TALES OF EAST LYME'S FISHING FLEET

by Olive Tubbs Chendali

Shortly after East Lyme's incorporation in 1839 the Town became known for its fishing fleet. The Village of Niantic grew up around its fishing fleet in the early 1840's. Most of the buildings east of the Morton House on Main Street were built by pioneers in this business. Captains Daniel, Jonathan, Edwin and Charles Howard built these homes, although Captain Charles Howard left the active seas to conduct a chancellery in the old Coroly house, supplying provisions. Captain Whaley's home stands today just east of Family Pizza. The older Village of Flanders boasted Captains Kelly and Way, active in fishing trade.

Many of the schooners were built either in Keeney Cove in Waterford or at Riverhead (Golden Spur) as narrated in Captain N.F. Huntley's "The Passing of the Fishing Fleet."

The early developer of Niantic, Avery Smith, whose home once stood behind Boats, Incorporated at the Bar, capitalized on the fishing trade by erecting twin icehouses on Niantic Bay where now an apartment house stands behind Giuliano’s Bakery on Main Street.

Ice was harvested on Dodge Pond and the blocks were hauled by double ox-power along a wooden tramway along the railroad siding continued on page 8

Musings on Museums:

USCG Captain Wes Pulver

On Thursday, October 25, as the final speaker in the 2018 Program Series- Musings on Museums-the Friends of Fort Trumbull State Park announce that Captain (Ret.) Wes Pulver will be the presenter. In 2015, Captain Pulver was appointed as the Executive Director of The National Coast Guard Museum Association, Inc. (NCGMA).

Captain Pulver, a 1987 graduate of the United States Coast Guard Academy was the Coast Guard Chief of Congressional Affairs. From 2012-2015, he was also the Commanding Officer of the Coast Guard Barque EAGLE. Captain Pulver is honored to now lend his talents to making the National Coast Guard Museum a reality. He has said, “I am proud to be involved with a project of such importance. Bringing the story of our Coast Guard and its 225 years of service to a National audience strengthens the bond of our citizens, and strengthens the Coast Guard for generations to come.”

The National Coast Guard Museum will honor the heroism of the men and women who answered the call to always be ready, as in the Coast Guard motto: Semper Paratus. Permanent and revolving multimedia exhibits will tell compelling stories of the past, the present and the future as they evoke the Coast Guard’s critical role and mission in maritime security, safety, protection of natural resources, and national defense. The museum will use interactive and modern technology to engage the public, veterans and present Coast Guard men and women as they serve our nation now and into the future.

The National Coast Guard Museum Association, Inc. is a private nonprofit organization dedicated to the preservation and promotion of the United States Coast Guard history and tradition. For more information call 860 443-4200 or visit coastguardmuseum.org, and follow @USCGMuseum on Facebook and Twitter

The presentation will take place at 7 p.m. in the Conference Center at Fort Trumbull State Park, 90 Walbach St., New London. The interesting Gift Store at the Fort will be open from 6:30-7 p.m. before the meeting so that participants can view and purchase the many historically themed items. The public is invited and new members are always welcomed. Plan to arrive early as seating is limited. Refreshments will follow the presentation. For more information about the group visit www.fortfriends.org
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Dear Editor, I am writing to inform all fellow alumni of Saint Bernard High School Class of 1983 that our 35th "Reunion To Remember" will be celebrated on Friday, November 23, 2018, 6:00 pm at New London's Ocean Beach Park Port 'n Starboard Banquet Hall. Mark your calendar!

A full range of feelings comes to one's mind when the subject of high school comes up in conversation. Reunions spark all kinds of memories including old friends; favorite teachers; sports teammates; long ago after school jobs; extracurricular club activities; first dates; Homecoming Dance and, of course, photos from "The Prom!"

Some may experience anxiety attending a reunion because one's own high school experiences were not that memorable. Reunions, however, present a healthy chance to "catch up" with your own personal history: perhaps rekindle old flames; make new friends; or, relate past and current work experiences.

Go, and be surprised! That once upon a time gorgeous football cheerleader is now an extremely obese woman, That All-American looking baseball pitcher from high school days now boasts a beer belly...is currently unemployed...and he's still talking about his high school batting average reunion night. Relax, and enjoy!

Simply reserve a seat for a fun-filled gathering of good conversation, food and early 80's music. Send check or money order for forty dollars ($40 pp.) to: SBHS 1983 "Reunion To Remember", P.O. Box 43, Quaker Hill, CT. 06375. Please note on check memo dinner choice: Tenderloin Beef; Teriyaki Chicken; Grilled Shrimp. And be sure to bring your appetite and a light heart!

Sincerely, Sean Kane, Chairman, SBHS 1983 Reunion
Regional Events & Community Calendar

**Fall Foliage Cruises aboard RiverQuest** - Wednesdays - Sundays through October, departing from Eagle Landing State Park, Route 82, Haddam. Enjoy a relaxing one hour cruise to view the Fall colors on a very beautiful section of the pristine lower Connecticut River. During the cruise your Captain and crew will narrate about local history, point out areas of interest and inform you of the river’s flora and fauna. You may even see some of the resident Bald Eagles. Visit www.ctriverquest.com or call 860-662-0577.

**Niantic Farmer’s Market** - held on Methodist Street in Niantic from 3-6pm every Thursday until October 11. nianticfarmersmarket.com

**Technology Classes** - through October at Groton Public Library, 52 Newtown Rd, Groton - 860-441-6750

**Intermediate to Advanced Quilters** - 1-4pm, 10/1 at the East Lyme Senior Center, 37 Society Road, Niantic. 860-739-5859

**Movie Matinee: Hit Monster Thriller** - 1pm, 10/1 at The Henry Carter Hull Library, 10 Killingworth Turnpike, Clinton - In this 2018 hit science fiction horror film a family lives in complete silence and communicates only by sign language to outsmart and avoid blind creatures that use sound to hunt. Film by John Krasinski starring John Krasinski, Emily Blunt, Noah Jupe, Millicent Simmonds, and Cade Woodward. Rated PG-13. 90 minutes. 860-669-2342

**The Cutting Garden: Off with Their Heads!** 1pm, 10/1 at Niantic Community Church, 170 Pennsylvania Avenue - Learn how to grow a garden to supply you with fresh blossoms, vines and branches for making beautiful arrangements from Michael Russo, a farmer-florist and gifted artist who co-owns Trout Lily Farm in Guilford, Connecticut. This event is free and open to the public. Refreshments will be served. www.East.LymeGardenClub.org eastlgardenclub@gmail.com

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Regional Events

Creative Writing - 5-7pm, 10/1 at The Public Library of New London, 63 Huntington St, New London - Structured writing activities and sharing work in an easy-going, curriculum-inspired group. (860) 447-1411 www.plnl.org

Movie: Last Flag Flying - 6-8pm, 10/1 at Waterford Public Library, 49 Rope Ferry Road - 2 hr. 5 min.; R; 2017 - Thirty years after they served together in Vietnam, a former Navy Corpsman Larry "Doc" Shepherd re-unites with his old buddies, former Marines Sal Nealon and Reverend Richard Mueller, to bury his son, a young Marine killed in the Iraq War. For more information call 860-444-5805

History Series: The Revolutionary War - 7-8:30pm, 10/1 at The Public Library of New London, 63 Huntington St, New London - City historian Sally Ryan returns to the library for her popular New London history series. (860) 447-1411 www.plnl.org

Strategies for a Successful Retirement: Investment Basics - 7pm, 10/1 at East Lyme Public Library, 39 Society Rd., Niantic - The second in the four-part series looks at building a portfolio and the difference between stocks, bonds, mutual funds, and index funds. Register at 860-739-6926

Questions you were afraid to ask your Pharmacist about - 1pm, 10/2 at the Lymes' Senior Center, 26 Town Woods Road, Old Lyme - For more information call (860)434-1605 ext. 240.

Connecticut Civil War Soldiers "Heroes for All Time" - 6:30pm, 10/2 at Acton Library in Old Saybrook - The Shoreline Civil War Roundtable meeting will feature Mr. Buck Zeidel. Buck will speak on Connecticut Civil War Soldiers "Heroes for All Time". All are welcome. No admission fee. 860-395-1124.

Songs of Woody Guthrie - 7pm, 10/2 at East Lyme Public Library, 39 Society Rd., Niantic - Phil Rosenthal will perform songs written by legendary folk musician Woody Guthrie. Guthrie's compositions tell of his early years in the Oklahoma dust bowl, his travels across the country, his concern for the poor, and his love for his homeland. Phil will talk about Guthrie's life and legacy, and explain the events that inspired the composition of each song. Program registration is required. For more information call 860-739-6926

Wellness Clinic - by appointment for Waterford Seniors, 10/3 at the Waterford Community Center, 24 Rope Ferry Road, Waterford - Call Senior Services at 860-444-5839 to schedule.

AARP Safe Drivers Class - 9:15-1:15, 10/3 at the East Lyme Senior Center, 37 Society Road, Niantic. 860-739-5859

Tea with Amelia Earhart - 1pm, 10/3 at the Lymes' Senior Center, 26 Town Woods Road, Old Lyme - Presenter Sheryl Faye will bring alive Amelia Earhart in an interactive presentation of her life. She follows her dreams with an indomitable spirit, and her story will inspire everyone to pursue their own budding interests, whatever they may be, and will also reinforce the importance of family, respect for others and individuality. Sign up for this free program is required. For more information call (860)434-1605 ext. 240.

Author talk - Difficult Mothers, Adult Daughters - 5:30, 10/3 at Waterford Public Library, 49 Rope Ferry Road - Author Karen C.L. Anderson believes that the truth never creates suffering and that all stories can be told through the lens of truth. Karen's books will be available for sale. For more information call 860-444-5805

Social Media Workshop - 5:30-7:30pm, 10/3 at Groton Public Library, 52 Newtown Rd. Soroptimist CT Shoreline invites those in the community working with non-profits and civic organizations to a free class. (860) 434-1605 ext. 240.

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The Energy of Animals: Reiki for Pets - 6pm, 10/4 at Henry Carter Hull Library, 10 Killingworth Turnpike, Clinton - Join Reiki Master Mary Albanese to learn about what can happen when animal communication and energy work combine. Stop by to meet Mary and her dog Stitch! A limited number of brief pet communication sessions will be demonstrated at this event - Please bring a printed pet photo if interested. Free - no registration needed. 860-669-2342

The Elusive Bobcat: 7pm, 10/3 at the Lyme Public Hall, 249 Hamburg Road. The Lyme Land Trust will sponsor a talk to be given by Jason Hawley, wildlife biologist with CT Department of Energy and Environmental Protection (DEEP) on the ecology and behavior of these beautiful animals. Hawley has been gathering information about Bobcats in Lyme and surrounding areas for the Connecticut Bobcat Project. The bobcats are trapped and fitted with a GPS collar so that scientists can track their movements. He will show slides and talk about the fascinating discoveries that have been made about the movements of this intelligent and elusive wild cat. Everyone is welcome at this free event. For more information: lymelandtrust.org

Adoption Information Session - 7 pm, 10/3 at Groton Public Library, 52 Newtown Rd., Groton - An experienced Connecticut Adoption Services representative will explain the different types of adoptions, offer a step-by-step outline for adopting a child and answer any questions Pre-Registration is required by 3pm the day before by calling Sandra Couillard at 860 886-7500 x355

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Regional Events continued
hands-on Social Media Workshop. Public Awareness Chair Emma Palzere-Rae will lead participants through how-to’s and tips to grow your social media following and presence. Bring your cellphone, tablet or laptop. More than one person from an organization are encouraged to attend. siconnecticutshoreshoreline@soroptimist.net

Business Startups 101 - 6pm, 10/3 at The Henry Carter Hull Library, 10 Killingworth Turnpike, Clinton - First workshop in a three-part “Business Smart Toolkit” series that will focus on getting ready for a business startup. 860-669-2342

Loss of a Spouse Support Group - 6:30-8:30pm, 10/3 & 10/17 at Brian’s Healing Hearts, Center for Hope and Healing, 461 Main Street, Niantic - Free. Register with Ann at 860-625-5280

Adoption Information Session - 7 pm, 10/3 at Groton Public Library, 52 Newtown Rd., Groton - An experienced Connecticut Adoption Services representative will explain the different types of adoptions, offer a step-by-step outline for adopting a child and answer any questions Pre-Registration is required by 3pm the day before by calling Sandra Couillard at 860 886-7500 x355

Leo Kottke - 7:30pm, 10/3 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - Leo Kottke is a virtuoso guitar player. Since 1969 he has delighted fans with understated lyrics, fascinating instrumentals, a wonderfully unique personality during live performances, and a playing style that pushes the boundaries of the instrument. 860 510-0473

Reiki Appointments - 10/4 & 10/18 at the East Lyme Senior Center, 37 Society Road, Niantic. For appointments call 860-739-5859

Craft Night - Sisal Pumpkins - 6-7:30, 10/4 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - Start your fall decorating by making these rustic pumpkins. All materials will be provided. Register at 860-395-3184

The Energy of Animals: Reiki for Pets - 6pm, 10/4 at Henry Carter Hull Library, 10 Killingworth Turnpike, Clinton - Join Reiki Master Mary Albanese to learn about what can happen when animal communication and energy work combine. Stop by to meet Mary and her dog Stitch! A limited number of brief pet communication sessions will be demonstrated at this event - Please bring a printed pet photo if interested. Free - no registration needed. 860-669-2342

Tuscany & the Italian Riviera Trip Presentation - 6pm, 10/4 at New London Adult Education - Trip scheduled for April 12-19, 2019. For more information call Peggy at 860-437-2385 ext. 106 or visit www.newlondonadulted.org

From Manet to Van Gogh: The Impact of Impressionism on the Art of the Portrait - 6:30-8pm, 10/4 at the Old Lyme Phoebe Griffin Noyes Library, 2 Library Lane, Old Lyme - Lecture Presenter Bob Potter is a graduate of Syracuse University’s School of Visual and Performing Arts. Register at (860) 434-1684
Regional Events continued

Survivors of Suicide Loss Support Group - 6:30-8:00pm, 10/4 & 10/18 at Old Lyme Youth Services - Free. Register with Ann at 860-625-5280 or email ann@brianshealinghearts.org

Celtic Fiddler, Eileen Ivers - 7:30, 10/4 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - Ivers has been called “the future of the Celtic fiddle” by the Washington Post, and “the Jimi Hendrix of the violin” by the New York Times. 860 510-0473

Hearing Clinic - 10/5 at the East Lyme Senior Center, 37 Society Road, Niantic. For appointments call 860-739-5859

E.L. Senior Chorus - 10am, 10/5 at the East Lyme Senior Center, 37 Society Road, Niantic. For more information call 860-739-5859

New England Landscape Exhibition Opening Reception - 5-7pm, 10/5 at Lyme Art Association, 90 Lyme Street, Old Lyme - Lyme Art Association

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The preceding article was originally published in an early issue of THE POST ROAD REVIEW. The author, Olive Tubbs Chendali, who passed away in 1999, was a regular contributor to our magazine in its early years.
The Legend of the Banana Kid
Plus a Sock Puppet Workshop

The East Lyme Puppetry Project (ELPPI) invites families young and old to join them for the hilarious cowboy adventure The Legend of the Banana Kid presented by Frogtown Mountain Puppeteers on Sunday, November 4 at 1PM at the East Lyme Community Center. Then stay for the Sock Puppet Make and Take Workshop immediately following the show.

