Public Trust Foundation Announces New Officers and Committees

Support of the Boardwalk, support of the Environment, the exploration of new Recreation venues, and Fundraising have all led to a very active year for The East Lyme Public Trust Foundation. In 2019, the Foundation will continue this work on behalf of the Community.

The East Lyme Public Trust Foundation is pleased to announce its new officers and committees. Jessica Todd, the previous vice-president, will become the new president. Ms. Todd is the VP and Director of Finance of Chelsea Groton Bank. The new Vice-President will be Ted Norris, President of Pamlico Group. Kathie Cassidy, a Procedure Writer for Dominion Energy Nuclear at Millstone Power Station and the present Treasurer, will continue to serve in that capacity. Anne Chekal, who is the principal owner of Chekal Writing—a Grants Development firm, will take over the duties of Secretary. Jim Gallagher will continue as the Chair of the Shore Grass Erosion Studies, while Bill and Fran Rinoski will continue as Co-Chairs of the Plaque Fund Raiser, and June Hoye will continue as the Chair of The Promise of Tomorrow’s Trees.

In a new area, Sandy Greenhouse and Matthew Whittico will be the Co-Chairs to research Hiking and Bike Trails in East Lyme, in addition to Ted Norris serving as the Chair for a committee exploring possibilities of Gorton Pond Development.

Jessica Todd, the new Foundation President, is dedicated to continuing the Foundation’s support of the Boardwalk, the new Bandshell, the Grass Project to help stabilize the beach, the exploration of new recreation venues, and The Promise of Tomorrow’s Trees and the Plaque project.

To support the Environment, The East Lyme Public Trust Foundation has been working since 2015 to provide a model for long-term management of Connecticut beaches through a joint program with the UConn SeaGrant program. It has focused on the Niantic Bay Beach and Boardwalk, in cooperation with the East Lyme Parks and Recreation Department.
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Also to help individuals develop a greater connection to the environment as they frequent the Niantic Bay Boardwalk, the local Niantic beaches, and the waters of Niantic Bay, the ELPTF, with the Sponsorship of UCONN Sea Grant has provided and will continue to provide new Educational Pamphlets to improve the public’s understanding and protection of the Ecosystems living on our shores.

In its on-going support of the Boardwalk, in 2018, the Executive Committee of the E.L.P.T.F. unanimously voted to donate up to $10,000 to the Town of East Lyme to upgrade the security system at the Boardwalk, Cini Park, Hole in the Wall, and McCook Park.

In 2018, the East Lyme Public Trust Foundation was also pleased to announce the donation of approximately $7,000 for the purchase of twenty, 33 gallon Trash Receptacles that have been placed at the Hole in the Wall, along the Boardwalk, and at Cini Park.

The Public Trust Foundation has also been working on a project to make the Niantic Bay Beach more accessible for people with disabilities, with walkers, with canes, or for parents with strollers. Shortly before Memorial Day, the E.L. Parks and Rec. Commission installed an ADA compliant beach accessibility surface mat to allow wheelchair access to the Niantic Boardwalk beach.

In order to support its many projects, the Foundation has developed some unique fund-raisers, one of which is the plaques that line the railing of the Boardwalk. Twenty four years ago, when the boardwalk first opened, none of the members of The East Lyme Public Trust Foundation would have predicted the overwhelming popularity of these plaques. Over the years, 1911 plaques have been installed, each with its own unique story. The plaque donors have come from 28 different states across the nation and from 2 foreign countries. Connecticut towns are represented from north to south and west to east- from Windsor to Woodbury and Greenwich to Guilford.

Another unique fundraiser is a commemorative tree program which has made available to the public, trees to be placed in public spaces in East Lyme. The East Lyme Public Trust Foundation, in cooperation with the East Lyme Parks and Recreation Department, uses the profits raised by The Promise of Tomorrow’s Trees to support the Niantic Bay Boardwalk and other projects of the Trust.

In 2015, 8 trees were sponsored at McCook Park. In 2016, 5 dogwood trees were sponsored at the Cliff Walk to McCook Point. In 2017, the foundation offered a walkway of Cherry trees along the chainlink fence at McCook Park on Columbus Ave. In 2018, Sugar Maple trees were offered at BrideBrook Park along the outfield fence. The areas that still have trees available are Bridebrook Park, Cherry Lane at McCook Park on Columbus Avenue, the Smith Harris House, the Samuel Smith House, the Library, and the East Lyme Town Hall.

Application forms for the plaques and trees can be found on the Trust web-site: www.publictrustfoundation.org and are also available at: East Lyme Town Hall—Town Clerk’s Office, East Lyme Parks and Rec. Dept., East Lyme Library, and the E.L. Book Barn.
Regional Events & Community Calendar

Tech Classes - through the month at the Groton Public Library, 52 Newtown Road - For more information call 860-441-6750.

Winter Wildlife Eagle Cruises Aboard RiverQuest - begin 2/8 and run through February. Departing from CT River Museum in Essex. Beat the winter doldrums, enjoy winter and learn about winter wildlife while you cruise the lower Connecticut River searching for Bald Eagles, ducks, hawks and maybe even seals. There is always something interesting to see. RiverQuest has a fully enclosed heated cabin, but dress warm so you can be outside observing the winter wildlife and beautiful river up close. Cruises are about two hours long, no children under 10 years old please. For trip times and reservations visit ctriverquest.com or phone: 860-662-0577.

Hearing Clinic - 10am, 2/1 at the East Lyme Senior Center, 37 Society Road, Niantic. For appointments call 860-739-5859

Black History Month Film Series: Against All Odds: The Fight for a Black Middle Class - 6:30-8:30pm, 2/1 at The Public Library of New London, 63 Huntington St, New London - (860) 447-1411 www.plnl.org

An Evening with Lena Horne: 7:30pm, 2/1 & 3pm, 2/3 at the Donald L. Oat Theater, 62 Broadway, Norwich - Local favorite Persephone Marien presents songs from “Stormy Weather” to “The Wiz” illuminating the life and art of Lena Horne, jazz singer and Civil Rights icon. (860) 887-2789 www.norwicharts.org

Redevelopment Plans for Groton’s Vacant Schools - 9-10am, 2/2 at Bill Memorial Library, 240 Monument Street, Groton City - Town officials answer questions about Groton’s economic development program, current development activity, and the process for further redevelopment. Coffee and refreshments will be served and registration is not required. 860-445-0392

Healing with Hypnosis: 1pm, 2/2 at Waterford Public Library, 49 Rope Ferry Road - The discussion, by David Chandler, M.A, certified hypnotist, will focus on clinical uses of hypnosis. For more information call 860-444-5805

Fundraising Roast Beef Dinner - 2/2 at Kari-Hill VFW post 5849, 39 Columbus Ave, Niantic - Only $10 gets you roast beef, mashed potatoes, gravy, green beans, bread, soft drink/coffee, and dessert. Doors open at 4:45 PM and dinner is served promptly at 5:30 PM family style. Takeouts may be ordered Saturday by calling 860.739.7364 and picked up between 6:15 and 8 PM.

Souper Bowl Saturday - 5-7pm, 2/2 at Groton Senior Center, 102 Newtown Road, Groton - Sample Soups from Eighteen area restaurants have generously donated provided soups for this event. For more information, call 860-444-7895 or visit www.grotonrec.com

Nordic Voices - 6pm, 2/2 at George Kent Performance Hall, 119 High Street, Westerly, Rhode Island. The Chorus of Westerly welcomes Nordic Voices to Kent Hall for one performance of their exciting program entitled Everything’s gonna be alright. 401.596.8663.

American RUSH Tribute: Lotus Land - 8pm, 2/2 at The Katharine Hepburn Cultural Arts Center, Old Saybrook - 860 510-0473

American Legion Auxiliary All-You-Can-Eat Breakfast Buffet: 8-11, 2/3 at the American Legion 16 York Ave, Niantic. Buffet includes: pancakes, french toast, scrambled eggs and omelets-to-order, homefries, bacon and sausage. Also biscuits, toast and jellies, pastry treats, tea and coffee. Adults $10.00 Children under 10 $3.50. FaceBook: American Legion Auxiliary Unit 128
Regional Events continued

Celebrate Black History Month: Museum Tours - 10-4pm, 2/3 at The Prudence Crandall Museum, 1 S. Canterbury Road, Canterbury - The 2019 theme for Black History Month is “Black Migrations.” The Museum is the site of the first higher education Academy and Boarding School for African American women founded by Prudence Crandall in 1833. Learn more about the courageous girls and young women who attended the school and what they went on to accomplish after the school closed through the “Lives and Legacies: Prudence Crandall’s African American Students” exhibit. For more information, email crandall.museum@ct.gov, or call 860-546-7800. 


Celtic Rock: Enter The Haggis - 7pm, 2/3 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - 860 510-0473

Creative Writing - 10-12, 2/4 2/18 at The Public Library of New London, 63 Huntington St, New London - Stop in for structured writing activities and sharing fiction in an easy-going, curriculum-inspired group. (860) 447-1411 www.plnl.org


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Regional Events

Intermediate to Advanced Quilters - 1-4pm, 2/4 at the East Lyme Senior Center, 37 Society Road, Niantic. 860-739-5859

Free SCORE Workshop: Bank Funding Your Small Business - 5:30-7PM, 2/4 at Acton Public Library, 60 Old Boston Post Road, Old Saybrook - Get pointers from the U.S. Small Business Administration that will help you get your business moving toward financial stability. To register, contact SCORE Southeastern Connecticut - (860) 388-9508 or visit sect.score.org

Movie: Mamma Mia! here we go again - 6-8pm, 2/4 at Waterford Public Library, 49 Rope Ferry Road - Rated PG-13; 1 hr. 54 min.; 2018 Five years after the events of Mamma Mia! (2008), Sophie prepares for the grand reopening of the Hotel Bella Donna as she learns more about her mother's past. For more information call 860-444-5805

Evening Book Discussion: Emma by Jane Austen - 7-8:30pm, 2/4 at the Old Lyme Phoebe Griffin Noyes Library - (860) 434-1684

"Pig in a Wig" Starring Lady Bunny - 7:30pm, 2/4 at Garde Arts Center, 325 State Street, New London - Blending Bunny’s love for witty jabs at pop culture, our addiction to technology, political correctness and gentrification, “Pig in a Wig” proves why Lady Bunny is the high queen of low comedy. Tickets at www.SkyCasper.com

“War of the Worlds” History and Sounds of the Old Time Radio Shows - 1pm, 2/5 at the Lymes’ Senior Center- 26 Town Woods Road, Old Lyme - Enjoy reminiscing and listening to the Old Time Radio Sci Fi Show “War of the Worlds” by Orson Wells that caused a panic on October 30, 1938. To register, call (860)434-1605 ext. 241.

Introduction to Fly Tying - 6pm, 2/5 at Preston Library, 389 Route 2, Preston - Please join the Friends of the Preston Library at the library’s community room as they host John Preston from the Thames Valley Trout Unlimited Chapter. If you have ever thought about learning to tie your own fishing flies, but weren’t sure where to start, then this is the workshop for you. John will teach some of the basics of tools, techniques, and materials. He’ll also teach a few fish catching fly patterns, so you can continue exploring fly tying on your own. This free program will provide all materials, tools, and shop supplies. Seating is limited so please call the library at 860-886-1010 to register.

