wearing of odd costumes and placing food outside their houses to keep the ghosts from entering their homes, our now "Trick or Treat" practice. Liz will also describe other tricks used and the history of the story of "Jack O' Lantern". We will learn about the haunting practices that originated in ancient Ireland but remain essential to our modern celebration of one of America's most popular holidays - Halloween. It demonstrates the enduring influences of Irish History and Culture on our modern culture. A brief Q and A session will follow. This presentation is co-sponsored by the Ancient Order of Hibernians (AOH), John P. Holland Division, New London and the Irish Coastal Club, Westerly, RI.

The event is free and open to the public. For information, contact Waterford Library, Rope Ferry Road, Waterford, JAdams@WaterfordCT.org or AOH, jimgall127@gmail.com.

Groton Public Library Upcoming Programs

The Groton Public Library is located at 52 Newtown Road, Groton. For more information about library programs or services, please call (860) 441-6750 or visit grotonpl.org. All programs hosted by the Groton Public Library are inclusive and open to people of all ability levels. Please contact the Library for information about available accommodations.

Youth & Family Activities

Preschool Pals

Thursday, October 1 & 8, at 10 a.m.

Join Miss Cathleen for Preschool Pals, a fun and interactive story time for children ages 3 and up! Enjoy engaging stories, playful songs, rhymes, movement, and activities that build skills and encourage a lifelong love of reading. Space is limited; register for each session individually. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to sign up.

Children's Grab & Go

Friday, October 2, from 9 a.m. to 5:30 p.m.

Pick up a bag full of fun at the Groton Public Library! Bags include most of the supplies you need, plus instructions to create a craft or activity. Available while supplies last. Recommended for ages 5+

Babies & Books

Monday, October 5 & 26, at 10 a.m.

Join us for this registered program for children ages birth-23 months. Babies will enjoy nursery rhymes, simple stories, finger plays, movements, and playtime. Space is limited; register for each session individually. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to sign up.

Toddler Time

Tuesday, October 6, at 10 a.m.

Join us for Toddler Time with Miss Cathleen, a fun and interactive early learning storytime designed for children ages 24-35 months and their caregivers! Enjoy stories, songs, movement, fingerplays, simple activities, and plenty of opportunities to explore and play. Space is limited; register for each session individually. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to sign up.

Teen Snack & Craft

Tuesday, October 6, at 1 p.m.

Stop by the Teen Area at the Groton Public Library for a snack and create a fabric ghost garland, while supplies last. For teens entering grades 6-12.

Create It @ the Library

Tuesday, October 6, at 2 p.m.

School is out early! Drop by the children's room at the Groton Public Library to work on an activity or just hang out. Recommended for ages 5-11.

Sing & Stomp

Wednesday, October 7 & 28, at 10 a.m.

A song and dance party for children of all ages and their grown up! Sing & Stomp is a noisy half hour of songs, dances, and fingerplays. Cool down afterwards with toys and music. Free and open to all, no registration required.

Mini Ghost Terrarium

Saturday, October 10, at 1 p.m.

Bring home a tiny ghost friend! Create a ghost terrarium with moss and miniature decorations, available while supplies last! No registration required. For teens entering grades 6-12.

Teen Take & Make

Monday, October 19, from 1 to 9 p.m.

Stop by the Groton Public Library and pick up supplies to create an art project, mini ghost portrait, available while supplies last. For

teens entering grades 6-12.

Teen Snack & Craft

Wednesday, October 28, at 1 p.m.

Stop by the Teen Area at the Groton Public Library for a snack and create an air-dry clay magnet, while supplies last. For teens entering grades 6-12.

Events For Adults

Spice Club

Pick Up: Thursday, October 1, from 9 a.m. to 9 p.m.

Meet & Eat: Thursday, October 15, at 6 p.m.

At the beginning of each month, pick up a take-home kit at the Groton Public Library that includes the featured spice, information on its history and uses, and a recipe or two. Experiment in the kitchen and bring a creation that incorporates the spice to our Meet & Eat. This program is open to cooking enthusiasts of all ages. Supplies are limited on a first-come, first-served basis.

Saturday Cinema

Saturday, October 3, at 10 a.m. & 2 p.m.

Double feature! The Groton Public Library will present a matinee and an afternoon showing of two horror films. Enjoy the movie on the big screen with free popcorn and lemonade (while supplies last). Call the Library at (860) 441-6750 or visit the online calendar at grotonpl.org for this month's film title.

Morning Matinee

Tuesday, October 6, at 9:30 a.m.

Join us at the Groton Public Library for a free movie, freshly-popped popcorn, and ice-cold lemonade (while supplies last). These early-bird showings may feature cinema classics, new releases, or documentaries. Call the Library at (860) 441-6750 or visit the online calendar at grotonpl.org for this month's film title.

Thirty Years of Identifying and Counting Migrating Hawks

Tuesday, October 6, at 6 p.m.

Lecture and slide show presentation about a multi-year survey of hawk migration at Napatree Point. Annual hawk watch counts are conducted at more than 275 locations in the United States. Napatree Point is the premier site in Rhode Island. Hawk watches provide an opportunity to view numbers of hawks and hawk species. Scientifically, they provide data used in research, management, and conservation projects.

Joseph Zbyrowski is a raptor specialist who has been working with hawks and owls for more than 30 years. He is a retired teacher of environmental science, master bird bander, former raptor rehabilitator, and has done volunteer work with the Rhode Island Department of Environmental Management, the U.S. Fish and Wildlife Service, the National Parks Service and Audubon Society of Rhode Island. He conducts annual hawk migration counts in Rhode Island and is currently involved with Peregrine Falcon and Barn Owl restoration projects.

Lunch & Learn with Liberty Bank

Thursday, October 8, October 22 & November 5, at 1:30 p.m.