Little Chucky heads into the Wild West to outwit outlaws! Armed with a fistful of bananas, he enters town on his trusty goat for a showdown with Big Bad Bart and his gang of bandits. (please note that there are no guns in this show). The Legend of the Banana Kid features 20 hand-crafted glove, mouth and rod puppets – and a slew of flying and twirling styrofoam bananas. All show tickets $6.00 at the door.

Founded in 2000 by three siblings - brothers Erik and Brian Torbeck and sister Robin (Torbeck) Erlandsen - the Bar Harbor Maine based Frogtown Mountain Puppeteers has performed throughout the US and Canada. They create all the shows they perform and have received three Citations of Excellence from UNIMAUSA, the highest national award in puppetry.

This year ELPPI and The Frogtown Puppeteers will also offer a 45 minute make and take sock puppet workshop for school age children immediately following the 45 minute show. Workshop size is limited to 30 children and costs $4.00 per child paid upon arrival for the 1:00 p.m. show. Parents must stay and help their children at no charge. Materials will be provided. Just bring your creativity and imagination. Call Suzanne Smith or email at suzsmith35@gmail.com.

ELPPI offers workshops and performances for schools and family friendly performances for the community. To join ELPPI, or get more information, contact eastlymepuppetry@gmail.com and follow them on Facebook.

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The Legend of the Banana Kid
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Regional Events  continued from page 8

Southbound Early Evening Cruises aboard RiverQuest - 3:30-5:30pm, on October 6, 13, 14, 20, 21, 27, 28 - departing from Eagle Landing State Park, Haddam - Enjoy a relaxing cruise south on the Connecticut River into Essex Harbor to view the colors of the changing leaves and to learn about local history, flora and fauna. Passengers on these cruises have seen Bald Eagles regularly in the past. Bring a picnic basket and your favorite beverage. RiverQuest, Eagle Landing State Park, Haddam; ctriverquest.com; 860-662-0577.

Wine Tasting Fundraiser - 5:30pm, 10/6 at the Lyme Art Association, 90 Lyme St, Old Lyme - The wines being offered are from Trinitas Cellars: a Napa California vintner that is an official licensee of the University of Notre Dame. Fifteen percent of the total value of wine sales at the tasting will go to the Gemma Moran Food Center which serves the needy throughout New London county. Attendees can review the art exhibits in the newly-renovated art space prior to and following the wine tasting. Non-alcoholic beverages and heavy appetizers will be served during the event. Tickets must be purchased in advance, and space is limited. For more information, or to reserve your spot, please contact Jay Berryman at (860) 912-3246.

Roast Beef Dinner - 5:45pm, 10/6 at Kari-Hill VFW post 5849, 39 Columbus Ave, Niantic - $10 gets you roast beef, mashed potatoes, gravy, green beans, bread, soft drink/coffee, and dessert. Doors open at 5:45 PM and dinner is served promptly at 6:30 PM family style. Takeouts may be ordered Saturday by calling 860.739.7364 and picked up between 6:15 and 8 PM. Under 12 are only $5.

Jazz & Pop Vocalist Jane Monheit - 8pm, 10/6 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - Blessed with “a voice of phenomenal beauty” (Stephen Holden, New York Times), Jane Monheit has had plenty of milestone moments in establishing herself as one of today’s best and most important vocalist-musicians. 860 510-0473.

CT College Arboretum Garden Tour: Native Plants – 10/7 meet in front of the Olin Science Center - Take a guided tour to learn more about the plants in our collections. Tours last 60 to 90 minutes. Free, no registration required. For further information, please call 860-439-5020 or email arbor@conncoll.edu.

American Legion Auxiliary Breakfast Buffet - All You Can Eat - 8-11am, 10/7 at Am. Legion, Unit 128, 16 York Ave., Niantic - Omelets, eggs to order, bacon, sausage, homefries, pancakes, French toast, donuts, biscuits, bagels, fruit cup, juices, coffee, tea. 860-739-5642

Northbound Early Evening Cruise aboard RiverQuest - 3:30-5:30pm, 10/7 departing from Eagle Landing State Park, Haddam - Enjoy a relaxing cruise north on the Connecticut River up to the Saint Clement’s Castle area to view the colors of the changing leaves and to learn about local history, flora and fauna. Bring a picnic basket and your favorite beverage. RiverQuest, Eagle Landing State Park, Haddam; Booking and info: ctriverquest.com; 860-662-0577.

Martin Barre Band - 7pm, 10/7 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - Martin Barre has been the guitarist of Jethro Tull for 43 years, his sound and playing having been a major factor in their success. 860 510-0473

Old Saybrook Lighthouse Viewing Cruise aboard RiverQuest - 9am-1pm, 10/8 - departing from Eagle Landing State Park, Haddam - Depart Haddam for a relaxing cruise south down the Connecticut River to view the Inner and Outer Lighthouses of Old Saybrook by water. Observe and learn about the beautiful, pristine river “One of the Last Great Places”. ctriverquest.com; 860-662-0577.
Movie: Wonder - 6-8pm, 10/8 at Waterford Public Library, 49 Rope Ferry Road - 1 hr. 53 min.; PG; 2017. Based on the New York Times bestseller, WONDER tells the incredibly inspiring and heartwarming story of August Pullman, a boy with facial differences who enters 5th grade, attending a mainstream elementary school for the first time. For more information call 860-444-5805

Speculative Fiction Book Discussion Series: Central Station by Lavie Tidhar (2016) - 7pm, 10/8 at Waterford Public Library, 49 Rope Ferry Road - A worldwide diaspora has left a quarter of a million people at the foot of a space station. Cultures collide in real life and virtual reality. The city is literally a weed, its growth left unchecked. Life is cheap, and data is cheaper. Multiple copies of this title are available in the library for check out. Pam Bedore, associate professor of English, UConn, will lead this discussion. 860-444-5805

The Beautiful Estuary We Live In - 1pm, 10/9 at the Lymes’ Senior Center, 26 Town Woods Road, Old Lyme - Nancy Meinke with the CT Audubon Roger Peterson Estuary Center will be presenting this slide show. For more information call (860)434-1605 ext. 240.

Book Discussion: A Tangled Mercy by Joy Jordan-Lake - 7pm, 10/9 at East Lyme Public Library, 39 Society Rd., Niantic - 860-739-6926

Understanding Your Grief - 7-8:30pm, 10/9 at Brian's Healing Hearts, Center for Hope and Healing, 461 Main Street, Niantic - Register with Ann at 860-625-5280 or email ann@brianshealinghearts.org

Reflexology Appointments - 10/10 at the East Lyme Senior Center, 37 Society Road, Niantic. For more information call 860-739-5859

Loss of a Spouse Support Group - 10-11:30am, 10/10 & 10/24 at Brian's Healing Hearts, Center for Hope and Healing, 461 Main Street, Niantic - Free. Register with Ann at 860-625-5280

Blood Pressure Clinic - 11-12, 10/10, 17, 24 at the Waterford Community Center, 24 Rope Ferry Road, Waterford - 860-444-5839

Wedding Dresses through the Years - 1pm, 10/10 at the Lymes’ Senior Center, 26 Town Woods Road, Old Lyme - (860)434-1605

Simple Steps: Marketing Your Business - 5:30-7:30pm, 10/10 at Acton Public Library, Old Saybrook - SCORE’s Free Small Business Workshop Series provides you with an introduction to marketing communication methods and tools to maximize your customer reach. The discussion will cover pricing strategies, positioning, the difference between features and benefits, and different marketing strategies. Register at 860-388-9508

Historic Witch Trials of Connecticut - 6pm, 10/10 at The Henry Carter Hull Library, 10 Killingworth Turnpike, Clinton - Did you know that Connecticut had its own witch hunt before Salem did? Director of New Students and First Year Programs at Manchester Community College Jason Scappaticci will discuss what happened right here in our own state during the mid 1600s. 860-669-2342

Pat Kelbaugh – the Dreamtime Novels: 7-8:30pm, 10/10 at Waterford Public Library, 49 Rope Ferry Road - Dreamtime is an ongoing paranormal fantasy series, set in southeastern Connecticut. Author Pat Kelbaugh is also an artist, specializing in maritime watercolors. She has a special fondness for detective fiction, ghost stories, vampire tales, and black cats. She lives in Niantic, Connecticut. She will be selling and signing her books. 860-444-5805

John Waite: The Wooden Heart Tour - 7:30, 10/10 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - One cannot help but both recognize and marvel at the shimmering legacy of this British born rock star. 860 510-0473
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Regional Events
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Empower Together - 9:30-1:30, 10/11, 10/25 at The Public Library of New London, 63 Huntington St, New London - Featuring books, arts & crafts, movies and more for people with disabilities. Participants continue pursuing their natural desire to learn, experience stories, and share opinions and feelings. (860) 447-1411 www.plnl.org

Alzheimer Caregivers Support Group - 10am, 10/11 at the Waterford Community Center, 24 Rope Ferry Road - 860-444-5839

Book Appraiser from PBS Antiques Road Show - 6-7:30, 10/11 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - Ken Gloss, PBS Antiques Road Show rare book appraiser, will be sharing his knowledge of old and rare books. The discussion will be followed by questions and some free appraisals from books brought by the attendees. Ken Gloss is the owner of the Brattle Book Shop in Boston. Free and open to all. Registration at 860-395-3184

Art Lecture - The Lady & the Unicorn Tapestries in Paris: 7pm, 10/11 at Waterford Public Library, 49 Rope Ferry Road - Robert Baldwin will present The Lady & the Unicorn Tapestries in Paris: Courtly Love, Female Power, and the Problem of Masculine Courtly Identity. Mr. Baldwin is an Associate Professor of Art at Connecticut College. This program is co-sponsored with the American Association of University Women (AAUW). For more information call 860-444-5805

Contemplative Photography - 7-9pm, 10/11 at Niantic Community Church, 170 Pennsylvania Avenue, Niantic - Free program for adults. No experience needed. Call to register (860)739-6208.

John Denver Tribute with Ted Vigil - 7:30, 10/11 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - Ted Vigil will get you Rocky Mountain High all over again. 860 510-0473

38th Annual Reunion - Chapman Technical High School - 11am, 10/12 at Langley’s Restaurant, 28 Lamphere Rd., Waterford - Social hour begins at 11, luncheon at 12 - for information, contact Shirley Jones at 860-442-9944 or Ruth Nelson Pflomm at 860-739-8776

Parenting Class: Collaborative Problem Solving® - 6:30-8:30 pm, 10/12 at The Henry Carter Hull Library, 10 Killingworth Turnpike, Clinton - NAMI Shoreline presents a five-week workshop for adults raising kids with behavioral challenges. Facilitated by Divinna Schmitt, M. Ed., Think:Kids CPS Certified, this evidence-based non-punitive approach aims to reduce conflict and strengthen relationships. Workshop runs 10/15 - 11/19. Register by 10/12 via email to Divinna@comcast.net or by calling (860)876-0236.