Presentation: The Sultana, Greatest Maritime Disaster in US History - 6:15pm, 2/5 at Acton Library, 60 Old Boston Post Road, Old Saybrook. Shoreline Civil War Roundtable hosts this presentation which will be given by member Vic Butsch. All are welcome. No fee required. For more information, please call 860-395-1124.

Anna May - 7pm, 2/5 at East Lyme Public Library, 39 Society Rd., Niantic - Anna May carries with her an eclectic and original musical style that has been fed by many sources. Anna’s songs are streaked with the jazz that was ingrained in her musical psyche after a brief life in New Orleans with influence from gracious teachers and travels. Anna has cultivated a sound that is her own, a sound that is always expanding. Register for this program at 860-739-6926

Thames River Quilting - 7pm, 2/5 at St. Luke’s Church, 1830 Route 12, Gales Ferry - The program will cover the care and maintenance of sewing machines. Guests are welcome.  860-464-8105.

Wellness Clinic - 2/6 at Waterford Community Center, 24 Rope Ferry Road, Waterford. By appointment for Waterford residents - call 860-444-5839 to schedule your appointment.

Book Discussion - 10:30am, 2/6 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - The group will discuss Red Notice: a true story of high finance, murder and one man’s fight for justice by Bill Browder - 860-395-3184
Regional Events

AARP Mature Driver Safety Class - 12:30-4:00, 2/6 at the East Lyme Senior Center, 37 Society Road, Niantic. 860-739-5859

Brain Aerobics - 12:45pm, 2/6 at the East Lyme Senior Center, 37 Society Road, Niantic. For more information call 860-739-5859

Harpist Rebecca Swift - 1pm, 2/6 at the Lymes’ Senior Center- 26 Town Woods Road, Old Lyme - With over 30 years of experience, Rebecca will entertain the audience with music from Gershwin, Cole Porter, Roger and Hammerstein and more. (860)434-1605 ext. 241.

Free SCORE Workshop: The Entrepreneurial Equation - 6-7:30, 2/6 at The Henry Carter Hull Library, 10 Killingworth Turnpike, Clinton - Learn key steps toward achieving your personal and business financial goals - For registration details, visit SCORE Southeastern Connecticut at sect.score.org or phone (860) 388-9508

Reiki Appointments - 1pm, 2/7 at the East Lyme Senior Center, 37 Society Road, Niantic. For appointments, call 860-739-5859

Beginner Sewing Class: Zippered Bags - 2-4pm, 2/7 at The Public Library of New London, 63 Huntington St, New London - In this class, attendees will learn the basic techniques involved in creating their own small zippered bags. Registration required. (860) 447-1411

Craft Night - 6pm, 2/7 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - Craft TBA. Registration at 860-395-3184

Author Talk and Book Signing: Stanley Kolber - 6:30-7:30pm, 2/7 at the Old Lyme Phoebe Griffin Noyes Library, 2 Library Lane, Old Lyme - With artistically rendered photographs and engaging prose, Kolber's book, "of the birds according to their kinds" brings the reader into an avian world throbbing with life and overflowing with beauty. Register for this program at (860) 434-1684

Irish Quartet: We Banjo III - 7:30pm, 2/7 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - 860 510-0473

Celebrate National Pizza Day - 2/8 at the East Lyme Senior Center, 37 Society Road, Niantic. Pizza, Salad and a Drink. Guitar Jam to follow. Register at 860-739-5859

Italian Night Dinner - 2/8 at the East Lyme Senior Center, 37 Society Road, Niantic. Fundraiser for the Miracle League, sponsored by The Palazzo’s. Rigatoni, Home Made Meatballs, Salad and Dessert. $20pp - $10pp for children under 12. Ticket information at 860-739-5859

Paint Night on the Farm - 5-7:30pm, 2/8 (snow date 2/9) at Waterford Country School, 78 Hunts Brook Rd., Quaker Hill - Enjoy the cozy atmosphere of the Rose Lodge Log Cabin. Light refreshments and seasonal drinks provided. This paint night is for adults (21 and older) only. Participants will receive everything they need to create their own one-of-a-kind art piece as well as meet some of the cuddly creatures that live in the school's farm and nature center. (860) 442-9454 - www.waterfordcountryschool.org - efrench@waterfordcs.org

Tech Time with Tim: Google Doc Basics - 1pm, 2/9 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - Laptops will be provided. Register at 860-395-3184

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The preceding article was originally published in an early issue of THE POST ROAD REVIEW.
Join the East Lyme Puppetry Project on Sunday, February 24 at 1PM, at the East Lyme Community Center for Tanglewood Marionettes’ performance of An Arabian Adventure AND help re-stock Care and Share’s shelves by bringing a food donation to the show. All tickets are $6.00 plus a canned good or cash contribution.

An Arabian Adventure will include over a dozen beautifully hand-crafted marionettes and a soundtrack featuring professional acting set to the background of folk and classical music such as Rimsky Korsakov’s Scheherezade.

“This year’s show has it all – comedy, drama, a swashbuckling tale set in an ancient and far off land – and a love story!” says ELPPI president, Dick Waterman. “We’re thrilled to have Ann (Ware) and Peter (Shafer) back for a fourth year of storytelling using their exquisite ‘grand scale storybook’ style.”

The marionettists will be in full view, so that the audience can see first-hand the mechanics of puppet manipulation. Replete with clever stage illusions and lighting effects,” An Arabian Adventure is an action-packed drama that is sure to delight audiences of all ages while introducing them to the magical world of puppet theater.

The marionettists will also present a lively demonstration prior to the show where, through humorous interplay, the audience will learn about various forms of puppets, from the simple glove puppet to the sophisticated marionette. And, viewers are invited to “meet the marionettes” following the performance. The 45 minute long show is perfect for families of all ages! See you there!

ELPPI is a 501(c)3 non-profit educational organization whose purpose is to promote cultural literacy and to bring more of the arts to southeastern Connecticut families. For more information call Barb at 248-496-7919 or email them at eastlymeCTpuppetry@gmail.com.

Care & Share, now a 501 (c) (3) non-profit organization, was formed in 1989 by four women who provided Thanksgiving food baskets to eight local families. Care & Share now has over 100 volunteers who generously contribute money, gifts, food, time and talents. Every year, volunteers contribute thousands of hours, raise monetary contributions, and collect food for distribution through their food pantry. For more information about Care & Share of East Lyme, visit their website at careandshareofel.org.
Regional Events  continued from page 7

U.S.P.S. Passport Fair: 12-3, 2/9 at Waterford Public Library, 49 Rope Ferry Road - Apply for a passport or renew a passport. Applications are available in the library. 860-444-5805

Civil Rights Activist Lottie B. Scott: 2-3:30, 2/9 at Waterford Public Library, 49 Rope Ferry Road - Lottie B. Scott, civil rights activist and former president of the Norwich NAACP, will discuss her book Deep South Deep North: a family's journey. In 1957, she moved to Norwich, Connecticut, where she raised her son and has called Norwich home ever since. For more information call 860-444-5805

Second Saturday Cinema: Ocean's 8 - 2pm, 2/9 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - 2018, PG-13, 120 min. Debbie Ocean recruits seven women to help her steal a $150 million necklace at the Met Gala. 860-395-3184

Professor Louie & The Crowmatix - 8pm, 2/9 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - Rock 'n' roll, blues, Gospel and American roots music - 860 510-0473

Make Your Own Victorian Valentine - 1-3pm, 2/10 at Slater Memorial Museum, 108 Crescent St., Norwich - Don't miss your chance to make your own Victorian-inspired Valentine! Come dressed in your favorite Victorian attire if you'd like! All craft materials will be provided to make your Valentine extra special. A sweet treat will also be available. Recommended age: 7+ Call (860) 425-5563 to register.

Kindness Cards & Cocoa: Valentine's Edition - 3-6pm, 2/11 at The Henry Carter Hull Library, 10 Killingworth Turnpike, Clinton - Make holiday cards for local seniors and veterans and enjoy some hot cocoa and Munchkins. Guests of all ages are invited. 860-669-2342

Council on Aging Meeting - 5pm, 2/11 at the East Lyme Senior Center, 37 Society Road, Niantic. Public welcome. 860-739-5859

Free SCORE Workshop: Marketing Your Business - 5:30-7pm, 2/11 at East Lyme Public Library, 39 Society Road, Niantic - Marketing Your Business is designed for individuals who want to learn more about marketing and how to connect with their customer. It is designed for those who do not have formal training in marketing, but are interested in growing their business. Register (860) 388-9508


Film: First Man - 6-8pm, 2/11 at Waterford Public Library, 49 Rope Ferry Road - Rated PG-13; 2 hr. 21 min.; 2018 A look at the life of the astronaut, Neil Armstrong, and the legendary space mission that led him to become the first man to walk on the Moon on July 20, 1969. For more information call 860-444-5805

Speculative Fiction Book Discussion: Collected Stories by Jorge Luis Borges (1944) - 7pm, 2/11 at Waterford Public Library, 49 Rope Ferry Road - The first complete, annotated collection of short stories in English by the 20th century Spanish master ranges from his 1935 debut up to his last work, Shakespeare's Memory, in its first appearance in English. Pam Bedore, associate professor of English, UConn, will lead this discussion. For more information call 860-444-5805

Owen & Moley Ó Súilleabháin - 7:30pm, 2/11 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - Singers, storytellers, poets; their beautiful harmonies, stories of life experience, mixed with a wild sense of humor, make you feel at ease, in awe and entirely entertained. 860 510-0473
Regional Events continued

Manicure Appointments - 9am, 2/12 at the East Lyme Senior Center, 37 Society Road, Niantic. For appointments call 860-739-5859

Tasty Reads Book Club - 12:30-2pm, 2/12 at The Public Library of New London, 63 Huntington St, New London - Thai food! Each participant will choose a recipe and bring in the dish along with a copy of the recipe to share with the rest of the group. For this meeting, you can choose any recipe, there is no set book. Registration is required. mgupta@plnl.org or (860) 447-1411

“Adventure Programs and Westerns” History and Sounds of the Old Time Radio Shows - 1pm, 2/12 at the Lymes’ Senior Center- 26 Town Woods Road, Old Lyme - Enjoy reminiscing and listening to Old Time Radio shows. To register, call (860)434-1605 ext. 241.