Liberty Bank's Academy for Financial Wellness is a step-by-step program designed to help you build financial independence. Through expert-led sessions, you will gain the knowledge and confidence to manage your money, improve your credit, and achieve short- and long-term financial goals. Presented by Pam Days-Luketich, this 3-session course takes place every other week on Thursdays from 1:30-2:30 p.m. A light lunch will be provided. Space is limited, and registration is required. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to register.

*Registration link: <https://grotonpl-ct.libcal.com/event/17002665>

Groton Public Library Book Group

Tuesday, October 13, at 6:30 p.m.

The Groton Public Library will host a book discussion of "The

Borrowed Life of Frederick Fife" by Anna Johnston. A zany case of mistaken identity allows a lonely old man one last chance to be part of a family in this warm, life-affirming debut novel. Copies are available at the library; call or reserve online.

Getting Started with Canva

Friday, October 23, at 10 a.m.

Curious about using Canva to create a new design project? This hands-on workshop will walk you through the sign-up process and the basic functions of this popular design platform. Explore templates for business or greeting cards, flyers and posters, or start with a blank canvas and let your creativity run wild! Space is limited, and registration is required. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to register. This program is made possible through a partnership with OATS from AARP.

*Registration link: <https://grotonpl-ct.libcal.com/event/17625498>

Try it Trends: Hot Glue Painting

Wednesday, October 28, at 6:30 p.m.

Learn how to use hot glue and gold foil to add texture and shine to a painting. This technique is great for spooky art! For ages 16+, while supplies last.

Cloud Storage

Friday, October 30, at 10 a.m.

In this lecture, you will learn the basics of cloud storage—a technology that lets you store documents, images, and other media files remotely while giving you greater accessibility, reliability, and protection for your important data. We will discuss what it is, tips for using it safely, and demonstrate a few of the most popular services. Space is limited, and registration is required. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to register. This program is made possible through a partnership with OATS from AARP.

*Registration link: <https://grotonpl-ct.libcal.com/event/17625513>

Virtual Author Talks

The following events are available live or on demand and include a Q&A with the author. Hosted in partnership with the Library Speakers Consortium and sponsored by the Groton Public Library Circle of Friends.

Courage, Choice, and What Comes Next with Dystopian Icon Veronica Roth (VIRTUAL)

Thursday, October 1, at 7 p.m.

A single choice can transform your destiny. Join us for an online conversation with bestselling author Veronica Roth as we celebrate the enduring legacy of her "Divergent" series, one of the most iconic young adult series of a generation. Get an exclusive sneak peek into her highly anticipated upcoming novel, "The Sixth Faction!" Register at libraryc.org/grotonlibrary/212262.

Art in Flight: Reinventing Postmodernism (VIRTUAL)

Thursday, October 8, at 2 p.m.

Join us for a captivating online conversation with acclaimed author and Smithsonian curator Carolyn Russo as we dive into her fascinating book, "The Ascent of Rauschenberg." Explore the towering legacy, unexpected inspirations, and creative heights of one of America's most influential artistic icons. Register at libraryc.org/grotonlibrary/208827.

The Power of Limits: How Constraints Drive Genius (VIRTUAL)

Tuesday, October 13, at 2 p.m.

Join us for an inspiring virtual conversation with bestselling author David Epstein as we explore his latest book, "Inside the Box: How Constraints Make Us Better," and redefine how to approach our greatest challenges! Register at libraryc.org/grotonlibrary/210888.

Haunted Happenings At The Groton Public Library

The Groton Public Library is located at 52 Newtown Road, Groton, CT. For more information about library programs or services, please call (860) 441-6750 or visit grotonpl.org. All programs hosted by the Groton Public Library are inclusive and open to people of all ability levels. Please contact the Library for information about available accommodations.

Thriller Dance Workshop

Thursday, October 1 & 8, at 6 p.m.

Just in time for Halloween, learn the iconic dance from Michael Jackson's "Thriller"! An instructor from Dancers Ink will teach participants portions of the famous choreography over the course of two fun, beginner-friendly classes. No dance experience is necessary. Just wear comfortable clothes and be stretched out and ready to have a great time. Because the choreography builds from week to week, attendees must commit to both sessions. Recommended for ages 12+. Space is limited, and registration is required. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to register.

*Registration link: <https://grotonpl-ct.libcal.com/event/17201030>

Samhain Traditions with The Replanted Witch

Monday, October 5, at 7 p.m.

Samhain (pronounced SOW-in) is the traditional Gaelic festival considered the precursor to Halloween. Celebrated from October 31 through November 1, it marks the end of the harvest season and the beginning of winter, a time when the veil between our world and the spirit world is believed to be at its thinnest.

Join Rachel Koladis, The Replanted Witch, to explore the history and traditions of Samhain and learn how our ancestors may have prepared for this special time of year. Discover simple rituals and traditions that can inspire your own modern-day observances and festivities as we welcome the turning of the seasons and the thinning of the veil.

Chilling Tales from Charles Dickens

Wednesday, October 7, at 6 p.m.

In 1853, Charles Dickens captivated audiences with public readings that vividly brought his stories to life. UConn Professor Emeritus Kenneth Noll carries on that tradition at the Library, appearing in character as Dickens himself. You will enjoy a 90-minute performance featuring some of Dicken's most chilling and atmospheric ghost stories, filled with suspense, drama, and Victorian flair. This literary experience is perfect for the Halloween season and fans of classic storytelling. Sponsored by the Groton Public Library Circle of Friends.

The French Paymaster: Connecticut's Headless Horseman

Wednesday, October 14, at 6 p.m.

Did you know that "The Legend of Sleepy Hollow" by Washington Irving may have been inspired by a Connecticut folk tale?