Sleepy Hollow Lantern Tour - 7 pm, 10/12, 13, 14 at the Historic Parmelee Farm Homestead, 465 Route 81, Killingworth - You are on a search for Ichabod Crane. Colorful Sleepy Hollow residents are introduced along the way, raising your suspicions and building anticipation. Perhaps he is tidying up at the old school house. Is that Ichabod passing through the cemetery on his old horse? Is he on his way to the fall frolic to meet Katrina, the object of his affection? You partake in the merry making at a good old-fashioned fall frolic, complete with refreshments. But, will you glimpse a specter of the Headless Horseman himself? And what has befallen poor Ichabod? Legendary Fun appropriate for ages 8 and up. Also Available for Purchase: Autumnal Fare, Mulled Cider. Purchase Your Reservation Today! www.ArtfulLivingCT.com 860-389-1363

Music of Cream, 50th Anniversary - 8 pm, 10/12 at the Garde Arts Center, 325 State St., New London - Ginger Baker. Jack Bruce. Eric Clapton. Fifty years since their earth-shaking debut album, the bloodlines of that hallowed trilogy come together to pay tribute to Cream's
Regional Events

legendary four-album reign over the psychedelic frontier of the late 1960s. Kofi Baker (son of Ginger), Malcolm Bruce (son of Jack) and Will Johns (nephew of Eric) unite in a once-in-a-lifetime multi-media concert salute to the most innovative and explosive super group of all time. They will interplay with their fathers on the big screen, and share personal insights and stories, complete with rare, yet to be seen family footage and photographs. (860) 444-7373

Health and Wellness and Flu Clinic - 8-12, 10/13 at the Lyme's Senior Center, 26 Town Woods Road, Old Lyme - The Old Lyme VNA will be offering flu vaccinations to Old Lyme and Lyme residents 40 years old or over FREE OF CHARGE (no insurance paperwork necessary!) For more information call (860)434-1605 ext. 240.

Touch-A-Truck - 9-2, 10/13 at McCook Point Park in Niantic - Don’t miss this fun family event! There will be a Horn Free Hour from 9 to 10 a.m. especially for the younger set and for noise-sensitive children. The requested donation is $4 per person. Children under age two are admitted free of charge. Proceeds benefit the work of Child & Family Agency of Southeastern CT as it meets the needs of over seventeen thousand children and their families annually in our communities. Additional information can be found on the agency’s website, www.childandfamilyagency.org; Facebook-Touch A Truck East Lyme, CT; or by calling Child and Family-860-443-2896, ext. 1406

Gentle Yoga - 11-12, 10/13 at The Public Library of New London, 63 Huntington St, New London - Free 40 minute yoga session for all ages! Healthy snack provided. Bring your own yoga mat. Children encouraged to participate. Optional activity table for children available while session occurs. Registration required.(860) 447-1411
Regional Events

Movie: Ready Player One - 2-4, 10/13 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - 2018 PG-13 140 min. A poor teen competes in a contest to win control of a virtual-reality world called the OASIS. After unlocking the first key to the prize, he is targeted by an evil corporation and must enlist his friends’ help to fight back. Light refreshments provided. 860-395-3184

Holiday Harvest: Celebrating the Holiday Table - 2-3:30pm, 10/13 at The Public Library of New London, 63 Huntington St, New London - Program highlighting easy recipes, tablescape ideas, and casual entertaining ideas for a stress-free holiday! Sample seasonal food while enjoying the holiday fun. (860) 447-1411 www.plnl.org

Huntertones - 5pm, 10/13 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - Their high energy, horn-driven sound fuses inspired improvisation and adventurous composition melding jazz, funk, rock, and soul. 860 510-0473

CT College Arboretum Garden Tour: Caroline Black Garden - 10/14 meet in front of the Olin Science Center - Take a guided tour to learn more about the plants in our collections. Tours last 60 to 90 minutes. Free, no registration required. For further information, please call 860-439-5020 or email arbor@connoll.edu.

Blessing of the Animals - 4pm, 10/14 at Niantic Community Church, 170 Pennsylvania Avenue - Pet parade and certificates of participation will be awarded as we celebrate our animals. All animals including stuffed animals, and photos of pets welcome. (860)739-6208


Movie: Borg vs. McEnroe - 6-8, 10/15 at Waterford Public Library, 49 Rope Ferry Road - 1 hr. 47 min.; R; 2017 The story of the 1980s tennis rivalry between the placid Björn Borg and the volatile John McEnroe. For more information call 860-444-5805

Presentation: Book Covers Sell Books - 6:30pm, 10/15 at the Groton Regency, 1145 Poquonnock Rd., Groton. Toni Leland will be the presenter at the October 15th open meeting of the Connecticut Authors & Publishers Association meeting. Leland, a multi-published author and freelance writer/photographer, will talk about what makes a good cover, the pitfalls of an unattractive cover, and the importance of titles and the connection to content and cover. The presentation will follow a brief business meeting and networking session. For more information, contact SECAPA Chairperson Tom Santos (860-599-5067) or email santostom@comcast.net.

History Series: Whaling 1820-1860 - 7-8:30pm, 10/15 at The Public Library of New London, 63 Huntington St, New London - City historian Sally Ryan returns to the library for her popular New London history series. (860) 447-1411 www.plnl.org


Cookbook Club – “Barefoot Contessa” by Ina Garten - 5:30-7, 10/16 at The Public Library of New London, 63 Huntington St, New London - Each participant will choose a favorite recipe and bring in the dish along with a copy of the recipe to share with the group. Seats limited to 12, registration is required. (860) 447-1411 www.plnl.org
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**Regional Events**

**Movie Night - Chappaquiddick** - 5:30-7:30, 10/16 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - 2017 PG-13 101 min. After Ted Kennedy kills a woman in a car crash, he tries to protect his presidential aspirations by using his family's political power to control the subsequent scandal. Light refreshments provided. No registration required. 860-395-3184

**Scrabble Club** - 6-8pm, 10/16 at Waterford Public Library, 49 Rope Ferry Road - Boards will be provided or bring your own. This is a free event. For more information call 860-444-5805

**Loss of a Child for Parents or Grandparents** - 6:30-8pm, 10/16 at Brian's Healing Hearts, Center for Hope and Healing, 461 Main Street, Niantic - Free. Register with Ann at 860-625-5280

**Poetry Reading by Margaret Gibson** - 6:30pm, 10/16 at Preston Public Library, 389 Route 2, Preston - Friends of the Preston Public Library will present Not Hearing the Wood Thrush: Poems, a poetry reading by, Preston resident, Margaret Gibson. Not Hearing the Wood Thrush grapples with the existential questions that come after experiencing a great personal loss. A number of poems meditate on loneliness and fear, others speak to “No one - a name richer than prayer or vow.” Refreshments will be provided and books may be purchased and signed following Margaret's readings. For more information, contact Linda Christensen at LindaCh5@comcast.net

**Coyotes in Connecticut** - 7pm, 10/16 at the Firehouse, 331 Route 81 in Killingworth - Killingworth Library presents Richard Taylor, Master Wildlife Conservationist from CT DEEP’s Wildlife team who will give a presentation on the history of coyote expansion into Connecticut. Taylor will also discuss coyote migration, communication, habits, diet, habitat, reproduction and precautions when dealing with coyotes. The presentation is free but advance sign-up is required. Please call the Killingworth Library at 860.663.2000 or visit www.killingworthlibrary.org for additional details.

**Peter Biedermann** - 7pm, 10/16 at East Lyme Public Library, 39 Society Rd., Niantic - Peter Biedermann is a solo instrumental guitarist based in Green Valley, AZ that has been composing and performing for over 40 years and will be appearing for the ninth time in the East Lyme Public Library. The common thread throughout his musical background is crossing the boundaries of music genres. This hybrid, contemporary style melds elements of American and European folk with jazz and blues shadings; underpinned by subtle ambient electronics. Peter will be focusing on pieces from his latest recording 'Tales From The Desert' on a variety of guitars in unique tunings. The program encourages questions from the audience and will also include some of the history and evolution of steel string guitar playing over the last 50+ years. Registration is required. 860-739-6926

**Nicholas Sparks: Book Launch and Conversation** - 7:30pm, 10/16 at The Garde Arts Center, 325 State St., New London - Join #1 New York Times bestselling author Nicholas Sparks for the publication launch of his newest book, Every Breath, at the Garde in a conversation hosted by The E-List's Erica Tannen. Each ticket includes a copy of the book. For more information, call (860) 444-7373
Regional Events

Probate Clerk Appointments - 10/17 at the Waterford Community Center, 24 Rope Ferry Road, Waterford - Call 860-444-5839

TVCCA’S Special Meal - 10/17 at the East Lyme Senior Center, 37 Society Road, Niantic. Meat Lasagna, Broccoli, Tossed Salad, Warm Donuts, Whole Wheat Roll, and milk. Reservations required by noon on Thu, Oct. 11th. $4.50 suggested donation. 860-739-5859

Free Workshop: The ABCs of a Business Plan and Understanding a SWOT Analysis - 5:30-7pm, 10/17 at East Lyme Public Library, 39 Society Road, Niantic - How important is it to have a business plan? Do you know what a SWOT analysis is? Can the two be connected? In this workshop, you will learn the importance of both, what they are used for, what information they should contain, and what they say about your business. Contact: Anne Driscoll, 860-388-9508

Help Your Kids Learn - 5:30pm, 10/17 at The Henry Carter Hull Library, 10 Killingworth Turnpike, Clinton - Learning Consultant Nicki Dakis, MA, MS, will lead a discussion that will focus on ways to create and encourage good learning habits and productive homework routines. 860-669-2342

Poetry Potluck: 7pm, 10/17 at Waterford Public Library, 49 Rope Ferry Road - This is an opportunity to share poems, to discover new poets, to discuss poetry and the poetic process and the importance of the written word in our lives. Please bring a copy of your favorite poem (not one written by you). Poets, writers, and readers of all genres are welcome. For more information call 860-444-5805

Free Workshop: QuickBooks™ - Advanced & Hands-On - 10-12, 10/18 at Chester Town Hall, 203 Middlesex Avenue, Chester - In the first workshop on QuickBooks™, you learned the importance of regularly entering your data into an accounting system and utilizing chart of accounts specific to your business. To register, contact Anne Driscoll, Workshop Chair, Southeastern CT SCORE - 860-388-9508

Health & Wealth: making sense of Alzheimer’s: 6-7:30, 10/18 at Waterford Public Library, 49 Rope Ferry Road - This is an opportunity to learn more about Alzheimer’s and healthy financial strategies. For more information call 860-444-5805

Adoption Information Session - 6:30pm, 10/18, Cragin Memorial Library, 8 Linwood Ave. (Rt. 16), Colchester - An experienced Connecticut Adoption Services representative will explain the different types of adoptions, offer a step-by-step outline for adopting a child and answer any questions. Pre-Registration is required by 3pm the day before by calling Sandra Couillard at 860 886-7500 x355

Toxic Stress: Discussion with Patrick L. McKiernan - 6:30pm, 10/18 at The Henry Carter Hull Library, 10 Killingworth Turnpike, Clinton - To understand and handle its clash with our quest for inner tranquility, join former Morgan School English Department Chair Patrick L. McKiernan to view stress in a process of communication through self-satisfaction, the core of our being. 860-669-2342 to register

Knowing Your Camera - 7pm, 10/18 at Niantic Community Church, 170 Pennsylvania Avenue, Niantic - Learn the ins and outs of your camera and how to take better photos. (860)739-6208.

Maureen McGovern - 7:30, 10/18 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - McGovern’s career includes more than 45 years of recordings, concerts, theater, film, television, radio and songwriting. 860 510-0473

Fall Harvest Festival - 11:45, 10/19 at the East Lyme Senior Center, 37 Society Road, Niantic. Beef Stew, Biscuits, Salad, Apple Cider and Dessert provided by Crescent Point. Entertainment by the
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Regional Events continued

Humblebees begins at 12:30pm. Must Register $6 fee. 860-739-5859

Flu Clinic - 1-5pm, 10/19 at the East Lyme Senior Center, 37 Society Road, Niantic. For more information call 860-739-5859

Intermediate to Advanced Quilters - 5-9pm, 10/19 & 10/30 at the East Lyme Senior Center, 37 Society Road, Niantic. 860-739-5859

“Some Enchanted Evening” with David Pittsinger and Carly Callahan - 7:30pm, 10/19 in the Andrews Memorial Town Hall Auditorium, 54 East Main Street, Clinton - To purchase tickets call 860-669-3889.

3rd Annual “Bye-E” - FREE and SECURE Residential Electronics Recycling event - 9am-1pm, 10/20 at Waterford Congregational UCC, 70 Cross Road, Waterford - Open to all residents of Connecticut. Please check the church’s website at www.waterforducc.com for more information regarding recyclable items.

Patient Safety Workshop for Individuals with Developmental Disabilities - 10-1, 10/20 at Otis Library, Norwich - This workshop is geared towards individuals with developmental disabilities and their families, healthcare providers, and professionals working with individuals with developmental disabilities. Refreshments will be served. Please register. 860-889-2365 ext. 100.