Happy Feet - 1pm, 2/12 at the East Lyme Senior Center, 37 Society Road, Niantic. Exercise Fun Class. Register at 860-739-5859

Game Night: Telestrations - 6pm, 2/12 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - The outrageously funny game Telestrations will keep you entertained and laughing! Draw what you see then guess what you saw for hilarious and unpredictable outcomes. Registration at 860-395-3184

Inside the Civil War - 6:30pm, 2/12 at Waterford Public Library, 49 Rope Ferry Road - James Littlefield will discuss his Civil War books Slavecatcher’s Woman and his newest title Slavetaker: The Promise. In his newest title Littlefield suggests a new perspective on the American Civil War. He will be signing and selling his newest title The Promise. James Littlefield is a teacher, historian, author, reenactor and blacksmith. He taught history in Connecticut schools for 47 years. For more information call 860-444-5805

Book Discussion: The Alice Network by Kate Quinn - 7pm, 2/12 at East Lyme Public Library, 39 Society Rd., Niantic - 860-739-6926

Foot Clinic, Massage Therapy, Reflexology Appointments - 2/13 at the East Lyme Senior Center, 37 Society Road, Niantic. 860-739-5859

Blood Pressure Clinic - 11-12, 2/13, 20, 27 at Waterford Community Center, 24 Rope Ferry Road, Waterford. 860-444-5839

TVCCA Special Meal - 2/13 at the East Lyme Senior Center, 37 Society Road, Niantic. Penne with Meatballs in Marinara, Garlic Bread, Salad, Double Chocolate Cake and Cranberry Juice. Register by noon, 2/7 at 860-739-5859

Jose Paulo performs Operatic and Love songs - 1pm, 2/13 at the Lymes’ Senior Center- 26 Town Woods Road, Old Lyme - José Paulo’s voice will mesmerize you and his personality will charm you. To register for this program call (860)434-1605 ext. 241.

Introduction to Email: 3-4pm, 2/13 at The Public Library of New London, 63 Huntington St, New London - During this basic computer class, learn how to set up an email account to send and receive messages. Learn how to easily spot fake emails. (860) 447-1411

Page to Screen: Juliet, Naked - 5:30pm, 2/13 at The Henry Carter Hull Library, 10 Killingworth Turnpike, Clinton - 2018, Rated R. After breaking up with her boyfriend, a woman meets a reclusive rocker her ex was obsessed with. Film by Jesse Peretz starring Ethan Hawke, Rose Byrne, and Chris O’Dowd. Free - 860-669-2342

Something Old, Something New: Connecticut Weddings Through the Ages - 6:30-7:30pm, 2/13 at the Old Lyme Phoebe Griffin Noyes Library, 2 Library Lane, Old Lyme - Taylor McClure, a Museum Educator at the CT Historical Society will walk us down the aisle in the colonial times to modern times. Did you ever wonder: How did...
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Connecticans tie the knot? This program uses Connecticut Historical Society's extensive collection of wedding clothing, accessories, photographs and prints to examine some of our ideas about what makes a “traditional” wedding and explores what those traditions can reveal about how ideas about marriage have changed through the years. Register at (860) 434-1684

Blues on Broadway - Bruce Katz Band - 7:30pm, 2/13 at the Donald L. Oat Theater, 62 Broadway, Norwich - While firmly anchored in the blues, Bruce Katz brings a variety of other influences and angles to his music, creating a sound where blues, “soul-jazz,” jam-band rock, and all aspects of Americana Music collide in a style all his own. (860) 887-2789 www.norwicharts.org

Empower Together - 9:30-1:30, 2/14 at The Public Library of New London, 63 Huntington St, New London - Books, arts & crafts, movies and more! Each session will feature a hands-on activity. All adults are welcome to attend, but the program is designed specifically to meet the needs of differently-abled adults. (860) 447-1411

Valentine's Day Sweets & Books Sale - 9:30-2:30, 2/14 at the Groton Public Library, 52 Newtown Road - It's Valentine's Day and there's no better time to treat your special someone to a decadent chocolate morsel! That's why the Circle of Friends will be on hand at the Library entrance from 9:30AM to 2:30 p.m. to sell delicious homemade treats. There will also be a fine selection of used books for purchase. All proceeds benefit the Library. 860-441-6750.

Alzheimer Caregivers Support Group - 10am, 2/14 at Waterford Community Center, 24 Rope Ferry Road, Waterford. Call Waterford Senior Services at 860-444-5839 for more information.

Free SCORE Workshop: Using QuickBooks to Manage Your Business Finances - 10-12, 2/14 at Westbrook Public Library, 61 Goodspeed Drive, Westbrook - This workshop will provide guidance and practical, easy-to-use tips to help ensure that your Chart of Accounts gets you to the right financial information, and that it aligns with your use of QuickBooks. Participants are welcome to bring a laptop with QuickBooks™ loaded so they can follow along with the presenter. For registration details, visit SCORE Southeastern Connecticut at sect.score.org or phone (860) 388-9508

Creative Writers of New London County - 5:30-7:30pm, 2/14 at Bill Memorial Library, 240 Monument Street, Groton City - Whether your goal is to publish, have personal work reviewed or just to meet writing friends, all are welcome. Bring a pen, paper, all of your best ideas and work of your own (several copies please). (860) 445-0392

Veggie Valentines - 6:30-8pm, 2/14 at Coogan Farm Nature & Heritage Center, 162 Greenmanville Ave., Mystic - Spend a special Valentine's evening cooking with your favorite person. Make a simple vegetarian meal and top it off with a delicious chocolate dessert. Call (860) 536-1216 for ticket information.

Grow with Google: Free Classes - 9:30-4:30, 2/15 at The Public Library of New London, 63 Huntington St, New London - Attend these classes to learn to Reach Customers Online, Get Started with Email; Spreadsheets, and Presentations; Get Found on Google Search and Maps; Digital Skills for Your Community - For class times and registration, call (860) 447-1411 www.plnl.org

Black History Month Film Series: The Chinese Exclusion Act - 6:30-8:30pm, 2/15 at The Public Library of New London, 63 Huntington St, New London - (860) 447-1411 www.plnl.org

Connecticut Emissions Program

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Regional Events continued

Staged Reading of “LOVE LETTERS” by A.R. Gurney - 6:30pm, 2/15 at the East Lyme Senior Center, 37 Society Road, Niantic. This is a perfect way to celebrate Valentine’s Day with your sweetheart AND help the Senior Center as this will be a fundraiser. 860-739-5859

Irish Rock: The Young Dubliners - 8pm, 2/15 at The Katharine Hepburn Cultural Arts Center, Old Saybrook - 860 510-0473

Eagle Flyer - February 16 - 24, Essex Steam Train, 1 Valley Ave., Essex - Two and half hour round trip eco-exursion in the Connecticut River Valley. Trees striped of their foliage afford clear views of the surrounding forest and the River; wildlife can be observed from the cozy confines of heated vintage rail cars. Conservationists will be on board to share their knowledge of the wildlife that calls the Connecticut River Valley home. Call (860) 767-0103

Seal Splash - 11-12:30, 2/16 at Zbierski House, 1 Beach Pond Rd., Groton - Join the fun and take the plunge to raise money for Mystic Aquarium’s Animal Rescue Program! Mystic Aquarium’s Animal Rescue Team acts as first responders for animals in need along the 1,000 miles of coastline throughout CT, RI and Fishers Island, NY. For registration call (860) 572-5955

Tropical Sunsation - 11-3, 2/16-2/18 at Mystic Aquarium, 55 Coogan Blvd., Mystic - Warm up with a staycation at Mystic Aquarium featuring professional hula dancers, live steel drum performances, SCUBA selfies with mermaids, plus so much more! Float along the Main Gallery and discover countless tropical fish, colorful corals and other lively marine animals throughout indoor and outdoor exhibits. Free with regular admission. (860) 572-5955

The Shoreline Ringers - 2pm, 2/16 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - Learn about the history of bells and handbells, how handbells came to be in the United States, how they are made, different handbell techniques and hear a couple of handbell pieces. Register at 860-395-3184

Sew Journey: The Quilt Stories of Kimberly Love Radcliff - 3pm, 2/16 at Waterford Public Library, 49 Rope Ferry Road - Kimberly depicts the works of seven notable African American authors in her quilts that will be on display on the main level of the library during the month of February. This talk compliments the current exhibit. For more information call 860-444-5805

American Legion Auxiliary Roast Pork Dinner: 5-7, 2/16 at the American Legion 16 York Ave, Niantic. Delicious roast pork served with mashed potatoes and gravy, glazed carrots and Italian-style green beans, sauerkraut, applesauce and rolls. Dessert and coffee or tea included. Adults $10.00 Children under 10 $3.50.

The Music of Neil Young: Broken Arrow - 8pm, 2/16 at The Katharine Hepburn Cultural Arts Center, Old Saybrook - 860 510-0473

Creative Writing - 10-12, 2/18 at The Public Library of New London, 63 Huntington St, New London - Stop in for structured writing activities and sharing fiction. (860) 447-1411 www.plnl.org

TED Talk: A Feeling for Film - 9:30am, 2/19 at Henry Carter Hull Library, 10 Killingworth Tpk, Clinton - A look at how movies and film shape our world through technology and culture. 860-669-2342

Movie Night: Mamma Mia! Here We Go Again - 5:30, 2/19 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - 2018, PG-13, 114 min. A woman grapples with running her mother’s villa while also expecting her first child and worrying that she won’t be able to handle everything on her own, she enlists two of her mother’s friends for assurance, help and guidance. Light refreshments provided. No registration necessary. 860-395-3184
Regional Events continued

Her Words Changed the World - 7pm, 2/19 at East Lyme Public Library, 39 Society Rd., Niantic - Discover Harriet Beecher Stowe’s life, her inspirations to write the anti-slavery novel Uncle Tom’s Cabin and the lasting impact of its message. Register at 860-739-6926

Lottie Scott: Deep South - Deep North: A Family’s Journey - 7-8:30pm, 2/19 at the Groton Public Library, 52 Newtown Road - Lottie Scott, Norwich native, longtime Civil Rights Activist and former president of the NAACP, tells both the heartbreaking and triumphant tale of her maturation into adulthood against a racially-charged, impoverished, yet fiercely loving backdrop in Longtown, South Carolina. Copies of the book will be available for sale. 860-441-6750.

Probate Clerk Appointments - 2/20 at Waterford Community Center, 24 Rope Ferry Road, Waterford. Call Waterford Senior Services at 860-444-5839 to schedule.