Join author and historian Kara LaBella as she explores the intriguing evidence behind this theory, revealing real-life locations and the rich American Revolutionary War history of our region. Along the way, you'll attempt to unravel the mystery of the French Paymaster, encountering LaBella's fascinating cast of characters including Philip Schuyler, a friend of George Washington, Charles Dumas, an officer serving with Jean-Baptiste Donatien de Vimeur, Comte de Rochambeau, and real citizens of colonial Connecticut. Examine the clues, weigh the evidence, and draw your own conclusions during this engaging and thought-provoking evening.

Copies of the author's books will be available for purchase and signing after the presentation. Sponsored by the Groton Public Library Circle of Friends.

Bumpers & Books

Saturday, October 17, from 11 a.m. to 1 p.m.

Rain Date: Saturday, October 24

Join the Groton Public Library for our eleventh annual Bumpers & Books: A Literary Trunk-or-Treat! Library staff, volunteers, and community members will be on hand in the back parking lot to give out treats from the trunks of their vehicles, decorated to represent books, authors, or Dewey Decimal call numbers. From The Lion, the Witch, and the Wardrobe and Pete the Cat to Firefighters (363.37) and Earth Sciences (551), don't miss our book-tacular display of trunks!

There will be balloon artistry, crafts, face painting, tattoos, and a free lunch. Attendees may also wander our Book Patch and select a free, brand-new book, take photos in the Picture Patch, visit our cemetery of banned books, and play lawn games. Bumpers & Books is free and open to the public. Children are encouraged to dress in costume to add to the festivities. For more information, contact Kim Balentine at (860) 441-6750 or kbalentine@groton-ct.gov.

Haunted Landscape Painting

Monday, October 19, at 11 a.m.

Join a Mattatuck Museum educator for an adult haunted landscape painting class! Using pastels, participants will explore essential techniques for blending colors, layering textures, and creating eerie, atmospheric effects. Throughout the session, you will receive guidance and tips to bring your haunted scene to life. By the end of the session, each participant will have an original work of art to take home. Space is limited, and registration is required. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to register. Sponsored by the Groton Public Library Circle of Friends.

*Registration link: <https://grotonpl-ct.libcal.com/event/16575894>

Toil and Trouble: Shakespeare's Haunted Stage

Wednesday, October 21, at 6 p.m.

Ghosts, witches, and things that go bump in the night—Shakespeare's plays are filled with the supernatural. Join theatre artist Michael Langlois for an engaging, performance-based presentation exploring how Shakespeare used ghosts, magic, and the unknown to entertain audiences while revealing timeless truths about human nature.

Travel from the enchanted forest of "A Midsummer Night's Dream" to the haunted castle of "Hamlet," the witches of "Macbeth," and the stormy world of "King Lear" as Michael brings these unforgettable scenes to life through performance and storytelling. No prior knowledge of Shakespeare is needed—just a curiosity about the strange, the mysterious, and the enduring power of great stories.

Bewitching Broomsticks!

Thursday, October 22, at 6 p.m.

Calling all witches! Join us as we transform an ordinary plunger into a charming, rustic broomstick that is perfect for your fall and Halloween decorating. Using simple materials and easy techniques, you will create a festive decoration that will look spook-tacular on your porch, by the front door, or beside your fireplace. No crafting experience is needed—just bring your creativity and be ready for a little seasonal fun! This adult craft program includes all supplies. Space is limited, and registration is required. Call the Groton Public Library at (860) 441-6750 or visit the online calendar at grotonpl.org to register.

*Registration link: <https://grotonpl-ct.libcal.com/event/17125667>

Ghosts & Legends with Jeff Belanger

Friday, October 23, at 6 p.m.

Come explore the haunts around the world and those in your own back yard with Jeff Belanger. This multimedia adventure draws from Jeff's research in his books, podcasts, adventures, and the various television shows that he has worked on. Join one of New England's premier storytellers for a trip through the unusual and the unexplained. The program will also include a Q&A and book signing. Sponsored by the Groton Public Library Circle of Friends.

Jeff Belanger is a storyteller, adventurer, and journalist, and one of today's most visible explorers of the unexplained. The author of more than a dozen books published in six languages, he is also the Emmy-nominated host, writer, and producer of the PBS and Amazon Prime series *New England Legends*, as well as the weekly *New England Legends* podcast. He serves as a writer and researcher for the *Ghost Adventures* series and has appeared on hundreds of television and radio programs, including *History*, *Travel Channel*, *Biography Channel*, *PBS*, *CBS Sunday Morning*, *NPR*, *BBC*, and *Coast to Coast AM*.

It's Alive! A Frankenstein Presentation & Screening

Thursday, October 29, from 6 to 8:30 p.m.

Celebrate the 95th anniversary of Universal's "Frankenstein" with an engaging presentation exploring the fascinating story behind one of cinema's most influential horror films. Led by monster expert Jay Gironimi, you will learn how "Dracula" and "Frankenstein" launched the supernatural horror genre, discover behind-the-scenes stories, and explore their lasting impact on popular culture. Following the presentation, stay for a screening of "Frankenstein" (Not Rated, 70 minutes). Free popcorn and cider.

Michael Graner to Talk About His Book, From Sea to Service

Groton, Conn. – Michael Graner, former superintendent of Groton Public Schools, will talk about his book, *From Sea to Service*, at Bill Memorial Library on Thursday, October 1, at 6:30 p.m. The book follows the journey of Marc Nguyen, who escapes the horrors of war-time Vietnam and becomes a commander in the U.S. Coast Guard.

This program is free, but attendance is limited and registration is required. Follow this link, <https://tinyurl.com/2jhnfw7s>, or call the library at 860-445-0392 to register.