Couponing Class: Save Money & Time - 10:30am, 10/20 at The Henry Carter Hull Library, 10 Killingworth Turnpike, Clinton - This free workshop will cover: Where to Find Coupons, coupon stacking, meal planning, grocery list prep, shopping tips, and more. Guests are invited to bring a non-perishable donation to donate to the local food pantry. 860-669-2342

Tech Time with Tim: Social Media Starting Points - 1-3, 10/20 at the Acton Public Library, 60 Old Boston Post Road, Old Saybrook - Learn about and discuss some of the major social media platforms, what they are best used for, and basic guidelines for privacy and account settings. Participants are encouraged to bring their devices. Registration is encouraged due to limited seating. 860-395-3184

Roast Pork Dinner - 5-7 pm, 10/20 at American Legion Post 128, 16 York Ave. Niantic. Menu includes: Roast Pork with “All the Fixins”, mashed potatoes, gravy, glazed carrots, Italian style green beans, sauerkraut, applesauce, rolls and butter, assorted desserts, coffee, tea, etc. Proceeds benefit veteran, children and community programs. For more information, call 860-739-5642

Harvest Moon Benefit - 7-10pm, 10/20 at the Adam Stanton House, 63 East Main Street, Clinton - Attendees will enjoy wine, beer, cider, soft drinks, cheese, appetizers and hors d’oeuvres all served in beautifully decorated candlelit rooms while music plays throughout the house. There will be a gift basket raffle with many prizes. This benefit

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will mark the 1 year anniversary of reopening of the property to the public and showcase efforts of the newly formed 501c3 non-profit Adam Stanton House, Inc. to renew efforts to preserve and maintain the property as an educational museum for the enjoyment of all. Proceeds of this fundraiser will be directly earmarked along with other funds for restoration of the front porch. For more information e-mail adamstantonhouse@gmail.com

Who’s Next - 8pm, 10/20 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - Who’s Next has been mesmerizing fans for over twenty years performing nationally to be recognized as the best Who tribute band in the world. 860 510-0473

Farmstead Fall Open House - 10-3, 10/21 at Samuel Smith Farmstead, 82 Plants Dam Road, East Lyme - Cider and Donuts and more! The house will be open for tours, and special guests that day will be Nuthatch, an alpaca, and sixshooter, her grandson. Five Bean Row will be back to play your favorite music. There is free parking and no admission charge. www.samuelsmithfarmstead.org

Pasta Dinner for Haiti Mission Trip - 5 & 6pm seating - 10/21 at First Baptist Church, 10 Prospect Street, Essex - First Baptist Church in Essex is holding a fundraiser for their second mission trip to Haiti, where they will continue to help construct Mercy Hospital. Tickets sold at the door & in advance: Contact Steven Balkau 860-823-0348. Church phone: 860-767-8623

Los Lobos and Funky Feat - 7pm, 10/21 at The Garde Arts Center, 325 State St., New London - An evening of rock n’ roll featuring two of the most celebrated bands of our time: Los Lobos & Funky Feat (featuring Little Feat’s Paul Barrere, Fred Tackett, Kenny Gradney & Gabe Ford). For more information, call (860) 444-7373

Lunch & Learn: Medicare Updates - 11:45am, 10/22 at the East Lyme Senior Center, 37 Society Road, Niantic. 860-739-5859

AARP Smart Driver Program - 1-5pm, 10/22 at the Waterford Community Center, 24 Rope Ferry Road, Waterford - Call Senior Services at 860-444-5839 to register.

Usual Suspects Mystery Book Club: The Unexpected Mrs. Pollifax by Dorothy Gilman - 5:30-7, 10/22 at The Public Library of New London, 63 Huntington St, New London - (860) 447-1411 www.plnl.org

History Series: Railroads and Industrial Revolution - 7-8:30pm, 10/22 at The Public Library of New London, 63 Huntington St, New London - City historian Sally Ryan returns to the library for her popular New London history series. (860) 447-1411 www.plnl.org

Veterns’ Funeral Benefits Seminar - 1pm, 10/24 at the Lymes’ Senior Center, 26 Town Woods Road, Old Lyme - Free educational seminar all about benefits that a veteran is entitled to before and after a funeral is needed. (860)434-1605 ext. 240.

German Folk Music & Oktoberfest Drinking Songs - 1pm, 10/23 at the Lymes’ Senior Center, 26 Town Woods Road, Old Lyme - John Banker, dressed in authentic Lederhosen, will perform on Tuba and Accordion supported by a background recording. Show Highlights will include selections on Alpine Bells and solos on a 12 ft Alpenhorn from Switzerland. For more information call (860)434-1605 ext. 240.

Lions Club Supper - 6pm, 10/23 at the East Lyme Senior Center, 37 Society Road, Niantic. Menu is a surprise! Entertainment by John Paolillo. For more information call 860-739-5859

Popular Science Book Discussion: The Mismeasure of Man by Stephen Jay Gould (1981) - 7pm, 10/23 at Waterford Public Library, 49 Rope Ferry Road - This book is both a history and critique of the
Metal detectors are not something recommended for future archaeologists. Too high tech and too easy to bypass historical information that one is trying to uncover. A 4” trowel, a bucket, a sifter and maybe a few plastic baggies are really all that is necessary, that is, if the aspirant has a sincere desire to learn the process correctly.

One dozen archaeologically inclined individuals bound by this credo recently assembled on the front lawn of the Thomas Lee House. State archaeologist, Dr. Brian Jones, gave the group an overview, along with a few professional tips, and what has become a popular East Lyme Historical Society offering began in earnest on August 17, 2018 for the 3rd straight year.

Ranging in age from seventy something to maybe ten, about half male and half female, (archaeological interest knows no age or gender) the group soon began to dig among the twelve, one-meter squares that had been laid out on the ground. The duff, or grass, had been removed to facilitate the shaving process which is then done with the lead edge of the trowel. A claw hammer head quickly emerged. Then a 1907 Barber dime, both found by the same woman. Older objects, such as pieces of clay smoking pipe, scattered shards of transferware and other ceramics soon made their appearance. Some very nice rose head nails, carriage bolts and an oxen shoe added still more tell-tale evidence about earlier people who had left pieces of their lives behind. Over lunch and old-fashioned ice cream at the end, discussions were lively as groups shared their discoveries with each other and Dr. Jones added historic perspective.

Now archaeology can be an invasive science and really tear up a front yard, but if done properly, things can be quickly put back together in such a way that it might be difficult to detect such a process had ever occurred. The secret is in the initial removal of the sod. Manageable squares of equal thickness are removed with a flat shovel and piled, to be put back in place after the dig has been completed. We had just reached that point in the process and most of this year’s diggers had already exited the site. As we began to replace the sod, Rod McCauley requested we stop just long enough for “St. Anthony” to make an appearance. Rod is a serious historic researcher…an officer in the East Lyme Historical Society and a FOSA member (Friends of State Archaeology) as well. I have often kidded him about St. Anthony who usually rides around with him in the back of his truck. With St. Anthony being the patron saint of lost objects (among other things) what better name could he have chosen for his trusty metal detector. “Just a quick pass or two before we wrap up,” he assured me.

When St. Anthony soon began to squawk it was loud and insistent. I could almost hear it report… “Tony, Tony, do look down. Something’s lost and must be found.” (Have any of our readers ever heard that little ditty before?)

I dug where the concentrated beeps were the loudest and Rod soon reached down and drew a small metal artifact from the ground. It was a very old and quite significant copper coin…a 1788 Con-
History Matters

continued

necticut Continental to be exact. A beautiful artifact to behold and certainly the prize of the day.

After brushing off some of the dirt and grime of ages past, we were able to get a better look at the coin. On the obverse (front) was an armored bust of a man facing left. Helmetless, he had the commanding look of perhaps a Roman general. To strengthen that Roman connection, the Latin word, “AUCTORI,” was written on the left side around the rim of the coin and “CONNECT” to the right, both words bracketed by 6-pointed stars. “Auctori,” we found, is a contraction for “Auctoritate,” which is Latin for “by the authority of.” “Connect” is obviously the shortened version of Connecticut. The coin, therefore, proclaims on this side that it was minted with the full authority of the State of Connecticut.

The coin’s reverse shows an image of Lady Liberty, seated with spear in one hand and an olive branch in the other. A shield leans against her seat. She is also facing left with her hair waving in the breeze. Rimming the coin to her left are the letters, “INDE,” and to her right, “ET. LIB.” This side declares both “Independence and Liberty.” All this in the year 1788, the date supplied at the bottom of the artifact.

Rod McCauley did recognize this coin right away, even before we cleaned it up. He had found a similar one a couple of years ago while metal detecting in a local park. That coin, he said, was extremely worn and quite indistinct, but from later research he was able to determine that it was indeed, a Ct. colonial copper. Although no date could be found on that one, he knew it had to be made between 1785 and 1788, the only four-year period those coins had been minted. (For more details concerning that find, see “Reports from the Field” on the East Lyme Historical Society’s webpage.)

Looking at the larger picture here, this new-found coin reflects our nation’s past quite well. The American Revolution against Great Britain took place between the years 1775-1783. The fledgling “country” that emerged did so basically as 13 colonies, loosely bound together by an arrangement called “The Articles of Confederation.” Those articles, among other things, allowed both Congress and the 13 states to coin money.

Earlier, the Continental Congress had issued their own paper money (continental notes) to finance the war, but they became greatly devalued due to counterfeiting and overuse as the war progressed. British currency with their pounds, pences and shillings and cur-

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continued on page 23
Musings on Museums- the National Coast Guard Museum share. Free and open to the public. eastlymehistoricalsociety.org day”. Jim will be discussing his newest book: “Slavetaker: The Slave Catcher’s Woman” and “History Matters: Tales of New England That Still Echo Today”. Jim will be discussing his newest book: "Slavetaker: The Promise". Bring your favorite pot-luck dish, entree or dessert, to share. Free and open to the public. eastlymehistoricalsociety.org

**King of Slydeco: Sonny Landreth** - 7:30, 10/23 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - This noted slide man cut his musical teeth in The Red Hot Louisiana Band of zydeco king Clifton Chenier. 860 510-0473

**Massage Therapy** - 10/24 at the East Lyme Senior Center, 37 Society Road, Niantic. For appointments call 860-739-5859

**Blood Pressure Clinic** - 1:15-2:15pm, 10/24 at the East Lyme Senior Center, 37 Society Road, Niantic. 860-739-5859

**Simple Steps: Financial Projections** - 5:30-7:30pm, 10/24 at Acton Public Library, Old Saybrook - SCORE’s Free Small Business Workshop Series provides an introduction to marketing communication methods to maximize your customer reach. Register at 860-388-9508

**Drumming for Health** - 10am, 10/25 at the East Lyme Senior Center, 37 Society Road, Niantic. For more information call 860-739-5859

**Medicare Informational Seminar**: 10-12, 10/25 at Waterford Public Library, 49 Rope Ferry Road - For more information call 860-444-5805

**Mystery Book Discussion: The Woman in the Window by A. J. Finn.** - 11am, 10/25 at East Lyme Public Library, 39 Society Rd., Niantic - For more information call 860-739-6926

**Waterford Women’s Club Annual Card Party and Mini Lunch Fundraiser** – 12-3, 10/25 at the Waterford Community Center, 24 Rope Ferry Road, Waterford – Tickets are $10.00 and are available at the door. Please bring your own cards or games. All are welcome. For more information call (860) 442-4148

**East Lyme Historical Society Fall Pot-Luck Dinner**: 6pm, 10/25 at the Niantic Bay Yacht Club. Starting at 6 pm with a social hour then followed by a pot-luck dinner and concluding with the speaker of the evening, Jim Littlefield, author of “The Slave Catcher’s Woman” and “History Matters: Tales of New England That Still Echo Today”. Jim will be discussing his newest book: "Slavetaker: The Promise". Bring your favorite pot-luck dish, entree or dessert, to share. Free and open to the public. eastlymehistoricalsociety.org

**Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook – tickets are $10.00 and are available at the door. Plan to arrive early as seating is limited. Refreshments will follow the presentation. www.fortfriends.org**

**Regional Events**

**Continued on page 29**
History Matters

from pg. 21

rency from other countries (particularly the Spanish dollar, the most favored and reliable of all foreign coins due to its consistent silver content) were all in use after the war as the new country at the time lacked any centralized mint. Despite several unsuccessful attempts to produce standardized coins, it eventually fell to individual states to issue coinage prior to the ratification of our national Constitution in 1789. With that would come the federal system and the creation of a national mint in Philadelphia in 1792 where the dollar would henceforth become the standard measure of currency.

It is interesting to speculate on the value of the coin we recently discovered at the Thomas Lee House. Of all of the states making them, Connecticut produced the most state coins so that would seemingly depress its value. But one of the things coin collectors prize is uniqueness and some of our continental coppers fit that bill quite nicely with many being overstruck or off-struck in rather strange ways. This one, for example, was definitely off-struck with images on both the obverse and reverse sliding off to the right-hand side as the strike had been executed. We will definitely have it professionally evaluated sometime in the future, but as we often remind budding archaeologists as well as ourselves, the true value of artifacts is determined by what they might contribute to our knowledge of history, not what they might potentially be worth on E-bay.

So… we have been treated to quite a find and like so many artifacts uncovered in the past it has allowed us to look back and gain some great historic insight. I don’t know how I’m going to explain to the folks who signed up for the dig, however, that the best item of the day was found nefariously with a metal detector after they had gone home. Maybe there’s a place in archaeology for that infernal apparatus after all, but I would have to add for the record, just don’t use it when you are first learning the process.

New book by Jim Littlefield
The long-awaited sequel to “The Slave Catcher’s Woman” is now available on Amazon and Barnes and Noble. It is entitled “Slavetaker: The Promise.” It can also be purchased locally at Bayberries, Trakas Sunoco, Smith’s Acres, Scott’s Orchard, Book Barn, Barbers Plus One, the East Lyme Golf Range and at Laysville Center in Old Lyme. Books can also be purchased through the author.

Ooops!

Before publication, Jim Littlefield made it a point to contact us to tell us that the size of the flagpole mentioned in last month’s article in association with a memorial was 25 feet, not 60 feet. We failed to make the correction.

In the movie review, Joan Radell mistakenly identified the director of Crazy Rich Asians as Kevin Kwan. Michelle Wilson of East Lyme contacted us to set us straight: Kwan wrote the book, but the movie was directed by Jon M. Chu.