Normal Must Be So Boring: Adventures in Liking My Looks - 1pm, 2/20 at the Lymes’ Senior Center- 26 Town Woods Road, Old Lyme - Susan Cummings in a fun spirited, sometimes poignant show about a woman trying her darnedest to find her non “normal” body beautiful. Call (860)434-1605 ext. 241

Social Welfare Resources - 1-2pm, 2/20 at The Public Library of New London, 63 Huntington St, New London - Learn how Safe Futures saves lives, restores hope and changes the future for those impacted by domestic violence and sexual assault. (860) 447-1411

Free SCORE Workshop: Networking to Meet New Customers - 5:30-7pm, 2/20 at East Lyme Public Library, 39 Society Road, Niantic - Jim Jackson of the CTSBDC will present guidelines for effective networking and a unique way to remember them. Participants will then practice their new skills with each other in a “live fire” exercise For more information visit sect.score.org or call (860) 388-9508

Head Wrapping Art - 5:30-7:45pm, 2/20 at Otis Library, 261 Main St. Norwich - Learn about this beautiful art from Africa and wear your style home. For teens and adults. Register at (860) 889-2365

Solera Quartet: Portraits of Beethoven - 7pm, 2/20 at The Katharine Hepburn Cultural Arts Center, Old Saybrook - 860 510-0473

Daytime Book Discussion Series: Broken Harbor by Tana French - 1pm, 2/22 at Waterford Public Library, 49 Rope Ferry Road - (2012) A gripping murder mystery set in post-recession Ireland addresses themes of domestic violence, class conflict, and cultural changes in the 21st-century. Multiple copies of this title are available in the library. Dr. Rebecca Troeger, Professor of English, at UConn, will lead this discussion. For more information call 860-444-5805

Intermediate to Advanced Quilters - 5-9pm, 2/22 at the East Lyme Senior Center, 37 Society Road, Niantic - 860-739-5859

Black History Month Film Series: Black Panther - 6:30-8:30pm, 2/22 at The Public Library of New London, (860) 447-1411 www.plnl.org

Vivian’s Music, 1969 - 7pm, 2/22, 2/23 & 2pm, 2/24 at Garde Arts Center, 325 State Street, New London - In a segregated city bursting with racial tension, a 14-year-old black girl, Vivian, was shot by a white cop, igniting one of the worst race riots in American history. This fantasia for two actors gives Vivian a life, a family, a love of music, and a reason to live. The jazz legend who's back in the neighborhood might be her real father. Can they find each other before the city explodes? Ticket info at (860) 444-7373 ext 1

The Corvettes Doo Wop Revue - 8pm, 2/22 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - 860 510-0473

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Mystic - Tuesdays February 12 at 7:15 pm; Saturdays February 23 at 1:30 pm
East Lyme - Sundays February 10 at 1:20 pm; Tuesdays February 19 at 5:00 pm

Upcoming Basic Manners class start dates:
Mystic - Wednesdays February 6 at 7:15 pm; Saturdays February 23 at 12:15 pm
East Lyme - Sundays February 17 at 12:10 pm; Tuesdays February 26 at 6:00 pm

Other Obedience class start dates:
Mystic - Life Skills - Wednesdays January 30 at 6:00 pm
East Lyme - Life Skills - Sunday March 3 at 2:30 pm
Rally Obedience - Tuesdays February 26 at 6:00 pm
Canine Good Citizen - Tuesdays February 19 at 7:15 pm

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Regional Events from pg. 15

Gentle Yoga - 12:30-1, 2/23 at The Public Library of New London, 63 Huntington St, New London - Free 40 minute yoga session for all ages! Healthy snack provided after session. Bring your own yoga mat. Children encouraged to participate. Registration (860) 447-1411

A Pleasant Pairing: Tea & Fine Chocolate - 2pm, 2/23 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - Kim Larkin highlights the history and health benefits of tea and dark chocolate Registration is suggested 860-395-3184

Guest author Richard Maule: 3pm, 2/23 at Waterford Public Library, 49 Rope Ferry Road - Richard Maule’s novel, Moonlight Helmsman, brings to life one of the most amazing stories in our nation’s history. He was alone in dreaming it could be done, but on a moonlit night in 1862, the slave Robert Smalls stole the Confederate flagship and sailed off to freedom. 860-444-5805

Journey Home - 7:30pm, 2/23 at Garde Arts Center, 325 State Street, New London - The ECSO’s mid-winter concert offering showcasing the talent of the 2018 Instrumental Competition Winner, cellist Justin Park. Ticket info at (860) 444-7373 ext 1

Puppetry Project’s “Arabian Adventure” 1pm, 2/24 at East Lyme Community Center - Join the East Lyme Puppetry Project for Tanglewood Marionettes’ performance of An Arabian Adventure AND help re-stock Care and Share’s shelves by bringing a food donation to the show. This year’s show has it all – comedy, drama, a swashbuckling tale set in a far off land – and a love story! The marionettists will be in full view, so the audience can see first-hand the mechanics of puppet manipulation. Replete with clever stage illusions and lighting effects,” An Arabian Adventure is action-packed and sure to delight audiences of all ages while introducing them to the magical world of puppet theater. The 45 minute performance is perfect for families of all ages and includes a pre-show puppet demonstration and a post-show “meet the marionettes” activity. For more information call Barb at 248-496-7919, visit them on Facebook or email eastlymeCTpuppetry@gmail.com.

Banff Mountain Film Festival World Tour - 6:30pm, 2/24 at Garde Arts, New London - The 2018/19 World Tour features on the Garde’s giant screen with 4k digital cinema and surround sound, an exhilarating and provocative collection of the world’s best environmental films that explore the mountain world, highlighting new landscapes and remote cultures. 860-444-7373 x 1 or visit gardearts.org

Film: At Eternity’s Gate - 5:30pm, 2/25 at The Henry Carter Hull Library, 10 Killingworth Turnpike, Clinton - 2018, Rated R. 110 Minutes. This drama chronicles Vincent van Gogh’s time in France while he resided in Arles and Auvers-sur-Oise. Starring Willem Dafoe, Mads Mikkelsen, Oscar Isaac, and Rupert Friend. 860-669-2342

Usual Suspects Mystery Book Club - 5:30-7pm, 2/25 at The Public Library of New London, 63 Huntington St, New London - This month’s selection is Slipknot by Linda Greenlaw. (860) 447-1411 www.plnl.org

Film: A Quiet Place - 6-8pm, 2/25 at Waterford Public Library, 49 Rope Ferry Road - Rated PG13; 1 hr. 30 min.; 2018 In a post-apocalyptic world, a family is forced to live in silence while hiding from monsters with ultra-sensitive hearing. 860-444-5805
Regional Events

Couch to Niantic Boardwalk 5K Information Session Kickoff - 7pm, 2/25 at East Lyme Public Library, 39 Society Rd., Niantic - Melissa McWeeny will cover some beginner basics, strength training, motivation and inspiration. Register at 860-739-6926

Manicure Appointments - 9am, 2/26 at the East Lyme Senior Center, 37 Society Road, Niantic. For appointments call 860-739-5859

Oscar-Nominated Short Films - 12:30pm, 2/26 & 2/27 at The Henry Carter Hull Library, 10 Killingworth Turnpike, Clinton - See the best of the best in the Documentary, Live Action, and Animation Short Film categories and enjoy free popcorn. 860-669-2342

Happy Feet - 1pm, 2/26 at the East Lyme Senior Center, 37 Society Road, Niantic. Exercise Fun Class. Register at 860-739-5859

Cookbook Club - 6pm, 2/26 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - This month’s book is The Moosewood Restaurant Table: 250 Brand-New Recipes from the Natural Foods Restaurant That Revolutionized Eating in America. 860-395-3184

Scrabble Club: 6:30pm, 2/26 at Waterford Public Library, 49 Rope Ferry Road - For more information call 860-444-5805

Trivia Night - 7pm, 2/26 at East Lyme Public Library, 39 Society Rd., Niantic - Register at 860-739-6926

Mystery Book Discussion - 1pm, 2/27 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - This month’s book is Murder on Astor Place by Victoria Thompson. 860-395-3184

Blood Pressure Clinic - 1:15-2:15, 2/27 at the East Lyme Senior Center, 37 Society Road, Niantic. No appointment necessary. For more information call 860-739-5859

Safe Futures Parenting Talk - 5:45-6:45pm, 2/27 at The Public Library of New London, 63 Huntington St, New London - Prevention educators discuss how you can develop healthier relationships with the people in your life. Dinner and childcare will be provided. (860) 447-1411 www.plnl.org

Fighting Inflammation - 6pm, 2/27 at The Henry Carter Hull Library, 10 Killingworth Turnpike, Clinton - Learn how and why changing habits can have a profound effect on our overall health at this free workshop. 860-669-2342

The ’38 Hurricane: a Rhode Island family’s enduring legacy - 6:30pm, 2/27 at Waterford Public Library, 49 Rope Ferry Road - Rhode Island-born journalist Tom Verde shares the story of his family’s tragic loss during the devastating Hurricane of 1938. 860-444-5805

Green Book in New England - 7-8:30pm, 2/27 at the Groton Public Library, 52 Newtown Road - This Community Conversation will shed light on the black experience and their travels from South to North. For more information call 860-441-6750.

Irish-American super group: Cherish the Ladies - 7:30pm, 2/27 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - 860 510-0473

Empower Together - 7-8pm, 2/27 at United Way of Eastern CT, 261 Main Street, Old Saybrook - A program designed specifically to meet the needs of differently-abled adults. 860-447-1411

Mystery Book Discussion: The Dry by Jane Harper - 11am, 2/28 at East Lyme Public Library, 39 Society Rd., Niantic - 860-739-6926

The Founding of Yale University and its Library - 6:30pm, 2/28 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook. www.ctriverquest.com

The Irish Comedy Tour - 7:30pm, 2/28 at The Katharine Hepburn Cultural Arts Center, Old Saybrook - 860 510-0473
There’s Nothing Like Winter on the CT River For Viewing Wildlife and Bald Eagles

Starting to feel like you are stuck indoors? February and March are the perfect months to get out on the River and get some fresh air. With plenty of ice to the north, the open water of the lower CT River is seeing plenty of winter wildlife.

Many visiting juvenile and adult Bald Eagles have been spotted along with resident nesting pairs and RiverQuest and the Connecticut River Museum are excited to team up again this year to cruise on the lower Connecticut River for RiverQuest’s 16th year of Winter Wildlife Eagle Boat Cruises. This year RiverQuest will again be departing from the museum’s dock in Essex.

With this partnership, passengers not only get to enjoy the river and its wildlife from the water, but also check out the entire museum including their special “Big Birds of Winter” exhibit along with events and activities.

You never know what you will see on these cruises. As the rivers, lakes and ponds to our north freeze, eagles and other wildlife make their way to the lower CT River for their favorite food – FISH.

Eagles have made a huge comeback over the past few decades, more eagles than ever are being sighted in this area. And as the eagle population increases, new nests are being built. This year there are two new nests to observe.

On past cruises, RiverQuest passengers have spotted dozens of Bald Eagles, three types of grebes and swans and mergansers, Golden Eagles, many different gull and hawk species, loons, coyotes, foxes, deer, three types of seals, and even bobcats.

“We will enjoy working with the Connecticut River Museum again for the 2019 winter season. Our mutual interest in the river is a
Bald Eagles

perfect match.” Captain Mark of the quiet, friendly eco-tour vessel says. “RiverQuest is already docked in Essex at the museum and we are ready to go out on the river to find eagles and more!”

“Winter on the river is serene and scenic with a sense of tranquility. Without leaves on the trees, the river’s edge offers a different view, making it easier to find and see our winter wildlife. On this cruise we will search for the majestic Bald Eagle and other winter species,” said Mindy, Captain Mark’s wife, crew and co-owner of RiverQuest. “Each cruise is different, we never know what we will find!”

RiverQuest has a heated cabin with large windows, but it is suggested that passengers dress in warm layers since the best views will be from outside on the open decks. Captain Mark adds, “Don’t forget your camera and binoculars! No binoculars? No worries, there are plenty on board for you to borrow during the cruise! And there will also be complimentary coffee.”

“In February and March we have the opportunity to view nature in a unique way. The Connecticut River Museum is incredibly excited to be partnering with RiverQuest again to offer Eagle and Winter Wildlife Cruises. These cruises connect with nature on the absolutely breathtaking winter Connecticut River.” quoted Tom Wilcox, Interim Director of the Connecticut River Museum, “And be sure to check www.ctrivermuseum.org for special appearances and workshops from Wildlife Biologists, Photographers, and other experts.”