Dr. Michael Graner served as a high school principal and as the superintendent of schools in Putnam, Ledyard and Groton, Conn. In 2021, he retired after 50 years as a teacher, Coast Guard officer and school district leader. He lives with his wife, Deborah, in Mystic, Connecticut.

The Bill Memorial Library is located at 240 Monument Street in the City of Groton, near the Groton Monument and Fort Griswold. The library turned 135 years old in 2025. In addition to offering programs for patrons of all ages, it holds an extensive collection of books and media for children, teens and adults, including downloadable eBooks, audiobooks, museum passes and discount tickets. Visit our web page at www.BillMemorial.org, find us on Facebook at Bill Memorial Library, or follow us on Instagram @billmemorialgrotonct.

Fabulous Fall Story Time!

The Bill Memorial Library in the City of Groton invites children to our Fall Story Time, a story program for children ages birth through age 5, with a caregiver. Story Time meets every Monday at 10:00 a.m. at the library, beginning on September 14, 2026, through November 16, with no session on October 12. Story Time features stories, songs with live music, and finger plays in the Reference Room. No registration necessary; please call the library at 860-445-0392 for further information.

Library hours are Monday, Tuesday and Thursday, 10:00 a.m. to 8:00 p.m., Wednesday and Friday, 10:00 a.m. to 5:00 p.m., and Saturday, 10:00 a.m. to 3:00 p.m.

The Bill Memorial Library, a landmark on Groton Bank since 1890, is located at 240 Monument Street in the City of Groton, near the Groton Monument and historic Fort Griswold. To keep up with the latest happenings for adults, teens, kids and families, visit our web page at <http://www.billmemorial.org>, or check out our social media - follow us on Instagram at @billmemorialgrotonct or find us on Facebook at Bill Memorial Library.

Public Library of New London Upcoming Events

The Public Library of New London, 63 Huntington St, New London, has announced the following events. For more information and registration call (860) 447-1411 or visit <https://plnl.org>.

Children's Events

Homework Helpers: Mondays and Fridays, 1-4:30 p.m., Connecticut College students offer tutoring assistance beginning September 14th through next year! Stop by the Children's Room for academic guidance!

Make It Mondays: Mondays, 3-5 p.m., Stop by the Children's room for crafting various projects this month!

All Ages Storytime: Wednesdays, 10:30-11:30 a.m., All ages story time and playgroup! Enjoy stories, songs, and a chance to play! Check out our schedule to see what the theme is each week! Best for children ages 4 and under.

Art Class With Miss Dana: Thursdays, 5-6 p.m., Do you love creating art? Try coming to the library on Thursday evenings to take an art class with Miss Dana! Each week, we'll be working on a new project, so be sure to swing by!

Children's Board Game Club: Saturdays, 12:30-3 p.m., Do you love playing board games? Join us every Saturday for Board Game Club in the Children's Room! In addition to chess, we will be including board games like Sorry, Battleship, Trouble, and more!

Children's Take and Make Kits: Pick up a kit to make various crafts at home!

Baby + Me Playgroup: Fridays, 10:30-11:30 a.m., Join us for a story time and play group! Baby + Me is designed for babies to socialize and for caregivers to meet each other! A great opportunity for new parents to meet and babies to play!

10/1/26: Smart Cookies Craft: Join us in the Children's Room to make some Smart Cookies with us based on The Smart Cookie by Jory John! This is in honor of National Homemade Cookie Day so go home and bake some cookies after with your family!

10/2/26: Smiley Face Emoji Craft: It is World Smile Day and what better way to smile and make a Smiley Face Emoji using the materials provided in the Children's Room! Let's put a smile on that face!

10/3/26: Bilingual Storytime With Dana: 11:30 a.m.-12 p.m., Public Library of New London, 63 Huntington St., New London; Join us for another Bilingual Storytime with Miss Dana!

10/3/26: Halloween Costume Swap: 2-3:30 p.m., Do you have Halloween costumes, accessories, and decor that you never used or have only been gently used? Are you in need of some? Stop by the Community Room to leave some, take some, or do both! Please, don't bring more than one box.

10/3/26: Stage Fright: Dan Bowen the Magician: 4-4:30 p.m., Celebrate Halloween with Stage Fright, a hilarious, family-friendly magic show starring magician Dan Bowen! Packed with amazing magic, laugh-out-loud comedy, music, and plenty of audience participation, this interactive show lets children become part of the fun from beginning to end. For ages 4 and up.

10/5/26: Children's Monster Mash Movie Night: 4-6 p.m., Join us in the Community Room for a "spooky" movie for children featuring Frankenweenie stuffed animal, or pillow and enjoy a free feature film. We ask that your child not be unattended during the screening. Children; free; (860) 447-1411.

10/7/26 and 10/28/26: Cooking For Kids!: 4-5 p.m., Public Library of New London, 63 Huntington St., New London; Join Food For Your Soul LLC. for a series of fun cooking classes! Each class will be focused on something different! This program is best for children ages 3-10! Please indicate any food allergies upon registration and bring a hat & apron to class. Registration is required for each individual day.

10/10/26: Children's Pokemon Club: Sign Up - 2-3 p.m., Calling all Pokémon Trainers: Does your child love Pokémon? We will have a Pokémon Club once a month starting Saturday September 12th. Each month you will need to complete the tasks in order to get your trainer badge! Best for Children ages 5-12 but all are welcome to join!

10/13/26: M & M Paper Craft: It's National M&M Day and while these M&M's are not edible, you can take it home! Jazz it up with a cute little witches hat or a ghost bow!

10/14/26: Q-Tip Dino Fossils: It's Jump back in time with us as we make some dinosaur fossils using Q-Tips for National Fossil Day!

10/15/26: Poisonous Mushroom Clay Making: In honor of National Mushroom Day, we are taking advantage of the day and turning it into a "spooky" craft! Join us in the Children's Room to make some Poisonous Mushrooms using our air dry clay!