We’ve also received some notices on events that were listed in our Focus Summer Guide 2018. When we compiled the calendar in June, those events were listed in the calendars on the websites of the venues. In one case, the information on the website was incorrect. In another, the event had been cancelled after we’d printed our magazine. We apologize for any inconvenience these errors might have caused - Brian Conklin, editor, The Post Road Review
Dining with the Dudleys
Join us for a visit to
Mommy’s Delicious Food
Caribbean & American Cuisine

Over the 20+ years since I first started writing this column, I’ve learned that some restaurants are a whole lot easier to write about than others. Not that there is a lack of new eateries popping up (and sadly for many, closing down again nearly as quickly) but from my point of view, there are only so many ways I can write about hamburgers and pizza, and many times I’ve sat staring at my computer screen trying to figure out what to say about a place we’ve visited.

Fortunately, our area of the state continues to offer up new (or at least “new to us”) restaurants featuring this or that cuisine from exotic places all around the world. We are truly blessed with a number of exotic choices of cuisines from which to sample. Especially for an area that doesn’t really have any large cities, I think we’ve really got a lot of great dining choices here in southeastern Connecticut if you’re into trying new cuisines from different parts of the world.

And I’ve found that such places are usually a lot easier for me to write about.

Even so, it can be difficult for me at times to come up with a new place to feature - which is why I am so grateful to have gotten a tip that was emailed to the editor of the Post Road Review from one of our readers. This kind soul urged us to try out Mommy’s Delicious Food in Norwich, even relating tips as to how to find it - which proved very helpful indeed.

Though it’s right on Rt. 82, the main drag on the west side of Norwich, you have to look very carefully to see the small sign that marks the place, and being located near the Shop Rite and TJ Maxx, it’s in an area where the traffic is so busy you really have to keep your eyes on the other cars while looking for that little sign...you get the picture. I have no idea how many times we’ve driven right past it with no clue it was there...and honestly, had we not gotten that tip from a reader, we likely would have continued to do so until we read about it somewhere, I suppose. “A Hidden Gem” is the appropriate way to describe this place, in my opinion.

The easiest way to find Mommy’s is to look for Minuteman Press on the north side of Rt. 82, across from Popeye’s Chicken. Mommy’s is in the same building, occupying the store front closest to the street.

For those of you that want to peruse this place on the web before trying it out, be forewarned: they do not have a website and the prominent picture of the interior featured in the Google review page is not actually a picture of the interior of Mommy’s in Norwich. The pictures of the food look right however, and Derek and I have to agree with the vast majority of the reviews: the food was excellent! And don’t think for a moment that they super-sized the servings for the photos - they really do pile the food on the plate like that!

The interior of Mommy’s was pretty plain-looking and quite casual. There were a few tables and booths topped with colorful hand-made place mats stitched together with pieces of fabric colored and shaped like tree leaves. These were topped with hand crafted coaters painted to look like pineapples - complementing the similarly shaped and painted napkin holders. On the walls hung folk
Dining with the Dudleys

art paintings from Haiti. These, and the French being spoken by workers and customers alike clearly identified this place as having very strong Haitian influences. And if there was any doubt, the wide screen TV on the wall in the corner playing Haitian popular music videos, resolved the matter in our minds.

There was a large cafeteria style counter where you could choose your meals behind which stood a woman with one of the warmest and most welcoming smiles I’ve ever seen in any restaurant. Of course, the kid in me was wondering if this was “Mommy” herself - but yeah, she had that vibe about her and that really helped us navigate our way through a restaurant that was a bit bewildering for us. It’s one of those kinds of places that does things their own way and to some fuddy dudgies like Derek and me, we weren’t quite sure if we were doing things the right way there.

There’s a large dry-erase sign on a stanchion with the day’s menu on it, an upright refrigerator on the far side of the room with bottled soft drinks and spring water, and a cash register behind a counter on top of which you might find some take out menus which agree, to some extent, with the menu on the board.

Mommy’s printed menu lists the fare by days of the week. For example, we went on a Monday when the printed menu (had we read it beforehand) would have told us to expect “Stew/Bake Chicken; Turkey in Sauce/Fried; and Beef in Sauce/Fried”. The dry-erase board, on the other hand, listed “Meatball, Legumes, B Ribs, Curry Chicken, Jerk Chicken, and Turkey”.

I knew enough about Caribbean food to know that “Jerked” anything is likely to be a bit too spicy for Derek and me. So we set that choice aside after verifying with the server that it was, indeed, spicy. We asked about the Chicken Curry and she told us it was not that spicy so I ordered that.

Derek wanted the B Ribs, of course...assuming (correctly) that the B stood for BBQ. He also asked for a single meatball to try it out.

With a smile and a generous hand, our server started heaping piles of a delicious looking rice dish onto Derek’s platter. Then she added a decent pile of sauteed vegetables, and then a set of sauce covered ribs that made my mouth water just looking at them. Derek’s eyes were wide with wonder. “Look at all that food!”

When she came to my platter, she began to spoon up the same rice dish for me, but I asked for the white rice instead. So she piled a heap of glistening long grain rice onto my platter, gave me plenty of the same vegetable medley, then spooned up a big helping of chicken and red bell peppers swimming in a curry sauce.

As big as our servings were already, the food looked so dang good we both wanted to try at least a little bit of that dish before us that was called “Legumes”. I confess it didn’t really look all that leguminous - I could see chunks of meat and carrots in a thick stew. I asked what the legumes were that were in it, and I was told it was black beans.
Dining with the Dudleys

Now, big portions are not as great a thing when the food is mediocre. But the food here was delicious! Yes, there were some flavors we hadn’t come across before - the rice and vegetable mix, for example, was seasoned wonderfully, but I am really at a loss to guess what was used in flavoring this dish other than to say it probably had some thyme in it.

But let me try to stick to some sort of logical framework here - Derek’s ribs were outstanding! Tender, fall off the bone tender - succulent pork ribs with plenty of meat on them and all slathered in a mild but delicious tomato based BBQ sauce. The server asked Derek what kind of sauce he wanted on them...“curry sauce?” he declined any addition, saying they already looked like they had plenty of sauce on them. And they did - they were GREAT!

Derek’s rice and vegetable mix was a big hit as well - even if the seasonings proved hard for me to suss out. There were clearly some shredded carrots, as well as green peas, corn and onions and some diced tomato too. It had a rich brown color to it and we both loved it.

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My chicken curry was tasty - not too spicy, but spicy enough - and very flavorful. But I’m not sure I’ll get it again. Though Derek really enjoyed cleaning my plate of it after I’d tried it out, I was put off a bit by the way the chicken was prepared. I’d guess that chicken legs and thighs had been hacked into appropriately sized pieces with a cleaver. Though I’m sure this added extra flavor to the curry, it also resulted in many small and very sharp pieces of chicken leg bones which I had to be very careful to avoid while eating. Derek’s way around this was to simply eat the chicken pieces by hand, but even he had to pull one rather long and nasty looking sliver of chicken bone from his mouth while eating.

The white rice it came with was really good! Long grain...like really long grain - and cooked perfectly. When I asked the server to substitute the white rice instead of the rice medley she gave Derek, she told me she’d add some black beans as well. After reading up a bit about Haitian cuisine online, I’m thinking this might have been another popular Haitian dish called “Sos pwa nwa”. I guess I was supposed to cover my rice with the black bean puree, which I’d mistaken for soup - but Derek and I treated that like soup, and loved it - eating the rice separately. In reading the menu at home, I saw that White Rice/Beans Pureed was listed. This probably explains why the server wanted to give me both when all I thought I was doing was substituting white rice for the rice and veggies. I’d guess there was at least onion and garlic in the black bean puree - but it was simple and delicious...very hearty comfort food whether it’s served on top of rice or as a soup, like we had it.

The meatball Derek had was a good size, fried, flavorful and spicy - but a bit dry. Breaking it up onto the rice was a good solution which not only dealt with the dryness, but the spiciness as well. The heat of these meatballs did not come up front, but only after you’d had a good taste of the savory flavor - then POW. I’m guessing Scotch Bonnet peppers were used, but again, I’m not sure.

But the real mystery dish for both of us was this stew they called “Legume” This was a real eye-opening dish that we only had a little bit of, as it was added as a single spoonful to Derek’s platter so he could try it out.

continued on page 40
**New London Adult Education Center**

<table>
<thead>
<tr>
<th>Course</th>
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<tr>
<td>Fun With Calligraphy 101</td>
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<td>Sewing Basics</td>
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<td>Tech. Drawing for DIY Projects</td>
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<td>Cert Nurs Asst. Training 10/15, 12/3</td>
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<td>Getting Paid to Talk: Voiceovers</td>
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<td>Credit Do’s and Don’ts</td>
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<td>Financially Fit</td>
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<td>Money Smarts for Older Adults</td>
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<td>Babysitting Lessons</td>
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<td>&amp; Safety Training (BLAST)</td>
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<td>Starting a Pet-Sitting Business</td>
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**New London High School**

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**Old Lyme Middle School**

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<td>It’s Your Idea: Protect It</td>
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**Filomena’s Restaurant**

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**Mystic Jet Center**

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**Montville Florist**

- Autumn Harvest Basket 11/8 | $49
- Christmas Centerpiece 12/13 | $49
- Christmas Wreath 11/29 | $49
- Giving Thanks Centerpiece 11/17 | $49
- Spooky Spiders 10/25 | $49
- This is a Different Kind of Frog 10/11 | $54

**Smith’s Acres**

- Fairy Garden for Kids 10/7 | $50
- Fairy Houses 10/13 | $45
- Succulent Hanging Terrarium 10/2 | $45
- Bow-Making Class 11/17, 11/28 | $25
- Boxwood Tree 11/16, 11/18, 11/20 | $50
- Boxwood Wreath 11/26, 12/3, 12/5 | $45
- Holiday Wreath 11/27 | $50
- Pumpkin/Succ. Ctrprc. 10/21, 10/23 | $54
- Seashell Wreath 10/16 | $55
- Seashore Wreath 12/13 | $50

**Waterford High School**

- Comfort Foods 101 10/23 | $84
- CYA: Conserve Your Assets 10/9 | $34
- Estate Planning 10/23 | $34
- Investing 102 10/16 | $34
- Budgeting Basics 10/2 | FREE
- Introduction to the Solar System 11/3 | $44
- Estate Planning 10/23 | $34
- Investing 102 10/16 | $34

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Call 860-437-2385 ext. 106 or visit www.newlondonadulted.org to register for these programs.
AT THE MOVIES 🎬

A Simple Favor

Stephanie and Emily both have sons in the same kindergarten class in a Connecticut suburb. Beyond that, they don’t have much in common.

Stephanie is a widowed single mother, trying hard to be Supermom. She is first to volunteer at school, she makes nutritious snacks, she’s a whiz at crafts and play dates and knows 100 uses for cider vinegar. She shares all her tips on a video blog that she hopes will make her an Internet influencer with enough sponsors to make a living.

Emily works in New York City as the public relations director for a major fashion designer. She’s a potty-mouthed, martini-swilling, Louboutin-wearing whirlwind living way beyond her means and loving every minute of it.

Although they’re a very unlikely pair, their friendship evolves quickly. Emily calls Stephanie one afternoon and asks Stephanie if she’ll pick up her son Nick from school. And then Emily disappears.

As Stephanie searches for her friend, she will discover that her newfound friend has secrets that will destroy anyone Emily cares about.

With the help of Emily’s husband Sean and her social-media fans, Stephanie sets out to find Emily and unravel a web of lies.

Billed as a thriller and a suspense film, A Simple Favor is neither. It tries to be a black comedy. It tries to be parody. It tries to be a comedy, a romantic drama, a whodunit. Director Paul Feig stumbles through the film and never finds his feet. This is a shame, because he has a top-notch cast and a pretty good writer at his disposal.

Anna Kendrick and Blake Lively star as Stephanie and Emily. Kendrick’s performance is not her best, but it’s adequate, and she’s able to make Stephanie likeable rather than annoying. (If you’ve ever had a kid in preschool, you’ve known a Stephanie. And she was annoying.) Blake Lively is a gem, stepping into Emily’s skin and making the audience love, loathe and pity her. Henry Golding, recently of Crazy Rich Asians, is a perfect foil for the two women: low key, even-tempered.

The supporting cast is exceptional: Andrew Rannells, Kelly McCormack and Aparna Nancherla as the other school parents that function as a sort of Greek chorus; Bashir Salahuddin as veteran Detective Sommerville, and an all-too-short appearance by Jean Smart that, frankly, steals the show.

Writer Jessica Sharzer deftly manages the cultural differences and speech patterns of suburban housewives, ego-driven fashion icons, troubled artists, and a couple dozen other characters so that the conversation is smooth, believable, and occasionally laugh-out-loud funny.

A Simple Favor could have excelled if Director Feig had done himself a simple favor and decided what kind of film he wanted to make, and then committed to that decision.

Feig’s characterization of fashion designer Dennis Nylon is fun and over-the-top. Everyday-housewife-as-detective is a tried and true genre, as well, and that’s the basis of A Simple Favor, but it’s obscured by choppy editing and plot holes big enough to allow an SUV to drive through.

His send-up of the “MomLife” Internet phenomenon is hilarious and spot-on. Stephanie’s vlog winks at the legions of young stay-at-home mothers who are desperate to monetize their very mom-ness with vegetable-disguising recipes and free printable grocery lists, fawning over new subscribers who will watch a 5 minute segment on “Stephanie’s Famous Meatless Meatballs” and origami. Feig obviously enjoys poking fun at fashion lines that are more about branding than design. There’s a doomed romance film hiding in the background, too.