Cruises will be offered from February 8th through March 17th with departures Fridays, Saturdays, Sundays, Wednesdays and on President’s Day. More dates may be added so be sure to check the website for cruise times and to book your cruises. Cost is $42 per person. For more information visit www.ctriverquest.com or www.ctrivermuseum.org

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### New London Adult Education Center

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### Red Barn Yoga

#### Healing Hands
- Date: 2/28, 3/28
- Fee: $25

#### Meditation for Beginners
- Date: 3/7
- Fee: $25

#### Mindful Movement Yoga
- Date: 2/26
- Fee: $70

### Class listings are continued on page 27
History Matters: Tales from East Lyme’s Past

Shave and a Haircut….Two Bits
by Jim Littlefield

Yes, there was a time in the quite distant past when a quarter would be sufficient to cover the cost of both a haircut and a shave. (Note…The colonial 12 ½ cent unit of currency called the “bit” was discontinued in the 1790’s, but the word remained in our vocabulary.) In the hands of a skilled “barba” (Latin for “beard”) scissors would deftly cut and trim the hair while the straight razor, tilted on just the right thirty degree angle, would shave away the latest facial stubble. This ritual was repeated and enjoyed by many American males back “in the day” with topical conversation, the warmth of steaming towels and hot shaving cream, the inviting smells of after shave lotions and the great camaraderie provided at the corner “tonsorial parlor” which was clearly designated by the red and white spiraling pole found outside the shop door.

Numerous times on archaeological digs we have undertaken in the area, our classes have stumbled upon old scissors and straight razors, even bottles with odd shapes and spouts suggestive of those that once proudly sat upon a shelf directly in front of a very large barber’s mirror. Where it is impossible to tell the specific uses of the old scissors and maybe even the specific contents of those bottles that is certainly not the case with the folding straight razors we have uncovered.

There is no doubt what they were used for. Students would stare at these “ancient” relics and often wonder out loud how they were held and used.

Most straight razors were found open but a few were found closed with the blade forever locked inside the scaled handle casings. The one thing both had in common was that the high carbon metal of the blade resulted in all blades being extremely compromised. Only the handle was generally free of decay…handles made of shell, ivory, gutta-percha, hard rubber or celluloid lasted the longest, with handles of metal or wood suffering much the same fate as the blade.

The last straight razor we found on a dig was in the spring of 2010. It was rusted open in the ready position and had what appeared to be a white celluloid handle. It was a pity no writing or images were discernable on the once sharp, but now heavily corroded blade.

Whereas the shaving razor may date all the way back to ancient Egypt, the modern form with a curved dip of the tang at one end of a thin ground blade, all working off a pivot on the tang end of the handle is basically a product of the 19th century. Hollow grinding of the blade which allowed the blade to be thinner than before, was started around 1825, the tang (which the pinkie finger or third finger is placed on for better control) was also developed around that time. In the 1830’s and 1840’s, silver steel replaced cast steel in the making of the straight blades with the basic shape of the handle morphing into a slight bow which is the same as it is today. The 1850’s through the 1870’s marked the era where the most beautiful straight razors were produced with fancy designs spreading to the tangs and the spine and handles often made of celluloid. Blades were etched as well as handles and the blades were now forged by machines.
History Matters

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The “safety razor” patented by King C. Gillette in 1901 would interrupt this evolutionary process. Gillette’s contract with the U.S. government during WWI saw some three and one-half million double-edged safety razors included as part of our soldiers’ field kits (they needed to be clean-shaven to be able to properly don their gas masks). This was the beginning of the end for the traditional straight razor and the skillful and enjoyable shave once obtained in a barber shop. The double edged safety razor was here to stay. As with all changes, something was gained while something else was lost.

In ancient Rome a young man’s first shave was called a “tonsura” and was an essential part of his coming of age. It was a public affair; much like it once was with young American men when they came into the barber shop no longer accompanied by a parent or requiring an artificially heightened chair and for the first time feeling the stropped razor descending down the back of their neck. Even more important was the first full shave in a room filled with other men who would and could bear witness. All knew a dangerous task was at hand as the deadly instrument was brought in contact with the youthful face and throat. A young boy would certainly wiggle or squirm and could not be trusted here, but the young man and the tonsorial artist who stood ever by his side were men ready to meet this life and death challenge. This was “man stuff,” this was “male bonding” and this early experience became an important marker in many a young man’s life. With shaving now done with a safety or electric razor and relegated to the privacy of one’s own bathroom, this once powerful dynamic has ceased to exist.

Now my sudden interest in all of this can most assuredly be traced to a wonderful piece of family history that recently happened my way. A custom painted shaving mug and corresponding straight razor had been passed down from my great-grandfather by way of two of my aunts.

Both of Dr. John N. Bull’s shaving artifacts were still in great shape despite the years and I began to wonder how much skill and effort it would require on my part to relive a little history and duplicate my great-grandfather’s shaving experience. His German razor was quite sharp and looked like it could still do the job. I could picture the mug with hot lather flowing over the top. I had almost
talked myself into giving the whole thing a little test run but then thought longer on the matter and decided it would be better to ask my barber, Scott King, before doing anything rash.

Scott King owns the local barbershop, Barbers Plus One in East Lyme up on the Boston Post Road. In the absence of Sam Vera and Jim Barone who were once the presiding “sultans of snip” in our town when I was growing up in the 50’s, I always thought Scott’s little shop was about as close to traditional as it was going to get in this day and age. A great collection of antique barber paraphernalia greeted customers on the walls, with books on the history of barbering found in the waiting room. As in days of old, I found this shop and its trusty steward efficient and friendly and I always enjoyed the haircut and the conversation. But this one day I came with just one thing in mind...I had to share about my newly acquired straight razor and the possibilities it presented as well as ask Scott King if he still gave an old-fashioned straight razor shave!

“I still get a call maybe once a month for that very thing,” he answered, “but I don’t think I have given a straight razor shave since 1980. I gave quite a few when I first got out of barber school in 1977. I still remember when a shave was 75¢ and a haircut was $ 1.75. There is quite an art to it which is maybe one reason we had to spend a year as an apprentice after graduating, then, after taking a test, spending another three years as a journeyman. We then had to take a final test after that before becoming a “master barber” and it was only at that time that you were allowed to open your own shop. I’ve had other shops but I have been in this particular location since I bought the place in 1995,” he concluded.

Taking up my great-grandfather’s straight razor (after noting that it looked pretty good except for one little knick which he assured me could be ground out) he positioned it in his right hand as if eager to resume a once very familiar activity. Two fingers now rested atop the blade with the third finger positioned on the tang...the pinkie, I noted, was slightly airborne as was the curved handle of the razor. “After you get the customer’s face all heated up with steamed towels and hot lather, the key is to start down with the razor, slightly across the area to be shaved. The thumb leads the way and uncovers just enough lather to let you know if there are any imperfections in the skin. Those cowboy movies where the barber starts shaving randomly through the lather without looking would most likely produce a pretty bloody mess,” he added.

I was very happy for this history lesson and took special note of a story he added about a customer much like me who once came in to the shop seeking his expert advice. After giving the person instructions on old fashioned straight razor shaving and even lending him an old “test razor” to start with, he said the gentleman came back a day or so later with enough cuts and nicks to convince the gentleman that his historic experiment most definitely had come to an end.

continued on page 31
Dining with the Dudleys

A visit to Little Pub in Old Saybrook

All last summer Derek and I watched with interest as Little Pub was being built. It was in a location on Route 1 in Old Saybrook that had, until early 2017, been the site of an apparently ill-fated Mexican restaurant called Mr. Jalapeno.

It was evident pretty early on that the owners were building something that very much resembled an old British pub such as one might find in a country village in Jolly Olde England. Using exposed hand-hewn beams and stucco, the builders made a pretty good replica of a Tudor-style building, complete with plenty of small diamond paned windows, hipped roofs with plenty of gables, and even English-style phone booths outside, each bearing a crown emblem over the doors. I must say, they did a cracking job of it, too.

Derek and I finally had a chance to visit Little Pub late on a cold but clear afternoon in January - and we found this charming building to be very inviting indeed.

The interior carried the traditional English Pub theme even further with plenty of exposed hand-hewn beams, likely sourced from ancient barns, judging by all the disconnected mortise and tenon work on display. To complete the rustic look were huge lit fireplaces, distressed wood floors and wrought iron chandeliers hanging from the vaulted ceiling of the dining room.

I must admit that Derek and I were enthralled with the building. Both the interior and exterior were amazing. The main dining room was immense! I’d guess-timate it could seat 70, maybe even 80 diners, though the noise level would be significant. The bar and lounge section looked to be able to hold its fair share as well, so much so that the “Little” part of the name seemed a misnomer. It really wasn’t little at all. But it was a Pub, there were English telephone booths outside, and we were really looking forward to sampling some traditional English pub fare... until we got the menus.

What? Where was the Bangers and Mash? Where was the Toad in the Hole? Yes, they had Shepherd’s Pie and they had Fish and Chips as well, but lots of places offer Shepherd’s Pie and who doesn’t have Fish and Chips around here?

It soon dawned on us that the owners weren’t really all that interested in carrying the Olde English Pub theme all the way into the kitchen. What they did offer, however, was an eclectic mix of foods, heavy on the Mexican, with some Moo Shu mixed in, along with some Falafel and Hummus, a few soups, and more burgers and sandwiches than you could shake
Dining with the Dudleys

a stick at. Pub fare, for sure - but not English Pub Fare, as far as I could tell. Of course, since it was a pub, they also offered a HUGE selection of beers and wines, more than enough to satisfy most palates, I’d wager, and there was a full bar on the other side of the main foyer that, as I mentioned earlier, seemed to be doing a brisk trade.

But we were sitting in the main dining room with perhaps two other diners on the far side of the room that seemed to be finishing up a dinner that had once included a few more guests, as the two hangers-on occupied two tables side by side, facing us from across the room.

After we’d gotten past the initial disappointment of not finding Bangers and Mash on the menu, and after we’d had a few minutes to choose our meals, our pleasant, cheerful and attentive waitress took our orders. Derek went with Fish & Chips and I chose a “Little Crock” of Topstone Mountain Chili and, from the “Sandwiches and Wraps” section, the Midtown Falafel.

In a flash, our waitress came back to our table with the first course, the chili. It was nicely presented in a small white ceramic crock that had been generously topped with cheddar jack cheese and oven baked to a melted cheese glory. It came on a platter with plenty of crispy fried wheat tortilla chips and a small ramekin of sour cream.

Not only did it look wonderful, it tasted great too! It was loaded with ground beef, had plenty of black beans and kidney beans, and had a thick chili sauce that was not too spicy at all, but very tasty. It went very well with the chips and the sour cream and we might have eaten all of it had the rest of our meals not come to the table before we’d finished half the chili.

Along with my Falafel, I’d opted for the sweet potato fries that were offered as an alternative to French fries. Right off the bat, however, I suspected something was wrong. The fries looked shriveled. At first I thought they had sat too long, perhaps the cook had plated them before Derek’s Fish and Chips was ready - so they got a little old looking.

But they didn’t seem to be just a few minutes old, they were OLD. They were also barely warm enough and changing quickly to cold. As far as I can tell, they had been prepared long before they were served, and only reheated quickly for my order. It was like they were left over from lunch....and here it was, after 4 o’clock in the afternoon!
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Dining with the Dudleys

continued

The falafel, thankfully, looked much better than the sweet potato fries. The folded flatbread on which it was served bore the lovely grill marks from a hot panini press, and it was stuffed full of fresh greens and cucumber, along with a single flattened round patty of falafel.