10/16/26: Black Cat Sock Craft: Don't worry, this little feline won't run away! It's Global Cat Day and what better way to get into the Halloween Spirit than to make this little guy! Come to the Children's Room to make one!

10/20/26: Sloth Witch Craft: We are celebrating International Sloth Day by making some paper plate sloths wearing witches hats! Join us in the Children's Room for a day of fun.

10/20/26-10/31/26: Halloweek Spooktacular! Join us for the Halloweek Spooktacular! Every day in the Children's Room, we will be having a new activity leading up to Trick-or-Treating in the library on Halloween! Costumes are highly encouraged!

10/21/26: Creepy Crawlies Foil Art: Join us in some fun with some Creepy Crawlies Foil Art in the Children's Room! We'll be buggin' out with some color!

10/22/26: Mummy Eyes Craft: Make your very own mummy eyes to peer out of their wrappings!

10/22/26: Mini Pumpkin Painting: Paint a mini pumpkin for Halloween! Children under 13 must be accompanied by an adult.

10/23/26: Spookley the Square Pumpkin Craft: Come to the Children's Room to make this loveable square pumpkin based on the book "Spookley the Square Pumpkin" by Joe Troiano!

10/26/26: Children's Graphic Novel Book Club: Come join us for a Graphic Novel Book Club for kids! This book club is geared for kids in 3rd grade and up, but all readers are encouraged to join! The first book will be Detective Beans & The Case of the Missing Hat by Li Chen. Copies are available at the Circulation Desk.

10/27/26: Children's Book Club: My Name is Maria Isabel: Join us in the Children's Room for our first Book Club discussion! Each meeting will be a discussion, snacks, and do a craft that is based on the book chosen for that month!

10/29/26: DIY Felt Bats: 3-4 p.m., Create cute & spooky felt bats to decorate with this Halloween! Easy and fun.

10/31/26: Halloween Bash! 12-2:30 pm., Stop by the Community Room for Halloween activities! Don't forget to head upstairs to each department to get some in-library trick or treating in, too!

Teen Events

Homework Helpers: Mondays and Fridays, 1-4:30 p.m., Connecticut College students offer tutoring assistance beginning September 14th through next year! Stop by the Children's Room for academic guidance!

10/1/26: Halloween Stress Balls: 4-5 p.m., Lets make ghost and pumpkin shaped stress balls using balloons and rice!

10/3/26: Halloween Costume Swap: 2-3:30 p.m., Do you have Halloween costumes, accessories, and decor that you never used or have only been gently used? Are you in need of some? Stop by the Community Room to leave some, take some, or do both! Please, don't bring more than one box.

10/5/26: Teen Hang Out - Banned Books Week: 3-6 p.m., Enjoy a chill afternoon hang out with access to the best of the Teen

Room resources! This week we'll do activities related to the theme of banned books!

10/6/26: Teen Book Club - Banned Books Week: 4-5 p.m., Lets celebrate Banned Books Week 2026 with a discussion of Animal Farm: The Graphic Novel, an illustrated adaptation by Bernardi Odyr of George Orwell's classic story. Copies are available at Circulation to check out in advance!

10/7/26: Erasure Poetry - Banned Books Week: 4-5 p.m., We'll creatively use pre-existing texts and black-out words to create poems to explore themes of censorship for Banned Books Week!

10/8/26: Witches, Werewolves, and Vampires - Oh My! 4-5 p.m. Join Ms. Hayley for a fun deep dive into the history of mythical creatures depicted in movies and TV, from Twilight (2008) to Teen Wolf (1985) and beyond!

10/9/26: Teen Movie Series - The Hate U Give: 3-4:45 p.m., Enjoy a new film each week over popcorn to relax and unwind before the weekend! We'll watch the movie adaptation of the banned book The Hate U Give by Angie Thomas to conclude Banned Books Week!

10/10/26: Children's Pokemon Club: Sign Up: 2-3 p.m., Calling all Pokémon Trainers: Does your child love Pokémon? We will have a Pokémon Club once a month starting Saturday September 12th. Each month you will need to complete the tasks in order to get your trainer badge! Best for Children ages 5-12 but all are welcome to join!

10/13/26: Weaving Craft: 4-5 p.m., Celebrate Indigenous Peoples' Day by learning how to weave your own bookmark while we watch the documentary Hands of History.

10/14/26: Teen Language Exchange: 4-5 p.m., Come practice your Spanish with Ms. Alexa for Hispanic Heritage Month!

10/15/26: Smoky Witch Cauldron Art: 4-5 p.m., Use watercolor paints to create a mystical background for your smoky witch cauldron art!

10/16/26: Teen Movie Series - Hocus Pocus: 3-4:45 p.m., Get fall-cozy and enjoy a classic spooky movie experience over snacks to unwind before the weekend!

10/19/26: Teen Merry Making - Renfaire Week: 3-6 p.m., This week's Teen Hangout, we'll "make merry" and decorate our own medieval goblets and chalices for Renfaire Week!

10/20/26: Dungeons & Dragons From Scratch: 4-5 p.m. Join us in the Teen Room to design your own D&D character, learn the mechanics and style of the game, and start in on a small quest!

10/21/26: Wizard Hats, Hennins, & Crown Crafts: 4-5 p.m., DIY your own whimsical headgear to wear at the Library Ren Faire on 10/24 and beyond during this ren faire season!

10/22/26: Mini Pumpkin Painting: 3-4 p.m., Paint a mini pumpkin for Halloween! Children under 13 must be accompanied by an adult.

10/22/26: DIY Felt Trinket Pouches: 4-5 p.m., Hand sew your own custom pouch to keep and trade trinkets in for the Library RenFaire! Teens; free; (860) 447-1411.