Any of these subjects could have made great films on their own, and they have: Julie & Julia, Zoolander, Diabolique, Compromising Positions, August Osage County and Body Heat all did it first and all did it better.

More confusing is the soundtrack. It features French-language pop songs, all with a jazz-tinged 1970s style. The songs don’t relate to anything in the film for an English listener, nor do they serve to set a mood. There’s a single scene with Stephanie singing along to a hip-hop song in her car, but by this point in the film we know that this would not be the kind of song she’d know by heart. The scene seems injected into the film to remind us that Anna Kendrick is a talented musical performer as well as an actor.
A Simple Favor is to film as its screenplay-source novel of the same title (by Darcy Bell) is to literature. It’s a beach read turned into a movie-of-the-week with sex and swearing, and a lot of stereotypes, tropes and cliches. The movie is strangled by its own plot twists and trips over its own loose ends. It’s sloppy, and even a solid cast can’t save it.

Skip the box office and streaming service rental fees. A Simple Favor isn’t worth the ticket price. But take heart: November and December have some highly-anticipated films opening, and early reviews are glowing for A Star Is Born, Bohemian Rhapsody, First Man, and Mary Poppins Returns. There’s much cinematic goodness coming our way.
Homeschool Game Day - 1-3pm, 10/1 at the Groton Public Library, 52 Newtown Road - Homeschool families are invited to play The Settlers of Catan, an award-winning game of discovery, settlement and trade. Bring your own Catan board or use ours. Experts will be on hand to help first-time players. 860-441-6750.

Girls Who Code Information Session - 4pm, 10/2 at Bill Memorial Library, 240 Monument Street, Groton City - Girls Who Code is a national organization that empowers girls to learn to code while having fun, building community, and making an impact. Interested girls and their families are invited. All students in grades 6-12 are welcome. The first official meeting of the Bill Memorial Library’s Girls Who Code will be held on Tuesday, October 9th at 4:00 pm. For more information, please contact the Library at (860) 445-0392.

Parent & Teen Book Club - 6pm, 10/2 at the Groton Public Library, 52 Newtown Road - Parents, enjoy themed reads with your teen. Pick books that match the monthly topic, then join us for a discussion. For more information call 860-441-6750.

Adaptive Sing & Stomp - 1-1:30, 10/3 at the Groton Public Library, 52 Newtown Road - An active half hour of songs, dance and fingerplays open to children with special needs. Caregivers are encouraged to participate with their child in following directions, exploring rhythm, rhyme and creative play. For more information call 860-441-6750.

Spooky Cinema: Goosebumps & Glow! - 4-5:45pm, 10/3 at the Old Lyme Phoebe Griffin Noyes Library, 2 Library Lane, Old Lyme - Get some glow-in-the-dark gear to chase the GOOSEBUMPS away! Just before the release of the sequel, watch the original film based on the popular series of spooky stories! All glow-in-the-dark materials and popcorn will be provided. Registration requested. Film is rated PG with a running time of 103 minutes. (860) 434-1684

Crafting for a Cause - 3:30, 10/4 at the Groton Public Library, 52 Newtown Road - Make cool crafts using a variety of mediums. The crafts are given away to local senior citizens, veterans, homebound individuals and nursing home residents. 860-441-6750.

Drop-In Scarecrow Craft - 11-1, 10/6 at Otis Library, 261 Main St. Norwich - Drop in and enjoy making a paper scarecrow with your child. No registration required. For all ages. (860) 889-2365

Teen Service Saturday - 2-4pm, 10/6 at the Groton Public Library, 52 Newtown Road - Earn up to two hours of service by helping with projects and events at the Library. Visit the Teens page at grotonpl.org, and click the SignUp.com button to register. For more information call 860-441-6750.

Kids Coding for a Cause Hackathon - 8:30-3:30, 10/6 at Mitchell College, New London - Random Hacks of Kindness Jr. (www.rhokjr.org) is hosting a “hackathon” for social good for local students in grades 4-8. Volunteer mentors from Pfizer and local schools, universities and colleges will work with students to devise smartphone applications that address a range of problems facing local nonprofits. Students in grades four through eight are invited to attend, but must register in advance by visiting rhokjr.org. Parents who would like their children to take part in the hackathon, as well as area non-profit organizations interested in participating, are encouraged to contact Gans at reesegans@gmail.com; they may also visit the Random Hacks of Kindness Jr. website at rhokjr.org.
T, T, ‘T & T Calendar of Events

Mother Goose Rhyme Time & Playgroup - 10:30-11:30, 10/6 at Otis Library, 261 Main St. Norwich - Enjoy 30 minutes of traditional rhymes, songs, fingerplays, and other activities for the very young; then stay (or not) for a half-hour open playgroup. This is a great opportunity for working parents to enjoy this new weekend program. Older siblings are welcome to attend. Ages newborn – 23 months. Drop-in. (860) 889-2365

Teen STEAM Lab: Light-up Monsters - 3:30pm, 10/10 at the Groton Public Library, 52 Newtown Road - 860-441-6750.

Careers in Military Service - 6-7pm, 10/11 at the Groton Public Library, 52 Newtown Road - Teens and adults are invited to explore the different branches of the military and meet professionals currently working in the field. Representatives from all levels and branches will be present to answer questions, share stories and network. This is not a recruiting event, rather an educational one. For more information call 860-441-6750.

Sleepy Hollow Lantern Tour - 7pm, 10/12, 13, 14 at the Historic Parmeele Farm Homestead, 465 Route 81, Killingworth - You are on a search for Ichabod Crane. Colorful Sleepy Hollow residents are introduced along the way, raising your suspicions and building anticipation. Perhaps he is tidying up at the old school house. Is that Ichabod passing through the cemetery on his old horse? Is he on his way to the fall frolic to meet Katrina, the object of his affection? You partake in the merry making at a good old-fashioned fall frolic, complete with refreshments. But, will you glimpse a specter of the Headless Horseman himself? And what has befallen poor Ichabod?

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THE POST ROAD REVIEW Oct 2018 PAGE 31
Puppetry Project to Tell Tale of America’s First Submarine

The East Lyme Puppetry Project, Inc. (ELPPI) gratefully acknowledges receipt this summer of grants to support research, design and preliminary construction of its original educational puppet show We the People.

"This large scale marionette and shadow puppet show tells the true story of two southeast Connecticut Revolutionary War heroes – David Bushnell of Westbrook / Saybrook and Ezra Lee of Lyme – who combined Yankee ingenuity, resourcefulness and raw courage to design, build, man and take into battle The Turtle, America’s first submarine,” says ELPPI Vice President Barb Johnson Low.

In June, ELPPI was awarded $2500 from CT Humanities, In July, it received a generous gift of $1500 from The Ruth duPont Lord Family Foundation, and to date it has received over $2000 from individual donors plus generous in-kind support from Rings End in Niantic.

“We’re thrilled that these funds will help us tell boys, girls and adults about our state’s vital part in early submarine history,” adds Low “After all, we live in today’s submarine capitol of the world.”

In 2017, ELPPI expanded its family literacy work to include design of original educational productions that would resonate with both student and family audiences. After much research and inspired by ELPPI President Dick Waterman’s extensive knowledge of the Niantic Lee family, info found in a 1951 E.I. DuPont Cavalcade of America Profiles in Courage radio play, and the fact that this true tale is largely absent from local classroom Revolutionary War study, ELPPI developed “the bones” of We the People.

A year later, the group is now working with renowned puppeteer Dan Butterworth of Butterworth Productions to bring this true tale to life on land, sea and underwater through a combination of marionettes, oversized mobile units, shadow puppets and special effects. Completion depends on additional funding. When completed, ELPPI expects to host performances throughout the state.

Connecticut Humanities, a non-profit affiliate of the National Endowment for the Humanities, provides opportunities to explore the history, literature and the vibrant culture that make the state, cities and towns attractive places to live and work. Learn more by visiting cthumanities.org.

ELPPI is a 501(c)(3) educational group whose mission is to promote cultural and English language literacy and academic achievement in southeastern Connecticut children and their families through puppetry, and to bring more puppet arts to the area. For more information about ELPPI, email eastlymepuppetry@gmail.com or visit us on Facebook. Tax deductible donations for “We the People” can be sent to the East Lyme Puppetry Project, Inc, c/o ELPPI Treasurer Caren Linden, 82 Quarry Dock Road, Niantic, CT 06357.
T, T, ‘T & T Calendar

continued

Legendary Fun appropriate for ages 8 and up. Also Available for Purchase: Autumnal Fare, Mulled Cider. Purchase Your Reservation Today! www.ArtfulLivingCT.com 800-389-1363

Eastern Connecticut Ballet presents Ballet Spooktacular - 10/13 & 10/14 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - The beloved and bewitching “Ballet Spooktacular” returns to The Kate for four family-friendly performances. Special effects and enchanting costumes set the stage for three spirited ballets “The Sorcerer’s Apprentice”, “Dancing Bones”, “Halloween Waltz”. Children are invited to wear their costumes to parade on stage, trick-or-treat throughout the decorated theater and pose for spellbinding photos with the dancers. 860 510-0473

Touch-A-Truck - 9-2, 10/13 at McCook Point Park in Niantic - Don’t miss this fun family event! There will be a Horn Free Hour from 9 to 10 a.m. especially for the younger set and for noise-sensitive children. The requested donation is $4 per person. Children under age two are admitted free of charge. Proceeds benefit the work of Child & Family Agency of Southeastern CT as it meets the needs of over seventeen thousand children and their families annually in our communities. Additional information can be found on the agency’s website, www.childandfamilyagency.org; Facebook-Touch A Truck East Lyme, CT; or by calling Child and Family-860-443-2896

Build It Clinic - 10:30-12, 10/13 at Otis Library, 261 Main St. Norwich - Build structures using a variety of materials in the Children’s Room. No registration required. For grades K - 8. (860) 889-2365

Pirates & Sailors Galore - 1-3pm, 10/13 at the Avery-Copp House Museum, 154 Thames St., Groton - Discover the exciting lives of sailors and pirates. Children go on a treasure hunt and make a nautical craft to take home. Costumes are encouraged. Reservations Required - 860.445.1637 jcopp@averycopphouse.org

Homeschool Make & Take Crafts - 1:30-3, 10/16 at the Groton Public Library, 52 Newtown Road - Homeschool families are welcome to get creative in the Children’s Activity Room at the Groton Public Library. Drop in to use an assortment of craft supplies and art tools. Registration is not required for this event, but supplies are limited on a first-come, first-served basis. 860-441-6750.

Graphic Language! Book Club & Author Visit - 3:30-4:30, 10/16 at the Old Lyme Phoebe Griffin Noyes Library, 2 Library Lane, Old Lyme - This month they’re reading Travels of Thelonious and the author, Jon Buller, is joining the chat! Jon will bring original sketches from his books and answer all your questions. As always, we’ll have a snack to share. Register (860) 434-1684

Creative Movement - 10:30, 10/17 at Otis Library, 261 Main St. Norwich - Movement class hosted by Eastern Connecticut Ballet. This month’s theme is The Orchestra. Hear a story around this theme and do 35 minutes of movement. For ages 3 – 5. Register at 860 889-2365

Library Helper Day - 5:30, 10/17 at the Groton Public Library, 52 Newtown Road - Assist library staff in a variety of projects, including preparing craft and program materials, dusting and light cleaning, straightening shelves and special event preparation. For more information call 860-441-6750.

Decorate a Mini Pumpkin - 10/20-10/27 at Wheeler Library , 101 Main St., North Stonington - Children and their caregivers are invited to drop in during library hours and decorate a miniature pumpkin. For children of all ages with an adult. Attendees should stop at the front desk to pick up a mini pumpkin. All supplies are provided.

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**HOROSCOPE**

**ARIES (March 20 - April 19)** Quieter skies this month are just a short interlude allowing the fallout from last month to settle. November will witness similarly exciting developments and eventualities so in the meantime, patience is a virtue you have little choice but to cultivate. This doesn’t mean there’s nothing for you to do but the focus is on consolidating the progress you have made already rather than breaking new ground. Plus an exercise in building bridges wouldn’t go amiss. Unfortunately, no matter the purity of your intentions you are answerable to others, especially when they have already put their money where their mouths are.

**TAURUS (April 20 - May 20)** Since you are one of the four zodiac signs known to astrologers for your fixed nature, your response to indecision is predictable. If you are unable to make up your mind about an important issue: where others might favour the old adage of “a change is as good as a rest”, you will instead select a state of masterful immobility. You feel their confidence is wholly misplaced and besides, you can’t imagine anything more enjoyable than resting, nor upsetting than the alternative. Your hand has been forced in a few instances already, but if you hang on during October, the worst of this trend eases off until March.

**GEMINI (May 21 - June 20)** A stellium in Scorpio puts the focus squarely on your health. Firstly, Venus is retrograde from October 5. Then, the presence of the Moon and Mercury on October 10, makes four planets in this area of your chart. While the Moon remains only for a couple of days, this emphasis is again augmented by the Sun’s arrival on October 23 and continues until the end of the month. What might normally be a cause for concern is mitigated by Jupiter’s presence. This gives you an input into how things pan out and whether by overdoing almost anything: like work, eating, even recreation you’ll put yourself in a position you needn’t have been.