The sauce ladled into the folded flatbread was a mixture of chimichurri, harissa-tahini and crumbled feta, and while I might never have considered combining these, it worked very well indeed.

Sadly, the falafel itself was a bit bland and mushy, and the diced tomatoes were so unripened I thought at first they might be bits of diced pickled turnip as I’ve had on falafel before. Alas, no - it was just diced tomatoes that had barely begun to blush red. All in all, the falafel I had was made enjoyable mostly by the excellent combination of sauces. The chimichurri lent a fiery herbal flavor that really went well with the tahini sauce and combined with the crumbled feta, it saved the day.

Derek had much the same initial reaction to his Fish & Chips when his entree was set before him. He’d opted for the regular fries instead of the sweet potato fries, but the fries they served him were shrivelled, some were even tinged with the green hue that comes from storing potatoes improperly. And the two fish filets, while decently sized, were clad in a suspiciously dark fried batter coating. As he suspected, the fish was very greasy. He ended up peeling the batter coating off with his fork and eating the cod filets without it.

And as with my sweet potato fries, Derek’s French fries were old and cold. They looked and tasted as if they were leftovers and with the odd green fry here and there, they likely never had been all that good to begin with.

He asked me, “How does a pub get French fries wrong?” And I shared his bewilderment. Surely, you can drop into nearly any restaurant in the area and get a decent order of French fries fresh from the fryer. And Derek and I have had MUCH better servings of Fish & Chips from local diners that don’t even pretend to want to make you think they’re English pubs....and the servings were more generous, and the prices were much less expensive.

We finished what we wanted of our selections, both leaving quite a few fries pushed to the side of our plates, and discussed whether we wanted to try a dessert.

When our waitress returned she asked if we were all set. We were both tempted at that point to say something about the meals we’d had. Perhaps we should have, but it seems that doing so would have embarrassed both ourselves and the waitress, and, clearly, none of our complaints had anything to do with her. She had been right on top of things all the way. She had our food brought out to us so quickly that there was no way I could honestly believe that the cook had merely timed the fries wrong, and they’d sat too long waiting for the fish. No - it seemed clear to us that the fries were old. We were
Dining with the Dudleys

convinced we’d been served leftovers and the only question left was whether they were left over from lunch that day, or from dinner of the day before.

But perhaps in keeping with the English theme, and in deference to the stereotypical politeness of the English, we held our tongues. Derek asked instead if there were any desserts available. There were two, though I can’t remember the other choice, and we chose Creme Brulée Cheesecake, which we’d split between the two of us, and a cup of black coffee for Derek.

The cheesecake was not bad at all - rich, smooth, and creamy, as a $7 dollar serving of cheesecake ought to be. But calling it Creme Brulée was a stretch, in my opinion. I’d envisioned a crusty glaze of melted sugar bearing the scorch marks of a blowtorch, but it was merely served with a homogenous caramel sauce which had been drizzled over the top and garnished with whipped cream, much like a serving of ice cream with caramel topping would have been.

Coming away from our visit to Little Pub, Derek and I were quite disappointed. It seemed to both of us that the place had such wonderful potential - but it just fell short of the mark in so many ways that we wondered if the owners were really interested in trying to make the place anything more than a bar with so-so food, housed in a gimmicky Olde English Pub-themed shell.

Back home, I went online to check out the menu and found that there were Little Pub locations not only in Old Saybrook, but in Fairfield, Greenwich, Wilton and Ridgefield as well. I can honestly say, however, that if the Old Saybrook Little Pub is a fair example of the lot of them, it’s a wonder to Derek and I that there could be so many in business.

I suppose it might be a hopping place on a weekend night when the drinks are flowing and nobody’s paying all that much attention to the food. And maybe that’s the time when the cooks are putting out their best sweet potato and French fries. Maybe we just don’t drink enough beer to get to the point that the food doesn’t matter... but I doubt we Dudleys will be going back to Little Pub any time soon, and if we do, we’ll likely stick with ordering the chili.

Æ
The Upside

Woe to the film that can’t decide what it is. The Upside is the tale of a billionaire quadriplegic, his newly-hired caregiver, and their 6-month employer/employee relationship/friendship. There is also sweet love story subplot. There are also antics and hijinks. There’s a car chase. There’s some preachiness about things moral, political, and social. There’s adventure, a cute kid who needs guidance.

So is The Upside a buddy film, or a romance, or a caper flick, or a drama? We don’t know. While Director Neil Burger opens a whole lot of doors to give a glimpse at what the movie could have been, he never lets us into any of them.

The Upside is based (inspired by might be considered more accurate) on the story of Phillippe Pozo di Borgo, a French businessman best known as the director of Pommery vineyards in Reims. Like The Upside’s Phillip Lacasse, Pozo di Borgo was severely injured in a paragliding accident, and continues to run his business interests despite his physical limitations and health issues. His story is compelling: The Upside is the fourth film based on his life, and the first completely in English.

The cast is strong and controversial but we’ll get to the controversies in a minute. Brian Cranston turns in a remarkable performance as Phillip. Without body movement removed from his acting toolbox, Cranston still draws us in, conveys the subtlety of emotions, and rises to the fullness of his character.

Kevin Hart is recently-paroled Dell Scott, an accidental home health aid. It’s no surprise that he’s strongest in comedic scenes, but he demonstrates some dramatic acting chops, too.

Nicole Kidman is Yvonne Pendleton, Phillip’s executive assistant. I know that current convention dictates that we not discuss appearance, but Kidman is so botoxed and full of facial fillers that she can’t offer any expression at all save an eyeroll. She looks like a wax statue wearing a mask, and she doesn’t turn the volume up on her typical low-key acting style to compensate. It’s a forgettable performance.

On a high note, Juliana Margolies (Lily) has a single scene that’s an absolute gem of a heartbreaker. I found myself wishing she’d been cast as Yvonne. The supporting work of Aja Naomi King as Dell’s ex-partner Latrice is solid and veteran television actor Tate Donovan is a bright spot as annoying neighbor Carter Locke.

There has been a good deal of pushback from the ability-activist community about the casting of an able actor as a quadriplegic character. Their argument, which, in my opinion, does have some merit, is that there are so few disabled-character roles written, and that those roles should be offered to disabled actors. The producers’ response is that an actor is just that, an actor, and physical abilities should not come into play. The counter to this is, of course, that we very, very rarely see a disabled actor cast in a role not specifically requiring a disabled actor. That being said, Brian Cranston delivers a performance that is compelling, rich and respectful, and allows us to start this necessary and overdue conversation.

Kevin Hart has also had his share of controversy in recent weeks. He had been offered the hosting job at the 2019 Oscar ceremony. Social media posts surfaced from 2010 and 2011 in which Hart made homophobic remarks. He apologized for the remarks and asserted that he’s changed and grown, but stepped down as host early in January 2019.

Setting the controversies aside, The Upside also has an interesting subplot about music. Phillip favors opera, and Dell loves hip-hop and Aretha Franklin. This makes for an excellent soundtrack that juxtaposes two musical traditions that are surprisingly complementary.

The aria “Nessum Dorma” recurs through the film, and its title (which translates to “no one is sleeping”) becomes a theme as Phillip requires skilled care 24/7, and he must trust his staff absolutely. A missed page or a delay in response can be the difference between life and death. Quite literally, no one is sleeping in his Park Avenue penthouse.

Another highlight of the film is Phillip Lacasse’s art collection. If you have any familiarity with modern and postmodern art, you’ll recognize many of the pieces. The collection is important to the story, but it forms a sumptuous background as well. The set design and art direction in general is exceptional.

With all of the things director Burger gets right, how is it that The Upside is so, well, lukewarm? The film feels like too much but not enough. It lacks focus as a complete work. There are missed opportunities for exploration of dramatic themes; the comedic sequences are cliché and too long. Burger adds a little action to keep a bit of an edge to his film, but the editing is choppy. The Upside feels like two movies meeting in the middle but never quite meshing into a whole. A thoughtful and beautifully written line about how the wheelchair-bound feel invisible is buried in a comedic scene about hot dogs. Comedy can be a great way to enlighten an audience about social issues, but The Upside falls short.

The Upside is worth seeing for the performance of Cranston alone, but there’s truly no reason to see it on the big screen. Even though it’s set in New York city and ends in the picturesque Hudson Valley, there are no sweeping vistas that need the real-estate of a theater to appreciate. Hold off until The Upside hits the streaming services and rental kiosks. The Upside has drug use, and adult themes (including a hilarious sequence about a urinary catheter) that are not appropriate for young children, so keep that in mind as well when you plan your viewing.
Letters to the Editor

Save the River-Save the Hills celebrates 18 Years with fundraiser - Close to 100 people celebrated the success of the small, grassroots organization - Save the River-Save the Hills, Inc. (STR-STH) - at Flanders Fish Market & Restaurant on Friday, December 7. Longtime supporters and new members joined with STR-STH Board and elected officials to celebrate milestones and hear updates on upcoming challenges to preserve land and water resources in the watershed.

Many thanks go to major event sponsors Three Belles Marina & Outfitters and Dominion Energy Charitable Foundation and to the unprecedented number of local businesses and services that donated gift certificates for the fundraiser. STR-STH also thanks Boats Inc of Niantic for donating a roll-up inflatable boat with two-and-one-half horsepower Yamaha motor for a spring 2019 fundraiser. All proceeds go to fund the programs and projects by STR-STH volunteers.

This past year STR-STH has been actively involved as legal intervenors on behalf of the environment in the case of two forested areas in the Niantic River Watershed. The effort to save the remaining undeveloped Oswegatchie Hills in East Lyme has been going on for over 17 years.

The second, a core forest in Waterford off Oil Mill Road that lies between two tributaries to the Niantic River, is under threat by a large solar installation by the company that destroyed wetlands and adversely impacted an East Lyme tributary to the Niantic River in 2014 with its installation of a smaller solar site. STR-STH is an intervenor in the pending solar application that is before the Connecticut Siting Council, working with a world-class forester and engineer to protect the tributaries and waterways.

STR-STH also celebrated receiving environmental education grants in 2018 from Community Foundation of Eastern Connecticut and Rivers Alliance of Connecticut to conduct programs with science students at the three public high schools in the four towns in the Niantic River Watershed: East Lyme, Salem, Montville and Waterford.

For the 2nd year, STR-STH volunteers and Dr. Jamie Vaudrey, UConn/Avery Point marine biology professor, conducted water quality studies in the Niantic River as part of Save the Sound’s Unified Water Study, which brings together dozens of monitoring groups in CT and New York to measure the ecological health of their local bay, harbor or cove on Long Island Sound.

- Suzanne Thompson,
Save Oswegatchie Hills outreach coordinator
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Lions and Leos donate to Care & Share

At a recent Leo Club holiday evening meeting, the Shoreline Leos Club (an East Lyme High School community service student group) and Niantic Lions Club presented $5,600.00 in donations to Care and Share. Shoreline Leo Club President Sumeet Kadian presented Care & Share President, Gayle Booth, with donations and gifts totaling $3,200.00 from the last 6-months of Leo fundraising that included a Pasta Supper fundraiser, two summer Car Wash fundraisers, and $680.00 of donated Affinity Dental Care Gift Cards. Niantic Lions President Ed Keens presented a Lions check for $2,400 at this meeting in support of Care & Share.