10/23/26: Teen Movie Series - The Princess Bride: 3-4:45 p.m., Get in the fantasy spirit for Renfaire week with a viewing of the classic The Princess Bride (1987) before the Library Faire on Saturday!

10/24/26: Library RenFaire!: 11 a.m.-4 p.m., Hear ye, hear ye! Step back in time for an all-ages day of magic, merriment, and medieval adventure featuring crafts, live combat demonstrations, and musical performances! Show up in your best costume and enter to win our costume contest at 2:00 p.m.!

10/26/26: Spooky Teen Hang Out: 3-6 p.m., Enjoy a chill afternoon hang out with access to the best of the Teen Room resources!

10/27/26: Teen Film Club - Coco: 3:30-5:30 p.m., Enjoy a new film each week over popcorn to relax and unwind before the weekend! We will watch Coco (2017) before Dia De Los Muertos!

10/28/26: Spooky Cooking Class: 3-4 p.m., Join Chef Erica from Food For Your Soul and make something hauntingly delicious!

10/29/26: DIY Felt Bats: 3-4 p.m., Create cute & spooky felt bats to decorate with this Halloween! Easy and fun.

10/29/26: Spooky Gel Manicures: 4-5 p.m., Use our gel manicure set to give yourself a spooky set of nails for Halloween!

10/30/26: HalloTeen Party: 4-5 p.m., Celebrate Halloween in our "Haunted Teen Room" and enjoy spooky snacks, games, music and activities! Dress in your best Halloween Costume for a chance to win a prize! It'll be a scary good time!

10/31/26: Halloween Bash!: 12-2:30 pm., Stop by the Community Room for Halloween activities! Don't forget to head upstairs to each department to get some in-library trick or treating in, too!

Adult Events

Library of Things: Stop by the Adult Reading Room to check out items from our Library of Things! There are 47 items available, such as DVD players, air fryers, fishing rods, binoculars, telescopes, and more!

Community Knit: Thursdays, 9:30-11:30 a.m., Bring your project materials and socialize with others. All are welcome, from beginners to advanced.

New London Chess Club: Saturdays, 9:30 a.m.-12:30 p.m., Join a casual group of chess players meeting every Saturday at the PLNL. Players of all abilities are welcome.

10/1/26: Weathering The Storm: Get Prepared: 4:30-5:45 p.m., Participants will learn how to prepare for weather emergencies that one might face in Connecticut. Registration required.

10/3/26: Halloween Costume Swap: 2-3:30 p.m., Do you have Halloween costumes, accessories, and decor that you never used or have only been gently used? Are you in need of some? Stop by the Community Room to leave some, take some, or do both! Please, don't bring more than one box.

10/5/26: Frida Kahlo Self Portraits: 4-5 p.m., Learn about the famous painter Frida Kahlo and her distinct art style, then try your hand at your own self-portrait in her style! Registration required;

10/5/26 and 10/19/26: History Of New London Reading Group - 7-8 p.m., Public Library of New London, 63 Huntington St., New London; Join in on the reading and discussion of Frances Caulkins' History of New London! We have a limited number of copies available at the reference desk. All meetings are over Zoom. Registration required.

10/6/26: Space Geology: 4-5 p.m., Celebrate Space Week with the adult department by learning more about what makes a space rock a space rock--and what doesn't! Attendees will be able to do simple hands-on experiments to determine where samples came from. Registration required.

10/7/26: Reese's Cup Bats: 4-5 p.m., Learn how to make a cute little Halloween treat for all your get-togethers! Please note that the Reese's Cups will be unwrapped for this program. Registration required.

10/8/26: Grant Readiness Workshop: 1-2:30 p.m., Join Michelle Strawder at Renaissance Consulting for a Grant Readiness Workshop designed to help small and emerging nonprofit organizations in New London assess whether their organization is truly positioned to pursue grants and where critical gaps may exist. Registration required.

10/8/26: Thriller Thursdays: Sunset Boulevard: 4-6 p.m., Take a peek into the darker side of old Hollywood glamor with a screening of the classic film Sunset Boulevard (1950).

10/12/2026: Usual Suspects Mystery Book Club: 7-8 p.m., Virtual discussion led by local author Faye Ringel. October's title TBD; registration required.

10/13/26: Italian For Vampire Hunters: 4-5 p.m., Learn the basics of Italian as it relates to hunting Count Dracula in this very silly and not-too-spooky October program! Molto bene! Registration

required.

10/14/26: Assisted Living Education Program: Learn How to Stay Independent at Home: 5-6 p.m., Registered Nurse and Certified Senior Advisor Julie Cruz will focus a one-hour discussion on practical, real-world guidance, covering a range of topics.

10/15/26: Thriller Thursdays: Psycho (1960): 4:30-6:30 p.m., Countdown to Halloween with a creepy classic... Alfred Hitchcock's Psycho (1960)!

10/17/26: Yoga at the Library: 10-11 a.m., Join Ashley Hanson for an hour of gentle, mindful exercise! Please bring your own yoga mat.

10/19/26: Alopecia Areata Workshop: 4-6:45 p.m., Miosotys Santiago, founder of Exemplify to Edify, LLC and Jennifer Hoffman, Pfizer Alopecia Areata Community Navigator for NYS/New England, will be facilitating an informative workshop focused on Alopecia Areata, education, awareness, and reducing the stigma surrounding hair loss.

10/20/26: Nintendo Meetup: 4-5 p.m., Adult gamers, are you looking to fill up your Pokedexes, get some Streetpass, or meet your Animal Crossing goals? Bring your Nintendo Switches, 3DSs, or, yes, even Gameboys to the Board Room to game with your fellow adults and meet your gaming goals!