**CANCER (June 20 - July 22)** You are a water sign yourself, so the celestial emphasis on Scorpio through October should suit you well. Without forcing you into the spotlight or anywhere you feel out of place you are able to swim mainly with the tide and believe by and large this goes in your favour. The subject of others and those closest to you is perhaps the one exception to this rule or alternatively, the main focus of your attention. Although it won’t ever be a straightforward process, such trends are ideal for those starting a family or moving in together for the first time. A few lurking demons must be faced before vanishing entirely from the scene.

**LEO (July 23 - August 22)** Where is home? Perhaps your car, room, or backyard; your residence, neighbourhood and locality? Your city, state, country, continent; maybe this planet? Most likely, although you’re loath to say so, you’ll have picked one of the options earlier in this list. Why, when you’re meant to be such a showstopper and with such talent to spare? Truth is, your ruler the Sun represents your ego and this looks for approbation to the point where it gets bruised. Yet competition is a healthy part of life not a factor you ought to spend time avoiding. You do yourself a disservice when you consider choices that are below your capabilities.

**VIRGO (Aug. 23 - Sept. 22)** Interpersonal dynamics prove trickier this month. Not only are these riddled with issues of dominance, power and control, but you feel the clock is against you and that any real-life situation cannot ever match the idealised picture in your head. It might help to acknowledge that all of us are flawed to some extent to make you feel sad and inadequate, but rather to help you repair a wound that might otherwise have festered in private. There are many ways you might heal yourself, by understanding your predicament fully. A philosophical or spiritual slant can offer a sense of perspective. Equally, a vacation buys you space.

**LIBRA (Sept. 23 - Oct. 22)** A new moon in your sign is for the most part an annual event that happens within the month of your birth. Remember, this means the astrological not the calendar month, as the Sun passes through your sign. This year the date to watch for is October 9, followed by Mercury’s departure from your region of the heavens the day afterwards while the Sun follows suit slightly under two weeks later. Thus for much of October you remain in the spotlight. Some of what you’re learning and encountering is rather subtle but be on the look-out for new ideas and ways of doing things you’ll bring to bear later this month.

**SCORPIO (Oct. 23 - Nov. 21)** Jupiter will leave your sign on November 8. This won’t be an entirely unwelcome event since you’ll then be better placed to lose some of that excess weight you have been carrying, perhaps figuratively and also metaphorically, in the circumstances of your life. Plus Jupiter’s departure has a favourable impact on your financial affairs although it might require a retrospective view to appreciate its workings fully taken towards the end of next year perhaps. In the meantime: Jupiter favours education, travel, publishing and those from other walks of life. Make the most of October, Jupiter won’t be visiting again until 2029.

**SAGITTARIUS (Nov. 22 - Dec. 21)** Jupiter, your traditional ruler, returns to your sign early next month for the first time since 2007. This is important for everyone, but especially for you; while this planet remains in your part of the sky for longer than average too. You can expect the circumstances that have held you back since Saturn was your house guest, from the end of 2014 until the close of 2017, will begin to improve in a more obvious fashion than of late. Actually though, a seed has already germinated, even though not everyone knows yet. Spend October preparing and tying loose ends, in future you may not have the time.

**CAPRICORN (Dec. 22 - Jan. 19)** A stellium in Scorpio emphasises two things. Firstly, your hopes and wishes for the future viewed from the perspective of emotional satisfaction and fulfilment rather than strictly tangible goals. This may seem strangely out of character but your drive to accumulate wealth and property is driven by more than avarice alone. Secondly, there is the small matter of your social circle and in both instances where the trends apparent in these areas of life run contrary to your outlook. While pulling in your horns seems the last option you would choose, a little self-control and discipline may be just what the doctor ordered.

**AQUARIUS (Jan. 20 - Feb. 18)** Mars continues a lengthy stay in your sign. Its retrograde cycle has concluded but it won’t finally venture into Pisces until halfway through November. Although Mars means energy and courage, a sojourn in your sign and its predecessor lasting exactly two-thirds of this year is rather much of a good thing when six to eight weeks is more usual. If you have, wisely as you should, been making the most of the Red Planet’s visit, there are probably numerous occasions where you feel entirely annihilated by your schedule. Looking after yourself is a crucial priority, along with other coping strategies, to avoid burn out.

**PISCES (Feb. 19 - March 19)** Chiron’s return to your sign, doesn’t mean suffering in silence. Certainly, you’re acutely aware of where matters went awry and turned out less well than you’d hoped. The fallout from this pains you, yet your woes are amplified by older hurtful memories. The purpose of bringing these to your consciousness, is not to make you feel sad and inadequate, but rather to help you repair a wound that might otherwise have festered in private. There are many ways you might heal yourself, by understanding your predicament fully. A philosophical or spiritual slant can offer a sense of perspective. Equally, a vacation buys you space.
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T, T, ‘T & T Calendar

Free and open to the public. No registration necessary. One pumpkin per person, please. Attendees have the option of donating their projects to cheer up someone in the local community. Donated projects will be distributed through Pawcatuck Neighborhood Center. For more information call 860-535-0383.

Bumpers & Books - 11-1pm, 10/20 at the Groton Public Library, 52 Newtown Road - The Junior Friends and their families, as well as Library staff and town employees, will be in the Library's back parking lot giving out treats from the trunks of their decorated vehicles. All of the vehicles will be decorated to celebrate a beloved book or author. A prize will be awarded to the best decorated trunk. Children are encouraged to dress in a book or author-themed costume to add to the festivities. There will also be food trucks, crafts, face painting and tattoos for children as well as vendors and a mini book sale for adults. Free and open to the public. 860-441-6750.

Youth Advisory Board Meeting - 2-2:30, 10/20 at Otis Library, 261 Main St. Norwich - Build leadership skills, earn community service hours, boost your résumé and college application, network and socialize with other students. Pizza and snacks will be served. For students in grades 7 & up. Please register at (860) 889-2365

Farmstead Fall Open House - 10-3, 10/21 at Samuel Smith Farmstead, 82 Plants Dam Road, East Lyme - Cider and Donuts and more! The house will be open for tours, and special guests that day will be Nuthatch, an alpaca, and sixshooter, her grandson. Five Bean Row will be back to play your favorite music. There is free parking and no admission charge. www.samuellsfarmstead.org

Kids Imagine! Book Club: Pip Bartlett’s Guide to Magical Creatures by Jackson Pearce and Maggie Stiefvater. 6-7pm, 10/22, at Otis Library, 261 Main St. Norwich - For grades 3-5. There will be pizza and related activities. 860-889-2365, ext. 114.

Costume Making - 3-5pm, 10/23 & 10/25 at the Old Lyme Phoebe Griffin Noyes Library, 2 Library Lane, Old Lyme - Don’t be caught off guard with your Halloween costume this year, and make your “best” costume yet. You’ve got glue guns, sewing machines, helping hands, and lots of raw material to work with at OLPGN-you bring the silly, scary, and clever costume ideas. Register (860) 434-1684

HomeschoolArt Smart - 10am, 10/24 at the Groton Public Library, 52 Newtown Road - Homeschooled children, ages 7 to 12, are invited to expand their art know-how and creativity in a side-by-side art class for children and their parents or caregivers. Discover a different artist, work of art or technique at each event and then create your own masterpiece. Registration is not required. 860-441-6750.

Teen Gaming Demo: Betrayal at House on the Hill - 5:30pm, 10/25 at the Groton Public Library, 52 Newtown Road - Teens entering grades 6-12 can join in Teenscape for console, computer and tabletop board games. For more information call 860-441-6750.

Lotta LEGO’s: 10-2, 10/27 at Waterford Public Library, 49 Rope Ferry Road - For children of all ages with an adult. 860-444-5805

Spooktacular! 11-1, 10/27 at Otis Library, 261 Main St. Norwich - Get in the spirit of the season! Go to the Children's Department at Otis dressed up in a costume (or not) and enjoy crafts, games and a few
T, T, ‘T & T Calendar  continued

tricks or treats! No registration required. For all ages. (860) 889-2365

Read to Bella - the Therapy Dog - 12-1pm, 10/27, at Otis Library, Norwich - No registration required. All ages welcome. For more information, call or visit the Children’s Room, 860-889-2365 ext. 114.

Haunted Cellar: Helping Hands Needed - 3-5pm, 10/29 at the Old Lyme Phoebe Griffin Noyes Library, 2 Library Lane, Old Lyme - Halloween helpers in grades 8 and above, OLPGN needs you! They’re putting together the second annual Haunted Cellar, and they want it to look good. Let them know if you’re available by visiting the library or emailing Nike at ndesis@oldlyme.lioninc.org. (860) 434-1684

Twen Book Club: FUZZY by Tom Angleberger and Paul Dellinger. 6-7pm, 10/29, at Otis Library, 261 Main St. Norwich - For grades 6-8. The book will be discussed, followed by an activity related to the book. Pizza will be served. Please register online at www.otislibrarynorwich.org, or call the Front Desk, 860-889-2365

Teen Face Painting Contest - 3:30pm, 10/30 at the Groton Public Library, 52 Newtown Road - Get ready for trick-or-treating with a face painting contest. Drop in with a friend, and compete to see who can design the most artistic or scariest makeup. Winners will receive a small prize. Costumes are encouraged, though not required, and all supplies will be provided. For more information call 860-441-6750.

Spooky Craft: 2-5, 10/31 at Waterford Public Library, 49 Rope Ferry Road - Drop in and make a spooky craft. Costumes welcome! For children of all ages with an adult. 860-444-5805

Haunted Book Cellar & Trick or Treat - 3-6, 10/31 at the Old Lyme Phoebe Griffin Noyes Library, 2 Library Lane, Old Lyme - Head down into the Haunted Cellar, for a bookish, ghoulish experience. Trick-or-treat upstairs, where all the lights will be on. Bring the little ones and they’ll have a treat for them too. (860) 434-1684

Legend of the Banana Kid - Presented by the East Lyme Puppetry Project - 1pm, 11/4 at East Lyme Community Center, Society Rd., Niantic - Little Chucky heads into the Wild West to outwit outlaws! Armed with a fistful of bananas, he enters town on his trusty goat for a showdown with Big Bad Bart and his gang of bandits. (please note that there are no guns in this show). The Legend of the Banana Kid features 20 handcrafted glove, mouth and rod puppets – and a slew of flying and twirling styrofoam bananas. Join ELPP! or this hilarious cowboy adventure, told with 20 hand-crafted glove, mouth and rod puppets – and a slew of flying and twirling styrofoam bananas. All tickets $6.00.

Sock Puppet-Making Workshop - 2pm, 11/4 at East Lyme Community Center, Society Rd., Niantic - Immediately following their November 4 performance of the Legend of the Banana Kid The Puppetry Project and Frogtown puppeteers Eric, Bryan and Robin will offer a 45 minute sock puppet-making workshop for school age children. Class size is limited to 30 and costs $4.00 per child paid upon arrival for the 1PM show. Email Suzanne Smith at suzsmith35@gmail.com with questions. No charge for parents who attend the workshop to help their children.

Non-Profits:
HELP US HELP YOU
For more information, please call (860) 537-1260 or E-mail: sales@postroadreview.com

Day Trip
Fall Foliage of Bennington Vermont - 10/13 - $102 per person
Tour Bennington Potters, savor classic New England fare, visit a New England farm stand on the way home.

Overnight Tours
Adirondack Balloon Festival September 20-22, 2019 $570.00
Philadelphia Flower Show March 4-6, 2019 $554.00
Spotlight on San Antonio Holiday December 9-13, 2018 $2,049.00

Cruises
Bermuda Celebrity Summit May 5-12, 2019 $1,444.00
Escorted London Stay & Trans-Atlantic Cruise aboard the Queen Mary 2 August 22-September 1, 2019 $3,883.00
Escorted New York to Panama Canal November 9-24, 2019 $2,484.00

International
Tuscany & the Italian Riviera April 12-19, 2019 $3,649.00
TUSCANY & THE ITALIAN RIVIERA PRESENTATION 6:00pm at New London Adult Education October 4th

Garde Arts Shows
Cherish the Ladies Celtic Christmas Friday, December 21, 2018 $38.00
The Music of Cream - 50th Anniversary Tour Friday, October 12, 2018 $39.00

Culture on Wheels
Meet your neighbors and make a difference.

New London Homeless Hospitality Center
325 Huntington St. New London
Visit our website at www.nlhhc.org to learn more about what we do.
Contact volunteer@nlhhc.org via email or by phone (860) 439-1573x312
For more information call Peggy at 860-437-2385 ext. 106 or visit www.newlondonadulted.org

Prices subject to change due to rising fuel costs · All trips depart from NL Adult Ed
East Lyme Touch a Truck features
Fire Trucks and Fire Safety

On Saturday, October 13, 2018 the East Lyme Auxiliary of Child and Family Agency of Southeastern Connecticut and the East Lyme Parks and Recreation Department will co-sponsor their eleventh annual Toucha-Truck event. This family event will take place from 9:00 a.m. to 2:00 p.m. at McCook Point Park in Niantic, CT. There will be a Horn Free Hour from 9 to 10 a.m. especially for the younger set and for noise-sensitive children. The main event is, of course, Trucks, and this year the event will feature Fire Trucks and Fire Safety vehicles.

When Sally Myers, President of the E.L. Auxiliary, conceived of this theme, she was able to enlist the help of Steve Wargo, Niantic Fire Chief. In addition to providing a pumper truck and an ambulance from Niantic Fire Dept., he was helpful in obtaining the ladder truck from Flanders Fire Dept., and the Mystic Fire Dept. Smoke House Truck. He also arranged to have the Junior Fire Fighters of Niantic Fire Dept. staff the Smoke House Truck, which will demonstrate to the children what to do in case of a fire. Approximately 8-10 of these volunteers, ages 14-18, will be available to talk to the children and supervise their experience in the Smoke House Truck.