Care & Share of East Lyme, Inc. provides food, financial and emergency support to individuals and families in need in East Lyme, Niantic, and Salem, CT. Mrs. Booth thanked both the Lions and Leos for their club’s fundraisers, holiday food basket support, holiday toy drives, and ongoing financial support for Care & Share.

**EAST LYMElIBRARY NOTICE**

Due to budget issues the East Lyme Public Library is now closed on Sundays. The library will continue to be open Monday to Wednesday from 9-9 pm, Thursday from 9-6 pm, Friday from 9-5 pm and Saturday from 9-4 pm. The library hopes to restore Sunday service next October. As always the library’s online resources are available 24/7 for free with an East Lyme Public Library card.

**History Matters continued from page 23**

Knowing that history has a tendency to repeat itself, I knew I had to consider this last little story very carefully.

Scott King went on to tell me my shaving mug was quite valuable and that as a doctor this object of my great-grandfather’s would have been near the top of a large case where personalized shaving mugs would be prominently displayed. They were always arranged by social position, Mr. King stated, with the most prominent near the top and the more personalized mugs found in the case would go a long way in advertising the size of the barbershop’s clientele. Back around the turn of the 20th century the barber could order a customer his own personalized mug for the cost $2.50, but now you might pay several hundred dollars for that same mug if you are a collector. Mr. King revealed that he had a rather extensive collection of his own with over 60 straight razors, numerous old mugs, leather strops and soaps, old bottles, etc. and even a badger brush worth around $400. I continue to be impressed with this man’s passion and love of history and admit to being quite amused when he told me he just might join the modern day generation someday soon with his first tattoo…the image of an antique straight razor! “I need to find just the right one,” he said with a smile.

As for me, well, I continue to stare at my great-grandfather’s mug and razor which my wife has displayed on a shelf in our bathroom. She has warned me numerous times that I would be sure to cut my throat and bleed to death on the bathroom floor if I was foolish enough to attempt to shave with such a thing, but I keep eyeing it, nonetheless. What was it like to live back then…how would such an experience make me feel? A little voice inside says: “COME ON…BE A MAN, GIVE IT A TRY!” But another voice cautions: “DID YOU REMEMBER TO PROGRAM 911 INTO YOUR NEW CELL PHONE?”

**Where am I?**

Each month, The Post Road Review will feature a picture or a portion of one like the picture below and to the left. If you know where else in this magazine the picture can be found, call (860) 537-1260 and leave a message with your name, telephone number, and the answer. The first caller with the correct answer will win their choice of a Post Road Review Tote Bag or a Post Road Review Coffee Mug

Winnings are limited to once per year per contestant!

Last month’s winner was Charles Savitski of Hebron who found the answer in the Bucklebee advertisement on page 38.

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THE POST ROAD REVIEW  Feb. 2019

PAGE 31
**Children's Corner**

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**WINTER ACTIVITIES AT LYME SHORES**

**After-School Tennis Programs for Kids**
Eight-week sessions throughout the school year starting Sept. 4th

**Big Shots (ages 4-6)**
Tue. or Thu., 4-5pm

**Future Stars (ages 7-9)**
Tue. & Thu., 4-5pm

**Team Connecticut**
Mon. & Wed., 5:15-6:30pm
For competitive junior players

**Local Excellence (ages 10-12)**
Tue. & Thu., 4-5pm

**Tournament Tough (ages 13-15)**
Mon. & Wed., 4-5:15pm

**Junior Point Play Drill**
Wed., 5-6:30pm

**High School**
Boys- Fri., Please call
Girls- Sat., Please call

**Adult Programs**
Drop in to our fitness, pickleball and tennis programs!

**Strength & Balance**
M/F, 10am - W, 8am

**Stability Ball**
Adv. Beginner Tennis Drills
Mon., 8am

**Circuit Training**
Intermediate Tennis Drills
Wed, 10am - Fri /Sun, 8am

**Cardio & Strength**
NTRP Tennis Drills
Fri, 8am

**Drop-in Pickleball**
Mon & Thu, 12:30-3:30, (Reg. welcome)

Come in and enjoy the experience playing under OUR NEW COURT LIGHTING SYSTEM!

**Toddlers’, Tykes’, ‘Tweens’ & Teens’ Events Calendar**

**ABC Amigos** - 10:30-11, 2/1 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - Sing songs, play games and listen to stories in both English and Spanish. 860-395-3184

**Graphic Novel Book Club**
3:30-4:30pm, 2/1 at the Old Lyme Phoebe Griffin Noyes Library - For readers in grades 5-8. (860) 434-1684

**Take Your Child to the Library Day**
10-12, 2/2 at the Groton Public Library, 52 Newtown Road - Drop-in activities and crafts based on favorite children’s books and birthday cake at 11 a.m. 860-441-6750.

**Take Your Child to the Library Day**
2-2 at Wheeler Library, 101 Main St., North Stonington - Drop in between 10:00 a.m. and 12:30 p.m. for family activities. Free and open to the public. 860-535-0383

**Birds of Prey Presentation**
10:30-11, 2/2 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - A Place Called Hope will share four bird ambassadors and their stories of survival along with some simple tips on how to co-exist with wildlife. 860-395-3184

**Mother Goose & More: Rhyme Time & Playgroup**
10:30-11, 2/2 at Otis Library, 261 Main St. Norwich - Enjoy 30 minutes of traditional rhymes, songs, fingerplays, and other activities for the very young; then stay (or not) for a half-hour open playgroup. This is a great opportunity for working parents to enjoy this new weekend program. Ages newborn – 23 months. Drop-in. (860) 889-2365

**Survival in the Ice and Snow**
10:30, 2/2 at Waterford Public Library, 49 Rope Ferry Road - Learn about our native animals and how they have adapted to survive in cold weather. Meet live animals, feel animal pelts, explore other natural items and discover these animal’s winter survival strategies. All ages with an adult. 860-444-5805

**Drop-In Outer Space Craft**
11-1, 2/2 at Otis Library, 261 Main St. Norwich - Celebrate “Take Your Child to the Library Day” by visiting the library and making a wonderful outer space decoration! No registration required. For all ages. (860) 889-2365

**Music from the Continents**
1-2:30pm, 2/2 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - Join Face Arts Music of Deep River for Music from the Continents, a family friendly program designed for children ages 3 to 12 years of age. Explore music from around the world with hands-on activities. 860-395-3184

**Magic Show**
1:30-2:30, 2/2 at Otis Library, 261 Main St. Norwich - Otis Library is celebrating “Take Your Child To The Library Day” with this amazing family magic show! Rich Rothstein makes magic easy and fun for the whole family! (860) 889-2365

**Animals Spell Love**
Family Story Time and Craft with author David Cundy - 2-2:45pm, 2/2 at Otis Library, 261 Main St. Norwich - Join Face Arts Music of Deep River for Music from the Continents, a family friendly program designed for children ages 3 to 12 years of age. Explore music from around the world with hands-on activities. 860-395-3184

**Bookmark Making**
2pm, 2/2 at Waterford Public Library, 49 Rope Ferry Road - Decorate your own bookmark and mark your place in your favorite book. All ages with an adult. 860-444-5805

**Jeepers Creepers! with Riverside Reptiles**
3-3:45pm, 2/2 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - Encounter some creepy-looking creatures! You will see and touch a variety of reptiles, amphibians, arachnids, insects and more. Don’t worry, they won’t bite! Best for children ages 3 and up and their families. Register at 860-395-3184
**Immediate Openings**

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**Word of Life Children’s Programs**

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<td><strong>Sunday Service 10:30AM</strong></td>
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<td>Celebrating more than 20 Years in Niantic/East Lyme</td>
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<td>5 Freedom Way, Niantic - Exit 72 off I-95 - behind the Bridal Mall</td>
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<td>visit us at <a href="http://www.harvestcf.net">www.harvestcf.net</a> or call: 442-7423 or 739-5723</td>
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**The East Lyme Puppetry Project presents an**

**Arabian Adventure**

by Tanglewood Marionettes

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**Sunday, February 24 at 1:00 PM**

East Lyme Community Center

**All Tickets: $6**

plus a Canned Food Donation to Care & Share of East Lyme

More info at eastlymeCTpuppetry@gmail.com or on Facebook at The East Lyme Puppetry Project, Inc.
ARIES (March 20 - April 19) Uranus leaves your sign early next month, after a comparatively brief but very final visit, to reprise the themes and developments that have unmistakeably defined this decade. While there is more change to come heading forward, it won’t possess the same demanding and relentless urgency. You enjoy the rare chance to take stock and on a very personal level, to revisit and to underpin some of those issues that still lurk in the background, poised purely to upset the apple cart. In February, ensure whatever obstacles loom to limit you and hold you back; won’t be an impediment once you’re addressing, your well-being too.

TAURUS (April 20 - May 20) Uranus returning to your sign next month for an extended stay, is presaged during February. On Valentine’s Day, Mars beats its more distant companion to your region of the sky, after they conjoined just one day previously. While some issues have stumbled since last November, the Red Planet makes it harder to keep a lid on things, or to continue with your customary deference and composure. You feel unsettled and on edge, no matter how ardently you endeavour to distract yourself and keep occupied elsewhere. Also, with all this occurring in such a public arena; it seems biting the bullet is your sole choice.

GEMINI (May 21 - June 20) With the exception of our inconstant Moon, that circuits the entire zodiac over the course of this period, the remainder of our Solar System congregates in the uppermost hemisphere of your horoscope. It is not surprising then, that you don’t have time for introspection and are far more focussed on the outside world with the spotlight especially trained on those closest to you. Personally, when it comes to shared property or business interests, others play a crucial role in your ambitious campaign. Some prove supportive, while others obviously fail. Amid a lull in proceedings, you sort the wheat from the chaff.

CANCER (June 20 - July 22) Venus in your partnership sector is a welcome development. The planet of love is happy in this part of the sky, so its arrival helps calm turbulent waters and even rights a few wrongs, potentially without so much effort as you might have expected. The influence of Venus is too transient, to rectify hurts and misgivings that have grown up over a number of years; leading to a situation with a sense of finality about it. But where disagreements and arguments have proven more minor; or you are looking for new associations to fill the void left by any absentees: throughout February, the cosmos is surely on your side.

LEO (July 23 - August 22) Excluding the Moon and Mars after Valentine’s Day, the remainder of our Solar System lies to the western side of your horoscope. This gives others more say over your affairs than you like, even if this is mainly where your approval rating is concerned. That’s the trouble with wanting to be best at something: since you become conspicuously dependent on your audience to affirm your approval rating is concerned. That’s the trouble with wanting to be best at something; no matter how unforgivable and inexcusable, their behaviour looked.