10/22/26: Mini Pumpkin Painting: 3-4 p.m., Paint a mini pumpkin for Halloween! Children under 13 must be accompanied by an adult.

10/22/26: Smallpox and the Revolutionary War: 5-6 p.m., Some historians believe that George Washington's focus on preventing smallpox outbreaks, especially at Valley Forge, was critical to America's ability to outlast the British. We will discuss the smallpox virus, why it was so deadly, how it was prevented, and why it has become the only human disease ever eradicated worldwide.

10/26/26: Bats: Winged Wonders!: 4-5p.m., A presentation by Maureen Heidtmann about bats of the world, with an emphasis on our local backyard buddies.

10/28/26: Classics Book Club: 4-5 p.m., Join us for a book club focused on all those classics we feel like we should have read in school, but didn't! Every month we'll be tackling a classic book and discussing it together. This month's book will be Brave New World by Aldous Huxley. Copies will be available at the Circulation Desk for checkout.

10/29/26: DIY Felt Bats: 3-4 p.m., Create cute & spooky felt bats to decorate with this Halloween! Easy and fun.

10/29/26: Lawyers in Libraries: Free Legal Advice: 4:30-6:30 p.m., Looking for legal advice, but having trouble paying lawyer fees? If you have questions or a case that involves immigration law, family law, consumer rights, personal injury, or a landlord/tenant conflict, you can sign up to meet with a volunteer attorney for 20 minutes regarding your case. Registration required.

10/31/26: Halloween Bash!: 12-2:30 p.m., Stop by the Community Room for Halloween activities! Don't forget to head upstairs to each department to get some in-library trick or treating in, too!

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Vikings Voyage into Fall Season



Vikings boys soccer began the 2026 season with two wins in their first three matches. The team is pictured following a 3-1 win over Woodstock on Sept. 14.

By Josh Howard

East Lyme High School athletics has already produced several standout performances through the first few weeks of the high school sports season. Here is some of the local athletic action that you may have missed. Information as of Sept. 21:

Volleyball Champs Begin New Quest

Following a state championship a year ago, Vikings volleyball started the 2026 season by winning four of their first six matches this fall.

In a three-set sweep of Fitch on Sept. 16 at ELHS, Savannah Marusov dished up 28 assists. Olivia Diep posted a 10-dig, 6-assist, 5-ace performance, while Emma Knowlton had 13 kills and Augi Bryant added seven more.

The Vikings are the reigning Class L state champs, defeating Bristol Central in four-set in the title match a season ago.

Solid Start for Boys Soccer

Coming off an undefeated regular season and a state semifinal appearance a year ago, Vikings boys soccer is retooling and began the 2026 campaign with a pair of wins over their first three games.

The Vikings opened the season with a 3-0 shutout of Windham on Sept. 8. Austin Greeno won the Man of the Match after tallying a goal and two assists. Tom Butler added both a goal and an assist, while Callum Dunne also netted a goal.

On Sept 14, the team traveled to Woodstock and beat the Centaurs 3-1. Greeno tallied a goal and an assist, while Butler and Mario Caredello each found the back of the net. Rayaas Asghar and Gio Marku each had helpers. Goalie Jubran Saad earned the Man of the Match honors.

Lloyd-Era Starts Strong

ELHS field hockey kicked off the first season under new head coach Amy Lloyd by winning five of their first six games.

Lloyd's first victory was a thriller as Peyton Swanson scored a

game-winning goal with 21 second left in overtime as the Vikings outlasted Amity 2-1 on Sept. 8. East Lyme was down 1-0 before Mia Lloyd tied the game early in the third quarter on an assist from Sophia Gibson, setting up Swanson's heroics in the extra session.

On Sept. 17, the team came away with a 2-0 home conference win against Stonington. Summer Stefanelli scored both the goals in the first half with assists from Gibson and Lillian Trost. The defense posted a second straight shutout, holding the Bears of Stonington scoreless for the first time all season as ELHS goalies Emma Van Dusen and Charlie Goodstein combined for a shutout.

Four days later, East Lyme improved to 5-1 with a convincing 11-2 victory over Killingly. Gibson and Stefanelli each scored three goals, while Nitya Bulusu added two.

DiTommaso Earns Win No. 1

New head coach Paige DiTommaso guided ELHS girls soccer to the team's first win this fall, traveling to Plainfield to beat the Panthers 3-1 on Sept. 18.

Camryn Denucci scored a pair of goals, while Sadie Eident scored the first goal of the game and had an assist.

Goalkeepers Ava Tooker and Vivian Tuttle combined for 10 saves.

Cross Country Off & Running

Both the boys and girls cross country chalked up the wins at the Ledyard Meet on Sept. 15. Along with host Ledyard, Plainfield and Killingly also competed in the multi-program season opener.

On the boys' side, Nico Cardello finished first with a course-record time of 15:48. Joey Papalia finished second with the time of 16:29 and Hisham Benjdid was fourth with a time of 16:44.

On the girls' side, East Lyme placed six runner in the top ten. Kathryn Wren (19:18) finished second, Mia Cordes (19:34) placed third, Quinn Holsapple (19:48) placed fifth, Olivia Ibrahim (20:08) finished seventh, Anna Konon (20:51) placed ninth, and Adalynn Witcraft (22:05) finished tenth.



Girls soccer head coach Paige DiTommaso earned her first career win as the Vikings took down Plainfield 3-1 on Sept. 18.



Summer Stefanelli scored a pair of goals at ELHS field hockey defeated Stonington on Sept. 17.



East Lyme High School girls volleyball started the season by winning four of their first six matches. The Vikings are the defending Class L state champs.