Mr. Wargo’s service to the community began when he was 15 years old. As a Junior Firefighter, Chief Wargo learned basic skills such as putting up ladders, changing air bottles, and other tasks to aid the firefighters. Even though the Juniors are not allowed to do anything hazardous and do not actually fight the fires, they are able to learn team work, to see what professional firefighters do, and to experience becoming community volunteers. As was true with Chief Wargo, these learning experiences often lead to a career in public safety. Mr. Wargo is now a Lieutenant in the N.L. Fire Dept. and the elected Chief in the Niantic Fire Dept.

Chief Wargo is eager to show the children that even though a person dressed in turnoutgear may look scary, they should not be afraid of firefighters. He said, “I want them to know we are there to help and protect them. They should know that they can completely trust us.”

The Niantic Fire Dept. is always looking for both Junior volunteers and Regular volunteers. As the town grows, more and more help is needed to cover the expanding community.
Blood, platelet donations needed in wake of Hurricane Florence

As the American Red Cross responds to Hurricane Florence, providing food, shelter and comfort to those affected, individuals outside the affected areas are urged to help by giving blood or platelets to care for patients in the storm’s path and across the country. People can also help by making a financial donation to support relief efforts.

Hurricane Florence’s wrath left catastrophic damage behind and also took a toll on blood and platelet donations. Nearly 200 Red Cross blood drives in the Southeast were forced to cancel, resulting in more than 5,200 uncollected blood and platelet donations.

“Natural disasters like hurricanes can disrupt blood drives and prevent donors from giving, but hospital patients still depend on lifesaving transfusions,” said Cliff Numark, senior vice president, Red Cross Blood Services. “There is an especially critical need for platelets to help cancer patients and type O blood donations for ongoing patient care and emergencies. Every donation can be a lifeline for patients.”

Donors of all blood types are urged to help restore hope to patients across the country by making an appointment today to give blood or platelets. Appointments can be made by using the Blood Donor App, visiting RedCrossBlood.org or calling 1-800-RED CROSS (1-800-733-2767).

Financial donations are also needed and allow the Red Cross to provide disaster relief immediately. Help people affected by Hurricane Florence by visiting RedCross.org, calling 1-800-RED CROSS or texting the word FLORENCE to 90999 to make a $10 donation. Up-to-date information about how the Red Cross is responding to Hurricane Florence is available at RedCross.org.

USCG Band Returns to Clinton

Join the Clinton Chamber of Commerce as they host the United States Coast Guard Band in performance at The Morgan School located at 71 Killingworth Turnpike, at 7:00 pm. on Friday, Oct. 12.

This thrilling concert will include Bernstein’s “Symphonic Dances from West Side Story,” Mendelssohn’s “Scherzo from A Mid-Summer Night’s Dream,” Charles Gounod’s “Juliet’s Waltz,” Michael Gandolfi’s “Flourishes and Meditations on a Renaissance Theme,” and “Cat Tales” by Peter Graham.

For free ticket information, call the Clinton Chamber of Commerce office at 860-669-3889.

Touch a Truck continued

America has had a long tradition of firefighting and fire protection dating back 100 years before Ben Franklin started the first fire company in Philadelphia. When the call comes for a fire or a medical emergency, the firefighters in the community rush in to save the lives of the elderly, defenseless children, and limited mobility people confined to beds or wheelchairs. These Firemen don’t just preach concern for others; they live it.

To learn more, to volunteer, or to donate, visit our website www.childandfamilyagency.org or Facebook page (Touch A Truck East Lyme) or call Child & Family Agency at 860-443-2896, Ext. 1406.

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Kris@YogaWithKris.com
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Welcome!

Norwich Ophthalmology Group
Norwich Ophthalmology Group is pleased to welcome
Dr. Kinneri Kothari

Dr. Kothari graduated cum laude from Boston University, attended New York Medical College, and completed her residency at Geisinger Medical Center in Pennsylvania. Dr. Kothari practices all aspects of general ophthalmology with special interest in cataract evaluation and surgery, glaucoma, and retinal disorders. She will be available as of August 20th to see patients in both our Norwich and Niantic locations.

79 Wawecus Street
Norwich, CT 06360
860-886-0161

179 Flanders Road
Niantic, CT 06357
860-691-0253

www.norwichlasik.com
LOUIS COMFORT TIFFANY RETURNS TO CONNECTICUT

The Lyman Allyn Art Museum will open a new permanent exhibit this October, dedicated to life and works of American artist and designer, Louis Comfort Tiffany (1848 – 1933), who was best known for his innovative work with stained glass.

Tiffany, whose parents hailed from CT, maintained a close connection to the region throughout his life, resulting in a large concentration of Tiffany stained-glass, windows and other decorative objects throughout the state.

The installation, which will showcase never before exhibited objects (many of which came from the artist’s descendants), will illustrate Tiffany’s early career as a painter, then show his work as an interior designer, and tell the story of his innovations and success as a glassmaker. It will feature three newly conserved stained glass windows which were commissioned in the early 1900s to memorialize loved ones in New London.

With items both from the museum’s collection and on loan, the exhibit will include nearly 100 pieces of decorative arts and fine arts objects including a range of windows, lamps, paintings, period photographs, furniture, metalworks, glass samples and finished Favrile glass vessels, as well as jewelry and adornments.

The museum will launch a lecture series in November, 2018. The series will be kicked off with a presentation focused around Agnes Northrop, a noted independent female designer for Tiffany Studios. The first lecture will be delivered on November 17 by renowned Tiffany expert and author Alice Cooney Frelinghuysen, the Andrew W. and Lulu C. Wang Curator of American Decorative Arts at the Metropolitan Museum of Art in New York.

Dining with the Dudleys from pg. 26

We both really liked what we tried, however, so we ordered a pint of this “Legume” to go, along with the sizeable amount of both of our meals that we could not finish and had to take away with us. Even though it was named “Legume”, after close examination, I can’t be sure it had any black beans, or indeed any legumes in it at all. It was loaded with big tender chunks of beef and, were those eggplant seeds? And what was that green in there? Clearly those were carrots topping it all...

This dish was outrageously good. The ultimate in savory stews with a gentle spiciness and a stick to your ribs consistency - we LOVED it!

I needed to know more. So I Googled it and found that it is sometimes called Legim and, despite the name we knew it by, very often has no legumes in it - even in Haiti. It is most often a thick stew made from mashing together cooked vegetables such as carrots, cabbage, onions and eggplant, along with various greens - very often watercress being the green of choice, though seasonal availability often dictates the greens used, as I learned. This is all stewed along with the meat of choice - beef in our case, but also chicken, or goat, or even crab. Whether or not there were beans in it - I will go back for more! The Legume at Mommy’s really rocked my world!

As one of our readers did for us, Derek and I urge you to try Mommy’s in Norwich. It’s certainly not your usual restaurant, but I’d say it’s well worth your time to pay them a visit!
Regional Events

Costumes encouraged! Reservations Required - 860.445.1637
jcopp@averycopphouse.org

Spooky Swing Dance Party - 8pm, 10/27 at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook - Join The Shiny Lapel Trio and friends for a wild night of dancing with a slightly spooky twist. Be sure to dress your best- or worst- as prizes await for the best dressed couple and individual. 860 510-0473

World Live Cinema Series: La Boheme - 2pm, 10/28 at The Garde Arts Center, 325 State St., New London - Puccini’s classic story of young Bohemian artists in mid-19th century Paris, filmed live on the magnificent outdoor stage of the Ancient Greek Theater in Southern Italy. For more information, call (860) 444-7373

Paranormal Program - 5-7pm, 10/29 at The Public Library of New London, 63 Huntington St, New London - Get a feel for what it’s like to track paranormal activity from Melissa Whited, A.S., Investigator & Karuna Reiki Practitioner, with the Eastern CT Paranormal Society. (860) 447-1411 www.plnl.org

Movie: The 15:17 to Paris - 6-8pm, 10/29 at Waterford Public Library, 49 Rope Ferry Road - 1 hr. 34 min.; PG-13; 2018 American Marines discover a terrorist plot on a Paris-bound train. For more information call 860-444-5805

6th Annual Veterans’ Appreciation Luncheon - 1pm, 10/30 at Lymes’ Senior Center, 26 Town Woods Road, Old Lyme - All Veterans are invited to attend this free luncheon. Please call (860)434-1605 ext. 240 before October 15th if you are a Veteran and wish to attend.

CRIPt Paranormal Encounters: 7-8:30pm, 10/30 at Waterford Public Library, 49 Rope Ferry Road - This group investigates the paranormal throughout Connecticut. Their show is truly one not to be missed. CRIPt is a non-profit paranormal research group based in southeastern Connecticut. For more information call 860-444-5805

Trivia Night - 7pm, 10/30 at East Lyme Public Library, 39 Society Rd., Niantic - Test your knowledge from general categories, including pop culture, current events, history, music, and of course, literature. Event registration is required. 860-739-6926

Halloween Celebration - 10/31 at the Lymes’ Senior Center, 26 Town Woods Road, Old Lyme - Free lunch to the first 30 seniors that sign up AND arrive in costume. Spooky cake and raffle prize drawings at 12:30pm. All those that arrive in costume will be entitled to win a free trip to the Mohegan Sun Casino Call (860)388-1611 and sign up.

Simple Steps: Funding Sources - 5:30-7:30pm, 10/31 at Acton Public Library, Old Saybrook .Small business workshop. 860-388-9508

Knowing Your Camera - 7pm, 11/1 at Niantic Community Church, 170 Pennsylvania Avenue, Niantic - Learn the ins and outs of your camera and how to take better photos. Fancy cameras not required. Register for this program in the church office (860)739-6208.

The Legend of the Banana Kid - Presented by the East Lyme Puppetry Project - 1pm, 11/4 at East Lyme Community Center, Society Rd., Niantic - Little Chucky heads into the Wild West to outwit outlaws! Armed with a fistful of bananas, he enters town on his trusty goat for a showdown with Big Bad Bart and his gang of bandits. All tickets $6.00.

Sock Puppet-Making Workshop - 2pm, 11/4 at East Lyme Community Center, Society Rd., Niantic - Frogtown puppeteers Eric, Bryan and Robin will offer a 45 minute sock puppet-making workshop for school age children. Email Suzanne Smith at suzsmith35@gmail.com with questions.
35th Reunion St. Bernard Class of 1983
At Port n’ Starboard in New London at 6pm on November 23 - Call Reunion Chairperson Sean Kane at 860 442-6152 for menu and reservation information. (Notice from the editor: last month we printed the wrong date, name and telephone number for this listing. We offer our apologies if our mistakes caused any problems.)

Harvest Craft Bazaar
Groton Senior Citizens Club 55 is seeking crafters/vendors for its annual Harvest Craft Bazaar on November 17, 2018, 9am to 1 pm at the Groton Senior Center, 102 Newtown Road, Groton. For more information and to register call the center at 860-441-6785

Holiday Crafters Wanted
The Estuary Senior Center is looking for crafters for its annual Holiday Craft Fair. The fair will take place on Saturday, November 17, from 8 am to 1 pm, at the Senior Center, located at 220 Main St, Old Saybrook. Space is available to local crafters, with hand crafted items, for a $25 table fee. Space is limited and filling quickly. Please call Judy at 860-388-1611 ext. 213, to reserve your space

Calling All Artists, Crafters, and Vendors
The Circle of Friends of the Groton Public Library is seeking artists, crafters and vendors for their second annual Winter Bazaar on Saturday, December 8. Interested artists and vendors should fill out a registration form and submit payment no later than Saturday, November 17. For more information, contact Kim Balentine at 860-441-6750 or kbalentine@groton-ct.gov.

Calling all Carolers
Valley Shore Acappella Chorus is inviting any interested woman to sing with them this upcoming Holiday season. Join for a FREE 4 week workshop on how to sing Holiday music four part harmony “Barbershop Style” Rehearsals at the East Lyme Community Center. Sing and perform at their concert on Dec. 12th. For more information call: 860-739-7011 or 860-739-7566
We are excited to announce that A1 Auto Center LLC has moved our automotive repair facility to the former DeBartolo’s building at 208 Flanders Road, Niantic, CT. We’ve only moved three doors down the street, but the changes are big!

Since our new shop is twice the size, and we are going from three to six bays, we now have the ability to cater to a wider range of vehicles. Our staff you have come to know and love, Krystle, Caroline, Tony, and Mike, will continue to be there to handle your automotive needs.

We would also like to welcome Ernie, who has been with DeBartolo’s for many years, and is a top notch tech with excellent diagnostic skills. Glenn is our second new staff member, and he is a long-time technician from the area with more great skills. Ernie and Glenn will be here to work on your vehicles as we blend into one larger family.

Come to our grand opening celebration on October 20th, when you can take a tour of our new location, meet our staff, and have some fun too!

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Where am I?

Each month, The Post Road Review will feature a picture or a portion of one like the picture below and to the left. If you know where else in this magazine the picture can be found, call (860) 537-1260 and leave a message with your name, telephone number, and the answer. The first caller with the correct answer will win their choice of a Post Road Review Tote Bag or a Post Road Review Coffee Mug.

**Winnings are limited to once per year per contestant!**

Last month's winner was Mary Ellen Lindie of East Lyme who found the answer in the Pape Chiropractic ad on page 7.

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