SCORPIO (Oct. 23 - Nov. 21) Mars enters your partnership zone. In some respects this proves extremely welcome: especially if the object of your affections manifests a modern version of the traditionally masculine virtues, regardless of their gender. Think incisiveness, integrity; strength, courage and chivalry. Still, it is easy to encounter the downside instead: namely anger, aggression, brutality and violence. Passionate and sexual liaisons thrive, while dull and tedious associations see hidden tensions surfacing. Any negativity worsens with inactivity, alienation; sloth and inertia. Stay animated and engaged; there is plenty still to do.

PISCES (Feb. 19 - March 19) The distant planetoid Chiron, leaves Pisces for the uppermost hemisphere of your horoscope. As the distant planetoid Chiron, leaves Pisces for the uppermost hemisphere of your horoscope. This may take the form of a scheduled curriculum, or it could mean insights you have not entirely appreciated, garnered in circumstances and situations you never would have highlighted. Life at home primarily, leaves a lot to be desired. Yet you cannot blame others for everything; no matter how unforgivable and inexcusable, their behaviour looked.

LIBRA (Sept. 23 - Oct. 22) You can’t help but notice a more upbeat atmosphere, as Jupiter invigorates your spirits and promotes an optimistic outlook. You are coming to understand, there is much left for you still to learn, even if in tangible terms your experience appears enviable and extensive. This may take the form of a structured curriculum, or it could mean insights you have not entirely appreciated, garnered in circumstances and situations you never would have highlighted. Life at home primarily, leaves a lot to be desired. Yet you cannot blame others for everything; no matter how unforgivable and inexcusable, their behaviour looked.

AQUARIUS (Jan. 20 - Feb. 18) The new moon in your sign on February 4 is this month’s main event. Plus, it is a memorable moment for many Chinese nationals: or 20% of humanity at a conservative underestimate. The second new moon after the December solstice marks Chinese New Year, only with Beijing eight hours ahead, it throws the start of the year of the Earth Pig early into the following morning. There are infrequent exceptions, but the vast majority of these celebrations always take place with the Sun and Moon in your constellation. So next time you imagine nobody has noticed you, look a little closer at how fundamentally incorrect you are.

SAGITTARIUS (Nov. 22 - Dec. 21) This may take the form of amendments conditioned and habitual patterns of behaviour, you’d really do better fore-giving. Saturn by contrast: loves tradition, loathes change and says things are done this way for a reason. Remember: Pluto is persuasive, if you don’t take the hint!

CAPRICORN (Dec. 22 - Jan. 19) Although the focus on your region of the sky in January has gradually dissipated, the arrival of Venus in your constellation and visit throughout this month, puts you and Pisces equal first as the most crowded signs. Venus joins the mighty conjunction of your ruler Saturn with distant Pluto that grows in potency all year. Pluto means metamorphosis and transformation: questioning conditioned and habitual patterns of behaviour, you’d really do better for-giving. Saturn by contrast: loves tradition, loathes change and says things are done this way for a reason. Remember: Pluto is persuasive, if you don’t take the hint!

MARS (Mar. 20 - Apr. 19) This may take the form of amendments conditioned and habitual patterns of behaviour, you’d really do better for-giving. Saturn by contrast: loves tradition, loathes change and says things are done this way for a reason. Remember: Pluto is persuasive, if you don’t take the hint!
POST ROAD CLASSIFIED ADS

To place a Classified Ad - Call us at 860-537-1260, or send your ad along with a check to THE POST ROAD REVIEW, P.O. Box 836, Colchester, CT 06415. $12.00 for the first 15 words, and 50¢ per additional word. ($12.00 minimum order) Deadline: the 15th of the month PRIOR to when you want the ad to appear.

Example: submit by Oct. 15th an ad you want to run in November.

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Ohana SK-28 Soprano Ukulele - Solid mahogany top, back, sides and neck. 12 fret neck. Modeled after Hawaiian Nunes style ukes from the early 20th century. Plays wonderfully, loud, clear and sweet. $165 - email postroadreview@aol.com for pictures and questions.

Mainland Mahogany Soprano Ukulele - Solid mahogany top, back, sides and neck. 12 fret neck. “Rope” binding. Plays wonderfully, clear and sweet tone. $150 - email postroadreview@aol.com for pictures and questions.

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Stop-In Stories - 10am, 2/12 at the Groton Public Library, 52 Newtown Road - Children ages 2+ w/caregivers are invited. 860-441-6750.

STEAM Lab: Keyboard Tic-Tac-Toe - 3:30pm, 2/12 at the Groton Public Library, 52 Newtown Road - STEAM: science, technology, engineering, art, and math. 860-441-6750.

Book Club: The Hate U Give - 7-8:15pm, 2/12 at the Groton Public Library, 52 Newtown Road - The Hate U Give follows events in the life of a 16-year-old black girl who is drawn to activism after she witnesses the police shooting of a childhood friend. 860-441-6750.

Sing & Stomp - 10am, 2/13 at the Groton Public Library, 52 Newtown Road - A noisy half-hour of songs, dance, and fingerplays. Caregivers are encouraged to participate with their child in following directions, exploring rhythm, rhyme, and creative play. 860-441-6750.

Valentine Craft: 10:30-12:30, 2/13 at Waterford Public Library, 49 Rope Ferry Road - Recommended for children under age 6 with an adult. For more information call 860-444-5805

Learn & Play Playgroup - 10am, 2/14 at the Groton Public Library, 52 Newtown Road - Open to ages 5 and under. 860-441-6750.

Queer Lit - 6pm, 2/14 at the Groton Public Library, 52 Newtown Road - A teen book club that celebrates the LGBTQIA+ community. Teens in grades 6-12 are invited. For more information call 860-441-6750

Cupid’s Games - 3:30pm, 2/15 at the Groton Public Library, 52 Newtown Road - Try your hand at playing Cupid's love games by breaking hearts, writing love letters with candy, racing Oreo cookies, and more. Open to teens in grades 6-12. 860-441-6750.

STEAM Ahead: Cool Mixtures and Magical Potions - 3:30-4:30pm, 2/15 at Waterford Public Library, 49 Rope Ferry Road - Make your own version of slime, play-doh, silly putty, super balls and more using safe, everyday household items. For ages 6-9 years old. Registration required 860-444-5805

Crafty Kids: 10-2, 2/16 at Waterford Public Library, 49 Rope Ferry Road - Make and take craft program for all ages with an adult. All materials provided for free. For more information call 860-444-5805

Head Wrapping Art - 12-12:45, 2/16 at Otis Library, 261 Main St. Norwich - Learn about this beautiful art from Africa and wear your style home. For teens. Register at (860) 889-2365

Read to Bella - 1pm, 2/16 at Otis Library, 261 Main St. Norwich - Read to a very wonderful therapy pug, Bella. (860) 889-2365

Frozen Sing-Along - 2pm, 2/17 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - Come and sing-along to the most popular animated film of all time. 860 510-0473

Shake, Rattle, and Read: 10:30, 2/19 at Waterford Public Library, 49 Rope Ferry Road - For ages 3-9 with an adult. 860-444-5805

School's Out! Movie, Pizza and Dance Party - 12-30-3:30pm, 2/19 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - Enjoy a showing of Transylvania III along with free pizza and a drink. Free and open to all. Registration is required - 860-395-3184

Madden Tournament - 2pm, 2/19 at the Groton Public Library, 52 Newtown Road - Challenge your friends to see who is best at the game. There are prizes for the winning players. 860-441-6750.

Phoebe's Birthday Celebration - 3-6pm, 2/20 at the Old Lyme Phoebe Griffin Noyes Library, 2 Library Lane, Old Lyme - A celebration of our library's founder and namesake, Phoebe Griffin Noyes. Make a birthday card, enjoy a cupcake, and take home a balloon animal by April's Balloon Creations who will be at the library from 3-5pm. Free and no registration required. (860) 434-1684
T.T.T Calendar

**Bookmarkers Book Club:** 4-5pm, 2/20 at Waterford Public Library, 49 Rope Ferry Road - Intended for those 9 to 12 years old - Registration Required. Multiple copies of James and the Giant Peach by Roald Dahl will be available in the children's room. 860-444-5805

**Head Wrapping Art** - 5:30-7:45pm, 2/20 at Otis Library, 261 Main St. Norwich - Learn about this beautiful art from Africa and wear your style home. (860) 889-2365

**Page Turners Book Club:** 4-4:45, 2/21 at Waterford Public Library, 49 Rope Ferry Road - Registration Required. 860-444-5805

**Music with Miss Martha** - 10:30-11, 2/22 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - For ages 3-5. 860-395-3184

**Teen Gaming Demo: Pandemic** - 3:30pm, 2/22 at the Groton Public Library, 52 Newtown Road - Teens in grades 6-12 meet for console, computer, and tabletop board games. 860-441-6750.

**Lotta LEGO's:** 10-2, 2/23 at Waterford Public Library, 49 Rope Ferry Road - Dive into plastic containers filled with colorful building bricks and create a work of art. All ages with an adult. 860-444-5805

**Build It Clinic** - 10:30-12:23 at Otis Library, 261 Main St. Norwich - Build structures using a variety of materials in the Children’s Room. No registration required. For grades K - 8. (860) 889-2365

**Read with Ella** - 10:30-12:30, 2/23 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - Ella loves to be read to! Call to reserve YOUR 15 minute session to READ with Ella the therapy dog. Bring your own book, or use one of the library's. 860-395-3184

**Puppetry Project's "Arabian Adventure"** 1pm, 2/24 at the East Lyme Community Center - Join the East Lyme Puppetry Project for Tanglewood Marionettes' performance of An Arabian Adventure AND help re-stock Care and Share’s shelves by bringing a food donation to the show. This year’s show has it all — comedy, drama, a swashbuckling tale set in a far off land — and a love story! The marionettists will be in full view, so the audience can see first-hand the mechanics of puppet manipulation. Replete with clever stage illusions and lighting effects,” An Arabian Adventure is action packed and sure to delight audiences of all ages while introducing them to the magical world of puppet theater. The 45 minute performance is perfect for families of all ages and includes a pre-show puppet demonstration and a post-show “meet the marionettes” activity. For more information call Barb at 248-496-7919, visit them on Facebook or email eastlymeCTpuppetry@gmail.com.

**Tween Book Club: Newsprints by Ru Xu**. 6-7pm., 2/25 at Otis Library, 261 Main St. Norwich - Discuss the book and join in related activities. Pizza will be served. Registration at (860) 889-2365

**Homeschool Art Smart** - 10am, 2/27 at the Groton Public Library, 52 Newtown Road - Homeschooled children, ages 7 to 12, are invited to expand their art know-how and creativity in a side-by-side art class for children and their parents or caregivers. 860-441-6750.

**Marvel Comics Universe Movie Night** - 3-6pm, 2/28 at the Old Lyme Phoebe Griffin Noyes Library, 2 Library Lane, Old Lyme - A double header event to memorialize Stan Lee, ever creative idol featuring the movies Iron Man & Dr. Strange - Register at (860) 434-1684

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**THE POST ROAD REVIEW**

**Feb. 2019**

**PAGE 38**
Did you know that every month The Post Road Review is MAILED TO EVERY RESIDENCE IN EAST LYME (Including Niantic & Flanders) AND PARTS OF WATERFORD

Not only that but every issue of The Post Road Review is also distributed at drop off locations IN EVERY TOWN FROM MYSTIC TO MADISON and points north including:

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