**Do you have sports news or
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Niantic Oct. Tide Chart Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:51	2.5	2:18	3.3	8:16	0.4	9:26	0.2	6:45	6:30	
2	Fri	2:49	2.4	3:21	3.2	9:19	0.5	10:26	0.3	6:46	6:29	
3	Sat	3:52	2.4	4:29	3.1	10:25	0.5	11:28	0.3	6:47	6:27	
4	Sun	5:02	2.4	5:42	3.0	11:34	0.5			6:48	6:25	
5	Mon	6:14	2.5	6:49	3.0	12:29	0.3	12:42	0.5	6:49	6:24	
6	Tue	7:17	2.7	7:45	3.0	1:26	0.3	1:45	0.4	6:50	6:22	
7	Wed	8:10	2.9	8:34	2.9	2:19	0.2	2:44	0.3	6:52	6:20	
8	Thu	8:58	3.1	9:20	2.9	3:08	0.2	3:39	0.2	6:53	6:19	
9	Fri	9:43	3.3	10:04	2.8	3:55	0.1	4:29	0.2	6:54	6:17	
10	Sat	10:25	3.4	10:48	2.7	4:37	0.2	5:15	0.1	6:55	6:16	
11	Sun	11:07	3.4	11:31	2.6	5:18	0.3	5:59	0.1	6:56	6:14	
12	Mon	11:48	3.3			5:57	0.4	6:42	0.2	6:57	6:12	
13	Tue	12:16	2.5	12:32	3.2	6:36	0.5	7:27	0.3	6:58	6:11	
14	Wed	1:04	2.4	1:19	3.1	7:19	0.7	8:15	0.4	6:59	6:09	
15	Thu	1:55	2.3	2:11	2.9	8:08	0.8	9:05	0.5	7:00	6:08	
16	Fri	2:49	2.3	3:05	2.8	9:02	0.9	9:57	0.6	7:01	6:06	
17	Sat	3:44	2.2	4:02	2.7	9:58	0.9	10:50	0.6	7:03	6:05	
18	Sun	4:42	2.2	5:02	2.6	10:56	0.9	11:42	0.6	7:04	6:03	
19	Mon	5:44	2.3	6:02	2.6	11:53	0.9			7:05	6:02	
20	Tue	6:40	2.4	6:54	2.6	12:31	0.6	12:47	0.8	7:06	6:00	
21	Wed	7:27	2.6	7:39	2.7	1:15	0.5	1:38	0.6	7:07	5:59	
22	Thu	8:08	2.8	8:20	2.7	1:57	0.4	2:26	0.5	7:08	5:57	
23	Fri	8:46	3.0	8:59	2.7	2:37	0.4	3:14	0.3	7:09	5:56	
24	Sat	9:23	3.2	9:39	2.7	3:17	0.3	4:01	0.1	7:11	5:54	
25	Sun	10:00	3.4	10:20	2.7	3:58	0.2	4:47	0.0	7:12	5:53	
26	Mon	10:39	3.5	11:02	2.7	4:39	0.2	5:33	-0.1	7:13	5:52	
27	Tue	11:22	3.6	11:48	2.6	5:23	0.1	6:20	-0.1	7:14	5:50	
28	Wed			12:09	3.6	6:09	0.2	7:12	-0.1	7:15	5:49	
29	Thu	12:38	2.6	1:03	3.5	7:01	0.2	8:08	0.0	7:16	5:48	
30	Fri	1:35	2.5	2:04	3.3	8:01	0.3	9:07	0.1	7:18	5:46	
31	Sat	2:37	2.5	3:09	3.1	9:07	0.4	10:07	0.2	7:19	5:45	

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continued from pg 1

being restored and maintained with accuracy to its beginning in the 18th century. The northern "ell" of the house was added in the early 19th century.

The John Johnson House at the Samuel Smith Farmstead is a remarkably intact colonial house listed on the National Register of Historic Places. The property has also been designated by the Office of State Archaeology as an archaeological site with deposits from both the prehistoric and colonial periods.

The Farmstead is overseen by The Friends of Samuel Smith House and Property, Inc. which is a 501(c)(3) non-profit organization. The mission of The Friends of Samuel Smith House and Property, Inc. is to restore, maintain and preserve the house and property as a living museum of 18th and 19th century Connecticut farm life. The Farmstead is owned by the Town of East Lyme and managed by the Friends of Samuel Smith House and Property.

It takes donations, volunteer labor and many talents to support the Farmstead through The Friends of Samuel Smith House and Property, Inc.

Volunteering Opportunities at the East Lyme Historical Society

Become a SuperHero! We are an All Volunteer Non-Profit Organization. We love it so much that our Programs are Free! And We would Love you to Join Us! Our Overall Mission: To Preserve our Town's Story one history, one artifact, one family tree at a time.

You ask: "What can I do?" Glad you asked:

Are you archivally inclined? Then please join us on Monday Mornings from 9:00 a.m. till noon at the East Lyme Public Library in the East Lyme Room.

Can you only help sometimes? We always need help with our Events: Flea Markets (3), Winter Lecture Series (various once-a-month dates)(in the winter), Pot Luck Dinners in the Spring and Fall, Nehantic Heritage Day, Celebrate East Lyme Day

Tour Guides:

The Thomas Lee house circa 1660

Media Content:

Website volunteers to do random updates by adding photos, upcoming events and more. Taking photos of events for our Monthly Newsletter and our Facebook Page (Perfect for Students looking to satisfy any community action hours or your love of history)

Other great ways to support the society:

Monetary Donations, Our Colonial Herb Garden loves helping hands for maintenance and harvesting.

Become a member:

We offer yearly and life-time memberships!

Ready to Volunteer? Stop by any Monday morning for a visit. We meet in the East Lyme Room in the East Lyme Public Library

Or if you are ready send us your contact information and how you would like to help and we will add you to our Volunteer Contact List: info@eastlymehistoricalsociety.org.



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